

Neuro Movement Presentation & Class

Nero Movements are
"Powerful, practical strategies for
improving your abilities and building a
better, stronger brain, supported by the
neuroscience of brain plasticity."

Tuesday, October 8

1:30 - 3:30 pm

CALL & REGISTER TODAY!

204-467-2582

\$10 - MEMBERS

\$15 - NON MEMBERS

*SOUTH INTERLAKE 55 PLUS
374 1ST STREET WEST
(ODD FELLOWS HALL)*

