NORTH DADE AREA CLEAN TIMES

❖ NEWSLETTER

CO-CHAIR POSITION VACANT NOMINATIONS ARE BEING ACCEPTED

2 copies per group available GSR's ATTENDING AREA March 08, 2020.

WINNERS CORNER

completed forms are expected to be submitted by GSR'S attending Area February 09,2020.

> h

- complete top portion of form
- submit a summary of your groups history.
- return form to your GSR to be submitted at AREA
 2nd Sunday before distribution.

BI-MUN	THLY ANNIVER	SARY FORM				
		nniversary Date:				
SSR:						
appreciate the responsible GSR's, that	hand deliver (at the ASC n	neeting) or submit electro	onicall <u>y</u>			
ail: newsletter.and@gmail.com or	•	638-2757-before the clo	osing date for <u>ever</u>			
lication. closing date shown below						
First Name	Last Inital	Years Clean	Clean Date			

Ianuary,

Revised 01/01/2020



Self-Support: Principle and Practice

Being self-supporting is an important part of our new way of life. For the individual, this is usually quite a change.... We, who were unable to function as human beings, now find that anything is possible of us. Dreams that we gave up long ago can now become realities.

Addicts as a group have been a burden to society. In NA, our groups not only stand on their own, but demand the right to do so.

-Basic Text: Tradition Seven

The Principles of Selfless Giving and Self-Support Gratitude in Action

A recovering addict reaches out to help a newcomer, and, through the therapeutic value of one addict helping another, kindles the spark of hope and willingness in that new member's heart as only a fellow-addict can. A newcomer helps clean up after a meeting, and begins to feel the sense of belonging and acceptance that come from helping other human beings in an act of selfless service.

A member shares experience, strength, and hope in a meeting, seeing the nods of recognition and empathy— and hearing the grateful peals of laughter—evoked by their having opened their heart to others who know the sorrow, and the joy, of being addicts in recovery. A member who's been around a little while offers a newer member a ride, and unwittingly begins a friendship that will outlast the car in which they ride together to the meeting. Trusted servants at their home group take great care to ensure that there is literature on the table, that the rent is paid, and that there are modest refreshments, creating a welcoming atmosphere of recovery for that shaky newcomer in the parking lot debating on whether to come into the meeting.

As we learn to live the principles of Narcotics Anonymous, we learn to give of ourselves in ways we could never have imagined in our active addiction. This selfless giving becomes a living principle when we reach out to lend a hand and help others. We begin to understand that the principle of self-support is at the very heart of our program, and the paradox of our growing willingness to be of service is summed up in a line from our steps and traditions book, It Works: How and Why: "The more we help others, the more we help ourselves." Discovering this truth lends real meaning to our belief that "we keep what we have only by giving it away." As we learn to live this program, we find that gratitude is an action, and we put our gratitude into action by offering help and support to our fellow members through service.







NEWCOMERS



You don't have to be clean when you get here, but after Your first meeting we suggest that You keep coming back and come clean.

You don't have to wait for an overdose or jail sentence to get help from NA, nor is addiction a hopeless condition from which there is no recovery.

it is possible to overcome the desire to use drugs with the help of the Twelve Steps Program of Narcotics Anonymous and the fellowship of recovering addicts.

Addiction is a disease that can happen to anyone. Some of us used drugs because we enjoyed them, while others used to suppress the feelings we already had.

Still others suffered from physical or mental ailments and became addicted to the medication prescribed during our illnesses.

Some of us joined the crowd using drugs a few times just to be cool and later found that we could not stop.

Many of us tried to overcome addiction and sometimes temporary relief was possible, but it was usually followed by an even deeper involvement than before.

Whatever the circumstances, it really doesn't matter. Addiction is a progressive disease such as diabetes. We are allergic to drugs. Our ends are always the same: jails, institutions or death.

If life has become unmanageable and you want to live without it being necessary to use drugs, we have found a way. There are twelve steps that help us overcome active addiction and gain manageability of our lives.

Recovery doesn't stop with just being clean.

As we abstain from all drugs (and yes, this means alcohol and marijuana too) we come face to face with feelings that we have never coped with successfully. We even experience feelings we were not capable of having in the past.

We must become willing to meet old and new feelings as they come.

24-Hour Helpline

(866) 935-8811

We learn to experience feelings and realize the can do us no harm unless we act on them. Rather than acting on them, we call an NA member if we have a feeling we cannot handle. By sharing, we learn to work through it. Chance are they've had a similar experience and can relate what worked for them. Remember, an addict alone is in bad company.

The Twelve Steps, new friends, and sponsors a help us deal with these feelings. In NA our joys are multiplied by sharing good days; our sorrows are lessened by sharing the bad. For the first time in our lives we don't have to experience anything alone. Now that we have a group, we are able to develop a relationship wit a Higher Power that can always be with us.

We suggest that you look for a sponsor as soor as you become acquainted with the members in your area. Being asked to sponsor a new member is a privilege so don't hesitate to ask someone. Sponsorship is a rewarding experience for both; we are all here to help and be helped. We who are recovering must share with you what we have learned in order to maintain our growth in the NA Program and our ability to function without drugs.

This program offers hope. All you have to bring with you is the desire to stop using and the willingness to try this new way of life.

Come to meetings, listen with an open mind, as questions, get phone numbers and use them. Stay clean just for today.

The North Dade Area's 24 Hour room Sub-committee provides a place for addicts to fellowship with others during the Holiday Season so that no addict need be alone..

This Sub-committee establishes a location for addicts to meet and arranges for groups to hold meetings around the clock, and ensures that the 24 Hour Room maintains an ATMOSPHERE of RECOVERY.

We appreciate the donations from the groups and individual members of NA.

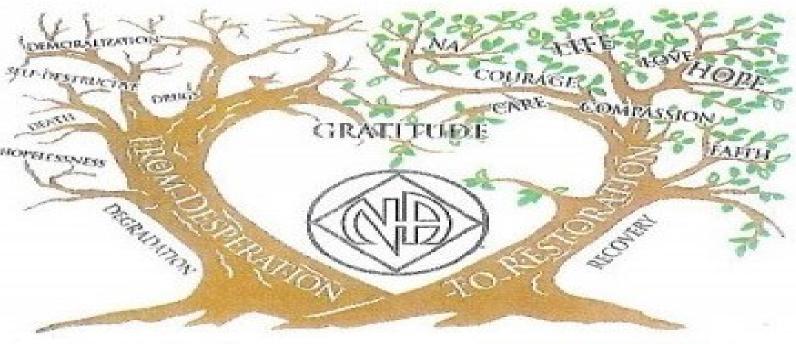
THANK YOU ALL FOR YOUR CONTRIBUTIONS AND SUPPORT DURING THE 2019 HOLIDAY SEASON THE TRUSTED SERVANTS OF 2019 24 HOUR ROOM

Dedra B

Owedia B.

North Dade Area Convention of Narcotics Anonymous

ADDRESSING RECOVERY V



Addressing Recovery

DATE	Clean Date:		
FIRST NAME	LAST NAME		
ADDRESS		AP	T#
OTY	STATE	ZIP	
PHONEEMAIL_			
AREA/Region	Phone Number		
Δ	fter 12/31/2019	Quantity	Total
Convention Registration	\$30.00	restaurance	The second Property
Banquet	\$45.00		
Recovery Play	\$15.00	-	Contraction of the last of the
Jazz Breakfast	\$25.00		
Pre-Convention Bundle (thru 12/31/	19} \$90.00	-	
Pre-Convention Bundle (after 12/31	(/19) \$100.00	-	
New Comer donation			
*	Total Amo	unt:	

Discount Prices before 12/31/19 Price \$90.00 / After 12/31/19 Price \$100.00 Discount Bundle for Registration includes: Registration, Banquet, Play and Jazz Breakfast

At Convention Regular Rates apply



Narcotics Anonymous is not affiliated with this facility



Located in Miami, DoubleTree by Hilton Hotel Miami Airport & Convention Center is connected to the convention center and close to Mall of the Americas and Doral Central Park. This hotel is within the vicinity of Miami Springs Golf Course and Magic City Casino.

Doubletree by Hilton, Miami Airport & Convention Center . 711 NW 72nd Avenue

Miami, FL 33126

Telephone: (305) 261-3800/ Fax: (305) 260/ (800) 222-TREE

Convention Dates: June 25 - 28, 2020

Room Rates:

Singles \$ 129.00 Double \$129.00 Triple: \$ 139.00 \$ 149.00 Quad:

Deluxe Rooms and Suites are also available at cost

Sales Tax (add): 13% Rates are available for a

ttendees for up to two days prior and two days after convention. \$7.00--Overnight Guests-In/Out privileges

Self Parking /Cars: Valet Parking/Car:

\$12.00

Day Guests/Cars -Group Mame:

\$5.00 (Non-Steys) North Dade Area Convention of Narcotics Anonymous

Online Reservations: https://book.passkey.com/e/49961800
 For Additional info: (305) 345-4008 Chair / (305) 496-5417 / (786) 426-0678

Narcotics Anonymous is not affiliated with this facility



EVENTS

- Sunday-January 12, 2020
 "North Dade Area Unity Day" 1:00 pm-5:00 pm
- "Early Morning Recovery" Celebrates 17th Year Anniversary

Business Meetings

MEETING LOCATION: Daryl's Opa Locka Clubhouse 1290 Ali-Baba Avenue, Opa-Locka

✓ THE FOLLOWING MEETINGS ARE HELD AT THE ABOVE LOCATION.

2nd Sunday of each month

12:00 pm., Helpline & P.I. Committee

1:00 pm., The Hospital's & Institutions Committee

1:30PM., Newsletter

MEETING LOCATION: Armani Studio 5601 nw 7th ave, Miami (North Dade Area only)

 \checkmark THE FOLLOWING MEETINGS ARE HELD AT THE ABOVE LOCATION

1st Saturday of each month

Please bring your ASC Guidelines

12:00 pm., North Dade Area service committee

2:00pm-North Dade Area Admin. Meeting

4:00pm-GSR Assembly Meeting Armani Studio 5601 nw 7th ave, Miami

2nd Saturday of each month

2:00pm-NDACNA Convention Committee



NORTH DADE AREA

OUTREACH COMMITTEE IS UP CARUNNING

Functions, Roles and Responsibilities of the Outreach Committee

- Responds to the needs of the groups upon their request.
- Responds to the needs of the ASC in the spirit of strengthening and serving our fellowship.
- Acts as a "Homebound" Team Liaison by taking a meeting to any member of the fellowship that cannot attend or that is sick and shut-in.
- Holds a regular monthly subcommittee meeting at a time and place that is preannounced and accessible to the local fellowship.
- Maintains lines of communication between this subcommittee and the ASC by attending the monthly ASC and Admin meetings and providing written and verbal reports.
- Maintains lines of communication and works closely with the Helpline subcommittee by sending a liaison to the monthly Helpline meeting.
- Acts as a mediator between members of a group to dissolve conflict if possible, except when doing so may create additional harm, or conflict.

For more information, contact Tania D., Chairperson 786-868-2895

Printed: 11/10/19



10:00 am



DECEMBER

JANUARY

30 Yrs.	James W.
13 yrs.	Sylvester J.
11 Yrs.	Doreen J.
06 Yrs.	Sherry M.
06 Yrs.	James T.
01 Yr	Ríchíe B.
01 Yr	Alphonso J.

20 Yrs.	Herbert W
15 Yrs.	Kenneth T.
10 Yrs.	Kelvin B.
03 Yrs.	Thomas G
02 Yrs.	Annette B.
02 Yrs.	Juan P.
02 Yrs. 01 yr	Luís R.
01 Yr	Carolyn J. Earnest S.
01 9. **	Lurnest 3.



Honoring Our Predecessors

FOR



JUST

TO

DAY

DECEMBER 2019

Life's Rewards

"We begin to pray only for God's will for us. That way we get only what we are capable of handling."

[JFT]: "I will pray only for knowledge of God's will and the power to carry that out in the real world."

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
Life's Rewards	Recovery: Our First Priority	Vision Without Limits	God's Will, Not Ours	Those Who Want To Recover	Romance and Recoveery	Surviving Our Emotions
Basic Text	Basic Text	Basic Text	Basic Text	Basic Text	Basic Text	Basic Text
P. 49	P. 82	P. 35	P. 46	P. 10	P. 82	P. 31
8	9	10	11	12	13	14
Calling a Defect a Defect	Listening	Winners	Misery Is Optional	Fear of Change	Membership	Addiction, Drugs & Recovery
Basic Text	Basic Text	Basic Text	Basic Text	Basic Text	Basic Text	Basic Text
P. 35	P. 107	P. 153	P. 29	P. 16	P. 09	P. 20
15	16	17	18	19	20	21
The Joy of Sharing	Where There's Smoke	Service Motives	The Message of Our Meetings	Walking the Way We Talk	Overcoming Self- Obsession	Acceptance and Change
Basic Text	Basic Text	Basic Text	Basic Text	Basic Text	Basic Text	Basic Text
P. 49	P. 84	P. xxvi	P. 68	P. 58	P. 97	P. 58
22	23	24	25	26	27	28
A New Way to Live	New Ideas	The Group	Anonymity and Self-Will	Never-Failing Power	God Could Restore Us To Sanity	Depression
Basic Text	Basic Text	Basic Text	Basic Text	Basic Text	Basic Text	Basic Text
P. 87	P. 94	P. 68	P. 76	P. 25	P. 25	P. 27
29	30	31				
Through Other's Eyes	Action and Prayer	Being of Service				
Basic Text	Basic Text	Basic Text				
P. 36	P. 37	P. 59				

Being of Service

"Working with others is only the beginning of service work."

[JFT]: "I will look for opportunities to be of service in everything I do."

Honoring Our Predecessors

JUST

FOR

TO

DAY



JANUARY 2020

Vigilance

"We keep what we have only with vigilance..."

[JFT]: I will be vigilant, doing everything necessary to guard my recovery.

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Vigilance	Take a Deep Breath & Talk to God	3 Our Greatest Need	4 The Love of The Fellowship
			Basic Text P. 60	Basic Text P. 46	Basic Text P. 48	Basic Text P. 92
5	6	7	8	9	10	11
Recovery at Home	How Does It Work?	Recovery	Growing Up	Returning Our Sponsor's Kindness	Gratitude	Faith
Basic Text	Basic Text	Basic Text	Basic Text	Basic Text	IP No. 21	Basic Text
P. 104	P. 272	P. 107	P. 44	P. 57	The Loner	P. 94
12	13	14	15	16	17	18
Spiritual Awakening	Surrender to Win	A Loving God	Fear	Make That Call!	Forgiveness	The Simple Inventory
Step	Basic Text	Basic Text	Basic Text	Basic Text	Basic Text	Basic Text
Twelve	P. 22	P. 24	P. 25	P. 32	P. 39-40	P. 42
Making Mountains Into Molehills	20 One Promise, Many Gifts	21 Unity and Uniformity	The School Of Recovery	23 Serenity Check	From Isolation to Connection	25 An Added Gift
Basic Text	Basic Text	Basic Text	Basic Text	Basic Text	Basic Text	Basic Text
P. 99	P. 106	P. 63	P. 16	P. 95	P. 04	P.51
26	27	28	29	30	31	
Self Centeredness	Learning How To Live Again	An Every-Day Addict	The First Step- An Action Step	Giving It Away	Trust	
Basic Text	Basic Text	Basic Text	Basic Text	Basic Text	Basic Text	
P. 20	P. 56	P. 84	P. 18	P. 49	P. 93	

Trust



North Dade Area Public Relations / Helpline



The Helpline sub-committee

maintains a telephone information service for Narcotics Anonymous that helps addicts and others in the community find us easily and quickly.

Helpline volunteers often serve as the first point of contact between the community-at-large and the NA Fellowship. For this reason, it's vital that careful attention be paid to the work of this sub-committee.

North Dade Area's Helpline

(866) 935-8811



North Dade Public Relations/Helpline Sub-Committee

We're looking for new members to join and help carry the message to the still suffering addicts in our community. We meet every 2nd Sunday at 12pm At Darryl's Opa-locka Clubhouse 1290 Ali-Baba Ave.

For more info contact:

Chair: Bruce G. (786-801-7521

Vice-C: John T. (786) 202-4100



For so many years the disease controlled my life, trying to extinguish, take away, and darken my soul until death.

Now for almost 18 years I strive to reach a positive goal. Which consist of walking into a room of love and compassion.

For some this may take awhile. But when we give ourselves a break and think on a more positive level, that day is on the way, and gradually sanity will find a way. When returning to sanity we are willing to surrender to our higher power. Once we surrender we open the door for our higher power to allow us to experience the serenity, which gives us that inner peace no matter what the situation maybe.

I have learned through group experience, that those who attend N. A. Meetings regularly, have a greater chance of remaining clean.

By staying clean, we open the door to recovery. By working with a sponsor, that has a working knowledge of the steps, we work the steps and practice the application of applying them to all our affairs during our everyday lives.

We began to recover, maintaining our sanity, through prayer and meditation, we develop new relationships, acquire those things necessary to survive and thrive. We become productive members of society. We no longer feel useless or selfish. Humility and gratitude are seen coming forth, more and more as we continue to practice principles before personalities.

IT WORKS IF YOU WORK IT, SO WORK IT, YOU ARE WORTH IT!!! KEEP COMING BACK, MORE WILL BE REVEALED.

Thank you for letting me share.

About Us

What Is Narcotics Anonymous?

Narcotics Anonymous is a global, community-based organization with a multilingual and multicultural membership. NA was founded in 1953, and members hold nearly 67,000 meetings weekly in 139 countries today.

What Is the Narcotics Anonymous Program?

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

https://www.na.org/?ID=aboutus



What Is NA World Services?

The basic purpose of our world services are communication, coordination, information, and guidance. We provide these services so that our groups and members can more successfully carry the message of recovery, and so that our program of recovery can be made more available to addicts everywhere.

News for the Public

Contains links to items of interest to the general public and professionals about the Fellowship of Narcotics **Anonymous**

Information About NA **Resources for Professionals** Am I an Addict? Welcome to NA





North Dade Area Service Structure

Service Statement

"Everything that occurs in the course of NA Service must be motivated by the desire to more successfully carry the message of recovery to the addict who still suffers.

It was for this reason that we began this work. We must always remember that as individual members, groups and service committees, we are not and should never be in competition with each other.

We work separately and together to help the newcomer and for our common good. We have learned, painfully, that internal strife cripples our Fellowship; and prevent us from providing the services necessary for growth."

Steps* Principles* Traditions* Concepts

Twelfth Step

Having had a spiritual awakening as the result of these steps, we tried to carry the message to addicts, and to practice these principles in all our affairs.

Twelfth Principle

Sharing and caring is the active and passive forms of love that keeps us alive and allowing God to use us as instruments.

Twelfth Tradition

Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

Twelfth Concept

In keeping with the spiritual nature of Narcotics Anonymous, our stucture should be one of service, never of government.

Steps* Principles* Traditions* Concepts

First Step

We admitted that we were powerless over our addiction - that our lives had become unmanageable.

First Principle

Hope gives us something positive to look for and move towards. We can admit our need for help as we begin to share in our common welfare.

First Tradition

Our common welfare should come first: personal recovery depends on NA unity.

First Concept

To fulfill our fellowship's primary purpose, the NA groups have joined together to create a structure which develops, coordinates and maintains services on behalf of NA as a whole.

North Dade Area Trusted Servants

Administrative Officers

Area Service Committee

ASC Chair: Shirley C.
ASC Vice Chair: OPEN

ASC Secretary: secretary@northdadearea.org Keisha C.
Asst. Secretary: Open

ASC Treasurer: Tina Asst Treasurer: Open

Regional Committee Members

RCM: Open Alt RCM: Open

AD-HOC Sub-Committees

NDACNA Chair:
NDACNA Vice-Chair:

24 Hour Room Chair:

Debra B.

Debra B.

Oweda B.

Standing Sub - Committees

Web-Site Chair: hwillioms@att.net Herbert W. Web-Site Vice-Chair: Open.

Helpline/PR Chair: Bruce G. Helpline/PR Vice-Chair: Ted B.

Hospitals & Institutions Chair: Kelvin Hospitals & Institutions Vice-Chair: Open.

Literature Chair: Sheryl R. Literature Vice-Chair: Docie

Meeting List Chair: John T.

Meeting List Vice-Chair: Open.

Entertainment/Activities Entertainment/Activities

Newsletter Chair: Newsletter.and@gmail.com Mary M. Open.

Mailing Address for: North Dade Area Of NA P.O. Box 473025 Miami, Fla, 33247





BI-MONTHLY ANNIVERSARY FORM

Group Nam	Group Name: Group Anniversary Date:						
GSR:	GSR:PHONE:						
We appreciate the	responsible GSR's, t	hat hand de	liver (at the ASC me	etin	g) or submit electro	onically
e-mail: newslette	er.and@gmail.com	or text pho	oto vi	a cell: (954) 6	38-2	757-before the clo	osing date for <u>every</u>
oublication, closin	ng date shown bel	ow.					
Firs	st Name		Las	t Inital	١	Years Clean	Clean Date
					ē.		
	ewsletter Committ e publishing every			ıll your encou	ırag	ing support.	
<u>Ianuary</u> , (Dec. & Jan.)	March, (Feb. & Mar.) due:Sun.02/09/	May, (April & N	May) July (June & July)		September (Aug. & Sept.)	November (Oct. & Nov.	
We	welcome all quest	ons & sugg	gestio	ns concernin	ــــا g th	e "WINNERS CO	RNER"
9.							
Revised 01/01/2	020						.0