



## Gathering In Kingston, WA – April 23, 1995

**By: Raj Christ Jesus –**

RAJ: Good afternoon. I had thought to say something before we begin with questions and answers, but I will not. And so who would like to ask a question?

**QUESTION: Marin and I are separating after 10 years of marriage. Our relationship has regressed to being mostly ego reactivity, although we still have love for each other. And there is a lot of stuckness here, a good portion of which lies with me. You said in the past that it was appropriate for us to be together, although we had loaded the cart quite full. Will you specifically answer and tell us if this separation and probable divorce is appropriate for us at this time?**

RAJ: Well let us not jump the gun here. You can leave off the part about the probable divorce. Yes, it is completely appropriate for a separation to occur at this time. It is appropriate for the two of you to be able to be in an uncharged space, so that both of you might in the absence of the friction that generates the charge, be able to regain your composure and your peace and see things more clearly. I encourage you to do it without conceptualizing what the end result will be. Recognize it as a pertinent step, an appropriate step which will provide you with the space in which to be still enough to connect with what really means something to you, what means something to you relative to your integrity, your substance, your worth.

Right now you are tending to bounce off of each other and that becomes the issue to be dealt with and it distracts you from finding out who you are, so that you might arrive at a place where you feel the peace that it's your Birthright to be experiencing. And so that you might find that place in you where your invulnerability is present to be experienced. Because when you are not in touch with that you are necessarily experiencing some level of fear and that colors your perceptions and your reactions to everything.

And so this plan to separate, this decision to separate, is intelligent, constructive to the relationship. Again, do not assume that this intelligent step has as its end result a divorce. And so take this step with peace, not fear. And simply see it as one of the continuing steps of healing. If there's going to be a healing of the relationship there's going to be a healing of those in the relationship. So healing is what will be the end result, whether it looks like divorce or not. So make no assumptions.

Do it easily. Be easy with it. In the end you will find that there is no bad guy, there are only those who were suffering from a degree of ignorance that has

been replaced with clarity and understanding. And that's where absolutely everyone is. Everyone stands at the threshold of greater clarity, which means that where they were before was less clear, more ignorant. And one can say, "boy, I was really stupid," or one can say, "Thank God I listened. Thank God I paid attention. Thank God for the clarity that has moved me forward." Everyone who goes to school, you might say starts ignorant. And in the process of going becomes educated. And there is a certain joy in that process of learning. No one becomes preoccupied with how ignorant they must have been when they entered kindergarten.

So this threshold which will be facilitated by your separation is a threshold of expansion and healing, and there will be no bad guy uncovered in the process, only you, only Marin in your greater potential, which you will have allowed to come forth by ceasing to engage in a way that distracts you from the healing. That's the end of the answer.

**QUESTION: So in line with not jumping the gun, is it appropriate to make it like a full and complete separation so there's as little entanglement as possible?**

RAJ: That is a good starting point, yes. You can always modify it later.

**QUESTION: One last thing. We have a very nice house in Woodenville, which is a wonderful environment for our son Nicholas. I cannot support two households financially, and Marin seems unable to generate any income to spite being a talented artist and jeweler. Should Marin focus on getting up her income level or is it appropriate for us to sell the house at this time?**

RAJ: Until it has become clear to you that a divorce is the appropriate final step, both of you should do everything you can to maintain your—I say that in the plural—your home. At this point you are not abandoning the marriage, you are abandoning the arrangement that distracts you from becoming clear.

**QUESTION: Well, I'm having a lot of difficulty keeping up with the intensity of my work. And I'm actually taking next week off, which is going to be helpful, but I'm just fearful about being able to continue shouldering the load of the finances here. That's why I'm specifically asking this.**

RAJ: Well, then a creative answer is needed. And I encourage both of you to listen knowing that there is an answer. And I'm going to encourage both of you to listen in the context of there still being a family that is valued even though the two of you are allowing enough space for there not to be distracting interactions. Continue to honor the family unit that exists, even though you are not occupying the same space.

QUESTION: Thank you very much, Raj.

RAJ: You are welcome.

**QUESTION: I am a bit puzzled. And I have watched whatever I go through a number of struggles and within that it has become clear that sometimes the Awakened beings such as yourself will sometimes say things that are not perceived by us to be true, but rather are meant to move people in the right direction. But this brings up a more fundamental concern that I have, which is, if what is said is not necessarily true, then how do we know that anything is true? How do we know what to take as being meaningful? And I have a hard time allowing myself to listen fully, knowing that what I'm hearing may not be true.**

RAJ: Well, I will tell you one thing, Listening, with a capital "L", Listening within for guidance can only increase in, I'm going to say accuracy through practice, through willingness. How much of an adventurer are you? What I mean by that is, are you enough of an adventurer to listen for the hell of it, just because it's an interesting thing to explore the potential of? That is one way you can do it. And by persisting in doing it you will acquire a back log of experience that will begin to register with you as to the meaningfulness of the experience and the value of it.

There's another aspect however that has nothing to do with being an adventurer. It really has to do with something far more fundamental and basic. One can engage at this more fundamental level as a result of great stress, or just because without a stressful circumstance one finds himself or herself motivated to do so. It comes from paying attention to the obvious. And the obvious is that you exist and you don't know everything. You exist and you experience want, whether it's wanting to understand, whether it's wanting to be more comfortable it doesn't matter. It is a fact that you exist, you are conscious and you don't know everything. And not knowing everything is not something any of you can be totally at peace with. And so there is always somewhere in you an undercurrent of uneasiness, of unsettledness.

So if you are in the middle of a very stressful life, if your life is being very wearing, very strenuous, you come to a point where you recognize—sooner or later—that you're incapable of continuing to cope this way. Under these circumstances there is more motivation for somehow escaping this strenuousness that you cannot embrace anymore with willingness. And at this point one either takes some ultimate step to relieve himself or herself of the strain, such as committing suicide, or living with such anger that it begins to be debilitating to one's health and one soon expires.

These steps are taken as a last act of authority, if you will, an act of authority that precludes that one from engaging the curiosity to know that goes beyond his figuring everything out, or that one who is too exhausted to continue being authoritative under the strenuous circumstances, gives up—not gives up through an act of will, like committing suicide, but gives up in the sense of stopping all of his

or her attempts to figure out the answer. And at this point that one reaches out, not always to the same conceptual place, but that one says, “help!” And at that point that one says, “help,” one begins to listen.

So the point is that whether you are in a strenuous circumstance, or whether you are in a comfortable circumstance, you exist and you don’t know everything. And in either case you can or will arrive at a point where you must give up attempting to do it yourself and say, “help!”

Now it really is that simple. It really is that fundamental. To arrive at that point where you’re willing to say, “help,” is most often experienced by everyone as a place of personal failure. Because saying “help” means you are not being self-competent—it’s an abandonment of feeling competent. But the simple fact is that the estrangement that everyone feels from life is a result of an attempt to author one’s experience. The feeling of separateness and the experience of not knowing everything is a result of having claimed a place of authority in life and a right to be responsible for it all. And the moment that assertion of authority was expressed, each one that expressed it experienced a loss of knowing everything and therefore an experience of isolation from everything and all of the Brotherhood.

So to tell you the truth, whether what you hear is the truth or not is not the issue. The issue is whether or not you are abandoning the position of authorizer. Once you do that and you dare to listen and you experience guidance, that guidance will be geared to your rapid complete release of the inclination to be in charge of your life.

I have said it before and I will say it again, I am not a universal answering machine. And neither are any of your guides. We are very specifically present on your behalf in terms of promoting your relinquishment of that which hasn’t been working for you, but which you believed was. And we will do whatever works!

I realize that knowing this means that you have to have even greater trust than you thought, because if indeed the one you were listening to was trustworthy because that one would never surprise you, that would make it easy for you to trust, to entrust yourself, turn yourself over to that one’s guidance. You see? But if that one is not going to dependably tell you what will allow you to maintain the status-quo with some gracefulness, ah, that’s another level of trust. But do you see that the latter scenario which I just described really is an attempt on your part or anyone’s part to still exercise a little bit of control in the process of your waking up, in the process of your coming back into your right mind. And what that means is, that it is an attempt to keep active a little bit of you not in your right mind in the process of coming back into your right mind.

Each one of you walked away from the Kingdom of Heaven, or I will put it this way, each one of you turned your back on Reality, or each one of you closed your eyes to Reality as a specific act of will on your part because you said, in one

way or another, “Father, I’d rather do it myself. Father, I’d rather see it my way. I’d rather do it my way.”

Now you are going to have to come back Home with the same degree of commitment from within yourself. You’re going to have to do it for your reasons. And again, at the bottom line, the reason is, you exist and you don’t know everything and you can’t be totally at peace when you don’t know everything—when you are not experiencing your union with All That Is as a totally conscious experience.

If you are going to get absolutely trustworthy answers that would allow you to yield the authority for your experience over to whoever that truthful one was who was providing you with answers, that does not constitute you in your integrity making your commitment to seeing everything clearly. And doing it because why? Because it’s uncomfortable for you not to know everything. And you don’t want that experience anymore.

If you could absolutely trust your guidance to not throw you a curve, but to be absolutely dependable so your sense of the status-quo wouldn’t be upset, and you did in fact give your power away, a time would have to come when you would say, “what I am experiencing, which I do not like is your fault.”

So I’m not going to let you off the hook by saying that guidance is absolutely truthful. And therefore, you cannot check out of the process by turning everything over to your guidance. If you haven’t felt a motivation within you that has arisen from your uncomfortableness with not being at one with everything and not understanding everything, then don’t listen for guidance. Don’t engage in this. And don’t start a game with your guide or anyone else’s guide, where you are passing the buck, giving away your authority, and saying, “well, I can dare to do this because that one is expressing the Will of the Father. And the Will of the Father would not lie to me, would not be expressed as a lie.”

Well, I’ll tell you what, it is the Will of the Father for you to be in your right mind—every single one of you. It is the Will of the Father for you not to be experiencing any form of insanity. And if because you are experiencing a sense of isolation that isn’t real, and separation that isn’t real, you want to govern the way in which the Father loves you so that it won’t upset your insanity or your inclination toward misperception, well I tell you the Will of the Father will upset you, will be that which will undermined your intent to hold on to a little bit of your insanity. Why? Because your insanity must be broken, it must break down, it’s seeming integrity must lose its integrity.

And so the Will of the Father, because it is for you to be experiencing your capital “S” Sanity, will not honor your ego’s rules. But because it is the Father’s Will that is being expressed by means of the guidance you reach out for, you can count on it that what transpires will not strengthen your ego and put you in a deeper level of insanity or ignorance. In that sense, it is capital “L” Love

expressed implicitly and specifically because it promotes the breakdown of your craziness. And you can depend upon that!

Generally speaking one starts to reach out for guidance as a means for improving his ego experience. But that is not its purpose. Its purpose is to free you from misperceptions that you didn't know you were experiencing, so that you might come back into inner balance, clear perspective that doesn't misunderstand anything.

There are those who also listen for guidance just as you are listening at this moment. I mean by that, that you listen for guidance and it is not direct within yourself, but as it is being shared by someone else who is listening. And you can have your reasons for doing it that may not be at all ethical or honest. Why? Because it is happening, I will put it this way, it is not happening as a result of an awareness that has arisen in you that you exist and you don't know everything, and you are not comfortable with that state of affairs. Well, you say, "I'm really doing okay. My life isn't awful. In fact it's much better than many people I know. I just want to listen to improve things a little bit. But I don't want you to rock the boat too much." Well, if that's the case and you really are listening, you really are allowing guidance to register with you, you can count on it that your pleasant little life is going to be upset. Because at the bottom line, your pleasant little life is the equivalent of someone in a mental institution who has adjusted to being there.

So all I can say to you is, find out why you are listening. Find out whether you have any motivation to listen really, or whether you are listening because other people are doing it and it seems to be the "in" thing. "Guidance is pretty big these days and many respectable people are speaking of it positively." Well, I will tell you, that's not a good reason to listen. However even if you listen for the wrong reason, if you truly let the responses register with you, you will be by hook or crook, through honesty or dishonesty, truthful or untruthful answers moved toward that place where you will feel the fact that you exist and you don't know everything and you are not comfortable with that state of affairs. And this is part of your return to your Sanity, And it is part of what will ground you where the experience of guidance can really begin to move you away from the valuing of insane ideas and the recognition that they never were really yours, and your connection with your essential being which is not separated from anything, including the conscious experience of knowing everything—not as an intellectual knowledge, but a direct actual connected experience of everything all at the same time with nothing unavailable to your conscious awareness, not even for a millisecond. And that is the place where you will feel your Wholeness. There will not be any dissatisfaction with the state of affairs.

So again, all I can say to you is find out why you want to listen. And let it be the most genuine reason you can find within yourself, the simplest reason. I have said, and I will say it again, the simplest reason is that you exist and you don't

know everything and you are not comfortable with that state of affairs. But now don't take those words that I have said and say, "Well, they make sense, so I am going to start listening." I don't want the words to make sense, I want you to connect with that place in you where those words arose from. Then when you listen, because it is coming from a humble and genuine place of self-awareness, your experience of guidance will be able to be more transformational, because there's less game playing going on in the process of your listening. There's less tendency to require the guidance to conform to your insane perceptions of things so that they won't upset the status-quo more than you can bear.

Do you have a follow up question?

**QUESTION: The main message that I hear is that we are all separated and that that separation is what creates the illusion that we call reality.**

RAJ: The illusion you call?

**QUESTION: Reality, with a little "r". And that the direction to go is toward Awakening and become at one with the Father...**

RAJ: Which means becoming one with what all of this really is, rather than the misperception of it that you are inserting between yourself and the experience of what it really is.

**QUESTION: But the only evidence that I see that that is the case is words from people such as yourself. And once again there's the conundrum that I don't know whether any of this that is being talked about is reality or whether it is just the direction some people need to move for their growth. As a side note to this, as an example: A number of people who have been experiencing guidance have been saying that there'll be massive changes to the face of the planet and various areas of land will be sunk beneath the oceans, etc., etc. And others have said that these things won't happen. And it is very difficult to look at this and try and get any kind of a coherent picture. I guess it's the lack of coherency that disturbs me.**

RAJ: Now, I'm going to ask you: are you saying that that lack of coherency that you observe in channeled information is your justification for not engaging in the experience of listening for guidance yourself?

QUESTION: No, it's not a justification for not engaging...

RAJ: I'm simply going to say that the discrepancies that you see cause you to have questions, cause you to want some understanding that will put to rest the distress that you are feeling regarding the inconsistency. I am saying that that is the equivalent of your knowing that you exist and that you don't know everything and not being comfortable with that state of affairs.

So you have described something to me which you could perceive as a call for or a justification for finding out for yourself, rather than saying that everyone else is saying "one plus one equals three," an inconsistent answer. Therefore, "I will not engage in having a question which I will pursue by listening."

QUESTION: An interesting thought.

RAJ: Now the simple fact is that you are not required to do anything. You're not required to listen. You're not required to join the masses who are finding themselves very stimulated at the thought of actually connecting with something beyond their present awareness of everything.

So don't do what you don't feel motivated to do. And when you do feel motivated to do it, do it, and own it! I will tell you that the minute you own it for yourself you will become very practical. But as long as you are letting someone else do it for you you are likely to abandon that level of practicality. And then because you have given away your power, what you hear is going to trip you up, because it will not support your increasing your insanity by giving your power away.

**QUESTION: One thing that I don't understand is it seems that on the one hand you're saying to give up, to ask for help, to admit that you don't know everything—that I don't know. And on the other hand... No on that first hand, that one needs to go back to the Father and become one with the Father again. On the other hand you're saying that in order to do that one must keep one's power, which seems to be very much an act of ego and of remaining separate and in control of oneself. Those seem very contradictory goals.**

RAJ: When you do something for someone else's reasons you are in an unhealthy state of mind. When you do something for your reasons it promotes Sanity. I am saying don't listen because everybody else says it's the right thing to do. And don't listen because you've been told that all of the answers will be true answers. I am saying pay attention to the obvious about you at this very moment—you exist, you don't know everything and you are uncomfortable with that state of affairs.

Now this I, who exists, who is aware of existing and doesn't seem to know everything and is uncomfortable with that state of affairs, is Real—Real with a capital "R". It is the essential you that is the presence of the Father, because no matter how insane you become, no matter how gross the misperceptions you are experiencing, you cannot stop being the essential being that you are, which is the presence of God. And so you must start where you are. And what I am saying is disengage from the game playing and the manipulation that you do with others. Don't do things for other people's reason. Don't give your power away in that manner.

Yes, keep your power by being in touch with yourself enough to know that you don't know, and that you want to know. And then from that little bit of Sanity listen or reach out beyond all of the games you have learned, all of the means of manipulating your world that you have developed, all of the skills that you have developed to authorize a happy life—whatever your definition of happy is—and



give yourself the opportunity to experience an influx of clarity and inspiration and enlightenment that will reveal the wholeness of this essential Self that has felt dissatisfied, so that the tiny dissatisfied part can begin to crumble and disclose the wholeness of you that it is your Birthright to be experiencing.

So yes, you have to own your power so that you can be grounded enough to make a conscious choice to listen for whatever is available to you beyond your current sense of limits. And in that process of saying “help,” or of inviting an influx of that which you are not presently aware, you are abandoning the position of the independent authorizer and you are letting something else in. That is also an essential part of your regaining your Sanity, coming back into you whole-mindedness.

Indeed it is very similar to one in a mental institution. The one who is there experiencing whatever they are experiencing is essentially the real individual. And the real individual who is there covered over by, distracted by great amounts of unintelligence, or unintelligent connections, if you will, that one must arrive at a point of being willing to reach beyond the current perceptions they are employing. And you could say that that takes an act of will, of that one owning his or her power. But the power is used for the purpose of neglecting to reinforce the crazy perceptions and behaviors in favor of something beyond it, that that one doesn't really comprehend in the middle of the craziness. And until that one makes the conscious choice for Sanity from somewhere in the middle of insanity it doesn't matter what all of the helpers do. You see?

**QUESTION: I think that I do see and I think that my sense of playing games, if you will, is strong enough that I can also see that if you invert all the arguments they still work. And that the choosing as you're suggesting can also be choosing to walk into a state of insanity, rather than out of it.**

RAJ: Indeed. But the process of walking into insanity is a process of increased isolation. And this is why the element of joining is essential to walking out of insanity into one's Sanity.

Now you have enough food for thought.

QUESTION: Thank you.

RAJ: You are welcome.

QUESTION: First of all, I want to thank you. I can't believe how this previous question completely in a few sentences refocused my question.

RAJ: Quite a few sentences.

**QUESTION: Well the first few completely refocused my question and really made it clear to me what I needed to ask. In my particular mental institution, (great laughter) my whole life I've been associated with the creation of materials out of water.**

RAJ: Out of?

**QUESTION: Water, working with the associative properties of water, if I may call them that. And I'm not necessarily uncomfortable with that, but I have a terrific curiosity about going a little farther than working with the associative properties of water toward working with what I would call the altered states of water. So what I'm looking for is some guidance about how to begin to work with what I'd called the altered states of water, and to give you so I'm specific about the examples: I'm thinking about the property of water with homeopathic delusions, where upon successive homeopathic delusions the strength of the preparation increases. And I'm thinking about the living water of Victor Schomburger and of what's called magnetic water, and charged water, etc., etc., there are thousands of examples.**

**So I'm looking for some guidance about how to... What's going on here? How do I start to work with something like that?**

RAJ: That is what you need to become still with and inquire within about. Any answer I might give you would trigger intellectual processes. And yet it is the influx of inspiration that will connect you with the knowing that you are asking about. One of the marvelous things about listening for guidance is that you have absolutely no idea about what might be said, infinity becomes the possibility. And yet the conveyance of meanings which go beyond anything you are comprehending can always be presented in a way that registers with you intelligently and meaningfully.

You may think that I am copping out by not answering your question specifically, even though you asked the question specifically. But the answer really for you is, take this question into the silence within you, ask it, then be still and listen expecting an answer, without expecting what the answer will be. And if after a reasonable amount of time the answer hasn't come and you must get on with other things, do not mentally shut off the question, leave the question and its placement and the process of receiving inspiration open, because it can come at any time and usually when you least expect it.

I will say that the curiosity you are experiencing is an appropriate one. It does not constitute a side trip or an irrelevancy. And I encourage you to engage the curiosity and the willingness to hear. It is an appropriate endeavor. It is on target for you. And that is a true answer.

QUESTION: Thank you.

QUESTION: Hi, Raj.

RAJ: Good afternoon.

**QUESTION: I think it's long overdue for a tune-up on remembering how much help with coaching when I was first getting in touch with my guide to understand what was my stuff and what was clarity. And then working with my guide on obedience. And what I'd like to know is I'd like an**

**evaluation of how well I'm listening, because I know I'm standing on the edge of greater clarity.**

RAJ: Well, I'm going to put you on the spot. I'm going to ask you, since you really are in a quiet enough space to ask your guide that question and share with me the answer.

QUESTION: I did before, but I'll do it again. I got 90%.

RAJ: Ninety percent of what?

**QUESTION: Of that I'm listening without interfering. And that seemed high so I wanted to ask you. And I also really feel like there's... that I have difficult with the willingness to be obedient, not so much the follow-through on it, but the willingness.**

RAJ: I will confirm the 90%. The real question is not how accurately you are listening but how consistently. And I will not ask you to ask that and share it with everyone else. I encourage you to increase the frequency of listening, not because you need to do better, but because a more consistent experience of fulfillment and of the confirmation of being on the beam is your Birthright. And it is a shame for you not to be experiencing it more consistently.

Ah, the willingness to be obedient. If you would like we can arrange for you to experience a greater need for willingness.

QUESTION: I trust you. Though I haven't noticed a slack (Paul, I'm not sure of this word?)

RAJ: I'm also going to ask you for the sake of everyone else to elaborate a little bit on what you mean by the word obedience.

**QUESTION: When I first started listening to my guide it was entertaining and meaningful, but it was almost like, "thank you for sharing," like I would listen and I felt a distance from anything other than, "here's a wise person sharing something." And there was a big "ah, hah" at some point where I realized I was supposed to do something about what I was getting. And that was another major increment of actually, in fact, acting on it. So I became selective about what I asked for guidance on, because the thing I think you told me is that I would get much greater information if I was willing to follow it—that they weren't going to waste it on me. So I got in the habit of only asking when I was willing to be obedient. And I think I've moved on. I really want to be fully aligned.**

RAJ: Let me interrupt. I am asking for this point to be brought out more fully, because your use of the word obedient can tie into the earlier question relative to giving your power away, which is not exactly what you are meaning. And so....

QUESTION: I understand.

RAJ: ...for the benefit of those who do not understand the difference I'm asking you to share.

**QUESTION:** Starting by working with you and then my own guide, I found it worked for me to act as if it were true based on what I could understand. It worked best just to go along with it. And I actually do mean it fairly literally, like what job I should take. I use the guidance in my work for how I should proceed and it's the best advice consistently that I've ever had. So for me the issue that was brought up before isn't something I trouble with, cause it has been consistently useful, not consistently predictively accurate which may be what you are distinguishing, but worth following. Whatever it seems to mean to me, if I follow that, it works out to my best interest. And that's what I mean by obedience, is going along with it. And what I struggle with is...

RAJ: You are speaking of valuing it and acting consistent with what you value.

QUESTION: Right, aligning with it.

RAJ: And so there is a conscious willingness on your part, which you will take responsibility for, correct?

**QUESTION:** I do, but I've made a pretty heavy-duty commitment to move toward having no boundary.

RAJ: But again, that is your commitment, the consequences of which you are willing to be responsibility for instead of blaming something else, if "something goes wrong," correct?

QUESTION: I understand what you are saying. I don't feel a distinction.

RAJ: You are not...

QUESTION: The me that would worry about that is not of the me that I value a lot.

RAJ: Exactly! Continue.

**QUESTION:** So in addition you are absolutely right. To the frequency of the listening I feel like I would like to have the emotional struggle of aligning to be easier. I would like to simply align... For example, if she says, "don't worry," I'd like to not worry—or to still have a lot of resistance

RAJ: There really is no way to that you can will yourself to be more willing. And I'm going to suggest that you ask for help, that you ask your guide and anyone who is working with you on behalf of your Awakening to help provide whatever kind of support it takes to cause willingness to seem to be more inviting, or obedience as you put it. And then I encourage you to be alert and watch for any inclination you have from the standpoint of conditioned thinking to criticize yourself in terms of that you're not doing as well as you ought to, or you ought to be more consistent, or that there must be something wrong with you because there is an unwillingness there and so on. This is a side-tracking technique of the ego.

I will tell you that those of us who are watching you are not experiencing the concern you are, but are experiencing joy at the degree to which you do listen and

do act and do value your guidance—the experience of the communion, the experience of joining. And I will tell you that if you will indulge in a little bit more gratitude and self-appreciation you will find that that will pave the way for increased willingness. In other words, I want you to be a little kinder to yourself, and let there be a little bit more appreciation for just exactly as much as you are doing. When you are at peace about where you are, reluctance to expand or reluctance to move forward will diminish. And it will happen naturally, spontaneously. That's the end of the answer.

QUESTION: Thank you.

RAJ: You are welcome.

QUESTION: Hi Raj.

RAJ: Good afternoon.

QUESTION: I have a letter that was, or a question that was hand written by a friend of mine.

RAJ: I will interrupt you. This is not the time.

QUESTION: Okay.

RAJ: If you have a question I will be glad to respond. I will ask you to leave that question with Paul or Susan.

**QUESTION: Oh, okay, okay, that sounds good. I can't really think of anything to ask, I hate to give up the opportunity, but... Ah, ah! Steve's grabbing the microphone from me. I just want to thank you for being here for us all. And I just want to say that this is just a wonderful day for me, I just love everyone whose here and I'm just really grateful.**

RAJ: It is the felt.

QUESTION: Hi, I'm Cynthia, and it's the first time I've been here.

RAJ: But it is not the first time that we have connected.

QUESTION: Right.

RAJ: It is good to have you here.

QUESTION: Nice to be here, thank you for coming.

RAJ: It is personal, then it will relate to everyone.

**QUESTION: I'm needing some information about some occurrences that have been particularly strong in the last two weeks. They come in the form of ticker-tape.**

RAJ: Across your mind's eye?

**QUESTION: Yes. And they relate to information I don't know why I should have, or be receiving and it many ways would prefer not to know. And they relate to people moving to this world to the other. And some I know and some I've never met. But they appear in the paper.**

RAJ: You mean in the obituary column?

**QUESTION: Usually in the headlines. And I'd like the information as to how to integrate it, so that I don't feel that I carry it. And it's not**

**something I talk about. And I was hesitant to talk about it today. But it's been particularly difficult in the last couple of weeks. And also particularly wonderful. But it's hard to separate the wonderful from the difficulty.**

RAJ: How does the wonderfulness register with you?

**QUESTION: Well, a dear friend of mine died two weeks ago. I knew he was going to go, and I said to him, though I wasn't speaking to him, "I have to see you before you go. I don't want you to go without my seeing you." So, I'm hesitant to tell this.**

RAJ: But I encourage you not to leave everyone with the feeling that it is a burden and heavy and totally negative experience.

QUESTION: Okay, that's not a problem.

RAJ: And we will not be calling the National Enquirer in the morning.

**QUESTION: Well, you know it's funny you should say that, because there are times I wanted to call and say this, but I don't. Well, what's wonderful is I was able to go and see him. He's in San Diego, but I wasn't I was in Bellingham. And I went and saw him just before he died. But I don't really know how, but we talked and he said he was going. So part of it is very wonderful.**

RAJ: This visit was not a physical visit?

QUESTION: No. It didn't take frequent flyer miles or anything like that.

RAJ: What meaning is this experience having for you, if you were totally honest with all of us? In other words, if you felt no inclination whatsoever to squelch any of what this means for you. In other words, I would like to share with you the sense you have made out of it, even if you feel that it may be wrong.

**QUESTION: It keeps me on both sides of the wall. I keeps me with the sense of wonder and connection. And it keeps me in chaos. So the wonderful part is exquisitely wonderful, because I feel like I can ask for what I like and it can be there. And then the real difficult side is that it seems to be chronically about people dying, not about people being born or going to a birthday party or something. So it seems like it kind of keeps on that teeter-totter, sometimes it's exquisite wonder and then the real serious downside of total unknowing and not being able to make any sense of what's going on.**

RAJ: It is as though you step out of your, your, mental institution onto the front porch and have an experience of clarity that is meaningful. And then you go back inside where your thinking is not clear and then from that unclear thinking you try to make sense of the clarity you experienced. And you cannot, because for example, when you are experiencing the more infinite view it becomes obvious to you that whether or not a physical death seems to occur, nothing of consequence has happened. No interruption of anything has occurred for that individual. And so the knowledge that there is a threshold almost here, is not alarming, is not

upsetting. It is like knowing that next Friday so-and-so is going to go to Los Angeles for a week—out of your sight, but being about his business.

But when you step back inside your usual mindset, then because this mindset that all of you are in—not just you—because this mindset is one in which authorizing things is the primary characteristic you are immediately face with the thought, “ah, I am supposed to do something with this.” Mind you that thought occurs when you have walked back in the institution. It was not part of the experience when you were standing outside.

Now after the thought that it is your responsibility to do something with this awareness comes fear, “what if I don’t? What if I do?” And that’s what becomes a burden, because suddenly you are feeling guilty for the results of an unasked for experience of clarity, of Knowing, with a capital “K”.

Now the solution to this is to remember the experience. In other words, you have the experience—the ticker tape—it isn’t just a ticker tape it’s an experience of meaning and it has a feeling and it’s not conflicted. So when you step back in and a false sense of obligation and responsibility is laid on you and an accompanying experience of guilt, I want you to remember the experience, because what was present there is the only thing that has meaning for you. If in that experience you felt no knowing of something to do, there is nothing for you to do. Let the experience be the measuring stick. Do not raise the sense of responsibility that you experience when you come back into your limited frame of reference. Do not raise that to the level of highly valued and important knowledge. The only thing that was valuable was what was present in the ticker-tape experience.

“Well, why would I have that experience if I wasn’t supposed to do something with it?” Well remember I told you earlier today, all of you, that when you are in your Right Mind, when you are experiencing Whole Mindedness, you Know everything—you Know everything. Well you conditioning says that knowledge is the essential element of success. Knowledge is money! Knowledge is something you have and if you don’t use it you are irresponsible, you are unintelligent, you are reprehensible. Your conditioning teaches you that knowledge is a curse. But I will tell you something, that Knowing, with a capital “K” is an ongoing on-the-spot experience of connectedness with All That Is, and it doesn’t call upon you to do anything. And because you do not have to accumulate your experiences of Knowing as bits and pieces of knowledge to hold in memory and use well or be convicted of stupidity. Because of that you can dare to disqualify the suggestion that there must be something that you are to do with this information, and if you didn’t do whatever it was you are guilty of something and that you will have to pay a penalty. It’s all bull shit! Whatever happens when you come back in the door is all bull shit!

So, I encourage all of you to be ready for experiences of Knowing that go beyond anything you are presently experiencing. There are many people who

avoid Awakening because they think it is going to bring ultimate and infinite responsibility on their shoulders. When in actuality it is going to uncover the fact that they are not tiny but All Embracing with All That Is Embraced within the infiniteness that they Are. And that therefore, there is not one tiny little thing amongst a million little tiny things with a responsibility to them all, you see.

So I am glad that you asked so that you might have a perspective that will allow you to let this experience be what it is and so that you can equally let these conditioned responses be what they are without taking the bait—without taking the bait and spontaneously and obediently feeling guilt or burden.

In the process of Awakening you are likely to have a split screen experience in which you see reality through the lens of your ego, and through the lens of your clarity—your inherent clarity. And you're likely to think that you are confused by the two images. But you see it was when you were only seeing a full screen of the ego images that you were truly confused. The fact that you begin to have a split screen experience means that your confusion is breaking down, it is losing whatever structural integrity it seemed to have so that now you are getting a split screen experience. And you will find that the ego screen will begin to appear less and less until the screen yields to the view of Reality as it is. Do not misinterpret this in between stage where it seems as though it's neither Real, with a capital "R", or real with a small "r" for sure. That is the wonderful place where the break down of illusion is occurring and when it breaks down the Reality, the Kingdom of Heaven, God being all will be all that is left. That's the end of the answer.

**QUESTION: Just because I'm a chicken, one final footnote: That doesn't mean once the more I learn that I'm dead.**

RAJ: That is absolutely right.

QUESTION: That's appreciated. Okay.

RAJ: The end result is being alive without any capacity to be dead, without any suggestion of the potential of death. An experience of life that is absolute and unequivocal with no alternative to it. Now the fact is that that's all you have right now. All you have right now is unalterable life, even if there seems to be a line called death, you know that it is an artificial scoring or drawing of a line over an interruptible movement of life that remains uninterrupted by this insane little line.

So all you have available to you right now and all you are living at this moment is the uninterruptible life that cannot actually be subject to anything at variance with it. The difference is you will arrive at a point of knowing that and the line or even the suggestion of a line will not even continue to present itself.

But I'm glad you asked the question. And please understand that the only thing that keeps any of you from waking up at this moment are truly little insane fears like that—little, stupid expressions of insanity—that would cause you to say, "I'll wake up tomorrow or the next day."

QUESTION: Thank you.



RAJ: You are welcome. I have invited Paul to let me respond to everything. (A loud ship horn sounds) Talking about obedience or shall I say the unwillingness to be obedient. It's right here. And this is Raj speaking not Paul. He is unwilling to let me respond to everything, which means he is unwilling to let himself be in that place where he is no longer asserting this sense of self that you mentioned you were not valuing so much anymore. He's still valuing it. And I say this with love, of course. One of the reasons that he has been reluctant to do that is because he has felt like he will be no longer present as father, husband, the jovial self he thinks he is. And he doesn't realize that he's not going to disappear. He doesn't realize that he really won't stop being the presence of meaningfulness with even more depth. And so, he's not being the adventurer that I spoke to you of earlier. And as I said to you, there's nothing I can do until he feels the motivation.

So please remember that although you would think—all of you would think—that the things that keep you from waking up are major things of consequence they are really little insane ideas, which if you looked at them you would say yourself that they were crazy. So, why do I say this? Because you need to know that it's not some huge wall 30 feet high, 10 feet thick that keeps you out of your Right Mind. They are flimsy tatters blowing in the wind that have no means of keeping you out of your Right Mind. You do not have a huge mountain to surmount in order to wake up. And it's important for you to know that. If you would just lean against the wall from sheer exhaustion you would fall through. It's important for you to know that.

**QUESTION: This is not really a question I guess just a lot of things. (crying) And I'm here with these people that I really love and it's pretty overwhelming I guess. You know sometimes it seems like such a great struggle to try to just be something significant on this plane. But it's just a.... I'm just noticing an inward desire to take that next step of, I guess it's thankfulness, greater joy.**

RAJ: Indeed.

QUESTION: And it's really, I guess it really is literally overwhelming.

RAJ: Fill-fulling!

**QUESTION: Yeah, yeah, right! (laughing) And fill your little pots and it flows over. And I guess you just hope there's a bigger pot, huh?**

RAJ: As it fills you up, you will discover how big you Are.

QUESTION: Hum, yeah. So I appreciate this opportunity just to say that. And just as a kind of time to note my willingness to take my next step, whatever that might be.

QUESTION: Good afternoon, Raj.

RAJ: Good afternoon.

**QUESTION: Perhaps on a lighter side for just a moment, guidance can be a terrific pain in the neck.**

RAJ: Thank God.

QUESTION: Amen. Which leads me to...

RAJ: Because it's your ego's neck that gets the pain.

**QUESTION: Yes, and that was where I was going to come from a short while back on my way home. I'll make this fairly brief, it was on my way back from Princeville. And I had a wonderful presence and conversation with guidance on the way home. And I was however was struggling with an individual question of identity. And the information that was shared at that moment was so humbling that my ego or was an ego experience itself. And so I present to you the information that was given to me at that moment. It certainly changed the direction of everything since that time. Was that imagination or was it an ego experience?**

RAJ: This experience that changed your life, was it an ego experience?

QUESTION: That was my question.

RAJ: If you pay attention to the obvious, which must it have been?

QUESTION: It was the Father's experience.

RAJ: It could not have been otherwise.

QUESTION: I needed validation, that was my only concern on that issue. It felt right at home, thank you for doing that.

RAJ: You are welcome.

**QUESTION: It adds a dimension of true appreciation for everyone in this room. Well when Raj says to you all how much you're loved, that always placed a question in my heart—how much could I be loved. It wasn't just a personal note, it was just an inquiry. And then when he'd go on to say that he is pleased with all that he sees, I now can understand from what is shared on an ongoing basis of how pleased he truly must be with all of his children. And it brings a dimension of life when you allow that—when I allow that—that it's like nothing else to be experienced in the ego state.**

RAJ: And what is it you allow?

**QUESTION: The greatness of what I am, the greatness of what the Father has Created, and the greatness of his children, and being so willing to give so much of themselves.**

RAJ: Indeed, few of you dare to let yourself be flooded with, infilled with the love that it is your inheritance, your birthright to be feeling. And I invite you all to dare to let the experience happen by inviting it. And again, when you invite it do not misunderstand and think that I am saying that I'm giving you something to authorize into your experience. It is not something that gives you another opportunity to be an authority in your life. Invite the experience in without any requirement upon it. You might say, "If God loves me, I would like to have an experience of what that means"—not an understanding of what that means, but an experience of what it means. And then treat that request like a seed that you have

planted and let it bring itself forth without any attempt on your part to coerce it forth. Let. Let. Let. Let in. Even if the experience last only a moment you are likely to feel overwhelmed or filled-full. And even if it disappears from your experience, it will remain with you, it will not disappear from your awareness entirely. And it will indeed constitute a marker in your life after which, never again could you ever return to a sense of yourself and of your brothers and of life the way it was before that marker for you.

And you know what? It means that never again will you ever be able to feel quite as guilty as you did before. And it will undermine any ongoing inclination you might have to continue to indulge in guilt. Thank you for sharing.

QUESTION: Thank you.

**RAJ CLOSING THOUGHTS:** You are welcome. If you were all sheep, you would have been engaging today in a national day of mourning. Somebody got the idea that it was appropriate for you sheep to be guided into a therapeutic healing process which you were in need of because those who decided to have it deluged you with other leadings, other suggestions, other perceptions of events that created great distress. The event itself was not that distressing. I am not meaning in any way to minimize the sense of loss that has been experienced in the immediate families of those who died in the blast. But I want you to be very aware that this thing here is not a window on the world as much as it is a means for your minds to be guided in a manner that generates income and where money is the bottom line of everything that appears on this tube.

I want you to understand that terrorism had nothing to do with this event. And yet, you have been frightened by—not necessarily you specifically, or all of you—but you have been guided to perceive it as terrorism. I will tell you that there was a meeting in the CNN agencies where it was decided what words were going to be used. Very little of what you saw was spontaneous. Very little of what you heard was spontaneous. I bring this out so that you will be alert and not be led like sheep. Don't let your perceptions be decided for you. And don't assume anymore than you are to assume that your guide tells you the absolute truth. Do not assume that truth is what comes out of this tube.

For example, I will share that there was an issue of Time magazine which came out with a very negative spread about Ramtha and channeling in general. Time magazine: Thumbs down on channeling, it's unscrupulous, etc. Then out of the other side of its mouth it comes out with a series of books in which communications and the occult are shared. This set of books is an educational set of books. So they speak out of both sides of their mouths because it makes them money. And they don't speak always with integrity.

Now, I'm ending on this note because it is pertinent because of the particular time and the particular events. What I want everybody to understand is that terrorism doesn't happen out there. It is not events that terrorize and it's not

people that terrorize. The terrorizer is your own conditioned thinking and your own tendency to be led around like sheep, your own tendency to allow your memory to create conclusions about what is happening in the present instead of paying attention to what is actually happening in the present and discovering what is really going on.

And as I've said before, you use your memory to hold your world hostage to your concepts about it. In that sense you terrorize your world and your brothers and your sisters and your parents and your children, etc., by holding them to your best or worst last experience of them, instead of paying attention to who they are in the moment now. And paying attention to them in the moment now is the only thing that can possibly uncover their innocence or the innocence of your world, which is really the Kingdom of Heaven and not just the world.

Forgiveness is withdrawing the judgments and the memories that you insert between yourself and everything you see, holding what is really there hostage to your definitions.

Now when you are willing to spontaneously avail yourself of your best thinking, your best judgments and your best memory and you are not paying attention to what is really in your face, you have abandoned your ability to experience your oneness with everything, your wholeness. And that act, that decision is the terrorizer. You use that rather than opting for your peace, rather than opting for the clarity that comes to you when you set aside your best thinking, your best judgments and your best memory.

We all need to be very practical. None of you are Awake at the moment and so there is going to be illusion that you are experiencing. That was the fact before you ever thought about being on a spiritual path or waking up. So as far as illusion goes, no matter what its nature, or what its apparent size it's the same old story, so let's not be shocked and self-righteously hurt or claim that it's so much of a surprise that it has undermined our capacity to have faith in God. There is nothing new about it. And whether it seems cruel, thoughtless, malicious and you can add a lot of emotional terms to it, it still amounts to a misperception of the only thing that's going on—Reality, the Kingdom of Heaven. And if you could see like I can that there was an absolutely uninterrupted experience for everyone who apparently died in that explosion, you would not be able to respond to what comes out of this tube that pulls on your heart-strings and suggests that grief is valid and fear for your safety is justifiable.

The only way anything coming out of this tube could get to you, is if there is something in you that opts for abandoning your peace in favor of the pleasure and satisfaction of reaction. And that's where the terrorizer acts. And it's in your very own decision and nothing out there can make you make that decision.

Being clear like this doesn't mean being insensitive, it doesn't mean that you say, "none of that was real. Nothing is called for from me, except to see that it

wasn't real." No, when you choose for your peace, when you choose for being in that place where you can listen and hear intelligence and love will dominate. Intelligence will not be overridden by emotion and reaction that would cause inappropriate behavior. There is a call for help on the part of those who were injured, and whether you like it or not, on the part of the perpetrators.

And so intelligence will respond with that which helps binding up the broken bones, bandaging the wounds, getting the people to the place where care and comfort can be given, extending, nurturing, compassionate love to those who are grieving. But the compassion and the nurturing and loving response that is given will not be tinged with or riddled throughout with anger, and a call for justice—an eye for an eye, and a tooth for a tooth. It will not be, “you poor soul, look at what that bastard has done to you.” It will be love that says, “I love you. I embrace you. I know you are hurting. I want to do whatever I can to let you know that you are not alone. I am with you, warmly, lovingly with you, even though you feel you have been abandoned by the dependability of your world and abandoned by whoever you lost. You are not alone.” You will be intelligent and appropriate but not with vindictiveness, because the minute you choose for vindictiveness, you have moved back into the mental institution, you have moved back into the insanity where two powers seem to exist, and the ability to be separate from God exist, where misery exists.

The terrorizer is or lies in the decision you make within yourself to abandon your peace and the clarity and love that reside within you that allow you to be nurturing, and appropriate, and intelligent, and helpful in every way imaginable humanly speaking.

Now I truly am not feeling heavily serious in what I am saying. And I am so glad that those of you who came today, did not come to celebrate a day of national mourning. It has been for us a day of recognizing truth, of recognizing love, of being willing to consider the possibility that life is not fundamentally conflicted and that there is a way to have the experience of that unconflictedness, that there is a way to become sane again. And becoming Sane again, which means not indulging in that act of terrorism that is the inner decision to abandon your peace, that this is what will cause healing in the world. Healing in the world is not actually going to be a matter of changing a bad unhealthy world into a good healthy world. It is going to be a matter of, as I've said before, abandoning your confidences about what this world is so that what it really is can begin to register with you.

The simple fact is that if everyone let what was really there register the building would be whole again. But I'll tell you something else, it would have different tenants. What I mean by that is that government would be God expressed. And there would be none of those agencies existing to occupy it.

So I will leave you with that thought. There is much that is marvelous and wonderful awaiting your willingness to see. And I smile because you have such treats in store for you, and you might as well begin to be curious the moment you walk out the front door. Thank you.