



**Midwest Women's Missionary Society  
African Methodist Episcopal Church**

**2nd Annual Wellness Walk A-Thon  
"National Women's Health Week"**

**Saturday, May 19, 2018  
9:00am to 12:00pm**

**REGISTRATION**

**\$25.00**

**All walkers must complete a registration form(s) and pay the registration fee.**

**Please mail your registration form and money to:**

**Terri Craddock-Moore**

**2522 Tracy Ave.**

**Kansas City, MO 64108.**

**LOCATION**

**Brush Creek Greenway/Spirit of Freedom Fountain Area**

**Emanuel Cleaver II Blvd.**

**Kansas City, Mo 64130**

***Proceeds from this walk will benefit the Women's Missionary Society Global Outreach Ministries and the Youth Education Scholarship (YES).***

This is a 3K walk and is open to all churches, Clergy, YPD, family and friends. The Midwest Conference Women's Missionary Society (WMS) goal is to empower all including men and our youth to make their health priority.

"Thy word is a lamp unto my feet, and a light unto my path."

Psalm 119: Verse 105

*"Thy word is a lamp unto my feet, and a light unto my path."  
Psalm 119: Verse 105*

**Midwest Conference Women's Missionary Society  
African Methodist Episcopal Church  
"National Women's Health Week" Wellness Walk**

May 13 through 19, 2018 is National Women's health Week. It is an observance led by the U.S. Department of Health and Human Services Office on Women's Health. This week also serves as a time to encourage women to take steps to improve their health. The Midwest Conference Women's Missionary Society would like you to join us on our 2nd Annual Wellness Walk to celebrate a healthier lifestyle.

**Saturday, May 19, 2018**

**9:00am to 12:00 Noon**

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**Emanuel Cleaver II Blvd.**

**Kansas City, Mo 64130**

This is a 3K walk and is open to all churches, Clergy, YPD, family and friends. The goal is to empower all including men and our youth to make their health priority.

Registration begins now and is \$25.00. All walkers must complete the registration form attached and pay the registration fee. There will be healthy snacks (Grab Bags) and surprises for all who register.

**Please mail your registration form(s) and money to:**

**Terri Craddock-Moore  
2522 Tracy Ave.  
Kansas City, MO 64108.**

You can help make this event a success by walking or sponsoring a walker. We encourage each walker to set a minimum goal of \$100.00. Proceeds from this walk will benefit the Women's Missionary Society Global Outreach Ministries and the Youth Education Scholarship (YES).

Let's pray for God's blessings on this event. We look forward to your participation, generous contributions and support.

Terri Craddock-Moore  
1<sup>st</sup> Vice President, Midwest Conference Women's Missionary Society  
Commission on Christian Social Action

*Mission Statement*

*We are called to strengthen our faith and sent to continue the ministry of Jesus Christ.*

**African Methodist Episcopal Church  
Fifth Episcopal District  
Midwest Conference Women's Missionary Society  
Wellness Walk-a-Thon  
In Observance of "National Women's Health Week"**

**Saturday, May 19, 2018**

**9:00 am to 12:00 Noon**

**Brush Creek Greenway, Emanuel Cleaver Blvd. Kansas City, MO 64130**

Proceeds to Global Outreach Ministries and the Youth Education Scholarship (YES)

**WALKER REGISTRATION FORM**

<b>Name:</b>	<b>Church:</b>	
<b>Address:</b>		
<b>City:</b>	<b>State:</b>	<b>Zip Code:</b>
<b>Telephone:</b>		
<b>Email:</b>		
<b>Make checks payable to Midwest Conference WMS</b>		

**Wellness Walk-a Thon – Wavier and Release**

I hereby fully accept and assume all risks and all responsibility of losses, costs, and damages I incur as a result of my participation in the Midwest Conference Women's Missionary Society Walk-A-Thon. I hereby release, discharge, covenant not to sue, and agree to indemnify, save and hold harmless, waive and forever discharge the Midwest Conference Women's Missionary Society and its volunteers, administrators and other participants from any and all liability for property damage, litigation expenses, attorney's fees, losses, damages, costs, claims, demands or causes of action against them arising from or attributable to my participation in this event or activity. I attest that I am physically fit and prepared for this event. I grant full permission for organizers to use photographs of and quotations from me in legitimate accounts and promotions.

I HAVE READ THIS AGREEMENT, AND FULLY UNDERSTAND ITS TERMS. I CERTIFY THAT I AM AT LEAST 18 YEARS OF AGE.

\_\_\_\_\_ Date: \_\_\_\_\_  
(Signature)

I AM NOT 18 YEARS OF AGE OR OLDER. MY PARENT OR LEGAL GARDIAN HAS READ THIS AGREEMENT AND FULLY UNDERSTANDS ITS TERMS, AND ACCEPTS ALL OF THE ABOVE AND IS SIGNING ON MY BEHALF.

\_\_\_\_\_ Date: \_\_\_\_\_  
(Signature Parent/Guardian)