

Become a Member of the Fifty-Five Plus!

Membership is GROWING!!!!



The South Interlake 55 Plus is a volunteer based, not for profit charitable organization with a mission to encourage all older adults to improve their quality of life by providing educational, recreational, health and social opportunities

Member Benefits Include:

- Monthly Shopping Trips
- Monthly Casino Trips
- Exercise Classes – fee based
- Free exercise classes
- Monthly Newsletter
- Various Activities
- Entitled to Vote at AGM

*Associate members (**under 55 years of age**) enjoy all of the same benefits, with the exception of voting at the AGM and holding a position on the Board of Directors.*

Support your Senior Centre by [**MEMBERSHIP, VOLUNTERING OR DONATION**](#)

Your Contribution is Greatly Appreciated!

55 Plus is a Charitable Organization

& Tax Deductible Receipts will be issued for Donations of \$10.00 or more.

Call 204-467-2582 OR email us [**si55plus@mts.net**](mailto:si55plus@mts.net)



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