



Gathering In Kingston, WA –March 31, 1996

By: Raj Christ Jesus -

RAJ OPEN COMMENT: Good afternoon. Who would like to ask the first question?

QUESTION: I want to thank you for your answer to my question last time about parenting and worrying about my sons. What I think happened was you gave me the advise that all my friends have given me for years, so it seems to me that evidently something shifted in me. I mean I finally gave myself permission to believe it and stop worrying about them and a lot of things have happened and even my ex-husband couldn't believe how I really wasn't worried. And it's been a wonderful two weeks. So now I'm into thinking about the next thing that bothers me which I have a lot of mindsets about, that I keep thinking I have given up. But I wonder why I don't fall in love and get married again, it's been 10 years. I have a feeling it's me, of course, stopping this from happening. And one mindset that in particular that kind of nags me: when I married him I promised he would be the only one I would have in my life for the rest of my life. And now we're divorced and so, you know, I mean I don't want to walk around wishing he would hurry up and die so I could fall in love again. That sounds really stupid, but that thought goes through my mind... I have to wait till one of us is out of the picture. And I know that that is not logical.

ANSWER: Has he waited to have another relationship?

QUESTION: Well, he hasn't gotten married again either. No, I mean I know this is silly, but...

ANSWER: It sounds to me like you're already stepping out of the picture, being invisible as being a potential mate.

QUESTION: Yeah, I've really, really do... I just really have withdrawn. I'm surprised at myself. I just...

ANSWER: Well does your word mean anything or not?

QUESTION: I want it to.

ANSWER: Well, I suggest that you give that up.

QUESTION: Good grief! That really matters to me. I have to stop and think about that one.

ANSWER: Indeed.

QUESTION: Okay, I'll do that.

ANSWER: It is like saying, "I love this car so much I'm never going to let it go for the rest of my life." And then it dies on the freeway. How long are you going to sit there? What I'm trying to say is that your word has to be relevant to wisdom, it has to be relevant to intelligence. You cannot dare to let your word be relevant only to the fact that you said it. What else can I say?

QUESTION: That's what I was thinking. That's what I do when I'm really totally willing to forget that. That's great! Thank you so much.

ANSWER: What you have been doing is not uncommon to everyone in one way or another. The fact is that the reason no one is Awake is because you are honoring your own words—the meanings that you have given to the Kingdom of Heaven that cause Reality or the Kingdom of Heaven to appear to be just the Earth. You see? You've given a word about yourself, "I just started from a sperm and an egg. I'm just a human being, a chance result of the big bang, which was a chance result of God knows what." You see, it isn't your word and your honoring your word that keeps you safe. It isn't your word and your honoring your word that gives you integrity. You before you said a word were safe and had integrity because of Who you Really Are—the full expression of God embodying all of the integrity and all of the indivisibility of God. You abide by your word just as you abide by your laws to create order in a place that you are afraid is fundamentally chaotic. And to tell you the truth waking up is what happens when you dare to let go of that to see if indeed everything really collapses into pure chaos. Because that is when you have the opportunity in the absence of your definitions of everything to find out that God is already being it all, not only with perfect order but in a manner that causes everything that is created to embody and express love. Which means that as long as everyone is maintaining very rigid structures of definitions and words that they have given to things they miss out on the experience of being loved by God's Creation, which is the only thing really confronting them every

moment of the day. And so, it turns out to be a rather empty experience, the emptiness of it seems to substantiate the need for a little bit of assertion of authority on your part. And so it becomes like a dog chasing its tail. And as long as its chasing its tail it doesn't notice that there is food on its plate, there is water for it to drink, that there is someone there who would love to pet it and love it. You see?

What if you sat down to play a game of chess with someone, and you love chess, and you love the ethics of the game, and you say, "I'm in this with you all the way?" And somewhere along the line the other one abandons his interest in the game and leaves. Well again, how long are you going to sit at the table?

QUESTION: Well it's been ten years.

ANSWER: Well, I have no pity for you after today.

QUESTION: I don't blame you. Thank you.

ANSWER: You deserve to enjoy companionship. Let it in. You see, if you were to stand back in the auditorium where the chess match was going on that you were playing in and the other person left and everyone watches you sit there for ten years do you think there saying, "what wisdom she has."

QUESTION: Integrity. Great integrity.

ANSWER: Again, let it in.

QUESTION: Okay, thank you.

ANSWER: You are welcome.

Every single one of you denies the experience of your fulfillment by means of this simple sort of inner decision to honor your word, to stand on a principle. And I will put it this way, I've said it before, "It is the Father's good pleasure to give you the Kingdom, withholding nothing." And all of this infinite Kingdom that you are not experiencing at this moment you are not experiencing because of some decision you will not release yourself from. That is one of the wonders of the first lesson in A Course In Miracles, which says, "Nothing that I see means anything." Which really means nothing that I am seeing the way I am choosing to see it and interpret it means what I have defined it as. Therefore, for all practical purposes it's meaningless. And the moment you can allow for it all to be

meaningless, which simply means that you've abandoned all definitions you can think of to give it, what it really is has the opportunity to register with you as what it was the Father's good pleasure to give you, which was the experience of all of the Kingdom, all of your Right Mind, all of your Sanity.

Does someone else have a question?

QUESTION: I about three years ago stuck my arm in a moving machine at work and tried tearing my arm off, supposedly an accident but I want to know what kind of purpose that fulfilled.

ANSWER: I think that it basically taught you never to do it again.

QUESTION: Yeah.

ANSWER: I will tell you that it didn't come from some deep seated self-defeating element in you. It wasn't karma. It was just a loss of an awareness of what was appropriate at the moment and I wouldn't give it anymore significance than that. You may have learned something's in the process of recovery, but that was not because it happened for the purpose of teaching you something, but rather because the Holy Spirit can turn every circumstance to your advantage. That's it in a nutshell.

QUESTION: Right, thank you.

ANSWER: You are welcome.

QUESTION: Thank you for the healing team.

ANSWER: You are welcome.

QUESTION: No doubt you're aware of the time that I've had since we spoke last?

ANSWER: Oh, yes.

QUESTION: Oh, come on, it's been hard.

ANSWER: Hummmm, I know.

QUESTION: How close am I to coming out the other end of it? And that's one question. The other one is has it anything to do with hormones or is it a threshold? Oh, God.

ANSWER: Nothing is ever about hormones.

QUESTION: I knew that. I just needed to hear you say that. Now let's get on with it.

ANSWER: Entry points and exit points are arbitrary definitions given so that one might imagine that there's a way to get out of or to end up being out of the Now, the moment there in, the experience that is being had. The real question is, are you at a point where you can let yourself be fully present in the moment you're in without a desire to be out of it, so that in being fully present with it you might be where the new perspective can register with you about what? Not what's down the road "at the end of the tunnel" but what's going on of the Kingdom of Heaven at the moment and the place where you. So the issue isn't when is this going to be over, but when are you going to let yourself be fully present in it so that what is divinely happening there can begin to register with you because your attention isn't someplace else off in the future. You see?

Realization and aha's can happen at any moment. And it's going to happen in the moment you're in. Do you think that revelation and discovery isn't what you are in the middle of at this moment? Ah, but it's impatience. You want the full revelation now! And if it can't be now, then you're going to talk about the end of the tunnel, somewhere in the future. Let go of impatience, because impatience is just another way of exercising control and trying to twist God's arm, when all the time you're busy with your arms and hands twisting God's arm your hands aren't open to stand in receipt of the realization in the moment you're in.

What I'm trying to convey to you is that I want you to start valuing every moment in whatever apparent process you think you're in.

QUESTION: When I was going into... I had a sleepless night, where I was drifting in and out, and I was overwhelmed with fear, and it was just pulsating, and I went with it. I just said, "all right, you know, whatever it is I'll just be with it. Is that the kind of thing you're talking about, instead of fighting it?"

ANSWER: Yeah, that is what I am talking about. I'm talking about also paying full attention as you yield into it.

QUESTION: Well I was in and out of sleep at that point so I wasn't paying particular attention, but I felt the fear. I felt it's like I've retrograded into many, many years ago. And I'm feeling the full force of fear that I haven't felt for a long time. And at the same time as I look out I can see the world right around me, but that which is looking out is very shadowed and dark. So I'm noticing all of these things that are happening, and I'm feeling it, I'm not liking it. I'm trying not to fight it.

ANSWER: That is not the only thing that is noticeably happening. It isn't 100% of your experience.

QUESTION: Can you tell me what is 100% of my experience?

ANSWER: Nothing is 100% of your experience, yet because you are still split in where you're giving your attention to. But as you've said before, you are also experiencing miracles in your life.

QUESTION: Okay, no flies.

ANSWER: Wonderful. Now, you know, as you get closer—I will put it this way, making it sound like you're coming to the end of a tunnel—but as you are getting closer to saying, “Thy Will be done. Father I would like to see things the way You see them.” You are abandoning your ego, all of the conditioned responses that you have identified as yourself. And this sense of you is becoming very frightened because it's losing its life, because you are not devoted to it anymore. You are with some passion devoted to waking up, whether you know what that means or not. You are not constantly employing your conditioned thinking, your ego structures. And that sense of yourself is becoming very frightened.

So, what you will find if you are experiencing fear is that is you will let yourself into it, the elements of it will begin to register with you. It won't just be fear. It may take greater focus as a sense of injustice that you have no defense against. And when it becomes clear like that you will have the opportunity to look around you and say, “Wow, this really doesn't fit the circumstances.” And the elements of fear that seemed to be controlling you will be blatantly ridiculous and that will not be able to hook you anymore and the fear will disappear—simply melt. But you have to pay attention in doing this. I am not just saying let fear swallow you up, wallow in it, let it overcome you in its directionless, solutionless presence. I'm saying pay attention for the specific underlying the fear.

When you look at the elements of fear squarely in the face they are

ridiculous and not scary. If you are at this moment the full direct expression of God and if where you are is in actuality the Kingdom of Heaven, then where you are at any moment, whatever is going on at any moment always stands as the threshold of your realizing where you Really are and what's Really going on. That's why I'm saying don't ask about the end of the tunnel.

Learn to value the moment you're in and whatever it is that you are perceiving is going on, value it enough to be fully present with it. And let there be curiosity present as well.

QUESTION: Have I been screwing up as I've been handling this?

ANSWER: That is a loaded question.

QUESTION: I can take it.

ANSWER: No, no, no! What I mean is that question has the cards stacked against you as it's asked.

QUESTION: I see. My feeling was that if I wasn't screwing up it might have been a little more graceful.

ANSWER: The undoing of an illusion will always occur in the most immaculate way that registers with you as ultra clear realization. So let it be whatever it is instead of saying maybe it could be easier. Maybe if it was easier the realization would not be as immaculately, sharply clear. I want you to have a sense that there is a perfection of things operating at the very moment that you have given the word that you are just an immature soul growing into its divine stature, who will someday arrive at the end of the tunnel. You see?

You can afford to look at yourself in the mirror with that same impish grin and laugh at yourself, and feel the joy, and let go of the seriousness of your Awakening process.

QUESTION: I didn't know whether I was trying to go back to sleep or whether I was trying to wake up?

ANSWER: I will tell you that you do not have the choice to go back to sleep. You are on a roll, like a snowball rolling down the hillside. Good luck on going back.

QUESTION: Thank you.

ANSWER: You are welcome.

QUESTION: And thank you for the peace that I've felt for the first time in quite a long time. Thank you.

ANSWER: Well like the first questioner, you are the one whose letting the peace register with you. And the peace is your peace, which is part of the wholeness of the Kingdom that has always been yours. I'm always glad to support anyone's process of giving themselves permission to feel good—to give it another word.

Okay.

QUESTION: Thank you.

QUESTION: When we got here, I said to my husband, "are there any questions?" And Ray said, "no," and I thought I couldn't think of any either. Anyway, I guess I was trying to bury this one. Our son, our youngest son is the second son I have had who is schizophrenic, and I want to look at it differently. And I'm having a great deal of trouble. (crying) We were talking about the new drug Quazine, and my son gave a very useful suggestion and he may not be far from wrong, he said, "Mom, maybe you'd better take it."

But I know we're on our own path, each one of us. All this I know intellectually and I can see some of the things he does actually I do myself, so I can see the projection. But it's so hard when he was this gifted child... and anyway if you could give me some help in looking at it differently.

ANSWER: He is not an extension of you. He is an expression of the Father. His inheritance is not from you, but from the Father.

Now what I want you to give your attention to is practicing entrusting him to his Father. Most of your suffering that you are experiencing is because you feel that there is some responsibility you may have either for the problem or for resolving the problem. And to that degree you are trying to take care of him, you are trying to be responsible. And to that degree you're fighting with God. Because God being your son's Source is the only one responsible. And I mean that He is the only one who can be responsible for the healing. You are trying to be responsible for a responsibility that was never put in your hands.

What can you do besides entrusting him, giving him willingly to the Father? You can simply love him. But you will not be able to try to be responsible for his happiness or his well-being without experiencing misery. I will tell you,

that his healing is between himself and his Father—God. His healing like everyone else’s healing depends upon his arriving at a point where some word he has given he is willing to release, some definition, something that he’s unwilling to let go of because he has linked it with his sense of his own integrity—as in the first question. He must arrive at a point where he’s willing to let go of that whole structure and say, “What’s the Real truth here God? Reveal to me, infill me with the realization that embodies my freedom from this problem.”

You see everyone is “suffering” from their own belief about whatever it is they’re suffering from. That belief they put into place themselves by virtue of a decision. It is like they threw the switch and activated the belief—the belief structure—like “my word counts for something.” And you have no access to that switch. He has to arrive at a point where he wants to pull the switch.

There’s another thing: As long as you are trying to take responsibility and find a solution, you are teaching him overtly or covertly that maybe someone other than him can do it for him. That’s a disservice and will distract him from getting down to the business of getting his hand on that switch and pulling it himself.

I realize that what I am saying is difficult for you to let in fully so that it gives you full relief. But this is where your attention needs to be in order for you to get relief from a suffering that you are experiencing inappropriately.

It is a Jewish belief that it is a mother’s duty to suffer for her children—that is as part of her inherent dignity. There is no value for you in suffering for your son. And I want that to be utterly clear with you. It is not contributing to your being a more whole Souled woman. I’m not suggesting that this belief has been a strong one up front and out front, but it sits there quietly, and apparently without much force to it. It’s like when you look at a house and you don’t see the foundation, you see the house, but the foundation is there giving support to what’s built on top of it. So I encourage you to give that some attention, so that you may see how ridiculous it is. When it’s brought up to where you can see it you can say, “God, I didn’t know I was doing that, and I can’t justify it.” And the moment you say, “I can’t justify it,” the foundation is weakened that is supporting your suffering.

It will be more healing for him to experience you experiencing your joy than your sorrow. I’m glad you asked the question.

QUESTION: Thank you very much.

ANSWER: You are welcome.

QUESTION: Like old times, Paul. I have two questions and if the answer to the first one is “no,” then the answer to the second one is

immaterial.

The first—and I’ll read both—but the first one is, and my partner is Norm, and are Norm and I in the appropriate business? If the answer is “yes,” we’ve recently become aware of an event which appears to decrease our revenues by 60 to 80 percent. Part of me would like to express curiosity to see how these events would unfold so there’s no decrease or even an increase in revenues. My ego however is scared. My question comes from my sense of being in what I call “spiritual no-man’s land.” Aware enough to know that my old way of just putting my nose to the grindstone is inappropriate, but except for occasional visions like I had last week when we had a death in our family, I’m not connected on a regular basis.

You’ve said that there are four steps to being in touch with your guide and they are, being still, asking, listening and expecting an answer. My question is which part or parts do I need to be more allowing or pay more attention to?

ANSWER: The last part. You must let the words form. Just do it.

As to whether the two of you are in the right “business” the answer is “yes.” There will be a shift of emphasis but not a shift of the arena in which you are working. You will find yourselves nudged circumstantially into the new attitude or angle that you will blossom in, even if you don’t hear a specific answer when you are listening. I also encourage you when you are listening don’t let your only questions be about a major life change. Let that be something you ask about, but also ask other questions that do not seem to have as many consequences because then you will be more allowing. I encourage you to be more playful in your listening, or in your allowing the words to register with you. Do it with a light heart. Just because guidance tends to be more meaningful than other experiences does not mean it’s harder to experience. And if you will engage in it with a light touch it will help.

QUESTION: Thank you.

ANSWER: You are welcome.

QUESTION: I’m about ready to enter the Peace Corp and I would like to enter Awake so that I could take advantage of the opportunities that are there. I would like your thoughts on the purpose, on my purpose of going and how I could benefit from the experience.

ANSWER: Well you are not valueless not being Awake. And I encourage you to go with whatever love you are able to bring with you, and whatever desire you have to extend it in meaningful ways that are also practical. I will tell you that your experiences, your involvement with the Peace Corp will contribute directly to your waking up. So rather than wanting to be Awake first, enjoy the meaning that you will get from participating in that arena.

You know, at the bottom line the shift called “Awakening” will only occur for any of you if you start where you are and dare to engage with your fellow man from your best centered place. You will never be able to wake up if you maintain a lack of involvement with your fellow man. You cannot wake up alone. So I encourage you to value every involvement you have with another. Or any involvement you have with anything. Because it’s in the absence of isolation and separateness that the elements necessary to Awakening occur. The dream is simply the way you experience being when you are choosing to view it from a private vantage point. It’s as simple as that. And so essential to Awakening is abandoning that decisive isolation and joining with another in love.

Now, one might think that all it takes to wake up is to enjoy a little sex, but I’m not speaking of love communicated body to body, I’m talking about relating to your fellow man or woman from a place within you that stands in conscious relationship to God, or conscious relationship to one who is Awake. Because the extension of love to your fellow man doesn’t start from who you see yourself to be as a separate, isolated entity.

The love that you extend to your fellow man must come from—it can only be put in this way—it comes from a choice you make to consciously love God enough to say, “Fill me with your perspective. I choose not to have a perspective, an interpretation, a judgment on my own about anything.” If in every encounter you were to ask, “God what would you have me do? What would you have me say? What’s appropriate here, because that’s what I want to extend into this relationship with another human being?” And you really mean it, you will be filled with knowing how to be and what to say. And because what you say and what you do isn’t arising from a sense of yourself that is separate and vulnerable and therefore in need of defense, there won’t be anything that you are inserting in the place of what the Father would reveal to you to be.

So, to put it very simply, your opportunity to Awaken is present in every potential relationship or every actual relationship you find yourself involved in. And therefore the first step in Awakening is going to occur while you are still “dreaming.” In other words, the first step will apparently be taken by someone who is not Awake. This is important to know, because it let’s all of you know that right where you are at this moment is right where the first step must be taken from. You see?

And so where you are in your apparent ignorance at this very moment is the most important place for you to be—not the most important place for you to stay, but the most important place for you to be. And so value it. Value going to do this work in the Peace Corp even if you aren’t Awake. Because the essential one who is in need of waking up is the one who is going, and is the one who will involve himself in relationships.

And so instead of assuming that you know from your life experience what would be the best way to relate to the people you become involved with always ask, “Father, what would really be appropriate here? What do I need to say?” In this way you might say that from a place of inner communion you join with your brother rather than joining with your brother from your life experience. You see what I’m saying? And all of your “learning” in this life experience. That is the path to enlightenment, is when you bring the Father into your relationship with another. When what you think and what you feel and what you believe isn’t more important to you than what the Father sees and knows and what the Father is that he would extend through you. That’s the answer.

QUESTION: Thank you.

ANSWER: You are welcome.

QUESTION: Good afternoon.

ANSWER: Good afternoon.

QUESTION: I have been dealing with an issue for me—a long term issue—which is feeling comfortable in my body with my body. And couple of years ago I started asking my guidance and yourself for some advice. And I’ve come to a point—and my issue is weight—and I’ve come to a point where I eat without feeling guilty about eating too much, or too little or not eating appropriately. And as a result of following this for a couple of years my body has become much bigger. And I’ve started to feel very uncomfortable—feeling discomfort with the size of it, the way it reacts, my current illusion of it. And I’ve also come to realize that all that I’ve learned—all of my memory bank data about how to muscle it into what I used to think it should be—is no good. So I’ve come to a point of not knowing what to do. And I’m very curious to find out what’s really happening here, but I’m kind of at a loss and usually I think that’s a good place to be, but I don’t know what the next step is. So that’s what I’m asking for some advice on.

ANSWER: Well it’s reconfiguration. Don’t be concerned about the fluctuations. They are simply the visibility and tangibility of your letting go of control and yielding into a more fundamental order which isn’t completed yet—this yielding has not been fully realized yet. It is “in process.” It is as though you are watching healing in slow-motion. And so I encourage you to persist in listening for what is appropriate. I especially encourage you not to engage in any judgments about what it looks like is happening because you don’t have enough data to come to an intelligent conclusion. Because a Movement that is occurring beyond the scope of your data is happening. And so I encourage you to trust that a process is occurring here and everything you have been experiencing is essential. And the reconfiguration will involve more symmetry than you presently see. Just don’t rush God! It isn’t that God is really moving slowly. If you’re yielding that is

happening in a gradual manner but you are also yielding as fast as you are able. And so things are not out of order. And also in saying to yourself, "I will let this reconfiguration happen in God's time" will mean that you are letting go of whatever degree of control you think you are able to authorize to speed things up. Yielding really means yielding, you see. And so if you will say, "Thy Will be done," the yielding will occur more rapidly because that is an act of yielding. If you are trying to help it along, you are still in there being an authoritative presence, or attempting to be. And the reconfiguration will only be the result of an absence of personal expressed authority. You see?

QUESTION: Yes I do.

ANSWER: So I can't tell you how to do it better because you doing it is what's disappearing from the picture. So you must say, "Thy Will be done, not mine. And I will continue to pay attention to what is appropriate without guilt," and now I'm going to add, "without impatience." "Infinite patience brings immediate results."

QUESTION: If I am in the middle of this physical uncomfortableness, which let's say one of the manifestations of it is I'm at work and I'm needing to do something which is not very exerting yet when I do it it looks like I've just run a mile because I've perspired and I'm feeling the results of just total discomfort, is that also the time to say, "Thy Will be done Father."

ANSWER: Well it certainly isn't the time to really take things back into your own hands. Do you wonder how come he gets to be in the middle of a tunnel and you don't?

QUESTION: (Can't hear his wife's (?) comments clearly.).

ANSWER: At the bottom line I am telling him to be fully present without impatience and without bringing control into play. And until you are Awake everyone is in process. But if you don't become preoccupied with the end of the process you will be able to be where the process is happening, if I may put it that way, which is always in the moment you're in. And that's the place to value. The moment you're in is where the little gap is that you can slip through. The moment you're in is the moment about which you will have realization. It is the moment about which you will say, "Oh, I see!"

QUESTION: Thank you.

ANSWER: You are welcome.

QUESTION: Hello, Raj.

ANSWER: Good afternoon.

QUESTION: I just want to keep it real short. I'm in a business where I'm receiving money and I want to know if that's appropriate at this time. And the guidance I'm receiving is that coming from a good source or my guide. That's really what I want to know.

ANSWER: The answer to both questions is yes.

QUESTION: Thank you.

ANSWER: You are welcome.

QUESTION: Good afternoon, Raj.

ANSWER: Welcome back.

QUESTION: Thank you for all the help you've been giving me over the years. My question... well I kind of have two of them. My weight problem has been something that has been upper most on my mind for a long time. And what you say about control resonates with me and also I feel it's part of a defensive process because of the area, arena in my life where my leading edge is in relationships to men, which has never been very successful for me. And hopefully I'm moving in a direction where that is about to change, or is changing. And Susan and I were talking earlier today about the whole reason we're all here and the reason your here to help us is that it's all about falling in love with God, and He is our lover. And it is to be a passionate love affair that consumes us so that everything we do involves Him. I mean He's the first... well it's just like having a loving affair that I've experienced somewhat in my life at times.

ANSWER: He is your Sanity. He is your Right Mind. And so yes, what you're saying is absolutely true, except don't talk about Him as though He's somewhere else. He is your Right Mind. He is your Sanity. Go on.

QUESTION: Well, I feel I've been experiencing this. I'm on a journey experiencing it. It seems to becoming more clearer to me as I'm becoming aware of this relationship. And as I listen more things seem to flow. As you know I'm in a career which I love dearly and has allowed me to be fully present with trust in the service that I'm providing.

ANSWER: I'm going to interrupt you and I'm going to ask you and Gene, how many things do you have in your life that you use as goads to your progress, or that you use to "keep yourselves in line"?

QUESTION: How many things?

ANSWER: There are not many.

QUESTION: I have a lot. Well, I'm not clear on the question.

ANSWER: One who feels that he or she is from the get-go guilty—guilty from the get-go—finds it valuable to have things about himself or herself that can be identified as obvious flaws standing in need of correction so that they can use that to motivate themselves. Do you know what a goad is?

QUESTION: Something that irritates you, your attention.

ANSWER: Yes, or it is a huge hook that is used with an elephant to get him moving.

QUESTION: Yes, it's depressing.

ANSWER: It is uncomfortable.

QUESTION: Yes, very. (laughter)

ANSWER: The thing is that part of its use is to remind you that you are not whole respectable, that you are not standing there full of integrity. It is a way of putting yourself down, in other words, even though it is used to try to motivate the energy that it takes to wake up or to improve yourself. What I am saying to you is that both of you have been fooled into using your body weight as though it were a “problem” that does not speak well of you. In other words, it might even say that there is something self-destructive in each of you that needs to be attended to. And the peace of mind and the joy that needs to be present so that you might be ever more curious about the presence of God in your life takes the back seat. “I’ll dare to be joyfully engaged in being curious about what’s really going on once I get this burr out of my ass, called over weight and what it really does mean in my life.” You see?

QUESTION: Well like Gene, it’s very uncomfortable. It’s not beauty and symmetry. I mean I’ve seen myself beauty and symmetry.

ANSWER: I’m sorry are you trying to tell me that you are an ugly blob that’s there?

QUESTION: No, no, no, no, no! I’ve just seen it look better than it does now.

ANSWER: You want to know something? All afternoon Paul has been sitting here wishing that I would be more effective, that I would speak about more imprint things that I would be more stimulating. This is correct. And all the time that he is feeling like this really isn’t a rip-snorting-get-together, he is missing the fact that he could be experiencing the joy of what all of you are already aware of. That it isn’t a blah afternoon. Do you see what I’m saying?

QUESTION: Yes I do.

ANSWER: He by virtue of not wanting to be satisfied in the here and now with what is happening and being present with it, is blocking his conscious experience of how wonderful it is. And likewise as in your question and your question and your question you are letting the idea that it could be better relative to your bodies that you are missing the fact that joy is justified in this moment and that if you let go of this thing that’s always keeping you unsettled that says it could be better, if you could let go of that the wonder of what’s going on in your lives might register with you. And the joy you would experience would constitute the ability to further yield up willfulness on your part and watch reconfiguration take place.

Why has this been bothering you for years—for years? I mean has it done any good?

QUESTION: No, it’s kept me in a separated state, more painfully aware of

being in a separated state. I don't like that feeling.

ANSWER: Maybe God is sufficient to the moment you're in with things exactly as they are or appear to be to you at the moment. maybe God is sufficient unto all of these circumstances. And if you weren't using your weight or some other thing as a means of motivating you, when at the same time it drags you down, you might discover the sufficiency of God in the moment, to reveal yourselves to you as who you Really Are with perfect symmetry. But the symmetry can't be the point. It's just the results. Do you see?

You don't have, neither one of you have a long list of things that have been bothering you that you actually activate. You see? The problem is not your weight! The problem is that your ego's are using it as a means of keeping you off balance.

QUESTION: I got that part. I'm clear on that.

ANSWER: That's the only part I'm talking about, because that's the problem not the weight.

QUESTION: Well I'm really willing to get rid of this. Can you help? ...this attitude, whatever it is.

ANSWER: You mean I didn't do good enough?

QUESTION: I think you're wonderful and you've been so helpful. Please let me rephrase my question. Am I moving in this direction of resolving this? Hopefully.

ANSWER: This what?

QUESTION: This misperception that I'm holding on to.

ANSWER: What misperception?

QUESTION: Of who I Truly Am.

ANSWER: That's not the issue. The issue is not to be hooked by the ego into using some judgment against your body as a means of keeping yourself off balance, and feeling like it could be better.

QUESTION: What you're saying then, this moment is as good as it gets, is based on my awareness.

ANSWER: You can see it more easily about Paul. What if he said, "You mean this is as good as it gets—with Raj? You mean it can't be more dynamic? It can't be more triggering than it is right now?" You would say to him, "Can't you see how triggering it is?" It gets no better than the Kingdom of Heaven. That is what's happening at this instant. The ultimate is happening. But you won't see the ultimate until you abandon the attempt to find things wrong in order create the motivation to see how good things are.

QUESTION: Well, that is really tricky. And that's what we're doing?

ANSWER: This has nothing to do with relationships with men. It has nothing to do with whether there's something in you that doesn't want

relationships with men. It has nothing to do with hormones.

QUESTION: Well I knew that part.

ANSWER: It has to do with the fact that for the two of you you have allowed the ego to pick this issue and say, “You could be doing better. This could be better.” And of course, what does that mean? It means that the fact it is not better is because you’re falling short in some area—there’s something wrong with you.

Right here, as I see the two of you, the presence’s that you are are glorious. It doesn’t get any better than this. But as long as you let the ego distract you with body issues you won’t be curious to see what’s here that doesn’t get any better, and you’ll keep yourselves in a state of misery.

Now Paul is beginning to see and feel that it’s not a bad afternoon with Raj.

QUESTION: Please dear Raj, can you tell and Gene—or at least for me—how I can correct this?

ANSWER: When the ego suggests to you that your weight problem is an indicator of your neglect of your not being Awake, that there is something wrong with you and that concern is an appropriate thing for you to engage, tell it I said to shut up!

QUESTION: Thank you, thank you. (applauds)

ANSWER: Now the ego says, “well, so I’m just gonna be fat?” No! Fat isn’t the issue. It’s whether you’re listening to the ego or not. And if you’re not then either you’re going to be bored with the peace you’re experiencing, or you’re going to experience peace that has made room for curiosity to see what’s really true right here, not how much is wrong right here. You see?

QUESTION: I’ve never seen it from what you’ve... I haven’t been looking at it from the way you’ve described it, because I don’t...

ANSWER: It would have been of no value for me to have shared with you the way you have been seeing it. Of course, you’ve never thought of it this way.

QUESTION: No, I haven’t. And I know since you’ve facilitated healings on all those people who have asked for them from you, I am confident that mine will be in process. Thank you very much.

ANSWER: You can count on it. I just encourage you not to be watching your body for the evidence of it. I want you to watch what happens in your mind. I want you to watch how you discover just how the ego introduces suggestions to you that cause you to become distracted by this problem you have that says something about your lack of integrity, so that you can say, “Oh, get thee behind me. Shut up! I choose to stay in that place where I’m not in turmoil, where I am feeling good and I have the perspicacity that it takes to look for my joy.”

QUESTION: Would it be helpful if I don’t look at myself in the mirror anymore?

ANSWER: As long as you don't wear make-up.

QUESTION: Thank you very much.

ANSWER: No, it's not okay for you not to look in the mirror. You need to look in the mirror and not judge.

QUESTION: Thank you.

ANSWER: Because what you see doesn't matter. What I mean by that is, what you see isn't the issue. It's what you're seeing with. And are you looking through the lens of the ego or are you being curious to see what the Father is seeing there?

There just is not justification for judgment. **What do you think the Father sees when you're standing there in all your glorious nudity in front of the mirror? No don't tell me.**

QUESTION: I was going to say a Renoir painting.

ANSWER: This is my beloved Daughter in whom I am well pleased, period, bottom line.

QUESTION: (Can't hear this clearly) Thank you very much.

ANSWER: Let this percolate.

QUESTION: It just occurred to me that this is so ingrained, it's a feeling I don't even think I think it. That's how lack of aware I am on this issue.

ANSWER: Like I said, as a result of the healing team working with you, you can look forward to having little light bulbs going on so that it's not happening in a manner that you're unaware of. And you can say, "Oh my, shut up," and go on with your stuff.

QUESTION: And so the healing team will help me be more conscious when this is occurring.

ANSWER: If that's what you want?

QUESTION: I do! Puleeeaaassse!!!

ANSWER: Indeed.

QUESTION: Thank you. Amen.

QUESTION: Just a couple questions. I was recently into the doctor for some intestinal problems, that I'm pretty sure is nothing serious or anything. But on second thought I canceled the appointment. It was supposed to follow for him to do a kind of invasive test which is unpleasant. And I canceled it think really that it probably was nothing serious. And I'm just wondering should I remake that appointment to follow through with it?

And the second question is I'm on the verge of starting a new business and I'm contemplating purposing to my employer that I work half time for three months you know to give myself a chance to get some income coming in. And I'm wondering if that's an appropriate time and way to do it, or should I

just cut it off, or should it be one month, or some other pointers on how to get through that start up period? That's it.

ANSWER: I'm going to suggest that you not set up the appointment with the doctor again. At the same time I'm going to encourage you to be very much in touch with yourself, to be very in touch with your body so that you might always be loving it by doing what you recognize is kind. It's like keep the line of communication open between you and your body so that if you know that there is a call for rest you will rest, or if there is a call for having green leafy vegetables that you do that, not as a means of getting rid of something, but as a matter of being in balance with yourself. You see? No, don't listen for the best diet! (Laughter) Because we're not talking about manipulating the body. And with you, I'm saying we're not talking about manipulating the body, but we are talking about not being fragmented, so that you're not well connected and behaving in a way that honors all of you.

As far as the work is concerned, the idea of taking a three month period where you're working half time is the place to start. It isn't likely to be what will happen. But taking that step and peacefully watching, listening for any revisions that might work even better, paying attention for them to come to view is what is appropriate. There will be a transition and the transition will be relatively unlabored.

QUESTION: Okay, thank you.

ANSWER: You are welcome.

QUESTION: It's very interesting that the direction my consciousness has been taking in the last couple of weeks. There's been a lot of things come up about "The Word" and the relationship of "The Word" to experience. And there's been quite a bit said today here too, about that. And the thought came to mind I don't what "holy book" this is in but there's a sentence, "In the beginning was the word and the word was God."

ANSWER: And the Word was God! Yes!

QUESTION: Okay. There's obviously a relationship to that and my word and experience. I mean it appears there must be some relationship there.

ANSWER: Indeed.

QUESTION: Well, could you(?)

ANSWER: Well, "In the beginning was The Word, and The Word was with God, and The Word was God," that is the description of You in your Right Mind. Now, I do not mean that that is a description of you Willard sitting in that chair. I mean that that is the description of the presence that You are that can be specifically recognized in the form that is in that chair, but which itself is universally as present as God because God is the presenting presence that all of us

call Willard. You see?

Now, the Fall was when you or anyone else said, “Aha, I am universal and I am specific at one in the same time. I wonder how everything looks from the specific vantage point?” And so you took a look. And you said, “Oh, this is interesting. I feel like a little god. I wonder what would happen if I—if I who I feel like I am from this vantage point—I wonder what would happen if I gave a word?” And so you gave a word. And let us say you said, “Oh, well this is just the world. Oh, this is just the universe, and it came from the big bang,” and on and on and on. And you gave your word.

Well, now, “there was in the beginning The Word and The Word was with God, and The Word was God,” and after the beginning there was Willard, (Raj laughs) and he gave a word and the word was with Willard, and the word was Willard. The word was Willard’s word and Willard’s experience of his word. But The Word is still with God and The Word is still God. And the word that’s with Willard is imaginary. And what everyone is on the verge of is remembering that he or she is at one in the same time (this time) specific and universal, not just specific. And waking up is saying, “I wonder what it looks like from the universal view?” But in order to do that one has to abandon... Willard has to abandon Willard’s words and ask, “what is the Father’s Word? What is this or that or the other thing as the expression of God’s intent to express Himself?” And so you have to invite in the larger view in order to have the larger experience, the universal experience of your being which you have forgotten in the wake of all of your voluminous words. You see?

It isn’t so much that your words have created things as much as it is that they have obscured The Word that was with God, that was God, that was You. You see? So in abandoning your words all you’re doing is no longer energizing that which obscures The Word that is God, that is You. So indeed, it’s very important.

QUESTION: That is obviously interpreted as the written word as being some sort of a written law. At least, anybody that I’ve spoken to that has mentioned that points to that as the Laws that God wrote.

ANSWER: But the word is God’s self-expression in this instant. God is giving the word that is expressing God right now. And your existence has arisen just now. The word isn’t written somewhere, Creation is the written word if you want to call it that.

QUESTION: Yeah, okay. It’s not written in script, it’s written in visibility.

ANSWER: It is like I’ve said before, that the statement was made, “truth is revealed, it needs only to be practice.” And a group of people believed that that referred to the religion which formed around the document in which that is one of the sentences. But the fact is, that truth is always and only a revelation

experienced at the point of consciousness at every moment that one is listening. So the truth isn't even written. It's always a moving, conscious experience of what is Real about everything. You see?

QUESTION: Thank you.

ANSWER: Thank you.

QUESTION: Raj, my husband made his transition recently and he was very fearful. I would like for him to tell me that he's at peace.

ANSWER: To his amazement he is! Part of him can't believe it and is waiting for the fear to come back. But it's not going to. And he's going to get tired of waiting and will dare to embrace the peace as a fact. In an almost child-like way he is experiencing a great deal of delight at the experience of existing—almost to the point of silliness.

QUESTION: I've seen him as an angel—a devilish angel.

ANSWER: He is well.

QUESTION: Raj, can you tell me if he has come to me and I've been oblivious to his coming, or if I have just hoping without hope?

ANSWER: What it is really important for all of you to understand is one's experience after one has passed on is a very consuming experience. I mean that there is very little time spent in idle thought or activity. If one looks at a rose it is as though the rose is the only thing existing. Whatever one gives one's attention to is experienced with a fullness that is new and not intense, but engrossing. And although this is not always the case most individuals who have passed on not only do not think about those they have left behind, they find themselves naturally involving themselves and being present in the experience they're having. This doesn't represent a lack of love. It doesn't mean that those who were left behind never meant much. It just means that the experience of being conscious is so much fuller that it is engrossing, as I've said.

And so, no he hasn't come back and you haven't missed any visit. If it fulfilled purpose it would be allowed. But what his visits, the service they would perform to you is not a service you have a need of. What I have said may not be very ego satisfying, but it's the truth and it's all right. That's the end of the answer.

QUESTION: Very good. It has pleased me greatly, thank you.

ANSWER: You are welcome.

QUESTION: Thank you, Raj. My question is as I'm embarking on, I would say a new relationship with a man, and I am a little frightened because I've been I guess told by a dear friend that I am in a sense self-centered, and I don't think about other people's feelings or I don't I guess engross myself enough in being in touch with other people. And it kind of confuses me because since childhood I have always I think pretty much relied on my guide

simply because of my environment and situation with my parents, not I guess trusting them enough to be there—it's either God or my guide or something at a higher level that's always there. And I always say, "oh, oh!" when I was heading for something that I knew wasn't good. This relationship it feels so comfortable and I don't feel threatened in it, and it concerns me because I've always run off of this higher power feeling of being guided and I don't want to allow if it's true that I'm a self-centered person to harm this relationship, or to interfere and allow it to be a block, if it's true that I am this way.

ANSWER: Do you love him?

QUESTION: Deeply, very much, both him and his daughter.

ANSWER: That really is the key. Because if you love him you will naturally feel into your guidance, listening in the context of caring, you see. And thus it will be easier for you to experience inclusion, where you are including him and his daughter. And insensitivity is not likely to occur. Self-centeredness will not be a dividing factor in the relationship, because you will be listening for the guidance, as I said, in the context of togetherness rather than independence.

One of the things that will grow more fully in your experience will be your capacity to trust another. And that will allow your capacity to trust even more broadly to come into play.

QUESTION: Is my presence in his life helping him? I mean I know it's helping me, it must be at some level helping him too, but in what way?

ANSWER: It is, yes. But it is not appropriate to have a concept of it because then you will try to embellish the concept and become manipulative rather than being present with him from your heart, from your love. You see, you listen for guidance to know what is appropriate for you, what is in your best interest. And you will be listening to guidance to know what is appropriate for you relative to his best interest. That is inclusion, embrace.

QUESTION: He has really, really different viewpoints of Heaven, in fact, I'm always reminding him we're right here in Heaven. I'm always reminding him, be in the moment, all is well and perfect timing. He looks at me mystified sometimes and even asks me who writes your material. And I laugh. And I said, "Well, Jesus, who else, or God!" And there have been times I've really ruffled his feathers and really gotten him perturbed at me. And I often wonder, my goodness am I being too abrasive. And he's even told me my timings not always great! And I sit here thinking, "Oh, being myself is sometimes not always good obviously," he feels like he's just been knocked out with a sledge hammer. So I often wonder what good am I to him if he's always in the ready stance and he's even said to me, "you require a lot of energy." And I told him, "no, it's just thought, conscious thought!"

ANSWER: I encourage you very strongly to allow this relationship to

continue and grow. And I encourage you not to have too many thoughts about it.

QUESTION: Well, thank you, Raj. I appreciate that.

ANSWER: You are welcome.

QUESTION: I will keep on going.

ANSWER: Indeed.

QUESTION: I've had two massive heart attacks, where not a doctor or nurse or hospital expected me to pull through. And I did! Why? I'm tired! Do I still have more things to learn or teach? And also the first one when I was experiencing a near death experiences, I was arguing with somebody like mad about their timing, was that you? Was that you I was balling out?

ANSWER: You can't imagine what I have to go through!

QUESTION: You can't imagine how I hate computer error. And that's what I was blaming it on.

ANSWER: Yes, it was me.

QUESTION: Good.

ANSWER: You can't possibly be where fulfillment of purpose isn't occurring. And as I said earlier today, where you are and how you're perceiving yourself at this moment or at any given moment is precisely the place where Awakening can occur. It is therefore the most valuable place for you to be giving your attention.

What makes you think there will be better than here to wake up? What makes you think you're not going to be tired there of the same old demand to pay attention? You see, you're not here just for your own good. You're here because the good of you is needed for those who are in your experience.

QUESTION: Then can you let me have some more energy. I'm all out. That last one took it all.

ANSWER: Will you stop resenting not having as much energy? That is what is tiring you out. You haven't really said, "Yes, God!" Is it not obvious to all of you how much you use weight or tiredness or your word as a way to not say "yes" to God? And not let your weight, if you will, be fully present on the step that you're on, imagining a stairway? Do you realize that if your weight isn't fully on that step you can't lift your foot to put it on the next step? If your weight is evenly distributed between two steps you can't lift either one of them. And so you have to shift and let all of your weight be in one place, then you can lift your other foot and movement become possible.

This is why I keep saying that love is the willingness to recognize that which is Real in each and everything. Where? Not at the end of the tunnel. Not after you pass on. Not after your ex-husband dies. You see? But right where you are. All of the materials, you might say, that it takes for you to wake up are staring you in the face, are underneath you and your sitting on it, is underneath the chair that

you're sitting on, etc. All of reality as God is being it is what's here. But as long as you're looking to the end of the tunnel or over there or when you're thinner you have your attention somewhere else, somewhere other than where the opportunity to experience your fulfillment is.

Her ego keeps her unsettled by focusing on her "weight problem." Your ego keeps you unsettled by focusing on low-energy, easy exhaustion. It keeps you from being happy right where you are. It keeps you from discovering or having the revelation of all the joy and energy and companionship that is present, just as it kept Paul from feeling that something meaningful was happening this afternoon. You see?

And this is not a test for you to pass or fail at. That's the end of the answer.

QUESTION: One other question that bothered me and probably any other child who went through religious training in early youth: When the guides are looking down, your angels are looking down, when you're looking at us do you see our physical body, what color clothes we have on, or what are the Spirits actually viewing when they talk to us?

ANSWER: Someone asked last night in so many words whether you all were "Saturday Night Live" for us. It is difficult for you to comprehend that we are not looking in the same way that you look. We feel you and we feel the meaning of all things. We feel the meaning that finds expression in the fabric and the color. Everything means something divinely. You enjoy the varying textures of fabrics. Everyone, most everyone assigns meaning to silk sheets and pillow cases, and an entirely different meaning to cotton sheets and pillow cases. What you must understand is that colors have meaning that you would call or perhaps describe as emotional. And so color is felt for what intent it expresses, or renders experienceable. So we are experiencing everything that you are experiencing, except your false beliefs about everything, in a far more comprehensive way than you are experiencing it all.

First of all, none of it is unspiritual, or non-divine. This fabric in Paul's shirt is not material. It is meaning assigned by God. It isn't just something that Paul is wearing, but is an aspect of the infinitude of Paul's being and mine and yours. We do not look down on all of you, but for lack of better words, we look out from within everything. Rather than being present with objects, forms we are present with and experience the meanings that have found expression in the form. And the way in which all meanings, infinitely speaking, relate to each other as infinite points of expression of fulfillment that identify the wholeness of every single thing. Paul has no meaning independent from all of you and from every grain of sand out on the beach, every super Nova, every planet, every star, as well as the space apparently in between them. You see, all of the conscious experience of being is each one's wholeness.

So, where you look across space to see each other, to see each other we look from the presence of mind that each of you is, which is infinite—not one of you has experienced a boundary to your conscious awareness. And so we experience you, for lack of better words, from within you because you are everywhere. It is difficult to explain in words. We do not observe you. You are each some aspect of the infinitude of me. And I don't experience you as separate so I would have to look at you across space, or down from above, etc. This is why every thought you have is known to me and to every individuality who is totally Awake. Because when you let down this boundary which you have set in place by your word, not only will you no longer be alone but everyone will be you. You see, it isn't just that everyone will be with you, they will be, again, some aspect of the infinitude of your being, the conscious experience of which is totally available to you. It is an intimacy that you cannot imagine. It is also an intimacy which your present sense of isolation protects you from having to bare—at least the ego sees it as something that it needs to be protected from.

Being Awake is more than an invasion of privacy, it's an absence of privacy. So, does that answer your question?

QUESTION: (He wasn't using the mic, but he said something about sitting on the toilet.)

ANSWER: (Raj laughs with everyone) Is that how you see it? You see this... "Have I no privacy?"

QUESTION: I'm very curious about an experience I had a week ago. And I'd just like to know if you can give me some clarification about it. I had an opportunity to visit the Sea Aquarium in New Port, Oregon. And I went like many other people to see the whale that has recently moved there, Kako. And when I went down into the viewing area you are below water level and there's this wall of glass there and you can watch this big beautiful animal swim around. And when I got down there with all these people he was just coming around that end of the tank. And so when I looked up here he was coming right directly at me. And I had the most overwhelming experience at that time. And tears started running down my face and it was very emotional. And I found myself... I had to shut it off. It was just overwhelming. I felt like I could have just been a puddle on the floor there. And it was just very strange and yet very wonderful at the same time. And I guess I'm curious to know whether or not that animal shared that same experience with me?

ANSWER: Oh, yes! But from its vantage point it experienced your recognition that you were just like it, not that it was just like you, but what was happening with you was a realization that it wasn't foreign to you, that you were just like it. It was an aspect of what I was just mentioning, where it was an aspect of the infinitude of your being and all of a sudden you didn't feel your smallness.

And yet the identification wasn't with the whale's size or your size, it was that you were experiencing being aware of it at the level of its meaning, as I was just talking about. So, it had the experience of, in so many words, the light bulb going on in your mind and did indeed delight at the realization of unity that occurred with you. So, you just don't know how big you are. That's the end of the answer.

QUESTION: Thank you very much.

ANSWER: You are welcome.

QUESTION: Hi, Raj.

ANSWER: Good afternoon.

QUESTION: In the six years that have past since you and I last spoke directly, I've been on this pathway that I feel like I'm nearing the end of least what appeared to be the goal to get this degree in Social Work, that's been laid out very nicely, in other words, it's been easy for me to get it. Now that I'm getting so close to it it's beginning to appear from external signs in the world that it was all a big mistake. And I'm kind of joking about that. But my real question has to do, first of all I think I need a little personal assurance that I really am following this pathway correctly. And secondly, if you would say something about this whole sense of mean spiritedness some people call it, that's going on in our Country that some people are suffering so much and it seems to be getting worse.

ANSWER: I am not going to talk about the "mean spiritedness." I am going to continue to talk about remembering that you are the presence of love, because each one who remembers that they are the presence of love, and that love is their function derived from the Father. It weakens the "mean spiritedness," because support for it is withdrawn as each of you make commitment to being the presence of love that you are.

So, I will say one thing: Evil, or misunderstanding—errors believed to be truths and acted upon will seem to grow in intensity—become more blatant. In so doing, all that might have seemed attractive about it will disappear. The meaninglessness of hate will become overtly obvious, and therefore, totally unattractive. And no one will be able to find any justification for it.

The only reason that hate has seemed to be able to exist is because what its real nature is has been kept vague, hidden. I want you to notice the super models—men and women in advertising—I want you to notice with many of them how the striking element of their physique is really an edge of hardness, just enough to "lend force" to their appearance and attract attention, but not enough, not so much that you can see that that element is ugly. You see what I'm meaning?

A man or a woman who uses hate skillfully appears to be a person who can express ideas with a cutting edge that doesn't hurt, and make a point and sway

people—even for a good reason. That capacity that comes forth apparently as strength is really moderated cruelty. It is not essential to the expression of intelligence that other's can recognize the intelligence of and be changed by means of. It is in this way that hate is nurtured because its real nature is hidden and only the barest essentials of it a line of a profile, a characteristic to a voice that is a hard edge. It is because that the fact that it is hate is obscured by the minimal amount of it that is brought into play in order to make things happen, in order to get one's attention, in order to motivate you to look at an ad or whatever.

Now as the nice aspect of hate begins to be replaced by the obtuseness of hate one is no longer going to be able to say, "I buy that, I embrace that." When you watch the films in the last year that have come out, the violence, the cruelty is no longer moderated and one can find no justification for it having been presented. But when it is a half-way decent, skillful, brilliant criminal carries out the act of hate with some style it's interesting. And believe it or not it is a justifiable element of drama which is essential (they say) to conveying a meaningful idea or experience to the one observing the drama. Well, you see that's how hate is nurtured, because the fact that it's hate is obscured by bringing the barest, the minimal amount of it into one's conscious awareness, the minimal amount that it takes in order to make the experience of life meaningful. You see what I'm saying? The skillful use of hate can bring a drama to life.

So what I am saying here is that the more obtuse its presentation is the more unrelentingly cruel it is, the more obvious it becomes that one wants nothing to do with it, and that one cannot justify it. And as more and more of you are remembering that your function is love, the ego is going to get less and less of your attention, support and nurturing because you will not be calling upon it for guidance as to how to be a dynamic and forceful presence for good in your world—which is what it says its here for. And so it, in order to try to save its neck, will assert itself more blatantly. Thank God. Because as it does this, having abandoned its finesse, it will be even less attractive and make your commitment to be the presence of love more total.

Now, it's important for you not to misunderstand what I'm saying, because it could sound as though I'm saying that as more and more experience enlightenment evil is going to become more blatant, therefore a state of conflict will be your increased experience. No! You're all past the point of having your learning happen at the physical level. And so we are not going to see more and more terrorism. We are not going to see armed conflict between countries as the evidence of this more blatant expression of what hate really is. It is going to be at a more intellectual level such as your films, such as books, printed word and so on. It is going to present itself to you not at a level of physical reality and physical conflict, but the mental level. So do not expect a rugged ride in the world.

Be glad when you see or hear expressions of hate that are more and more coarse or attempts to pass laws or to legislate behaviors that are harsh and unintelligent because everybody is too smart now to buy into it. The simple fact is that the ego and all of its techniques are becoming too coarse for the more refined sensibilities of those who are remembering that their function is love. So this is not really going to constitute a contest. It's part of the healing because it will be so easy not to be fooled.

What do you think is uncovering the other hatefulness of hate? It really is the fact that there is an active conscious intent to value and embrace and embody love by more people on this globe, as well as individualities not incarnated here. So don't be alarmed. And do dare to be grateful when you see apparent evil blatantly present itself in its ugliness. You can be grateful because in the absence of finesse and skill it is, in terms of drama, engaging in its own death throws—which it would love for you to be alarmed about, but which you can rejoice at.

Now, regarding the first part of your question and your schooling, you haven't wasted any energy at all. And I don't care what the general trend is or what it might say about what you have done, you have grown. And your capacity to be meaningful in another persons life has increased. Your groundedness and your practicality has broadened. You're on target.

QUESTION: Thank you.

ANSWER: You are welcome. Paul is now convinced that it has been a good afternoon. I have enjoyed being with all of you. Thank you.