

2020



vision

*2020
MARCH*



NORTH
DADE AREA

CLEAN TIMES NEWSLETTER

VOLUME 57

ISSUE 2

ONE PROMISE

UNLIMITED GIFTS

ENJOYABLE BENEFITS



Narcotics Anonymous

WORLD SERVICES

About Us

What Is Narcotics Anonymous?

Narcotics Anonymous is a global, community-based organization with a multilingual and multicultural membership. NA was founded in 1953, and members hold nearly 67,000 meetings weekly in 139 countries today.

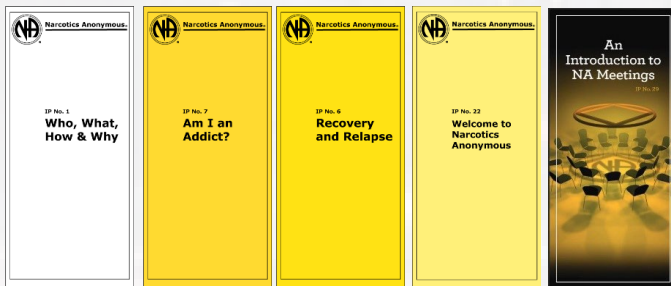
What Is the Narcotics Anonymous Program?

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

<https://www.na.org/?ID=aboutus>



News for the Public

Contains links to items of interest to the general public and professionals about the Fellowship of Narcotics Anonymous

[Information About NA](#)

[Resources for Professionals](#)

[Am I an Addict?](#)

[Welcome to NA](#)

What Is NA World Services?

The basic purpose of our world services are communication, coordination, information, and guidance. We provide these services so that our groups and members can more successfully carry the message of recovery, and so that our program of recovery can be made more available to addicts everywhere.

North Dade Area Service Structure

Service Statement

"Everything that occurs in the course of NA Service must be motivated by the desire to more successfully carry the message of recovery to the addict who still suffers.

It was for this reason that we began this work. We must always remember that as individual members, groups and service committees, we are not and should never be in competition with each other.

We work separately and together to help the newcomer and for our common good. We have learned, painfully, that internal strife cripples our Fellowship; and prevent us from providing the services necessary for growth."

Steps* Principles* Traditions* Concepts

Second Step

We came to believe that a Power greater than ourselves could restore us to sanity.

Second Principle

SURRENDER to the things we cannot change through our own power is a way to get on with our lives. We seek a Higher Power of our own understanding and that becomes our ultimate guide and source of strength.

Second Tradition

For our Group purpose there is but one ultimate authority - a loving God as He may express Himself in our Group conscience, our leaders are but trusted servants, they do not govern.

Second Concept

The final responsibility and authority for NA services rests with the NA groups.

Steps* Principles* Traditions* Concepts

Third Step

We made a decision to turn our will and our lives over to the care of God as we understood Him.

Third Principle

ACCEPTANCE allows evasion and denial to give way to reality and peace. With the care of God, we are granted the power to welcome new people and new ideas into our lives.

Third Tradition

The only requirement for membership is a desire to stop using.

Third Concept

The NA groups delegate to the service structure the authority necessary to fulfill the responsibilities assigned to it.

North Dade Area Trusted Servants

Administrative Officers

Area Service Committee

ASC Chair:
ASC Vice Chair:

Shirley C.
OPEN

ASC Secretary: secretary@northdadearea.org
Asst. Secretary:

Keisha C.
Open

ASC Treasurer:
Asst Treasurer:

Tina
Open

Regional Committee Members

RCM:
Alt RCM:

Open
Open

AD-HOC Sub-Committees

NDACNA Chair:
NDACNA Vice-Chair:

Phyllis J.
Willie M.

24 Hour Room Chair:
24 Hour Room Vice-Chair:

Debra B.
Oweda B.

Standing Sub - Committees

Web-Site Chair:
Web-Site Vice-Chair:

hwilliams@att.net Herbert W.
Open.

Helpline/PR Chair:
Helpline/PR Vice-Chair:

Bruce G.
Ted B.

Hospitals & Institutions Chair:
Hospitals & Institutions Vice-Chair:

Kelvin
Open.

Literature Chair:
Literature Vice-Chair:

Sheryl R.
Dodie

Meeting List Chair:
Meeting List Vice-Chair:

John T.
Open.

Entertainment/Activities

Raynelle W.

Newsletter Co-ordinator
Newsletter Vice-Chair:

Newsletter.and@gmail.com Mary M.
Open.

Mailing Address for:
North Dade Area Of NA
P.O. Box 473025
Miami, Fla, 33247



NEWCOMERS



You don't have to be clean when you get here, but after Your first meeting we suggest that You keep coming back and come clean.

You don't have to wait for an overdose or jail sentence to get help from NA, nor is addiction a hopeless condition from which there is no recovery.

it is possible to overcome the desire to use drugs with the help of the Twelve Steps Program of Narcotics Anonymous and the fellowship of recovering addicts.

Addiction is a disease that can happen to anyone. Some of us used drugs because we enjoyed them, while others used to suppress the feelings we already had.

Still others suffered from physical or mental ailments and became addicted to the medication prescribed during our illnesses.

Some of us joined the crowd using drugs a few times just to be cool and later found that we could not stop.

Many of us tried to overcome addiction and sometimes temporary relief was possible, but it was usually followed by an even deeper involvement than before.

Whatever the circumstances, it really doesn't matter. Addiction is a progressive disease such as diabetes. We are allergic to drugs. Our ends are always the same: jails, institutions or death.

If life has become unmanageable and you want to live without it being necessary to use drugs, we have found a way. There are twelve steps that help us overcome active addiction and gain manageability of our lives.

Recovery doesn't stop with just being clean.

As we abstain from all drugs (and yes, this means alcohol and marijuana too) we come face to face with feelings that we have never coped with successfully. We even experience feelings we were not capable of having in the past.

We must become willing to meet old and new feelings as they come.

24-Hour Helpline

(866) 935-8811

We learn to experience feelings and realize they can do us no harm unless we act on them. Rather than acting on them, we call an NA member if we have a feeling we cannot handle. By sharing, we learn to work through it. Chance are they've had a similar experience and can relate what worked for them. Remember, an addict alone is in bad company.

The Twelve Steps, new friends, and sponsors a help us deal with these feelings. In NA our joys are multiplied by sharing good days; our sorrows are lessened by sharing the bad. For the first time in our lives we don't have to experience anything alone. Now that we have a group, we are able to develop a relationship with a Higher Power that can always be with us.

We suggest that you look for a sponsor as soon as you become acquainted with the members in your area. Being asked to sponsor a new member is a privilege so don't hesitate to ask someone. Sponsorship is a rewarding experience for both; we are all here to help and be helped. We who are recovering must share with you what we have learned in order to maintain our growth in the NA Program and our ability to function without drugs.

This program offers hope. All you have to bring with you is the desire to stop using and the willingness to try this new way of life.

Come to meetings, listen with an open mind, ask questions, get phone numbers and use them. Stay clean just for today.



North Dade Area Public Relations /Helpline



The Helpline sub-committee

maintains a telephone information service for Narcotics Anonymous that helps addicts and others in the community find us easily and quickly.

Helpline volunteers often serve as the first point of contact between the community-at-large and the NA Fellowship. For this reason, it's vital that careful attention be paid to the work of this sub-committee.

North Dade Area's Helpline

(866) 935-8811



North Dade Public Relations /Helpline

Sub-Committee

**We're looking for new members to join
and help carry the message to the still
suffering addicts in our community.**

**We meet every 2nd Sunday at 12pm
At Darryl's Opa-locka Clubhouse
1290 Ali-Baba Ave.**

For more info contact:

Chair: Bruce G. (786-801-7521)

Vice-C: John T. (786) 202-4100



NORTH DADE AREA

OUTREACH COMMITTEE IS UP & RUNNING

Functions, Roles and Responsibilities of the Outreach Committee

- Responds to the needs of the groups upon their request.
- Responds to the needs of the ASC in the spirit of strengthening and serving our fellowship.
- Acts as a ***"Homebound"*** Team Liaison by taking a meeting to any member of the fellowship that cannot attend or that is sick and shut-in.
- Holds a regular monthly subcommittee meeting at a time and place that is preannounced and accessible to the local fellowship.
- Maintains lines of communication between this subcommittee and the ASC by attending the monthly ASC and Admin meetings and providing written and verbal reports.
- Maintains lines of communication and works closely with the Helpline subcommittee by sending a liaison to the monthly Helpline meeting.
- Acts as a mediator between members of a group to dissolve conflict if possible, except when doing so may create additional harm, or conflict.

For more information, contact Tania D., Chairperson
786-868-2895

Self-Support: Principle and Practice

Being self-supporting is an important part of our new way of life. For the individual, this is usually quite a change.... We, who were unable to function as human beings, now find that anything is possible of us. Dreams that we gave up long ago can now become realities.

Addicts as a group have been a burden to society. In NA, our groups not only stand on their own, but demand the right to do so.

—Basic Text: Tradition Seven

The Principles of Selfless Giving and Self-Support Gratitude in Action

A recovering addict reaches out to help a newcomer, and, through the therapeutic value of one addict helping another, kindles the spark of hope and willingness in that new member's heart as only a fellow-addict can. A newcomer helps clean up after a meeting, and begins to feel the sense of belonging and acceptance that come from helping other human beings in an act of selfless service.

A member shares experience, strength, and hope in a meeting, seeing the nods of recognition and empathy— and hearing the grateful peals of laughter—evoked by their having opened their heart to others who know the sorrow, and the joy, of being addicts in recovery. A member who's been around a little while offers a newer member a ride, and unwittingly begins a friendship that will outlast the car in which they ride together to the meeting. Trusted servants at their home group take great care to ensure that there is literature on the table, that the rent is paid, and that there are modest refreshments, creating a welcoming atmosphere of recovery for that shaky newcomer in the parking lot debating on whether to come into the meeting.

As we learn to live the principles of Narcotics Anonymous, we learn to give of ourselves in ways we could never have imagined in our active addiction. This selfless giving becomes a living principle when we reach out to lend a hand and help others. We begin to understand that the principle of self-support is at the very heart of our program, and the paradox of our growing willingness to be of service is summed up in a line from our steps and traditions book, *It Works: How and Why*: "The more we help others, the more we help ourselves." Discovering this truth lends real meaning to our belief that "we keep what we have only by giving it away." As we learn to live this program, we find that gratitude is an action, and we put our gratitude into action by offering help and support to our fellow members through service.





Come As You Are Miami
NA Meeting of Narcotics Anonymous
Is Celebrating



When: Sunday, March 29, 2020

Where: Little River Clubhouse 51 NE 82nd Terrace, Miami

Time: 2:30 pm – 4:30 pm

Speaker Meeting and Anniversary Celebration

All are welcomed. Food donations accepted



The Come As You Are NA Group meets every Sunday - 2:30 pm – 3:30 pm.

The Little River Clubhouse is not affiliated with Narcotics Anonymous

Contact Jimmie B. @ 786-523-4077 or Joanna H. @ 786-803-0180

Celebrate SUCCESS

2019

DECEMBER

175 YEARS TOTAL

30 Yrs.

24 Yrs.

23 Yrs.

21 Yrs.

19 Yrs.

13 Yrs.

13 Yrs.

11 Yrs.

09 Yrs.

06 Yrs.

06 Yrs.

05 Yrs.

03 Yrs.

01 Yr.

01 Yr.

James W.

Jimmie C.

Manny D.

Sidney D.

Joseph C.

Ivan W.

Sylvester J.

Doreen J.

Craig D.

Sherry M.

James T.

Florence B.

Keith W.

Alphonso J.

Richie B.



Celebrate SUCCESS

2020

JANUARY

234 YEARS TOTAL

JANUARY

33 Yrs. Cherese B.
30 Yrs. Willie W.
26 Yrs. Eligha L.
21 Yrs. Clarence A.
20 Yrs. Herbert W.
15 Yrs. Kenneth T.
11 Yrs. Laval J.
10 Yrs. Ted B.
10 Yrs. Gary B.
10 Yrs. Kelvin B.
08 Yrs. Richie G.
07 Yrs. Sheryl R.
07 Yrs. Karen H.



07 Yrs. Kim B.
04 Yrs. Harry S.
04 Yrs. Victoria M.
03 Yrs. Thomas G.
03 Yrs. Alicia S.
03 Yrs. Mike D.
02 Yrs. Allanza O.
02 Yrs. Annette B.
02 Yrs. Juan P.
02 Yrs. Luis R.
01 Yr.. Carolyn J.
01 Yr.. Earnest S.
01 Yr.. Carolyn R.

Celebrate SUCCESS

2020

FEBRUARY

557 YEARS TOTAL

FEBRUARY

36 Yrs.
34 Yrs.
32 Yrs.
31 Yrs.
30 Yrs.
29 Yrs.
29 Yrs.
29 Yrs.
27 Yrs.
26 Yrs.
25 Yrs.
21 Yrs.
20 Yrs.
19 Yrs.
19 Yrs.
17 Yrs.
17 Yrs.
16 Yrs.

*Hanif S.
Tim W.
Richard M.
Denise M.
Edward N.
James S.
Susie P.
Babara H.
Ophelia M.
Tiffany P.
Andre S.
Jeff H.
Gail M.
Sandra S.
Sabrina D.
Larry S.
Lolita T.
Alan F.*



11 Yrs.
10 Yrs.
09 Yrs.
09 Yrs.
08 Yrs.
07 Yrs.
07 Yrs.
06 Yrs.
06 Yrs.
06 Yrs.
06 Yrs.
04 Yrs.
03 Yrs.
03 Yrs.
02 Yrs.
01 Yr..
01 Yr..
01 Yr..

*Cameka J.
Richard P.
Ebony A.
Jimmie B.
Shelly O.
Lamar M.
Leslie H.
Bernard J.
Karen H.
Karen H.
Jaide J.
Gloria S.
Michael F.
Anthony B.
Tony B.
Rosy M.
George S.
Shezanid N.*



Honoring Our Predecessors

JUST FOR TO DAY

MARCH 2020

Anxiety Attack!

“[The] Power that brought us to this program is still with us and will continue to guide us if we allow it.”
[JFT] : The Higher Power has not brought me all this way in recovery only to abandon me! When anxiety strikes, I will take specific steps to seek God's continuing care and guidance.

SUN	MON	TUE	WED	THU	FRI	SAT
1 Anxiety Attack! Basic Text P. 27	2 Success Basic Text P. 14	3 Relaspe Basic Text P. 81	4 The Process Basic Text P. 127	5 From Rude Awakening To Spiritual Awakening Basic Text P. 82	6 Rationalizing Away Our Recovery Basic Text P. 176	7 Priorities Basic Text P. 43
8 Learning to Love Ourselves Basic Text P. 101	9 Small Things Basic Text P. 90	10 Our Own Recovery Basic Text P. 19	11 Lightening the Load Basic Text P. 38	12 Getting Out Of The Rut Basic Text P. 78	13 That One Special Person IP No. 11 Sponsorship, Revised	14 Relationships Basic Text P. 29
15 Feeling a "Part Of" Basic Text P. 98	16 Inventory Basic Text P. 27	17 True Courage Basic Text P. 86	18 The Full Message Basic Text P. 55-56	19 Something Valuable to Share Basic Text P. 51	20 Higher Power Basic Text P. 24	21 A Treatable Illness Basic Text P. 3
22 The Principle of Self-Support Basic Text P. 70-71	23 God's Gift Basic Text P. 47	24 Letting Ho Of The Past Basic Text P. 23	25 I Can't but We Can Basic Text P. 98	26 Trusting a Sponsor-Worth the Risk IP No. 11 Sponsorship, Revised	27 Looking For the Assets Basic Text P. 11	28 Facing Feelings Basic Text P.30
29 Our Own True Will Basic Text P. 48	30 God - Centeredness Basic Text P. 95	31 Insides and Outsides Basic Text P. 105				

Insides and Outsides

“Our real value is in being ourselves.”

[JFT] : I will check my outsides to make sure they match my insides. I will try to act on the growth I have experienced in recovery

EXPERIENCE * STRENGTH & HOPE

LIFELONG JOURNEY

No matter where I am on my journey, I believe that it can get better, and that I can get better. When we practice living a principled life and find a new way to live. We try new things, and some of them suit us better than others. As we experience living clean with its ups and downs, miracles and struggles, dead ends and open doors, we see the world more clearly and better understand our place in it.

The program of Narcotics Anonymous is the way we have found to escape lives of desperation and pain. but that's not all NA is: It is a path, a process and a way of life.

I came to the program full of pain. A pain so deep that I was barely going through the motions of existing.. I was over joyed with hope after my first meeting. It took me four years before I became a member. During those four years I realized that my life journey was slowly, but surely fading away. While sitting in a meeting I knew that I had to be fully committed in order to continue my life's journey. We all need to be needed more than wanted. We are not possessions, but helpers one to another.

Living clean is a lifelong journey, and the NA program gives us the tools to build a life infused with hope.

***IT WORKS IF YOU WORK IT, SO WORK IT, YOU ARE WORTH IT!!!
KEEP COMING BACK, MORE WILL BE REVEALED.***

KEEP COMING BACK MORE WILL BE REVEALED

North Dade Area
Newsletter Coordinator
Thank you for letting me share.



North Dade Area

EVENTS

- **Thursday-June 25-28, 2020**
NDACNA Convention
"ADDRESSING RECOVERY V"
Doubletree Hilton by Airport Convention Center
711 N. W. 72nd Ave. Miami

Business Meetings

MEETING LOCATION: **Daryl's Opa Locka Clubhouse 1290 Ali-Baba Avenue, Opa-Locka**

✓ **THE FOLLOWING MEETINGS ARE HELD AT THE ABOVE LOCATION**

2nd Sunday of each month

12:00 pm., Helpline & P.I. Committee

1:00 pm., The Hospital's & Institutions Committee

1:30PM., Newsletter

MEETING LOCATION: **Armani Studio 5601 nw 7th ave, Miami (North Dade Area only)**

✓ **THE FOLLOWING MEETINGS ARE HELD AT THE ABOVE LOCATION**

1st Saturday of each month

Please bring your ASC Guidelines

12:00 pm., North Dade Area service committee

2:00pm-North Dade Area Admin. Meeting

4:00pm-GSR Assembly Meeting Armani Studio 5601 nw 7th ave, Miami

2nd Saturday of each month

2:00pm-NDACNA Convention Committee

For the Entertainment/Activities Committee meeting
Contact Raynelle W.

NDACNA 2020

North Dade Area Convention of Narcotics Anonymous

ADDRESSING RECOVERY V



Addressing Recovery

DATE _____ Clean Date: _____
 FIRST NAME _____ LAST NAME _____
 ADDRESS _____ APT # _____
 CITY _____ STATE _____ ZIP _____
 PHONE _____ EMAIL _____
 AREA/Region _____ Phone Number _____

	After 12/31/2019	Quantity	Total
Convention Registration	\$30.00	_____	_____
Banquet	\$45.00	_____	_____
Recovery Play	\$15.00	_____	_____
Jazz Breakfast	\$25.00	_____	_____
Pre-Convention Bundle (thru 12/31/19)	\$90.00	_____	_____
Pre-Convention Bundle (after 12/31/19)	\$100.00	_____	_____
New Comer donation		_____	_____
Total Amount:		_____	_____

Discount Prices before 12/31/19 Price \$90.00 / After 12/31/19 Price \$100.00
 Discount Bundle for Registration includes:
 Registration, Banquet, Play and Jazz Breakfast

At Convention Regular Rates apply



Narcotics Anonymous is not affiliated with this facility



Located in Miami, DoubleTree by Hilton Hotel Miami Airport & Convention Center is connected to the convention center and close to Mall of the Americas and Doral Central Park. This hotel is within the vicinity of Miami Springs Golf Course and Magic City Casino.

Doubletree by Hilton, Miami Airport & Convention Center
 711 NW 72nd Avenue
 Miami, FL 33126

Telephone: (305) 261-3800/ Fax: (305) 260/ (800) 222-TREE

Convention Dates: June 25 - 28, 2020

Room Rates:

Singles \$ 129.00
 Double \$129.00
 Triple \$ 139.00
 Quad: \$ 149.00

Deluxe Rooms and Suites are also available at cost

Sales Tax (add): 13%

Rates are available for attendees for up to two days prior and two days after convention.

Self Parking /Cars: \$7.00—Overnight Guests—In/Out privileges

Valet Parking/Car: \$12.00

Day Guests/Cars - \$5.00 (Non-Steys)

Group Name: North Dade Area Convention of Narcotics Anonymous

Online Reservations: <https://book.passkey.com/e/49961800>
 For Additional info: (305) 345-4008 Chair / (305) 496-5417 / (786) 426-0678

Narcotics Anonymous is not affiliated with this facility

NDACNA-Chair:
 NDACNA-Vice C.:

Phyllis J.
 Willie M.

NDACNA 2020

NORTH DADE AREA CONVENTION OF NARCOTICS ANONYMOUS

Is hosting its first...



A "Dress-up"
Affair...
DRESS TO IMPRESS!

When: Saturday, March 21, 2020

Where: Brownsville Culinary Academy
5210 NW 24th Avenue M, F 33142

Time: 7pm – 11pm

Cost: **\$25.00 per person**

Includes: Dinner, Fashion Extravaganza, *Raffle Drawing,
Live Entertainment, and Dance

For Tickets call:
786-803-0180
305-345-4008



***WINNER MUST BE REGISTERED FOR CONVENTION BUT NEED NOT BE PRESENT FOR DRAWING**
NARCOTICS ANONYMOUS IS NOT AFFILIATED WITH THE BROWNSVILLE CULINARY ACADEMY



TRUST US - WOMENS GROUP
presents



TRI-STATE SPEAKER JAM II

SATURDAY, MARCH 21, 2020

Speakers 12 Noon – 8:30 PM Dance 9pm – 12am



SERENITY BY THE SEA CLUBHOUSE

1000 POWERLINE ROAD
POMPANO BEACH, FL 33060



Speaker Jam FREE!!!!

Dance Donation Only \$3

There will be Raffles, Food and Beverages Sold!



For More Information Please Contact

Adrianne W (917) 273-2444 | Art (954) 692-4614 | Calvin ((786) 355-3581 |

Maria (201) 492-7805 | Bella (954) 294-4040



Honoring Our Predecessors

JUST FOR TO DAY

FEBRUARY 2020

Hardships

“We felt different... Only after surrender are we able to overcome the alienation of addiction”

[JFT] : "I will let go of my uniqueness and embrace the principles of recovery I have common with so many others. My hardships do not exclude me from recovery; rather, they draw common with so many others. My hardships do not exclude me from recovery; rather, they draw me into it."

SUN	MON	TUE	WED	THU	FRI	SAT
						1 Hardships Basic Text P. 22
2 Goodwill Basic Text P. XV	3 We Need Each Other Basic Text P. 9	4 Feeling Good Isn't the Point Basic Text P. 43	5 Keep Coming Back Basic Text P. 83	6 I Can't-We Can Basic Text P. 62	7 This Is Not a Test Basic Text P. 27	8 What Is A Sponsor IP No.11, Sponsorship, Revised
9 Self-acceptance IP No. 19, Self-acceptance	10 Fun! Basic Text P. 107	11 A Curse Into A Blessing Basic Text P. 8	12 Living In The Moment Basic Text P. 7	13 The Ties That Bind Basic Text P. 60	14 Honesty and Spirituality Basic Text P. 25-26	15 Awakening of the Spirit Basic Text P. 49
16 Faithful Feelings IP No. 8, Just for Today	17 Carrying the Message, Not The Addict Basic Text P. 65	18 The Recovery Partnership Basic Text P. 120	19 Reservations Basic Text P. 79	20 Powerlessness, Personal Responsibility Basic Text P. 13	21 Self-Pity or Recovery - It's Our Choice Basic Text P. 80	22 God's Will, Or Mine? Step Ten
23 Messages and Messengers Tradition Twelve	24 A New Influence Basic Text P. 15	25 Sick As Our Secrets Basic Text P. 32	26 Remorse Basic Text P. 39	27 "Pure" Motives Basic Text P. 43	28 Our Greatest Gift Basic Text P. 96	29 Anything! Basic Text P. 106

Anything!

“Our disease has been arrested, and now anything is possible. We become increasingly open-minded an open to new ideas in all areas of our lives.”

[JFT] : "There is always more to learn and someone to learn from in my recovery. Today, I will be open to new ideas and willing to try them out. As long as I am, I know that anything is possible,"

[illegible]



WINNERS CORNER



BI-MONTHLY ANNIVERSARY FORM

Group Name: _____ Group Anniversary Date: _____

GSR: _____ PHONE: _____

We appreciate the responsible GSR's, that hand deliver (at the ASC meeting) or submit electronically

e-mail: newsletter.and@gmail.com or text photo via cell: (954) 638-2757-before the closing date for every publication. closing date shown below.

First Name	Last Initial	Years Clean	Clean Date

The NDACNA Newsletter Committee appreciates all your encouraging support.
Currently, We are publishing every other month.

January, (Nov. & Dec.	March, Jan. & Feb.	May, (March & April)	July (May & June	September (July & Aug.)	November (Sept & Oct.
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We welcome all questions & suggestions concerning the "WINNERS CORNER"

Revised 02/2020