

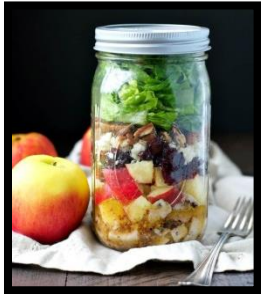
Cooking with Caroline!



***Presented by:
Caroline Le Clair
Community Wellness Facilitator***



Thursday, March 26th @ 1:30pm



Caroline will be sharing healthy, make-ahead recipes and techniques for healthy meals & snacks in mason jars.

Refreshments will be served!



**Everyone Welcome!
55 Plus Centre**

***Odd Fellows Hall 374 1st Street W.
Call for more information – 204-467-2582***