



## **Gathering In Kingston, WA –June 23, 1996**

**By: Raj Christ Jesus -**

**RAJ OPENING COMMENT:** Good afternoon. I am happy to welcome you here and I am pleased to be welcomed here. Who has a question?

**QUESTION:** Hi, Raj.

**RAJ:** Good afternoon.

**QUESTION:** Last time I was here...

**RAJ:** Before you continue, Paul is assuming that since in many ways the two of you are learning the same things he is going to be on the hot seat with you. Continue.

**QUESTION:** Last time I was here I asked you the question about the vision quest. And I had difficulty hearing your answer. I just wanted to tell you on further review it turned out to be excellent. So thank you.

In the past we have talked about failure, the substance abuse issues, entering the void...

**RAJ:** Failure as an integral part of success?

**QUESTION:** Correct.

**RAJ:** Indeed.

**QUESTION:** And you've instructed me about entering into the void and I've been having difficulty with that. And in the past you gave me an answer and in it you said to me, you said, "you are walking a very particular walk. I'm not talking about a path Home. I don't want to sanctify that much, but you are in a very particular path of undoing, which is of coming back into your Right Mind. There is an objective here that you haven't created and you're very close to the objective being fulfilled." Can you expand upon that for me?

Can I add one more thing before you answer?

**RAJ:** Of course.

**QUESTION:** I feel stuck, not badly stuck, but in the place between knowing that I don't want to be an authorizer, yet not hearing my guidance on a real consistent level. So it's difficult. People say, "What do you want to do? What do you want to be?" And I don't want to authorize that. I don't want to try and come up with some great idea. So I just wanted to add that.

RAJ: I understand. And so your simple answer to that, since there's no obligation for you to have an answer for someone when they ask that question, is to say, "I don't know but my curiosity is up. And the moment I know I will inform you. I am engaging in the adventure of discovering what I'm all about." And the more you can conceive of it as an adventure, rather than a hurdle to get over the more easily the delight of it will begin to register with you.

Your conditioning says you need always to be competent. And yet if you are open to being in a new way, you are open to being in a way that you have no competence for yet. And so you ride this fence of uncomfortableness where you must allow for flux to happen, for reconfiguration to occur, an experience in which you cannot feel personally competent, and yet not constantly harass yourself for being incompetent. You see what I mean?

You see, when you walk you lose your balance and regain it, and lose it and regain it, and that is how you move from one foot to the other. And if you say, "what's wrong with me, I keep losing my balance every time I try to be open to walking," you see, as though it were something wrong with you. And the fact is, you are losing your balance because that's the first part of taking the first step.

You're on a particular path, as I said of undoing, which really means a particular path coming back into your balance, coming back into your Right Mind, coming back into your sovereignty. And the particularities, or I'm going to say the essential particularity of your particular path of undoing involves your, I'm going to say your having to make a more conscious choice than some people have for your Sanity—than some people are faced with. Because with the substance abuse you have an ally, a most "wonderful" ally to help you avoid the undoing, to help you avoid coming back into your Right Mind. Because it provides you with a relief from what I'm going to call the discomfort which is essential to your abandoning that which is keeping you unclear—meaning not in your Right Mind.

Some people just have an uncomfortable situation and no release from it that serves to motivate them, even if what is causing the discomfort is itself something dear to them, like a lover or a husband or a wife who is intolerable but there is a love for them and they do not want to let that one go. And so it is difficult for them to let go of that which for whatever reason is not contributive to their Sanity.

The universe—infinite divine intelligence—is conspiring on behalf of your awakening and your reluctance to let go of this ally is creating dynamics that are more and more uncomfortable, you're getting less and less release. That which seems to solve the problem for you by delaying coming back into your Right Mind is now becoming part of the problem. Thank God! I mean, thank God or the Universe that is conspiring in this way. Because you very literally are on the threshold of emerging from the other side of the tight space, the uncomfortably tight space that you are in.

For you that which is triggering your return of Sanity is singularly particular. It is not complex. It doesn't have a lot of complicated factors to it.

Now I don't care if you aren't being able to hear guidance clearly, if you are not able to hear the wisdom that is inherent in your essential Being. It doesn't matter. What matters is that you persist in reaching for it, that you persist in inviting it in.

The powers that be, the Universe, whatever you want to call it, is conspiring with you in the sense of helping to push your experience of your Sanity, of your Wholeness, of your peace of mind and your clarity into your conscious awareness of every-day-life. That's why you must persist in inviting this connection with guidance, inviting this conscious union with your essential Sanity. Because if you are reaching for and inviting in what is being pushed from the other side of your illegitimate prison wall, then you reaching for that which is being pushed toward you constitutes a joining at least at the level of intent. And as long as you are engaged in that invitation you are neglecting to reinforce the prison wall.

So the key is persistence in inviting your inheritance, your Birthright in. You see everybody's on their path. It's like if everyone gets sick everyone is bound to get well, because that's the only alternative there is to illness, ultimately speaking. And so everyone who is experiencing ignorance of their Birthright and ignorance of the Kingdom of Heaven or Reality right here is bound to come back into the experience of it. So everyone is on their path as it were. It's when everyone expresses a desire to move forward or have that toward which they are being moved brought into their experience then Awakening will happen more rapidly and with more grace.

It's simply is a waste of time to grouse about the effort it takes.

**QUESTION: Thank you, that was very clear. Can you tell me a slight segued here: my left knee injury arthroscopic surgery yes or no?**

RAJ: No.

QUESTION: Thank you.

RAJ: You are welcome.

**QUESTION: Raj, I'm feeling a strong calling to respond to the possibility of a venture which has is grounded in spiritual activity. And it requires a financial backing that I don't appear to have at the moment, or seem to get access to. And in my quest in pursuing avenues I have been surprised at the inability to have other people join me in the dream that this seems to involve.**

RAJ: You mean by that the vision?

**QUESTION: The vision, yes, the vision. Now I understand that I have a lot of learning in this process, but I would appreciate you addressing if you would something about my becoming the source, my ability to attract the**

**financial means which seem to be necessary to move forward at this point.**

RAJ: Hmmmm. You must approach this without attachment to outcomes. You will not become the source of anything, but you can yield to the capital “S” Source. And in yielding to it you will know when to pick it up and when to set it down. You will know when to act and when to be still. What you want to do is to be on target each step of the way without having determined where the steps must end up.

You may speak to those who seem unable to catch the vision. Do not assume that catching the vision is what they were supposed to do. It may be that having vision verbalized and expressed in their presence was part of their trigger, in areas of their life that have nothing to do with this venture that you are speaking of. What you want is to be on the beam at each moment where utter perfection has been expressed in that moment, not utter perfection relative to a future moment. You see?

You must begin right now to let the possibility exist that you will not be associated with this potential venture in the final outcome. If you are preoccupied with the final outcome you will not be fully present in the wonder of each moment. And the wonder of your being utterly appropriate in that moment where regardless of the future you can feel that everything you were involved in fit perfectly with everything else, even though you seemed to be accomplishing nothing relative to the future.

Bliss is not the result of something that will happen, which always puts bliss off in the future. Bliss is the experience of having been utterly appropriate in each given moment so that you are not experiencing separation from the Movement of fulfillment that God is being and which is looking like you doing or not doing certain things, saying or not saying certain things, accomplishing or not accomplishing certain things. What I am trying to gently bring your attention to is being on the wave, in the flow, in the moment, whether it's going to be a long ride or a short ride. You see. Then you will feel the success of being, not the success of doing or accomplishing. And if you are experiencing the success of being then you will not become compulsively attracted to accomplishments in order to gain the peace and joy of being, or your bliss. And when you're not distracted by a compulsive need to accomplish something for your good, you'll find your good accompanying you in every act, in every little detail of your day. And that is Heaven.

Fundamentally you are on the beam. But to the degree that you are beginning to evaluate what is happening relative to a future outcome, you are moving further and further away from your ongoing present bliss. And that's the real call.

So remember what I first said. You must approach this without attachment

to outcomes.

QUESTION: Thank you for the reminder.

RAJ: And have fun. You are welcome.

**QUESTION: Thank you, I seem to be asking the same questions that everyone else is, but I want to hear more answer. I do publish a publication that I feel I've been lead to as many, many people that I'm surrounded by in what I consider the call of service. And what I'm seeing is people struggling, really struggling financially, and yet they're determined to stay with that inner knowledge that this is what they're supposed to be doing, and I along with them feel the same way. I'm doing that. And I have moments of great surety that this is what I'm doing, and then when the bills come in—and I know Paul is going through this same sort of situation—when the bills come and there's not enough money to pay it you're wondering if you're supposed to continue the service. I know in side I'm supposed to, but the material on the outside it's like a bottle. So my question is maybe I could just get a little bit more clarity on what that's about and why we are doing this. And also kind of an aside question with my publication, is there anything that I can be doing to elicit more financial support?**

RAJ: Early on I told Paul, “your income comes from being centered.” This is about as simple as it gets. He thought his income came from his doing, from actions he took in the world, actions even that were spiritually based and for spiritual reasons. But the real key lies in choosing to be in that space within yourself where your peace is unobstructedly available to you as in meditation, and then not abandoning that peace as you begin to act in the world. When the fear of failure, or the fear of collapse, or the fear of disaster of any kind gets less of your attention then your peace does—which is available to you no matter how disastrous things appear to you to be—then you find the apparent disasters and distressing factors fading. It's a simple fact.

You're not required to overcome the failure of support from your world out there, or to overcome the potential failures or disasters that you can conceive probably will happen. You don't need to overcome them or do anything to them, you simply need to make the choice for your peace. And if this means that you must meditate three times a day for twenty minutes—not go into a cave for months unendingly meditating—then do meditate three or four times a day so that the experience of peace remains in your memory, to some degree, at least until the next time you meditate and have the refreshing experience of it.

You know what you're supposed to be doing and you're doing it, but your rational mind judging events out there create worry, fear, doubt and undermine your sense of your own integrity and the integrity of what you're committed to. And yet as you know, you wonder if you're not perhaps a little insane because in

spite of this you're not willing to abandon the commitment because it feels so right on.

Again, your income comes from being centered. That's another way of saying that fulfillment manifests when you have abandoned the attempts to create fulfillment for your self and have chose instead for your peace. You've got to let yourself say, "I maybe crazy, but I'm staying in that place in me where I feel I'm on the beam. I'm going to hold on to this feeling of being on the beam as though I am holding on to what little bit of real sanity lies in me. And I'm not going to abandon it out of fear, or out of my best human judgment," you see. And then choose for your peace as well.

Because in the peace that you achieve within yourself you find what I'm going to call the mental environment or just the environment of yourself, you find that environment, which is an environment of peace to also be an environment that is obviously safe because you feel no threat. And that environment, that experience is very similar, if not identical to the feeling you have regarding your purpose at this time and your willingness to be committed to it no matter what. And what happens is that you could say the activity of being on the beam, which is the work you're engaged in, becomes recognizably the same or of the same character as the peace of your being, and they cease to be two different things and come together. And in that place everything that identifies fulfillment of this work, or this path you're on, will spontaneously begin to manifest—people will call you up.

Ways to continue the work will unfold. But the key lies not in finding more effective ways to be in the world to generate income, it lies in a radical and to the ego an insane commitment to an experience in which you are not distracted from peace and you are not distracted from your work. It's when you become fragmented mentally by distractions that the cohesiveness of the fulfillment of your purpose for being seems to disappear. But it's when you come into the simplicity of the peace of your being that you find that which you are committed to in terms of the work, becoming nurtured and supported and strengthened by the simplicity of the oneness of the peace of your being and your being on purpose or on the beam, you see.

I will tell you that Paul thought that was the most impractical thing I could have told him. But I will tell you it's the most practical thing, the most fundamentally practical thing I could tell you. And Paul has had now fourteen years of experiencing having his needs met without his doing a single thing from the level of his reasoning and thinking to generate it. And he ain't special, Paul isn't! And so no one else has to be special in order to have the same experience.

You know what commitment really means? It means not indulging in any distractions to a single purpose. It's about the easiest thing one can do. And

everyone can do it. And everyone is going to learn how to do it, because it's the way you come back into your Sanity and the direct daily experience of Reality that isn't filled with conflict or threat or that which undermines and ruins your experience of your integrity.

That in you which tells you that you are on the right track and that you are on purpose is not leading you astray. It is the wisdom of your being. And I encourage you to honor it. What I encourage you to dishonor is the suggestion that you have justification for abandoning your peace about it. Because it's only in staying with your peace that you can find that your inherent peace is the nurturer or your fulfillment of purpose, and you can't have one without the other. What this means is that the experience of fulfillment of purpose will always be the result of the expenditure of no personal effort.

You have the feel of what I am saying. You will have to ultimately give yourself permission to stand in the world on such a radical basis and let the chips fall where they may as far as what everyone else thinks. If more people don't do this everyone else will not have the opportunity to see that there's a different way to live in the world than the way they're living. They won't have the inspiration to live a different way and they will compulsively continue to reach for and create their good.

There is a courage in you and sometimes "they" and "them" and what "they" and "them" believe undermines or tends to disqualify the courage that you feel without being overcome by doubt within yourself. And I'm encouraging you to trust this part of you that knows it's on the beam and isn't afraid on her own to follow through with it. Just remember to bring to that a commitment to your peace, your centeredness. Mind you in all that I've said I have not talked about lofty spiritual principles or the application of complex spiritual ideas. It's utterly simple and can be found in the simple practice of meditation, two, three, four times a day, even if it's for ten minutes at a time, but long enough to remind you of the experience of peace that isn't circumstantial.

I'm going to just let you abide with that.

You are welcome. We'll take a break.

RAJ: Before we continue with another question, I would just like to add to the last answer. To be engaged in a "good work," to be engaged in a spiritual work will never be sufficient to carry you through any more than good looks will be sufficient to carry a marriage through. The only thing that will carry you through is when whatever you're doing, whether it's a spiritual work or whether it is being an accountant, the only thing that will carry you through with an experience of your fulfillment is if you are unwilling to abandon your peace, because when you're in your peace you're able to tell when you're on the beam and those two things together are what are sufficient to carry you through.

Because that's where the commitment comes from that allows for the follow through.

Some people say, "well, I was engaged in an obviously good work, why didn't it work out?" The focus was in the wrong place. That's why what I said to you is so key to your experience of fulfillment in what you're doing. And it's something that is important for everyone to understand. High motives will never be enough, because somewhere along the line those motives can be successfully challenged. But the one thing that can't be challenged successfully is when you are feeling the stability and the security and the groundedness of being connected with your being, because your being isn't a private possession of yours but is the very presence of God undistorted by any concepts you have about being a human being with all the frailties and limitations that everyone says or you have been educated to believe are inherent in being a human being.

So, that is the end of the answer.

**QUESTION: Thank you, Raj. I'm trying to sell our house and find that with so many different opinions from so many people I'm struggling to stay in my peace. So I'd like you to tell me how much I should ask for the house, when will it sell and will I then move to Woodbe (sp?) Island to sell my mom's house?**

Not that what you've told anybody else here has escaped me, but...

RAJ: I was going to say that it doesn't matter what anyone else says, because you're not in charge and they're not in charge. The house will sell. And I will say that the asking price is appropriate. And where you will go after it sells will be a delightful surprise for you because I'm not going to tell you where you are going. The key however is to realize that you don't have to accommodate anything outside of what you find yourself knowing when you're in your peace.

Now remember that you don't get in your peace so that you can become clear about how to be in the world better or more effectively. Which is another way of saying, you don't get into your peace so that you can learn how to be more effective when you're out of your peace. Do you see what I mean?

So, you value your peace enough to choose for it and then pay attention to life from within it. And be in the world from there. In other words, to the best of your ability at in the world, not on the basis of your conditioned thinking or anyone else's, but on the basis of what you find yourself knowing when you're in your peace. And if you begin to lose that groundedness, that knowing, don't become more compulsive trying to get things to work better in your world, sit down or stand at the sink and stop what you're doing and take a few deep breaths and at least be willing to connect with your peace right then and there, even if you can't sit down and meditate for a full meditation period, you see.

The real point is to remember not to succumb to the suggestion that you can



figure it out for yourself. “Gee, it would be swell if it worked out this way. Wouldn’t it be wonderful if it worked out that way. It would fit into my plans so beautifully. And it wouldn’t hurt anybody if it happened this way. I’m going to visualize it happening that way. It’s obvious that everyone including me would benefit,” except you don’t say, including me, you say, “it’s obvious everyone would benefit. It would be a blessing for everyone,” and unsaid, “if I got it my way, because I’m such a magnanimous person.” This is the way the ego works. I’m not saying this is the way you work.

What is Thy Birthright man, Child of the Perfect One. What is Thy Father’s plan for His beloved Son,” words of a hymn or daughter. That’s the question when you stand at the kitchen sink, or talk to the realtor, or consider talking with your partner or your expartner to be. It’s not, “what would work out best for me? What would work for me that could bless him so that at least I could look like I’m thoughtful, a considerate person.” “What is my Birthright? What is my Father’s plan for me, His beloved Daughter?” When you ask that it turns your attention into a new direction, because after all His movement as fulfillment that’s identified as you and everyone else may well be different from your most wonderful or most manipulative concept, you see. If you would just remember to ask that, “What is Your plan for me, because I know it must be one of perfect fulfillment.” And then listen.

And remember that whenever you are thinking you are never in your peace. Thinking is what you all engage in in order not to have to experience the void. You think to fill the gap of nothingness. And yet the nothingness, the void, if you will, is the womb of creation, which means that it’s the womb of your fulfillment. But you all think to avoid the silence. And you all think as a defense against a good that you didn’t have a chance to pick, you see. “I’m a little afraid of what God might have in store for me,” you see. “It might be more good than I can take. It might come faster than I can take it.”

So sometimes thinking is a defense against the influx of good that might cause you to lose control. And sometimes thinking is a means of maintaining active independence from God so that you can have the thrill of authorizing something and being creator yourself. But at all times when you’re thinking you cannot experience your peace, you cannot BE experiencing your peace. And if you’re not experiencing your peace you’ve lost the beam, you’re off the track. The essence of the nature of you is unavailable to you. That which constitutes your groundedness and invulnerability seems unavailable to you, which makes it even more imperative to think, you see. You think and lose your groundedness which makes you more vulnerable, which makes it more imperative that you think better and better and better.

Your selling of your house, whatever you do with your mother’s house, it all

sits there in front of you as a delightful opportunity to experience the perfection of the way everything fits together because it all identifies fulfillment of purpose set into motion by God, and which is therefore flawless but as beautiful in grace as the most exquisitely performed ballet. Because the Movement of Creation is art. It's not just creation!

That's your answer.

QUESTION: Thank you very, very much.

RAJ: You're welcome. You're welcome.

And there's a young man with an army hat on that has a question. And I remember his name is Nick, not Nicholas.

QUESTION: Very good! All right. To tell you the truth this is kind of actually a double question here.

RAJ: Most people don't ask just one question, a couple are slipped in with it. So you fit right in.

**QUESTION: Okay! From the last time I was here the question I asked was about my encounters with getting frequently busted with my, how should I say, obsession with fire and stuff. And don't get me wrong you did a very good answer, but that still didn't answer why everything like that was happening to me.**

RAJ: It is not happening to you because you need to stop doing what you're doing. It is happening to you because along with learning, shall I say, along with breaking boundaries, you must also become mature enough to break the boundaries in a way that doesn't alarm or harm anyone else. And so, what it is is, it is really a call for you because you are engaging in activities of a more adult nature than your years, it is the obligation for you to think in a broader perspective that is also more grown up than your years.

It's happening because it's important for you to be safe. And so the universe says, "Ah, here is a young man who is fearless, and who is embracing more than is usual for one of his years. We cannot let him do this and end up being hurt in the process. And so we're going to provide the firm guidance," if you will, "the obvious need for him to purposely be curious about and fascinated with how to be radical with intelligence." The universe is on your side in other words. The powers that make things work are standing in support in your bravery, your courage, and saying to you, "along with the bravery and courage is a capacity in you that you need to also awaken, bring into the foreground of the intelligence and the thoughtfulness that allows you to do it without alarming everyone so much that they force you to stop." It's like the universe loves you enough to say, "we honor your interest and we want you to survive it." You see?

QUESTION: Thanks. And the second question was...

RAJ: I need to just add one little thing because it is part of the whole thing.

Your friends, let me put it this way, in some respects because you are the explorer you are the ring-leader, you're the one stepping out, not the others, they're not stepping out first, you're stepping out and they are inspired we'll say, but because they're not initiating it the motivation for it isn't starting with them. The universe is not saying, "we need to watch them to see that they survive their curiosity," because it's your curiosity first, not theirs first. And so, what I want to point out is that you are going to have to be more mature relative to fire and the exploration of it. You are going to have to be more mature regarding fire for them. Do you see what I mean? They're not going to want to do it themselves. But you're the one whose finding circumstances confronting you that say, "you must approach this maturely."

So you cannot afford to listen to their boundless enthusiasm for radical things. You've got to be connected to the mature part in you that says, "no" to you because it's important for you to survive your curiosity, and also say "no" for them. You see?

Okay, now you can ask your second question.

**QUESTION: Okay, the second question was, how do I put this, my mom has a quote "boyfriend" unquote, named Neal he was in the army for several years, that's where I got the hat and several other things. And I can't say that man hasn't got along ever so perfectly, I mean from my views the man's all metaphors, or... And him and me just... All right, say you have two test tubes, right? Here's an example: Okay, two test tubes, one is filled with me and the other is filled with Neal, mix them together and you get a nuclear explosion. So I guess my question is how do I get along better, or if he ever decides to move out how do I adapt?**

RAJ: If he decides to move out or move in? Are you not very adaptable?

**QUESTION: Let me just say that in the period of things that are happening right now I pretty much have zero tolerance for this guy.**

RAJ: If he moves in I'll answer your question. In other words, don't cross that bridge until you get to it. And don't fill today with reactions to what you imagine it will be like if it happens. Because then today gets clouded by reactions to something that hasn't happened and may not happen. And let me put it this way, if it happens then there will be an answer and I will be glad to answer it then.

QUESTION: Okay, thanks.

RAJ: You're welcome.

QUESTION: Well, I'm feeling fairly fractured, and I've been listening to your answers all day, and it feels like everything is up in the air right now. I'm not feeling much guidance one way or the other. My father's quite ill, he's hearing voices that he thinks are the devil. He's not responding to medication. I'm considering a move out of State which seems to have thrown everything up in

the air in my life. I'm not clear about the purpose of relationships that have come into my life right now. My career feels up in the air. And this feels like sort of a familiar state to be in this sort of fractured, uncertain place which seems very hard to resolve.

RAJ: This contemplated move is based upon a clear sense of direction relative to your fulfillment?

**QUESTION: No, if it was clear I wouldn't have felt so up in the air about it.**

RAJ: What I'm really focusing on here is are you doing it for someone else, or are you doing it because it is clearly relevant to you and your next steps of fulfillment?

**QUESTION: I think partly it's up in the air because I'm not sure, and trying to be clear if it's for me and not for someone else. In the past when this has come up it has felt like it would be for someone else and not for me so I've not contemplated it. Now in looking at it, it feels like it could be for me, more for my purpose to take this move.**

RAJ: Nothing I say should ever be used as a means of overriding any clear knowing you have within yourself. And so what I am going to say I want you to take within yourself and abide with it, measuring it against your clearest knowing when you're in your peace so that you may see whether or not in fact it is relevant to your fulfillment. What I am going to tell you is that it is essential for you to value where you are and what you have relative to your career at this moment, relative to where you are living. And to upset it, to let it go, to let go of what order is here and go and abandon it in favor of this new change is not consistent with your integrity or your fulfillment of purpose. I mean the fulfillment of purpose that the Father has in mind for you, which will be your fulfillment.

Contemplating moving is not fragmenting you. The experience of being fragmented because you're out of touch with yourself is what is making it seem reasonable to make a major change. If you were a ship I would say don't weigh anchor! Leave it on the bottom and stay in the port until you're feeling your peace.

The elements of your life at this moment are essential elements. They're not extraneous, or superfluous or irrelevant. And because you need to hear this right now, I am going to say, your first priority is to honor yourself. I mean you've got to put yourself first. And we're not going to get hung up on whether we're talking about your Higher Self or your lower self or whatever. We're talking about you as you're experiencing yourself at this moment. You must start with yourself and not others and value what is happening right now that you already have enough to abandon the willingness to leave it all and be wonderfully open to something new. And then in that decision to hold off on making life

changing decisions take time whether you hear guidance clearly or not to get into your peace, to meditate not out of panic, but because there really is nothing else that you need to do that's more important. And the value of experiencing your peace through meditation is so great, because in the experience of your peace you find that you aren't a leaf in the wind.

So, there is inherent in you a perfect stability from which decisions can be made, and on the basis of which decisions can be made. And the decisions made from that experience of stability will never disrupt your fulfillment. It's when you're not feeling the stability that the compulsive reaching for attaining something comes into play. And the reaching happens without a rudder present.

I will tell you that if you trusted what I said—blindly trusted what I have just said—you would not jeopardize yourself. Because in effect what I have said is, there is no action you need to take at the moment, no action you need to contemplate at the moment. The only thing that needs to occupy your attention at the moment is your peace. And as long as we're talking about blind trust in what I'm saying, the possibility that the elements in your life are all essential, valid and valuable for you, and the reason for accepting this blindly is because you can set down the things that are uprooting things for you at the moment. You can say, "Raj, says if I don't attend to these my whole world will not collapse around me. And therefore, I can set them down for awhile and take a deep breath and choose for my peace, not so that I can hurry up and have a decision, but because it's the nature of my being to be experiencing my peace. And these circumstances are not life threatening and therefore do not call for me to respond thoughtlessly to them.

I'm telling you this so that it will be easier for you to give yourself permission to stop dead in your tracks and let go of a feeling of responsibility for coming up with a conclusion and have a chance to take a deep breath and connect within to your peace.

Again, why? Because in your peace you can feel the security of your being that isn't circumstantial. And when you feel that, everything else that follows in terms of knowing, whether it comes in words from your guide or just in awareness' of truth, it will come in a way that will reveal the steps that need to be taken, but from a place of stability, from a place where your rudder is present. And you deserve that. Not one of you is ever faced with the requirement to act in the world from any other basis than what I've just described to you. The world says, "jump" and you're supposed to ask "how high" on the way up, you see. But it's like answering the phone, you don't have to answer the phone. The world says "jump," your ego says, "jump." You can procrastinate. You can just say, "no, I'm going to pay attention in my peace before I do anything. And if from my peace I know that I need to jump four feet I'll jump four feet.

It is not appropriate for you to sacrifice or abandon what you have, the

elements of your life that are present. There are more elements, which it is your Birthright to be experiencing, but the fundamental elements at this present time are essential elements.

And I promise you that if you were to abandon the whole structure of your life, if that was appropriate, I would tell you abandon it and then we could discuss why you have to abandon this and that and the other thing that you thought was valuable. I'm just saying that it's not difficult for me to tell you a hard thing for you to hear. If it was appropriate for you to abandon everything and step out on the water, so to speak, with no security whatsoever because fulfillment of purpose lay in that direction I would tell you to do it. And if it needed to be done in five days I would tell you that you can't afford to sit around and think about it because you must move within five days—"you must do this."

You will not lose by taking my advice here. But I did say take it within, into the quietness and measure it against what you find yourself knowing there. I'm going to put it another way, your life is unfolding in fertile soil. When you have fertile soil don't abandon it carelessly.

**QUESTION: I know that the response... one... there's an ego response, that I at one leave really hear you and at other times I think... well what I get into is that waiting is sort of my mode. And that not taking action is very familiar...**

RAJ: Mind you I didn't say ignore the whole shooting match. I said refrain from taking action and get into your peace and listen, so that your acts are not the results of an ungrounded frame of reference. I have also implied that there is something substantial and valid about the elements of your life at the present time. I've done that specifically so that you when you get into your peace will be listening specifically for whether or not that is true, rather than listening and having the background of your having come to the point of listening be an overriding feeling that it's time for a big change—a major shift in your life.

Sometimes one gets used to the essentials of a stable life and begins to overlook them, they don't register in their essential character—they're just the usual, and so lets try something new, and it feels very easy in some respects to abandon the old for the new. And I'm saying you cannot afford to look at your current situation and overlook how much of your essential fulfillment is already in place in support of more.

Now we can't arrive at a conclusion around this by communication. But you can arrive at clarity about it by refraining from acting and getting into your peace without a sense of urgency or fear, but because you have the right and you have the time to let out a deep breath and just be in the uncompelling place where you can become clear and where you are bound to become clear, because clarity is a natural outcome of peace simply because your ability to pay attention is not

being successfully distracted by distractions.

That's the end of the answer.

**QUESTION: I have a very hard time meditating. I think I've been asking you about this for ten years. I don't experience it at a peacefully, I experience it as a distraction, with many distractions of my mind that I have had great difficulty shutting off. So I guess I need more help in meditating and being able to silence this internal chatter that seems incessant or not listening to it.**

RAJ: To begin with I don't want you to meditate to listen for guidance. I want you to meditate to arrive in the void, in the silence, in your peace.

Now, what you must do is either use a mantra or pay attention to the sensation of the air somewhere around the bridge of your nose on the inside. And we're going to say that your ability to engage in this meditation doesn't lie in the absence of thoughts, but lies in your ability once you have noticed the thoughts to bring your attention back to the sensation of the air or your mantra. It is a natural and inevitable phenomenon that when you engage in this you will come to a place of peace within yourself, in spite of what you think and in spite of your experience. Persist, and persist regularly. And I encourage you, if you do it twice a day to do it in the same chair or in the same place each time you do it in the beginning for the next three months, let us say.

The other thing is if you can find a group of meditators, because meditation in a group always is more (and I do not like these words) more powerfully supportive of the individual coming to the place of peace with greater ease.

The simple fact is that you're a hard core thinker, and the answer is persistence. I want to also suggest to you that when you sit down to meditate before you begin say to your healing team, "I'm asking for your full support of my having an experience of peace. And I'm willing to accept your help, and I'm willing to have the experience." And just let that be said and let it express a willingness that is an inherent part of your doing a meditation on an ongoing basis. You're not going to do it so that at the end of the meditation you can say, "lot of help the healing team was. It didn't work again," you see. The point is persistence and willingness. And when you ask for help you're saying, "I'm not going to try to do this all by myself." You are embracing, you are inviting a joining.

Just do it!

**QUESTION: Can you comment on what my father's going through with this whole illness?**

RAJ: I will tell you that it is appropriate for us to discuss that at a different time.

QUESTION: Thank you.

RAJ: You are welcome. We will take a break.

QUESTION: Hello, Raj.

RAJ: Good afternoon.

**QUESTION: I have a mysterious and somewhat bizarre relationship with my parents.**

RAJ: Why?

**QUESTION: That's what I want to ask you. And I would like to know if I have been appropriate with them and if the relationship as it stands is how it is going to continue, or is there anything else that I should be doing or saying?**

RAJ: Let everything stand as it is now. And I congratulate you on your courage. It is not likely to change, the relationship. I will put it this way, as much balance has brought into play as can be brought into play with them in this lifetime. Don't mess with the balance now. And don't let your ego mess with your mind and cause you to abandon the balance you have arrived at. You understand?

As with Diane you have some essential pieces of fulfillment established. Don't sacrifice them. That's the end of the answer.

QUESTION: Thank you.

RAJ: You are welcome.

QUESTION: Hi.

RAJ: Good afternoon.

**QUESTION: Why did I come today?**

RAJ: So that I could be pleased.

**QUESTION: Did it work?**

RAJ: Indeed. I am most appreciative of your company. We've come a long way. Thank you.

QUESTION: Good afternoon, Raj.

RAJ: Good afternoon.

QUESTION: I'm so happy to be here. I have actually a question that I brought with me from Mary Ross, who just I think had her 91<sup>st</sup> birthday. And it's two parts, it's a little bit lengthy, I think I can summarize it.

RAJ: I will answer your question, not her's at this time.

**QUESTION: Okay, my question is about clarification, I think about the Movement of God that I experience as desire in my heart versus the demands of the ego and preferences—how to distinguish more clearly the difference. When I'm feeling inspired...**

RAJ: Are you speaking of the differences between desires and preferences?

**QUESTION: Right. When I feel that I'm on the beam, on center and I'm being inspired, which is the Movement of God it's like music... It's like**



**I'm in rhythm, it's like a rhythm actually. And the energy and the joy accompanies that. But it's my understanding when that... plus the idea that...**

RAJ: I'm going to interrupt you for a moment. Desires are always experienced as a motivation to give. And preferences are always a motivation to get. Desires do not arise out of thinking, wants and preferences do. And they are based upon a sense of inadequacy and a means of accommodating the inadequacies. When in the silence of your being you feel the Movement of God, which is the Movement of fulfillment, it always comes as an inspiration to engage in an act of giving—to do something that blesses all, whether you think of it as blessing everyone or not it is a desire to engage in giving. It is a desire to give way to fulfillment.

It has been said that desire is prayer. What that means is that in the silence of each one of you, you feel the Movement of God and it's always the Movement, we're going to say, towards fulfillment. Desire is the leading edge of fulfillment, instigated by the coming forward of fulfillment because that's the Movement of God. One feels what is coming. One feels the good that is coming and feels drawn toward it. And when one yields to it, one gives willingness for it and lets it in. And one lets oneself be the vehicle or means by which it comes into fulfillment. You see?

Desire never originates with some puny piss-ant little mortal, some little finite limited mind. Desire is, I'm going to say, impelled by the Movement of the infinite Mind that is God. And its motive is Love in expressing himself/herself. So that impulse is felt as desire when one is not inserting his or her wants or preferences in favor of, in place of being quiet enough to feel the impulse of the Movement of God. :You see?

**QUESTION: Yes, and what I also want to clarify when this Movement is consuming me, that our part is to ask what, where, how... I mean, we get the feeling and that's our trigger to ask what, where, when...**

RAJ: You get the feeling and you can't help but be curious.

**QUESTION: Exactly! I guess I'm not stating this very clearly. It's like a two part... His part is the motivation, and our part is the asking... We're on the way together... It's the curiosity, right. Whereas I'm beginning to discover that the ego is coming from a fear based... It's like, okay. My career has been the most wonderful blessing for me to experience learning trust. And what I've discovered... I always tell people if you want to get in touch with God get in commission sales only and have a high overhead. You really learn about the ebb and the flow. My business ebbs and flows. But if I look back I see the consistency. The temptation is when it ebbs, because my ego goes to work, "well, nothing's happening. You'd better go out and get a**

**job. You know, this is not daa dot, daa dot, daa dot...” So the minute... if I listen to that and I get out of my peace what happens is the flow stops.**

RAJ: Exactly, as we were speaking earlier.

**QUESTION: Exactly. So I’m learning to recognize that and go with guidance, “tonight is not the night to do anything, or call this person or not that person.” And what I’m discovering is what you said earlier today really works. My abundance is wonderful. And my career is... it’s like all my customers are extended family and it just goes from one joy to another. And this is all possible. So I just wanted to be sure about this desire and still asking guidance about what, when and where, versus preferences coming would be in a fear state of lack... a misperceived lack. Am I saying that correctly?from my ego, which**

RAJ: Of course, lack is a misperception, yes.

**QUESTION: Yes, right, misperceived lack. But that doesn’t mean I’m not on my purpose. It means I’m taking thought about my purpose.**

RAJ: When you are wanting, when you are having a preference you are not out of the way as an ego. When you are allowing the experience of the impulse of the Movement of God that you call desire you are not claiming a presence capable of enacting fulfillment in your life. Are you following what I’m saying?

**QUESTION: I’m not claiming a presence?**

RAJ: You’re not claiming the presence of a self who can enact a fulfillment into your experience.

QUESTION: Oh absolutely. If I’m learning nothing else, I’m learning that. It’s very humbling.

RAJ: So, fulfillment is always the result of desire. And it’s never a matter of getting what you want. It is always a matter of getting what you desire, because what you find yourself desiring is the result of listening to the impulse of God that is setting into Motion the wholeness of His/Her expression of Himself/Herself right where you are.

So, you only ever implement the manifestation of fulfillment by letting God bring it forth and riding the wave of the Movement because in the silence of your being you could feel the impulse of the Movement of God and abide with it as it fulfilled itself and ultimately identifies the joy of being for you, because you don’t ever really have a will separate from the Father’s—a want separate from the Father’s.

**QUESTION: I’m finding the less I do the more He does.**

RAJ: No, the less you do the more He has always been doing registers with you.

**QUESTION: Exactly! And it’s like He opens doors, I don’t have to make an effort for anything. It’s just... I don’t want to use the word magical,**

**but it is... until...**

RAJ: It's only magical in that everything happens without your having to author it. And that seems like magic.

QUESTION: Well, to end my comments with you, I feel this is what's happening with me. Can you verify that? In other words, is this how you see it?

RAJ: More and more and more, yes.

**QUESTION: And more, yes. Okay, I wanted confirmation on how I'm approaching my business and my life at this time.**

RAJ: Yes, and the confirmation should inspire you to do less and less and less personally. It should inspire the courage to have greater trust.

**QUESTION: It is, because I've also noticed that the water can be shut off in the twinkling of an eye to bring this to my attention.**

RAJ: You can shut off your receipt of it in the twinkling of an eye, yes. You're saying that you notice that it's shut off more quickly.

QUESTION: Exactly, yes. So I wanted to give everyone encouragement.

RAJ: And so then that makes you feel as though the more awake you become the less slack you have and your ego says, "it's not fair. You've been doing so well that you ought to have more slack than anybody else."

QUESTION: I don't care to listen to that, thank you. I do want to give everyone...

RAJ: The fact that there is less slack can be interpreted by the ego as the suggestion that you're doing something wrong. And this isn't true. And you need to be able to know within yourself that the less slack you have the better off you are, because the less slack you have the less you can become submerged in the dream, or ignorance.

QUESTION: Well, we're together.

RAJ: Indeed.

QUESTION: Thank you so much for all your help to me over the years.

RAJ: You are welcome.

The flip side of that illustration of having less slack is something I shared in Yucaipa. And that is that all of you, everyone is a puppet. No one exists without strings. Either you are the puppet or expression of God, or you're the puppet of the ego. But you are never a puppet with no strings. You're never just whoever you think you are as a human being. You're never just expressing Steve, or Mary, or Trish, or Nick. You're always being the mouth-piece for something—God or the ego.

Now the reason it's valuable to understand this is that you won't think that your spiritual path involves sovereign independence. It really involves yielding to something other than yourself—the self you think you are, the self you have imagined yourself to be, the self your parents or your teachers or your husbands

have convinced you that you are—you are never that. In understanding that, you are always the puppet for something you then have the clarity necessary to choose your puppet master.

And what I brought out in Yucaipa was that when you choose God as your puppet master, and you understand that your only choice in existing is to yield to the Will of God, it is as though the strings—the slack, if you will—it is as though the strings between you the puppet and the hands of the puppet master get shorter and shorter until finally there is no difference, no separation between the puppet master and you, and the Mind of God has been yielded into so completely that you realize that you're Home, that the intelligence of God, the Creativeness of God is what had always constituted the presence of your mind and you're no longer fighting against it by trying to be either a puppet that's nonresponsive to the puppet maker, or a puppet that has managed to cut the strings. You see?

So as you increase in your capacity to trust, as you have the courage not to be the authorizer of your success or the good in your life you find that you have ceased trying to be an independent puppet, and independent entity and you have begun to yield to the Father, whose pulling the strings artfully, wonderfully, perfectly, and you get less and less slack. The less slack you have the more attempts to be independent are uncomfortable experiences. If the strings are ten feet long and you express a little independence there's a certain grace to the strings, but when they're a half an inch long the same amount of swing jerks you around unmercifully. So you may know that if you have less slack and more immediate feedback when you are being willful, you may know that that is a sign of how little distance there is between you claiming independence and you in your Right Mind where the puppet master is allowed to be the whole of you that He has always been except in your imagination that you were something separate having the right to express independence.

Coming back into your Right Mind does not constitute losing your identity. And getting swallowed up in God, it constitutes coming back into a conscious experience of your inviolable integrity, back into an experience of your spontaneous and unaffected joy. And perhaps more than anything it brings you back into the full meaning of Brotherhood, where your Brothers and Sisters have no walls of separation between them and you, where all of the most beautiful aspects of the sentimental reunion of families at Christmas time is magnified beyond anything you could imagine. Because not being estranged from your family is the joy of being.

So let yourself be a puppet. And let yourself decide who your puppet master will be. Because you are a puppet whether you like it or not. And choose your puppet master and yield to your puppet master so the strings can shorten, and you can return to the fullness and the joy of being that it's your Birthright to be

experiencing.

I thank you all for being here.

We thank you for being here.

You are welcome. We will call it a day.