

Clearview Baseball

Handbook

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Clearview Baseball Philosophy

The philosophy of the Clearview baseball program is to provide positive and wholesome experiences for our student-athletes. Through baseball we can help instill a sense of self-discipline, pride, and stress the values of good sportsmanship.

Goals

- Create an atmosphere that is positive and fun.
- Teach the fundamentals of baseball and emphasize team unity.
- Stress the value of hard work both on the field and in the classroom.
- Be a good communicator with players and parents.
- Demonstrate good sportsmanship.
- Challenge each student-athlete to be competitive and take pride in what they do.

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Player Expectations

- Family, Faith, School, and Health
- Punctuality
- Work Hard
- Positive Attitude
- Preparation
- Team Goals
- Commitment
- Respect
- Encouragement
- Communication

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Clearview Baseball Team Selection Process

All students who are interested in trying out for the Clearview Baseball Team will be evaluated during the try-out period that is for a minimum of two (2) days once practice begins.

Note: Players cannot participate in scrimmages until six (6) days of practice have been completed.

Evaluation Form

Name: _____

Grade: _____

Position(s): _____

Throws: R L

Bats: R L

<u>Fielding</u>	<u>Throwing</u>	<u>Hitting</u>	<u>Pitching</u>
Mechanics 1 2 3 4 5	Mechanics 1 2 3 4 5	Mechanics 1 2 3 4 5	Mechanics 1 2 3 4 5
Quickness 1 2 3 4 5	Strength 1 2 3 4 5	Bat Speed 1 2 3 4 5	Velocity 1 2 3 4 5
Ball Transfer 1 2 3 4 5	Accuracy 1 2 3 4 5	Contact 1 2 3 4 5	Location 1 2 3 4 5
			Off Speed 1 2 3 4 5
Comments:	Comments:	Comments:	Comments:

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Communication Process

When a player or parent has questions or concerns regarding the program or a player's individual role on the team, it is important to keep in mind the following communications process that has been adopted by the Clearview Baseball Program. This process provides an effective and efficient progression, focused on solving any problem that may develop throughout the season.

Four Step Action Plan

Step 1:

The concerned player should approach his immediate head coach to schedule a time to discuss his questions or concerns. If the player does not feel comfortable and/or satisfied with the outcome of this meeting, he should move forward to step 2.

Step 2:

The concerned player should request a meeting involving himself, his immediate head coach and the Varsity Head Coach. If the player does not feel comfortable and/or satisfied with the outcome of this meeting, he should move forward with step 3.

Step 3:

A meeting involving the player, the necessary Clearview Baseball coaches and parent(s)/guardian(s) should be requested via e-mail (in writing). This **written document** should include a brief explanation of the player/parent concerns. If this meeting does not resolve the situation, the player and his parent(s)/guardian(s) should move forward to step 4.

Step 4:

A meeting involving the player, the necessary Clearview Baseball coaches, parent(s)/guardian(s), and the Clearview Athletics/Activities Director. If all of the involved parties are still not

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comfortable and/or satisfied with the outcome of this meeting, additional alternatives should be discussed to resolve this matter.

Additional Information

1. All discussions should focus on individual questions or concerns.
2. The performance and ability of other players will **not** be a subject of discussion. This is contrary to our team values of mutual respect and support.
3. Before leaving any meeting, be sure to clarify and summarize your thoughts and feelings. This will ensure that everyone involved has a clear understanding of the meeting's outcome.

Clearview Baseball's College Preparation Plan

Sophomore Year:

- Emphasize the importance of taking challenging courses and establishing good grades.
- Provide summer playing opportunities to generate exposure to possible college coaches (AAU, Junior Legion, Senior Legion, and Garden State).
- Distribute information in regards to college showcases and camps.
- Provide end of season statistical information, which can be used to formulate an athletic resume.
- Forward names of individual athletes, depending on ability, to various college coaches.

Junior Year:

- Stress the importance of academic achievement and help prepare for college entrance exams (SAT/ACT).
- Issue sample copies of athletic resumes.
- Meet with each individual player who would like to pursue the possibility of playing on the collegiate level.

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- NCAA Clearing House information.
- Distribute information about summer leagues, camps, and showcases.
- Provide end of season statistical information, which can be used to formulate an athletic resume.
- Forward names of individual athletes, depending on ability, to various college coaches.

Senior Year:

- Meet with students and parent(s)/Guardian(s) to discuss college needs and stress academic performance.
- Forward letters of recommendation to various college coaches.
- Make necessary phone calls to schedule college visits for student-athlete.
- Help complete/finalize athletic resume.

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Clearview Baseball Team Rules

Restricted From Starting The Season:

- A. Not academically eligible.
- B. Not having a signed Activities Release Form by a parent/guardian.
- C. Health Physical is not completed.
- D. Unsigned Clearview Baseball Team Rules or Social Media Policy.
- E. Obligation to another coach.
- F. Failure to complete the drug testing procedure required by the Clearview Board of Education.
- G. Unsigned drug policy form.

Extra Conditioning:

- A. Detention – First and Second Offense
- B. Inappropriate Language – First and Second Offense
- C. Unexcused lateness to practice, game, or team meeting - First and Second Offense
- D. Insubordination (Coaches Discretion) - First and Second Offense

One Game:

- A. Unexcused missed practice, team meeting, or game.
 - 1. A missed practice, team meeting, or game is **NOT** excused unless the team member is absent from school or the head coach has been notified **PRIOR** to the scheduled practice, team meeting, or game.
- B. Unexcused lateness to practice, team meeting or game – Third Offense
- C. Unsportsmanlike conduct during a practice or game.
- D. Ejection from a game (two game suspension)

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E. Misuse/Abuse of ANY equipment.

F. Detention – Third, Fourth, and Fifth Offense.

G. School Suspension

1. First Offense – exclusion from practice and/or game UNTIL SUSPENSION IS SERVED.

2. Second Offense - exclusion from practice and/or game UNTIL SUSPENSION IS SERVED or possible dismissal from team (*coaches discretion*).

H. Insubordination (Coaches Discretion) - Third Offense

I. Inappropriate Language – Third Offense

Immediate Dismissal From Team

A. Second Offense of all One Game Suspensions (Excluding F & G)

B. Detention – Sixth Offense

C. School Suspension – Third Offense

Major Discipline

A. Use of drugs and/or alcohol – IN/OUT OF SCHOOL.

B. Stealing - IN/OUT OF SCHOOL.

C. Smoking/Chewing Tobacco.

D. Disrespect towards a coach (es).

E. Any behavior that brings the school district or athletic program into an unfavorable situation within the community.

Decisions for situations listed under Major Discipline will rest with the Athletics/Activities Director, School Principal, and Head Baseball Coach.

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Additional Information

A. If an athlete is more than two (2) hours late for school, they will not be eligible to practice or play in a game that day. To avoid these situations students' must arrive to school by **9:30** unless one of the following conditions apply:

1. Doctor/dentist appointment (note required)
2. Funeral
3. School field trip
4. College visitation
5. Driver's test
6. Other events will be at the discretion of the Head Coach and Athletics/Activities Director.

B. Athletes **are** responsible for their own equipment.

C. Athletes that lose or damage Clearview Baseball Equipment are responsible to replace it and will not be able to compete or graduate until it is replaced or fines have been paid.

D. Injured athletes must attend all practices, games, and team meetings unless they have been excused by the coaching staff.

E. If a student-athlete stays after school for help in a particular subject a pass from the teacher must be given to the coaching staff. The student-athlete must notify the coach one (1) day prior to this occurring.

F. All athletes must ride the bus to and from away games. In the event that an athlete cannot, a signed note from the athlete's parent(s)/guardian(s) is required explaining the circumstance. It must be approved and signed by the Athletics/Activities Director and given to the coach the day it will occur. Athletes can **only** be driven by a parent/guardian!

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- G. All players must be in FULL uniform prior to leaving the locker room area.
- H. **Cell phone use is prohibited** during practice/game hours, which is once the player leaves the locker room. Also, there will be **no cell phone** use during any team meetings or when a coach is addressing the team. If a student needs to use their cell phone during restricted time they must seek approval from a coach.
- I. All players **must** successfully complete the ENTIRE season to earn their baseball letter (Freshman, JV, and Varsity).

Pioneer Baseball Player Contract

My first commitment at Clearview is to be a **student**. I have to conduct myself as a gentleman in the classroom as well as on the field. I will do all that I can to the respect of my teachers and fellow students.

Playing baseball at Clearview is a **privilege**. I have been selected to play and should consider myself an elite athlete. I will take advantage of the privilege to play high school baseball and make the most of it.

The **team comes first**. It is “WE” and not “I”. Personal statistics are not as important as team goals. Placing OUR team above your own personal goals will allow us to be greater than we can be on our own.

Loyalty is a must. Complaining, criticism, and sarcasm will prevent us from greatness. Expect issues to occur and learn to communicate and resolve them in a positive fashion.

Practice guidelines and expectations:

1. I will be on time to all practices, meetings and games. (Pioneer time is 5 minutes early)
2. I will attend every practice and game (only excused absences will be accepted)
3. I will give 100% on the field. I will carry out all instructions immediately and with a good attitude. I will hustle on and off the field. I will run hard on every ball hit.
4. I will give 100% in the classroom. I am a student first.

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5. I will follow all classroom and athletic rules, knowing that the coaching staff can impose penalties in addition to school sanctions.
6. I understand that the coach's role on this team is to make decisions and teach the game of baseball and to help us become the best we can be. I will support him.
7. I will accept my role on the team and give my best in that role.
8. I will give encouragement to my teammates at all times.
9. I will communicate concerns, questions, or problems to my coach at an appropriate time away from my teammates after a game or practice.
10. I will treat the umpires and opponents with respect.
11. I will use appropriate language at all times. Profanity is unacceptable.
12. I will adhere to all laws and will exhibit a high degree of character. (For example I will never steal; from other students, from my teammates or from the school.)
13. I will maintain a confident and composed demeanor at all times. Throwing a bat or helmet only shows that I have lost control and composure, does nothing for you or our team.
14. I will wear my uniform correctly for practices and games. Our appearance reflects not only our team but our school.
15. I will pick up equipment before, during, and after practices and games. I will remove my cleats before entering the locker room and I will pick up after myself.
16. I will do my part to keep up the baseball facilities and field in good shape.
17. I will help with fundraisers, knowing that all effort benefits the baseball program.
18. I understand I am responsible for valuables or large sums placed in my locker is risky.
19. I understand pranks, hazing, or initiations do not contribute to the greatness of our team.
20. I will use public media (Facebook, Instagram, Twitter, etc) appropriately. Any baseball related communication will contain positive messages regarding OUR team and MY teammates and OUR coaches.
21. I understand that the use of tobacco (smoked, chewed, or electronic), alcohol, or other illegal drugs is prohibited per the athletic code.

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22. As an athlete and a minor, I understand that I cannot be in attendance of someone using alcohol/or drugs. It is MY responsibility to immediately remove myself from the premises. I understand the consequences of this offense and I could be subject to removal from the team

Game Guidelines

1. I will keep my communication to OUR team in the dugout and follow ALL team guidelines.
2. I will exhibit good sportsmanship.

Attendance

1. All players, injured and sick are expected to be at all practices and games, unless excused by a doctor, trainer or coach on staff.
2. Directly contact a coach if you are not in school or leaving school early.
3. I know I must be in attendance at school **at least ½ of the school day** or I cannot practice or play in a game that day.

Grades

1. I must meet Clearview High School academic status to participate in games or be able to dress and sit in team dugout.

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Team Rules & Player Contract Agreement

After carefully reading the Team Rules & Player Contract Agreement, please sign and date this form, as well as, your parent(s)/guardian(s). This signed form is due the **first** day of practice.

I have read the Team Rules & Player Contract and I fully understand them. I agree to comply with ALL the listed rules and consequences that apply.

Athlete's Signature: _____ Date: _____

*I have read the Team Rules & Player Contract and I fully understand them. I agree that my son **MUST** follow them throughout the season. In the event of an infraction, I agree that my son will accept the disciplinary action stated within the Team Rules.*

Parent's Signature: _____ Date: _____

Clearview Baseball Website Waiver

Dear Parent/Guardian & Student-Athlete,

The Clearview Baseball Program has developed a website which will be a valuable resource to the team and community. This site will display schedules, stats, highlights, rosters, and many other resources throughout the season. To make the site more attractive and to display our student-athletes in action, there may come a time when we would have the opportunity to post a photograph and player's name for recognition during baseball related activities. If you wish to have your son's photograph and/or name publicized, please sign below. If we do not receive a signature from both the athlete and parent/guardian, Clearview Baseball will assume we do not have your permission.

By signing this statement, it does not guarantee that each player will be represented on the website with a photograph. Photos will be posted based on availability.

Furthermore, I hereby grant permission for my son's picture to be posted to the Clearview Baseball Website. I understand that all information posted to this website is available for inspection by users of the World Wide Web.

Parent/Guardian Signature: _____ Date: _____

Furthermore, I hereby grant permission for my picture to be posted to the Clearview Baseball Website. I understand that all information posted to this website is available for inspection by users of the World Wide Web.

Athlete's Signature: _____ Date: _____

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Social Media Policy and Guidelines

Playing and competing in athletics at Clearview Regional High School is a privilege. Student-athletes at Clearview are held in the highest regard and are seen as role models in the community. As leaders you have the responsibility to portray your team, your school, and yourself in a positive manner at all times. Facebook, Twitter, Instagram, text messaging, and other social media outlets have increased in popularity globally and are used by the majority of students/student-athletes here at Clearview in one form or another. Student-athletes should be aware that third parties including the media, faculty, future employers, and NJSIAA officials could easily access your profiles and view all personal information. This includes all pictures, videos, comments, and postings. Inappropriate material found by third parties affects the perception of you the student-athlete, the athletic department, and the Clearview School District.

Examples of inappropriate and offensive behaviors concerning participation in online communities may include depictions or presentations of the following:

- Photos, videos, comments or postings showing the personal use of alcohol, drugs, or tobacco.
- Photos, videos, and comments that are sexual in nature. This includes links to websites of a pornographic nature and other inappropriate material.
- Content online that is unsportsmanlike, derogatory, demeaning, or threatening towards any other individual or entity (examples: derogatory comments regarding another institution; taunting comments aimed at another student-athlete, coach or team at another institution (or your own), and derogatory comments against race and/or gender).
- No posts should depict or encourage unacceptable, violent or illegal activities (examples: hazing, sexual harassment/assault, gambling, discrimination, fighting, vandalism, academic dishonesty, underage drinking, and illegal drug use).

If a student-athlete's profile and its contents are found to be inappropriate in accordance with the above listed behaviors, he/she will be subject to the following penalties:

1. Warning & Parental Contact- First Offense
2. A meeting with Director of Athletics and Head Coach- Second Offense
3. Penalties as determined by the athletic department, including but not limited to possible suspension from his athletic team. - Third Offense

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(All offenses carry possible game suspension(s).)

If you are ever in doubt of the appropriateness of your online public material, consider whether it upholds and positively reflects your own values and ethics as well as the Clearview Athletic Department's and the Clearview District as a whole. Remember, always present a positive image and do not do anything to embarrass yourself, the team, your family, or the District.

By signing below, you affirm that you understand the Clearview Baseball Social Media Policy and Guidelines. Also, you affirm that failure to adhere to this policy and guidelines may result in consequences that include suspension from the team and subject to additional penalties imposed by the Clearview Regional School District.

Athlete's Printed Name: _____

Signature: _____ Date: _____

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