

What is AVID?

- An elective course designed to help you achieve college readiness.
- Based on a program that's been used in classrooms in the U.S. and around the world for more than 30 years.
- More than one million students participate in AVID each year.

**AVID SELF-DETERMINATION :
ACCESSING AND
HARNESSING YOUR
WILLPOWER FOR ACADEMIC
SUCCESS.**

What do I learn in AVID?

- Critical thinking skills (how to evaluate and process information)
- Speaking and listening skills
- Self-advocacy (how to effectively ask for the things you want and need)
- Time management

How will AVID help me?

<p>In Texas...</p> <p>100% AVID students graduated from high school</p> <p>96% of AVID seniors completed 4-year entrance college requirements</p> <p>85% of AVID seniors applied to a 4-year college/university</p>	<p>Nationally...</p> <p>92% AVID high school graduates report plans to attend a postsecondary institution</p> <p>First-generation, low-income AVID alumni who go to college are FOUR TIMES more likely to graduate than their peers.</p>
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What Woodrow AVID students say ...

<p>"Avid helps me keep all my assignments organized. Students that are applying should realize you will be required to stay on top of all your work so you can't be lazy or unmotivated. The AVID program helps me learn new ways to study." --Hailey</p>	<p>"TRFs [Tutorial Request Forms, which help identify misunderstandings] can be a lot of work and challenging. But once the process is done, it helps you organize information." --John</p>	<p>"AVID has helped [me] develop study skills that will help [me] when [I] get to college. AVID isn't a good fit for someone who isn't willing to talk to other peers in the class. [You] have to communicate with each other and actively participate." --Daisy</p>	<p>"Helps with homework and studying. Hardest part is staying organized. [I have] to keep my binder organized because they always have binder checks." --Franchesca</p>	<p>"AVID has helped with notetaking and learning how to use [my] notes later." --Suzet</p>
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