

Dave Sanders Invitational
Friday, September 20, 2019
Clement Park

1. Please leave class promptly at 1:15. The bus will meet in front of the gym at 1:30PM. **The bus will leave at 1:30PM. You must be on the bus before 1:30 or you will be LEFT BEHIND – DON'T MISS THE BUS.**
2. You need to move quickly out of class. Bring your running gear to class with you. Hurry to the bus!!!!
3. Remember to bring: shoes, uniform, socks, sweats and rain gear, etc.
4. Bring your homework, etc. we will not be able to get back into the school when we return.
5. You will be given a bib with your name and bar code. Pin the bib on your singlet,. The course will be marked with a chalk line, cones and flags. Times will be called at the 1 and 2 mile marks.
6. Please be responsible for yourself and know when your race will be held. Familiarize yourself with the area, learn the start and finish locations. Warm-up 20 minutes prior to the start of your race.
7. Race Schedule: **WE ARE DIVISION - 2**

3:00 D1 Varsity Boys
3:10 D2 Varsity Girls
3:40 D1 Open Boys "B" Team
3:50 D2 Open Girls
4:20 D2 Varsity Boys
4:30 D1 Varsity Girls
5:00 D2 Open Boys
5:10 D1 Open Girls "B" Team
5:40 D1 Open Boys "C" Team
5:50 D1 Open Girls "C" Team
6:20 Presentation of Awards
8. 1st, 2nd, and 3rd place team trophies will be awarded to the varsity divisions. Top 10 varsity individuals in each division will receive medals and the 11th thru 25th place varsity individuals will receive ribbons. Top 25 individuals in each open division will receive ribbons. Top 3 individuals will be recognized at the ceremony.
9. The race course map and map to the park are attached.
10. Please remember to clean up the area before you leave.
11. If you have any questions please see Scott, Judy, Dan, or Mr. Sweet.

