

Raj/ACIM Study Group – August 28, 2005

A Course In Miracles (reference pages)
Chapter 10 – GOD AND THE EGO
Section: THE INHERITANCE OF GOD'S SON
Sparkly Book – p.241 / JCIM – p.100
Chapter 11 – GOD OR THE EGO
First Edition – p. 186 / Second Edition – p. 200

RAJ: Good evening.

AUDIENCE: Good evening.

RAJ: And welcome to everyone who is joining us on the Internet.

We'll go right into the book tonight. The section heading is:

RAJ READING: *The Inheritance of God's Son*

Never forget that the Sonship is your salvation for the Sonship is your Soul.

RAJ: Interesting thought.

RAJ READING: *...the Sonship is your salvation...*

RAJ: It's your salvation because it's the means by which you actively and conscientiously abandon your self-imposed isolation. The only way you can break your isolation is by *joining with* something, and all you have to join with is the Sonship (the Brotherhood) and Creation. When you join with your Brothers and Creation, you are joining with God. That's all there is *there* for you to join with. And that's all there is there for you to isolate yourself from. And so the Sonship is your salvation because they are what is there for you to join with.

You say, "Well, God is there for me to join with." [laughing] Ah, yes, but the ego has a twisted sense of justice and a twisted sense of how things work. And it would suggest that all you have to do is join with God and to heck with your Brothers and Sisters. Let them join with God on their own. But it cannot work that way because *God is the Movement of Creation*, God is the Movement of Life—and Life is constituted of the Brotherhood of All That God Has Expressed of Himself and Embodied of Himself in everything.

"Well, can't I just, can't I approach this from the standpoint of nature, and go out and find a nice cave to be in, and meditate on the trees and on nature and become one with it?" No. That isn't sufficient, because at some point *you have to* reestablish your *Self* as part of the Brotherhood.

The moment you say, “Father, I’m willing to acknowledge You as my Source. I’m willing to acknowledge You as my Father,” and you have the resulting experience of knowing that you’re His Son and not an independent, autonomous agent, you also have put yourself in the position of recognizing that if you are God’s Son, if you are God’s Daughter, so are all of the other individuals you know, and therefore they are—and Paul cannot stand this word—they are *siblings*. *You are* their Brother; *they are* your Brothers and Sisters. They are your Family. So if you’re going to accept God and realize your Sonship, you’re going to have to accept the fact that everyone else you know is also part of the Sonship and is therefore *your* Brother or Sister—*Family*.

And you’ve got to embrace them. Why wouldn’t you? Well, it isn’t your habit to embrace them. You have defined them as different things. “They can’t be... my salvation can’t lie in them! They are my competitors,” or, “They are my enemies,” or, [laughing] “They go to a different church than I do.” You see? “They are different from me. *I am* different from them. I’m different from them in a very special way” [small laugh]—and that act of separation, that act of *rejection* of them as not just *like* you. But, that *they are* part of the Infinitude of your Being, that they are *essential* to you in order for What You Divinely Are to be complete, you’re going to have to *embrace them*, not just tolerate them. You’re going to have to embrace them. You’re going to have to abandon the labels you’ve given to them—the labels that you’ve given to them in order to set yourself up as something specially different from them.

You’re going to have to take them into the status of Sonship that *you* are letting yourself back into. And you are going to have to come to the realization that since you have the same Father, the same Father/Mother/God as your Source, they are just like you, and they’re inseparable from you in the fullest meaning of the word “Family.” And you will have to take them Home with you. You will have to bring them along *with you* in your increasingly clear experience of yourself as the Christ, the direct Expression of God, right now.

And what you’re willing to give away, you get to keep. If you can’t keep something that you haven’t given away, that means there has to be someone to give it away to. And whoever it is that you can give it away to will be your salvation. It’s just the way it works. And that’s why the Sonship is your salvation—because they are there as the agent, you might say, for *your* experiencing the full meaning of the fact that you’re not an orphan, that *you have* a Father. They are the means for your breaking the isolation.

It’s not enough to just let God in, as though God were one thing amongst *all* of the Brotherhood. All of the Brotherhood is *God In Motion*, including *you*.

RAJ READING: *Never forget that the Sonship is your salvation for the Sonship is your Soul. As God's creation it is yours, and belonging to you, it is His.*

RAJ: Meaning God's.

Nothing that God has created is different or separate or apart from you. It's part of the Wholeness of You.

RAJ READING: *...and belonging to you,...*

RAJ: Coupled with your conscious *realization* that it belongs to you.

RAJ READING: *...it is His.*

RAJ: God's.

Your realization that you are the Son of God, in so many words, makes God, God—*confirms* God, glorifies God, because it's no longer leaving God out of the equation.

RAJ READING: *Your Soul does not need salvation, but your mind needs to learn what salvation IS. You are not saved FROM anything, but you are saved FOR glory.*

RAJ: For all good things. For being the Presence that uninhibitedly glorifies God, because there's nothing in you denying God, nothing in you claiming a place of equality with God while separate from God.

RAJ READING: *Glory is your inheritance, given your Soul by its Creator that you might EXTEND it.*

RAJ: You see? That's why the Sonship is your salvation, because *it* is what is available to you to extend it to.

RAJ READING: *Yet if you hate part of your own Soul...*

RAJ: You know, your enemy, your competitor—your hateful, selfish this, that, or the other one in your life.

RAJ READING: *Yet if you hate part of your own Soul ALL your understanding is lost, because you are looking on what God created as YOURSELF...*

RAJ: Because every single one of your Brothers and Sisters is some part of the Infinitude of your Being.

RAJ READING: *...without love. And since what He created is part of Him, you are denying Him His place in His own altar.*

RAJ: The competitor you see, the selfish child you see, the dominating mother-in-law you see, the unscrupulous father you see, is a thing *you* have determined

in your own mind *as* those things, and which you hold in front of God, covering God up to you. And so you're *denying* the Presence of God there and giving adamant preference to your definition.

RAJ READING: *And since what He created is part of Him, you are denying Him His place in His own altar.*

Could you try to make God homeless and know that YOU are at home?

RAJ: You see? It all lies in how you are relating to your Brother.

You say, "Well, you know, I love *A Course In Miracles*. And I love to sit out on my patio and read it during the afternoon, or I love to sit in my bed in the morning before anybody is up and have my quiet time with the wonderful and beautiful and comforting Truths that I read. But then I have to become involved with somebody else, I have to *relate* to somebody else, and that's where all the trouble starts."

Yeah. That's because your Brother is your salvation, but you're using your Brother or your Sister for a purpose *other than* your salvation. You're using your Brother or your Sister to conform your own arrogant importance, your *special* differentness.

You're using your Brother to compete with. "He is my competitor." Well, if he is *your* competitor, you are *his* competitor. You're both in competition, and each one of you is out to *best* the other.

You're not treating your Brother, and your Brother is not treating you, as though *your Function* is to recognize God in each other, and in recognizing It and embracing It, glorifying God in each other. You each are denying God His Home right in the center of you, right as the center *and* circumference of What You Are. And so when you're denying God, you're denying your Sonship, your Sonhood. You are claiming to be an orphan. And so you deny God a Home, and you cannot experience being *at Home* yourself.

RAJ READING: *Can the Son deny the Father WITHOUT believing that the Father has denied HIM?*

RAJ: No.

RAJ READING: *God's laws hold only for your protection, and they never hold in vain.*

RAJ: In other words, they're always successful at protecting you.

RAJ READING: *What you experience when you deny your Father is still for your protection,...*

RAJ: You say, “Oh, when I deny the Father, [small laugh] I suffer. When I deny the Father, and I don’t see Him in my world and I don’t see Him in my Brother, but what I see is what *I’ve decided* they are, well, then I’m in a dog-eat-dog world. And I either have friendly competition, or I have strenuous competition that’s called war where my competitors are my enemies.” It’s not a pleasant experience.

RAJ READING: *What you experience when you deny your Father is still for your protection, for the power of your will cannot be lessened without the intervention of God AGAINST it,...*

RAJ: When you *claim* to be an orphan, then you are claiming to be less than What God Has Created You To Be. You are attempting to *lessen* What You Are. And...

RAJ READING: *...your will cannot be lessened without the intervention of God AGAINST it, and any limitation on your power is not the Will of God.*

RAJ: Now, let’s not jump to conclusions. This does not mean that God is a wrathful God. This does not mean that God is out to get you. It means *simply*, as I’ve described before, that when you are in the Movement of Being, when you are *yielding to* What Divine Life, Truth And Love Is Unfolding As Creation in your day, you experience no distress, no tension. You experience Harmony. You experience everything fitting together. You find everything that happens to be a blessing, not only for you, but for everyone else.

But, when you say, “But, Father, I’d rather do it my way,” *then* it’s as though there is a rubber band attached to your waist and the other end of it attached to the Movement of Being—attached to God, if you will—and when you say, “Father, I’d rather do it my way,” and you attempt to *not move* with the Movement and dig your heels in, immediately what happens? The rubber band begins to get taut. And you have to exert a great deal of energy to hold your place, and to move to the right or the left instead of forward, or to stand still against the forward Movement. You see?

And this is what it means when it says:

RAJ READING: *What you experience when you deny your Father is still for your protection, for the power of your will cannot be lessened without the intervention of God AGAINST it,...*

RAJ: *Reality* continues to be the Only Thing Going On, whether you’re choosing to pay attention to it or not. And if you’re choosing *not* to pay attention to it, then your experience of being becomes one of tension, stress, *distress*, *discomfort*, and all the rest—*not* because God has turned around and said a

curse on you, but because Reality isn't going to stop *being*, just because *you've* decided *not* to go along with it. And so *as it* continues to be What It Perfectly Is, *you* experience distress until you *finally* say "Uncle" and *yield* to the Father and say, "Hey, Dad, wait up. I'm coming. I'm coming," and run forward *to be with* the Movement of your Being.

RAJ READING: *Therefore, look ONLY to the power that God gave to save you, remembering that it is yours BECAUSE it is His, and join with your brothers in His peace.*

RAJ: Is it beginning to sink in? You can't wake up alone. You can't wake up because you have an enlightened awareness of What You Are. Because until you give away what you're aware of, you won't be able to keep it. It doesn't become an endorsement on your part. It *doesn't* become *yours* as a full-fledged Conscious Experience.

And so your Brother is your salvation. And somewhere along the line, they have to become an object of your affection, where they are *worth* whatever energy you have to put forth to change *your sorry* perception of them for one that reflects the Truth About Them significantly enough for *your behavior* toward them to change.

Continuing.

RAJ READING: *The peace of your Soul lies in its limitlessness.*

RAJ: You see? [small laugh] Limitlessness is the antithesis of privacy, isn't it, of littleness.

RAJ READING: *Limit the peace you share,...*

RAJ: You see? "I'll share it with you, but I won't share it with you, you dirty-dealing competitor!" You see?

RAJ READING: *Limit the peace you share, and your own Soul MUST be unknown to you.*

RAJ: Must be covered up to you.

RAJ READING: *Every altar to God is part of your Soul because the Light He created is One with Him. Would you cut off a brother from the Light that is yours?*

RAJ: Not if you knew that it was the Light that was yours.

You see, your Brother is your salvation because the Light that *is in* him—that you're denying at the moment while you're satisfied with your awful definition of him—the Light in him that is yours, won't be apparent to you as being yours

until you *honor it* in him or her. Until you give it away, you will not have the *experience* of it being yours. Your Brother is your salvation.

RAJ READING: *Would you cut off a brother from the Light that is yours? You would not do so if you realized that you can only darken your OWN mind. As you bring HIM back, so will YOUR mind return. That is the law of God, for the protection of the wholeness of His Son.*

RAJ: You see, if you want to wake up, if you want to come back Home, you have to undo *the act* that caused you to seem to be separated. And *the act* was an *act of independence*. You had an independence day. And whatever you abandon your independence from, becomes your salvation. Because the *act* of undoing the separation, the act of *abandoning* independence, *is* what returns you to your Right Mind, is what returns you to your Sanity.

RAJ READING: *ONLY YOU CAN DEPRIVE YOURSELF OF ANYTHING.*

RAJ: What you don't realize is that the most effective way you have of depriving yourself of something is by depriving *your Brother* of something—by always putting him at a disadvantage, by always making him responsible or her responsible for the way your life is going. You take away something from your Brother, when what's called for is to *give* your Brother something, or your Sister.

And what is the one and only thing you can give that is *Meaningful*? It is the recognition and acknowledgement *of God* being right there where they are, and refusing to *abandon* that acknowledgement. That's called Love. Love is the willingness to recognize that Which Is Real in each and every thing.

RAJ READING: *ONLY YOU CAN DEPRIVE YOURSELF OF ANYTHING. Do not oppose this realization, for it is truly the beginning of the dawn of light. Remember also that the denial of this simple fact takes many forms, and these you must learn to recognize, and to oppose steadfastly and WITHOUT EXCEPTION. This is a crucial step...*

RAJ: And this should be underlined and not forgotten.

RAJ READING: *This is a crucial step in the re-awakening. The beginning phases of this reversal are often quite painful, for as blame is withdrawn from without there is a strong tendency to harbor it within. It is difficult, at first, to realize that this is EXACTLY the same thing, for there IS no distinction between within and without.*

[Editor's Note: Raj said "harbor within" because that is the way it is in the *Sparkly Book*. But the *original HLC Text* has it as "harbor it within" as shown in the exact *HLC Text* quote above.]

RAJ: In other words, if you have been blaming everyone else for your woes and for the awful *life* you've been experiencing, and you realize that you are the only one that can limit yourself, *then* you can *blame yourself* and say, "I am responsible." Except that usually the ego says, "You are the one that's responsible, you stupid little thing. See how stupid you have been? You have ruined *your whole life*." And you're still listening to the voice for fear that at first said everyone else was responsible and which is now saying, "You are responsible. You have ruined your life." And that's even worse than the idea that you had that everyone else did—that everyone else was responsible. There is no difference because you haven't stepped outside of the ego's point of view. And it is the ego which is speaking in both cases.

RAJ READING: *If your brothers are part of you and you blame THEM for your deprivation, you ARE blaming yourself.*

RAJ: Because they are part of you.

RAJ READING: *And you cannot blame yourself WITHOUT blaming them. That is why blame must be undone, NOT reallocated.*

RAJ: Blame must be abandoned, in other words.

RAJ READING: *Lay it to yourself and you cannot KNOW yourself, for ONLY the ego blames at all. Self-blame is therefore ego identification, and as strong an ego defense as blaming others.*

RAJ: I've been telling you repeatedly, you are neither behind the Point of Perfection, nor advancing toward it; you are *at that Point* and must understand yourself therefrom. And the same thing must be applied to your Brothers and Sisters as you look *at them*, because *this* is the *only stance* that you can take that steps out of the box, the frame of reference in which blame rules.

You have to abandon blame. And the only way to abandon blame is to step into an arena where it doesn't exist. No matter what you think you've done in your ignorance, it hasn't subverted God. It hasn't changed or altered God. It hasn't diminished God. And it hasn't changed, subverted, or diminished *you*. Whatever you have *thought* you have done in your ignorance, *has accomplished nothing*, and therefore there is no blame due. *But*, in order to escape the illusion of suffering that accompanies believing that *you have* accomplished something, *you must...* you must come to where I am and look at yourself with me. You must go where *your Guide* is and look at yourself with him or her.

You must step out of the arena, the box, in which guilt *seems* to be real and justified. And if you want to have a different experience of your Brother or Sister, you have to lift your Brother or Sister out of that box as well *in your own*

mind, so that in your consideration of that one, you are *reflecting back* to that one *the Truth* that heals—the Father’s Point of View.

RAJ READING: *YOU CANNOT ENTER GOD’S PRESENCE IF YOU ATTACK HIS SON.*

RAJ: We’ve spoken of your insistence upon being an authorizer of definitions and meanings as an attack on God, but it’s also an attack on you. It’s also a denial of Who You Are. And in that state, you give definitions, apply definitions to your Brothers and Sisters and world, and that constitutes an attack on them.

RAJ READING: *YOU CANNOT ENTER GOD’S PRESENCE IF YOU ATTACK HIS SON.*

RAJ: This is why the Sonship is your salvation—because the Sonship is what has been attacked and you have to withdraw your attack on them. And in withdrawing your attack on the Sonship, you undo the attack. And the Sonship becomes the *reason* for your undoing the attack, so that your act of withdrawal of attack constitutes an Act of Love, an Act of Defenselessness, which allows the Sonship to register with you in Its True Light.

RAJ READING: *When His Son...*

RAJ: When God’s Son.

RAJ READING: *...lifts his voice in praise of his Creator,...*

RAJ: By saying, “I see God there. *I’m willing* to see God there. *I want* to see God there.”

When God’s Son...

RAJ READING: *...lifts his voice in praise of his Creator, he WILL hear the Voice of his Father. Yet the Creator cannot be praised WITHOUT His Son,...*

RAJ: You see? You can’t just join with God.

RAJ READING: *Yet the Creator cannot be praised WITHOUT His Son, for their glory is shared, and they are glorified together.*

RAJ: Why? Because *they aren’t* separate from each other. The Movement of God is the Movement of Creation that looks like *all of you, all of Us*, and the world and the Universe. If you glorify one part of it, you are glorifying the Whole of it, because there aren’t really parts. And your willingness to even *see* the Father in a part of the Universe, *leads to* a spontaneous recognition of the Truth of your Love *everywhere*. But you’ve got to get the first domino to fall before the others will fall after it. And you start with your Brother.

RAJ READING: *Christ is at God's altar, waiting to welcome His...*

RAJ: God's.

RAJ READING: *...Son.*

RAJ: Your Guide waits. The Holy Spirit, that which is nothing more than your Right Mind, waits at the Altar in the center of your Being to welcome God's Son.

RAJ READING: *But come wholly without condemnation,...*

RAJ: Leave your definitions outside the door. Leave that which would determine that your Brother is something *less* than What God Is Being right there, which is a condemnation, at the door.

RAJ READING: *...for otherwise you will believe that the door is barred and you cannot enter.*

RAJ: A very simple way of putting this is that if you wish to companion with or commune with the Holy Spirit, that which is nothing more than your Right Mind, or with your Guide, you must manage to *still* your mind enough to *abandon* your preoccupation with your definitions, and your distresses, and your judgments, et cetera. Because if you try to bring them along *with you*, in effect you will not be in a state of mental peace or quiet, and you will not be able to hear the Holy Spirit or your Guide. Why? Not because They don't answer, but because you are bringing with you *too much noise*. Too much of your attention is *preoccupied* with something *other than* listening for the Holy Spirit.

RAJ READING: *Christ is at God's altar,...*

RAJ: Waiting.

RAJ READING: *...waiting to welcome His Son. But come wholly without condemnation, for otherwise you will believe that the door is barred and you cannot enter. The door is NOT barred, and it is impossible for you to be unable to enter the place where God would have you be.*

RAJ: That's just the simple fact. But if you have something you would *rather* be doing than coming in simplicity into the *quietness* of you where you can *hear* the Holy Spirit or your Guide, you will not hear anything, even though that's where God would have you be.

RAJ READING: *But love yourself with the Love of Christ, for so does your Father love you. You can REFUSE to enter,...*

RAJ: And I say "refuse" in the sense of choosing to do something other with your mind than giving your full attention to listening.

RAJ READING: *You can REFUSE to enter, but you CANNOT bar the door which Christ holds open. Come unto me who holds it open FOR you,...*

RAJ: Or come unto the Holy Spirit which holds it open for you.

RAJ READING: *...for while I live it cannot be shut, and I live forever. God is my life AND YOURS, and nothing is denied by God to His Son.*

At God's altar...

RAJ: Right in the center of you.

RAJ READING: *...Christ waits for the restoration of Himself in YOU.*

RAJ: *I am God's Son and I wait for your realization that you are God's Son, to return to you. And I hold the door open for that realization to return to you. And that door cannot be closed, not just because I hold it open, but because the Holy Spirit, that which is nothing more than your Right Mind, stands holding your Divinity in trust while you dally with an ego sense of things, and holds it for you, if need be, forever—because your Divine Self, which you are ignoring at the moment, is Eternal as well.*

RAJ READING: *God knows His Son...*

RAJ: You.

RAJ READING: *...as wholly blameless as Himself, and He is approached through the appreciation of His Son.*

RAJ: God is approached by your appreciation of your Brother. Not for what your Brother is doing, but for What Your Brother Truly Is, *in spite of* what he may be doing.

RAJ READING: *Christ waits for your acceptance of Him as YOURSELF, and of His Wholeness as YOURS.*

RAJ: You see? I am your salvation. The Sonship is your salvation. Because we wait for you to recognize us in yourself, because that's how you remember Who You Are, and that's how the Sonship becomes One again, in full Conscious Awareness of Itself, without having to wait for you to remember Who You Are while you insist upon playing at being who you aren't.

RAJ READING: *For Christ is the Son of God who lives in his Creator and shines with His glory.*

RAJ: You see? You've been trying to shine with glory of your own, thinking that that's all there was for you to do. But there's more for you to be, and you need to begin to take hold of it and be it more consciously.

RAJ READING: *Christ...*

RAJ: You.

RAJ READING: *...is the extension of the Love and the Loveliness of God, as perfect as his Creator, and at peace with Him.*

RAJ: You see? You're *at that Point*—the Point of Perfection. And these words are describing you *from that Point*, which is the Reality of You at this moment.

RAJ READING: *Blessed is the Son of God, whose radiance is of his Father,...*

RAJ: And not at his own hand. Not of his own creation.

RAJ READING: *Blessed is the Son of God, whose radiance is of his Father, and whose glory he wills to share as his Father shares it with him.*

RAJ: And I will add: And by sharing, being able to keep it for yourself.

RAJ READING: *There is no condemnation in the Son for there is no condemnation in the Father. Sharing the perfect Love of the Father the Son must share what belongs to Him,....*

RAJ: The Father.

RAJ READING: *...for otherwise he will not know the Father OR the Son.*

RAJ: In other words, until you endorse it, you won't be able *to keep it*. You won't *have it* as a Conscious Experience.

RAJ READING: *Peace be unto you who rest in God...*

RAJ: And not in your own private, little goals; competitive goals.

RAJ READING: *Peace be unto you who rest in God and in whom the whole Sonship rests.*

RAJ: If you were to go to a medical practitioner, or let's say a health practitioner, no matter what area of health-care you might consider, you would go because you needed help. Because in one way or another, you were suffering. And you would expect the health professional to provide the best that was available on your behalf. Now, whenever a Brother or a Sister comes into your experience—walks into the room, walks past your line of sight—this one has come into your experience, and is there to be in relationship with, even if it's only to notice that they are there and that they're headed for the candy counter, or the checkout stand, or wherever. But, for that time, you're in relationship with them. And you're there to bless them. You're there to bless them—not to evaluate their clothing, not to evaluate their tone of voice—but *to give* an acknowledgement.

You are there like the health-care professional. Every single one of you *deserves* the best health-care—the attitude and the behaviors that make you better than you were before the encounter. You have the option, in every encounter with a Brother, no matter how distant or intimate it might be, to bless them by remembering, to whatever degree you are able, that they are neither behind the Point of Perfection, nor advancing toward it—*no matter what they think*—but they are *at* that Point. *Everyone needs* that *acknowledgement* to be made *about them* and *for* them, because none of you *remember* it consistently. And every single one of you need *the blessing* of that kind of mindful attention. Health-care—mindful attention.

And no matter how obnoxious they are, no matter how unkind they are, no matter how much their behavior is governed by their fear, you need to remember What The Truth Is that *they've forgotten*, and *not* indulge in spontaneous, self-righteous judgment of their behavior, but to get beneath it, even past the fear that is generating the behavior, to the acknowledgement of the Ultimate Truth about them, because *that*, for lack of better words, is a *health-care treatment*. You must dare to be persistent and consistent.

Again, we read earlier:

RAJ READING: *ONLY YOU CAN DEPRIVE YOURSELF OF ANYTHING. Do not oppose this realization, for it is truly the beginning of the dawn of light. Remember also that the denial of this simple fact...*

RAJ: That only you can deprive yourself of anything.

RAJ READING: *...takes many forms, and these you must learn to recognize, and to oppose steadfastly and WITHOUT EXCEPTION.*

RAJ: You must become more diligent in the process of reorienting *your attention*. You see, you don't reallocate blame. You *reorient your attention*.

You must step out of the level of blaming the other person for his or her problems, because the other person is having problems because he or she is *blaming himself or herself* for her problems, or *blaming others* for their problems. But it's all in that arena in which nothing but conflict *can be* experienced, because there's no premise being utilized of Innocence, of being *at* the Point of Perfection—of the acknowledgement of the fact that you *never ever could have* managed to separate yourself from God, and do something awful that you must be punished for, that you are guilty of, that blame can rightly be laid at your doorstep for.

You know, last week I spoke at some length about how loved you are, so that you might remember how loved you are, or so that you might have an "Aha!" about

how loved you are, so that you might be lifted up out of your poor definition of yourself, your *unlovable* definition of yourself, into a new arena in which your *lovableness is natural*. I must do this for you, and you must do this for each other. Because in doing it for each other, you do the one essential thing that's *not been done*—and that is the abandoning of an arrogant, private, special selfness in favor of joining with another in acknowledging the Truth About Them—and thus pushing that domino that causes the realization of your Divinity to register with you because you've endorsed it and *made it your own*, and *demonstrated it in action* with your Brother.

Now if your Brother or Sister is so damned *convinced* of their fearful definition of themselves *and* how full of blame they are—if they are so convinced of it that they can't possibly hear any verbal expression of that fact that you might put forth, if they're so convinced of it that no matter what you do, their behavior doesn't change—it just means that as the health-care practitioner that you are, you are called upon to *oppose steadfastly and without exception* whatever their limited belief is *in your mind*, and *not* succumb to it and move into a state of reaction yourself, so that you continue to consider them in the Peace of the understanding of What The Truth About Them Is.

You must *stop* giving yourself permission to indulge in *reaction*—emotional reaction. Why? Because the moment you do that, you're saying, "I'll be back with You in a minute, God. I have some *reacting* to do." And so you cut yourself off *until* you get *your fill* of hurting *from reacting* and you finally say, "Okay, I lost the beam. I'm going to *stop this* and get centered again. I'm going to get quiet, and I'm going to join with the Holy Spirit. I'm going to acknowledge God as my Father, and therefore myself as His Son or His Daughter. And then, although I haven't done that yet, I, at this point, intend, once I get to that point, to include this lousy so-and-so that I'm so upset with, in the acknowledgement of *his* or *her* Divinity. And I will withdraw *my joining*, I will withdraw *my partnering* with this one in his or her *lousy* self-perception, so that I do not strengthen it by *confirming it* by joining through reaction.

You may not be able to change someone else, but you know the saying, "Misery loves company." And if someone is miserable, and *their misery makes you miserable*, you join with them in their misery—and because misery loves company, it *does confirm* for them, and solidify further for them, their misery. *That* you don't want to do. And the only way *not* to do it, *is* to *steadfastly choose* for your Peace, *listen* within, *remember* the Truth *about* them that they're neither behind the Point of Perfection nor advancing toward it, but they're at that Point. And you *stay* with *that*. You withdraw *your part* in the "misery loves company" scenario. And confirmation is *lessened*.

And the Extension of Love, the Acknowledgement of God there where they are that occurs in your mind, *does* bless you. And like a gift given but unopened, it remains with that one until that one is *ready* to open it. And you have not done anything in vain.

I love you all. And I look forward to being with you next week.

Okay.

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A Course in Miracles Study Group with Raj, August 28th 2005
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All rights reserved
PO Box 1490 / Kingston, WA 98346-1490 / USA
Phone: 360-638-0530 Fax: 360-881-0071
Website: <http://www.nwffacim.org>
E-Mail: paul@nwffacim.org