



www.kingstonelitecheer.com | 613-331-0373 | kingstonelitecheer@yahoo.ca 7B - 785 Sir John A. MacDonald Blvd., Kingston, ON. (JSM Recreational Centre)

ABOUT OUR CAMP

Five week-long sessions available:

Week 1: Jul. 8-12, 2019 Week 2: Jul. 15-19, 2019 Week 3: Jul. 22-26, 2019

Week 4: Jul. 29-Aug. 2, 2019 Week 5: Aug. 12-16, 2019

Campers will learn a variety of cheerleading skills each day: stunts, jumps, tumbling, and dance. Skills learned throughout the week will be choreographed into a short routine to display to parents on Fridays. Each week of summer camp will have a different routine and *can only involve FULL DAY campers*. Cheerleaders are to wear their camp t-shirt for the performance. Every Tuesday and Thursday campers will be taken to the YMCA for a swim.

Our maximum student to teacher ratio is 6:1. All coaches are certified in coaching cheerleading, have First Aid & CPR training, and have had a background check done.

REGISTRATION

- Online at www.kingstonelitecheer.com
- Via Email to: kingstonelitecheer@yahoo.ca
- Call 613-331-0373 (please leave a message)



PAYMENTS AND PAPERWORK

Payment must be made in full by Friday of the week prior to the start of a camp session. Unpaid registrations will be subject to cancellation by discretion of the Camp Director. Open spots will be given to a child on the waiting list at least 48 hours prior to the first day of the session.

A *cancellation fee of \$25* applies per participant per session if cancelled by the Friday prior to the start of a session. Cancellations that occur within 48 hours of the start of a session cannot be refunded.

Paperwork must be completed before camp session begins. *Please arrive at the gym between* 8:15-9:00am to submit/complete the necessary forms.

PRICES

- Full Day Full Week: \$240+HST (Monday to Friday from 9am-4pm)
 *single full days are available only on Mondays & Tuesdays \$55+HST/day
- Half-day Full Week Camp: \$175+HST (Monday to Friday 9am-12pm)
 *single half days are available only on Mondays & Tuesdays \$35+HST/day
- 3. Early drop-off fee: \$6/camper/day (starting at 7am)
 Late pick-up: \$6/camper/day (until 5pm).
 These must be arranged at the time of registration.

WEEKLY THEMES

Each week will feature a unique theme with crafts, games, and choreography. Campers are encouraged to dress-up to suit the theme on Wednesdays. Dress-up is optional.

ATTIRE

- Long hair must be tied back
- T-shirt & athletic bottoms (shorts, yoga pants, sweat pants)
- Clean indoor-only running shoes
- Bathing suits, towels, extra plastic bags on Tuesdays and Thursdays for swimming

For safety purposes, these clothing items are not permitted:

- Jeans
- Jewelry

THINGS TO BRING DAILY

- Two Snacks*
- A lunch
- Tightly-sealing re-usable water bottle

*Only one snack is required for half-day campers. Half-day participants do not need to bring a lunch.

NOTE: Please note that we are a fragrance-, nut-, and sesame-free facility. None of these products are allowed in our gym.

