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Πατριεπισκοπος ἡρεμῆχμῃ
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Coptic Orthodox Diocese
of the Southern USA

SUNDAY SCHOOL CURRICULUM



Our Lord said, *"I have compassion on the multitude, because they have now continued with Me three days and have nothing to eat. And I do not want to send them away hungry, lest they faint on the way."* (Matthew 15:32)

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Pre-Kindergarten

Fill	1	The Lord appears to St. Paul	Dec	1	God's Ten Rules	Fast	7	The man born blind
Fill	2	The birth of St. John	Dec	2	The Donkey Talks	Eas	0	Catching many fish
Fill	3	Jesus feeds thousands	Dec	3	The angel and St. Mary	Eas	1	The Lost sheep
Fill	4	Jesus calms the storm	Dec	4	Jesus in a Manger	Eas	2	Ester becomes a queen
Fill	5	The Holy Bread	Jan	1	Jesus and the wise men	Eas	3	The Paralytic and his four friends
Fill	6	Aaron heals with his censor	Jan	2	Simeon the Elder	Eas	4	The Mary Pours Oil on Jesus Feet
Fill	7	Elijah Goes to Heaven	Jan	3	Jesus Baptism	Eas	5	Jesus visits Mary, Martha and Lazarus
Sept	2	God's Creation	Jan	4	Jesus left in the temple	Eas	6	Jesus goes to Heaven
Sept	3	Noah's Ark	Joh	1	Jesus meets Zacheus	Eas	7	St. Anthony visits St. Paul
Sept	4	The first Rainbow	Joh	2	Jesus walks on water	Jul	2	The 10 virgins
Oct	1	The Tower of Babel	Fast	0	Samson and the lion	Jul	3	St. Peter finds Money inside the fish
Oct	2	Abraham's Visitors	Fast	1	Jonah in the fish	Jul	4	Queen of Sheba visits King Solomon
Oct	3	Jacob's dream	Fast	2	David and Goliath	Aug	1	The apostles freed from the prison by the angel
Oct	4	Joseph the Favorite Son	Fast	3	Sleepy Samuel	Aug	2	King Solomon Builds the Temple
Nov	1	Baby Moses	Fast	4	The rod of Aaron	Aug	3	Angel Rafael accompanies Tobias
Nov	2	Moses and the Fiery Bush	Fast	5	Elijah and the raven	Aug	4	Jacob blesses Joseph's sons
Nov	3	Crossing the Red Sea	Fast	6	The paralytic of Bethesda	Sept	1	Discovering the cross
Nov	4	Water from a Rock						

Kindergarten

Fill	1	God Calls Sleepy Samuel	Dec	1	Crossing the Sea	Fast	7	Palm Sunday: No lesson
Fill	2	Elijah and the Raven	Dec	2	The Ark of Covenant	Eas	0	Glorious Feast of Resurrection: No lesson
Fill	3	David and Goliath	Dec	3	St. Mary and the Angel	Eas	1	The Happiest Day
Fill	4	Daniel in the Lions' Den	Dec	4	St. Mary Visits St. Elizabeth	Eas	2	Jesus and St. Thomas
Fill	5	Elijah and the Widow	Jan	1	Christ Is Born	Eas	3	House on the Rock
Fill	6	The Rod of Aaron	Jan	2	The Shepherds and the Wise Men	Eas	4	Angels
Fill	7	Balaam and the Donkey	Jan	3	Jesus Obeys His Parents	Eas	5	Jesus Appears to St. Paul
Sept	2	El Nayrouz	Jan	4	Epiphany	Eas	6	Ascension
Sept	3	The Cross	Joh	1	Jonah in the Ship	Eas	7	Pentecost
Sept	4	How the World Began	Joh	2	Jonah in the Fish	Jul	2	St. Peter's First Miracle
Oct	1	God Creates Adam and Eve	Fast	0	The Twelve Special Friends	Jul	3	The Sheet Full of Animals
Oct	2	Noah's Ark	Fast	1	Peter Walks on Water	Jul	4	Say Thank You
Oct	3	Old Sarah Gets a Baby	Fast	2	The paralytic Man	Aug	1	The Holy Family in Egypt
Oct	4	Jacob's Dream	Fast	3	The Lost Sheep	Aug	2	The Fish with the Money
Nov	1	Rebecca and Isaac	Fast	4	The Great Party	Aug	3	St. Mary and the Mountain
Nov	2	Jacob and Esau	Fast	5	Lost and Found	Aug	4	The Angel Sets St. Peter Free
Nov	3	Joseph and the King's Dream	Fast	6	The Children Receive the Lord on Palm Sunday	Sept	1	The Fig Tree
Nov	4	Baby Moses						

Grade 1

Fill	1	Friends of Jesus Christ	Dec	1	Samson and the Lion	Fast	7	Palm Sunday: No lesson
Fill	2	Obedience: St. John the Short	Dec	2	Samson Losing Power	Eas	0	Glorious Feast of Resurrection: No lesson
Fill	3	The Five Loaves and the Two Fish	Dec	3	The Angel Brings Good News to St. Mary	Eas	1	The Angel Rolls the Stone
Fill	4	Ibrahim El Gohary	Dec	4	The Angel and the Shepherds	Eas	2	St. Mark in Egypt
Fill	5	House Built on the Rock	Jan	1	St. Joseph the Carpenter	Eas	3	Water from the Rock
Fill	6	David and His Friend Jonathan	Jan	2	The Angel Guides Tobiah	Eas	4	Crossing the Jordan
Fill	7	St. Peter Raised Tabitha	Jan	3	Elisha Protected by the Angels	Eas	5	The Parable of the Talents
Sept	2	The Nyrouze- Martyrs in Heaven	Jan	4	The Precious Pearl	Eas	6	The Parable of the Leaven
Sept	3	God Created the World	Joh	1	Jonah in the Belly of the Fish	Eas	7	Four Men Carry the Paralytic
Sept	4	Adam in Paradise	Joh	2	Jonah and the Plant	Jul	2	Esther Becomes A Queen (I)
Oct	1	The Creation of Eve	Fast	0	The Child Samuel	Jul	3	The Courage of Queen Esther (II)
Oct	2	The Serpent's Trick	Fast	1	The Sign of the Cross	Jul	4	The Talking Donkey
Oct	3	Noah in the Ark (I)	Fast	2	The Child David the Shepherd	Aug	1	The Kind Ruth
Oct	4	Noah in the Ark (II)	Fast	3	David Anointed King	Aug	2	Balaam and His Donkey
Nov	1	How to Pray	Fast	4	The Lost Sheep	Aug	3	The Baby St. Mary
Nov	2	Jesus Christ Walks on Water	Fast	5	Healing the Blind	Aug	4	Love for the Church
Nov	3	The Miracle of Catching Huge Amounts of Fish	Fast	6	Children Receive Christ	Sept	1	The Angel Sets St. Peter Free
Nov	4	Healing the Sick Man of Bethesda						

Grade 2

Fill	1	The Holy Bread	Dec	1	Philopater Marcorious	Fast	7	Palm Sunday: No lesson
Fill	2	The Lord Forgives St. Peter	Dec	2	St. Nicholas: The Real Santa Claus	Eas	0	Glorious Feast of Resurrection: No lesson
Fill	3	The Miracle of Al-Mokattam	Dec	3	The Birth of John the Baptist	Eas	1	Anba Sarabamun
Fill	4	God's Care for the Baby Moses	Dec	4	The Star of the East and The Wisemen	Eas	2	God Gives Moses the Ten Commandments
Fill	5	God cares for Daniel in the Lions' Den	Jan	1	Epiphany: Baptizing children	Eas	3	Ascension Day
Fill	6	Cornelius Receives the Faith	Jan	2	The Tower of Babel	Eas	4	The Sheep and the Goats
Fill	7	Jesus Christ Loves the Children	Jan	3	God appears to Jacob	Eas	5	Prayer: Anba Shenouda
Sept	2	St. George the Princess of Martyrs	Jan	4	Young Joseph's Sweet Dreams	Eas	6	St. Bishoy Washes Christ's Feet
Sept	3	Using the Cross	Joh	1	God Sends Joseph to Egypt	Eas	7	The Lord Christ Appears to St. Paul
Sept	4	God Calls Abraham	Joh	2	God Saves Joseph From the Prison	Jul	2	Elijah and the Raven
Oct	1	Abraham Separation from Lot	Fast	0	God Makes Joseph a Great Man	Jul	3	Elijah and the Widow
Oct	2	Lot and His Wife	Fast	1	God Saves Jacob and His Children from Famine	Jul	4	God Accepts Elijah's Sacrifice
Oct	3	God Cares for Hagar and Ishmael	Fast	2	Joseph Forgives his Brothers	Aug	1	Elijah and the Son of the Widow
Oct	4	The Censer	Fast	3	Jacob Blesses His Grandsons	Aug	2	St. Mary the Child
Nov	1	St. Anastasia	Fast	4	Lord Christ Accepts Zacchaeus' Invitation	Aug	3	Elisha and the Jars of Oil
Nov	2	Daniel's Three Friends in the Furnace	Fast	5	The Good Samaritan	Aug	4	The Prodigal Son
Nov	3	Jesus Calms a Storm	Fast	6	The Angel Appears to the Maries	Sept	1	Behavior in the Lord's House
Nov	4	Jesus Feeds Four Thousand People						

Grade 3

Fill	1	Communion	Dec	1	Project (the ark of covenant)	Fast	7	Palm Sunday: No lesson
Fill	2	Simeon the elder	Dec	2	The Lord cares for His people before the walls of Jericho	Eas	0	Glorious Feast of Resurrection: No lesson
Fill	3	The angels their praises and their service to the people	Dec	3	A memorable day-the sun stood still for Joshua	Eas	1	Jesus appears to Mary Magdalene
Fill	4	The angel that appeared to Gideon	Dec	4	Adam is sent out of the Garden of Eden	Eas	2	Christ appears to his disciples
Fill	5	The angel that appeared to manoah	Jan	1	Christ was born in a manger	Eas	3	Almsgiving – Anba Abram
Fill	6	Acts of charity -Tabitha	Jan	2	John the Baptist baptizes Jesus Christ	Eas	4	Lights inside the church
Fill	7	Heavenly Hosts	Jan	3	The first disciples	Eas	5	Ascension
Sept	2	The Coptic New Year - St Stephen	Jan	4	St Maximus and St Dometius	Eas	6	Abraham is visited by God
Sept	3	Anba Barsoum Al-Aryan and the power of the Cross	Joh	1	The tower of Babylon	Eas	7	The Pentecost
Sept	4	God calls Moses and gives him miraculous power	Joh	2	The parable of the net - good and evil people	Jul	2	The Apostles feast
Oct	1	Pharaoh's opposition and the ten plagues	Fast	0	Pope Kirellos VI	Jul	3	Jesus heals a centurion's servant
Oct	2	Passover	Fast	1	The widow's two coins	Jul	4	Showing respect for priesthood - Korah and Dathan
Oct	3	Crossing the Red Sea	Fast	2	Abraham finds a wife to Isaac	Aug	1	Repentance and confession
Oct	4	The cloud and the pillar of light	Fast	3	Confirmation	Aug	2	St Youstina
Nov	1	The Manna and the quails	Fast	4	Washing of the feet	Aug	3	The appearance of St Mary in Zaitoun
Nov	2	Water from the rock	Fast	5	Jesus heals a blind man at Bethsaida	Aug	4	Intercession
Nov	3	Moses at the mountain receiving the Ten Commandment	Fast	6	The power of Christ when crucified revealed	Sept	1	Thankful Leper
Nov	4	The murmuring of the Jews and their punishment						

Grade 4

Fill	1	The Structure of the Church	Dec	1	The Child Jesus Enters the Temple	Fast	7	Palm Sunday: No lesson
Fill	2	Marriage	Dec	2	Raising Jairus' Daughter	Eas	0	Feast of Resurrection: No lesson
Fill	3	The Good Counsel: Rehoboam and the Advice of the Older Men	Dec	3	Jesus Heals a Man Born Blind	Eas	1	The Lord is the Good Shepherd
Fill	4	Love for the House of God: Araunah the Jebusite	Dec	4	Angels: Ranks, Nature and Work	Eas	2	The Feast of St. Mark: His Evangelism
Fill	5	St. Paul the First Hermit	Jan	1	Nativity: The shepherds and The angels Hymn of Praise	Eas	3	Do Good to Those Who Offend You: David and Saul
Fill	6	The Philippian Jailer	Jan	2	John the Baptist: His Self Denial and His Evangelism	Eas	4	Show Respect for handicapped: David and Mephibosheth
Fill	7	Daniel and the Priests of Baal	Jan	3	David Kills a Lion and a Bear	Eas	5	The Holy Family's Flight To Egypt
Sept	2	The Miraculous Deeds of St. Mina and his Martyrdom	Jan	4	St. Hilaria	Eas	6	Almsgiving: Elijah and the Widow
Sept	3	Parable of the Soils	Joh	1	Elijah's Prayer for No Rain	Eas	7	The Apostles Courage and Heroism
Sept	4	The Discovery of the Cross by Empress Helene	Joh	2	Elijah and the Priests of Baal	Jul	2	The Feast of the Apostles: John the Evangelist and the Thief
Oct	1	Samson and The Lion	Fast	0	Elijah is taken up to heaven	Jul	3	The Priesthood
Oct	2	Parents Love: David and Absalom	Fast	1	God Cared for Daniel when he Fasted (I)	Jul	4	Entertaining the Strangers: Anba Pachomius and His Faith
Oct	3	Love for our Neighbors: Ruth	Fast	2	God Cared for Daniel when he Fasted (II)	Aug	1	Pictures and Icons
Oct	4	God Cares for Pope Athanasius the Apostolic	Fast	3	The Unction of the Sick	Aug	2	The Transfiguration
Nov	1	The Good Friendship: David and Jonathan	Fast	4	Mary and the Fragrant Oil	Aug	3	The Feast of the Virgin Mary: Her Departure
Nov	2	Moving The Mokattam Mount	Fast	5	The Power of Christ before and during the Crucifixion	Aug	4	David and Goliath
Nov	3	Do not be Greedy: Aulogius the Stone Cutter	Fast	6	The Power of Resurrection	Sept	1	God Cares for Gideon in His Wars
Nov	4	Healing Peter's Mother-in-Law						

Grade 5

Fill	1	Anba Pijimi	Dec	1	The Exile in Babylon	Fast	7	Palm Sunday: No lesson
Fill	2	Incense	Dec	2	The Parable of the Ten Virgins	Eas	0	Glorious Feast of Resurrection: No lesson
Fill	3	St Mary the Egyptian	Dec	3	Jesus Heals the Canaanite Woman's Daughter	Eas	1	Observe the Lord's Day and Keep It Holy
Fill	4	Solomon's Wisdom	Dec	4	Jesus Raises a Widow's Son in Nain	Eas	2	St. John the Apostle
Fill	5	Ahab and Naboth of Jezreel	Jan	1	Celebrating Christmas Differently	Eas	3	Friendship
Fill	6	St. Philip and the Ethiopian Treasurer	Jan	2	The Epiphany: Nicodemus and Baptism	Eas	4	Simon and Sorcery
Fill	7	The Rich Man and Lazarus	Jan	3	The Flight into Egypt	Eas	5	Demetrius, the Vinedresser
Sept	2	The Coptic New Year: St. John the Baptist	Jan	4	St. Anthony the Great	Eas	6	Prayer: Hannah the Mother of Samuel
Sept	3	Deborah The Judge	Joh	1	Life after death - Heaven	Eas	7	Prayer: King Hezekiah
Sept	4	Elisha Purifies the Water	Joh	2	God Judges Korah	Jul	2	The Church during the Apostolic Era
Oct	1	Elisha Brings the Shunammite's Son to Life	Fast	0	Murmuring Against God	Jul	3	Elisha and the Chariots of the Lord
Oct	2	The Prophets and the Poisonous Food	Fast	1	Daniel and Fasting	Jul	4	The Healing of Naaman
Oct	3	Jesus and Zacchaeus the Tax-Collector	Fast	2	The Prodigal Son	Aug	1	Aaron's Rod
Oct	4	Haggai	Fast	3	Eli The Priest and His Sons	Aug	2	Wrestling with God
Nov	1	Honor Your Father and Mother	Fast	4	Rahab's Faith	Aug	3	Jacob Marries Leah and Rachel
Nov	2	Exploring the Promised Land	Fast	5	The Passover Lamb	Aug	4	The Agpeya
Nov	3	Jesus Heals a Bleeding Woman	Fast	6	Maries in the Bible	Sept	1	St. Mark's First Entry to Egypt
Nov	4	The Bronze Serpent						

Grade 6

Fill	1	Repentance: St Moses the Black	Dec	1	St. John Chrysostom	Fast	7	Palm Sunday: No lesson
Fill	2	Endurance and Patience: Job	Dec	2	Jacob and Esau: Begging for Blessing	Eas	0	Glorious Feast of Resurrection: No lesson
Fill	3	Serving Others: The Good Samaritan	Dec	3	Jacob Works With His Uncle Laban	Eas	1	The Lord Appeared While They Were Catching Fish
Fill	4	St. Marina	Dec	4	Jacob Loses His Son Joseph	Eas	2	St. George the Martyr
Fill	5	Receiving Holy Communion	Jan	1	Simon the Elder and Prophetess Anna	Eas	3	St. Mark's Feast
Fill	6	St. Marina	Jan	2	Why Christ is Incarnated?	Eas	4	TV and the Internet
Fill	7	Joseph in Egypt	Jan	3	Epiphany: Baptism	Eas	5	The Angel Saves Lot from Sodom.
Sept	2	Kuzman And Dimyan	Jan	4	The Wedding at Cana in Galilee	Eas	6	Treating Others Well: Abigail and David
Sept	3	An Angel delivers Jerusalem from Sennacherib	Joh	1	Maximus and Domadius	Eas	7	The Child Jesus Enters the Temple
Sept	4	David, Solomon and the Building of the Temple	Joh	2	Gideon (I)	Jul	2	The Revelation of John and the Heavenly Jerusalem
Oct	1	The Lord Appears in the Temple	Fast	0	Gideon (II)	Jul	3	St. Stephen
Oct	2	King Josiah and the Repair of the Temple	Fast	1	Fasting: Esther	Jul	4	Showing Hospitality to Strangers: Anba Bishoy
Oct	3	Elijah Restoring the Widow's Son to Life	Fast	2	Offering of Isaac	Aug	1	Guard Yourself From Greed: Anba Arsanius and the Beans
Oct	4	Nehemiah and the Rebuilding of the Walls of Jerusalem	Fast	3	Confession	Aug	2	How to Develop Spiritual Habits
Nov	1	Ezra the Priest	Fast	4	The Talents: Rewarding the Hardworking Man	Aug	3	The Virgin's Feast: The Miracle of the Church of Atreeb
Nov	2	Jesus Heals the Blind Bartimaeus	Fast	5	Christ Washes His Disciples' Feet	Aug	4	St. Dimyana the Martyr
Nov	3	Jesus Heals a Paralytic	Fast	6	The Holy Week	Sept	1	Athanasius and All the World Against Him
Nov	4	The Great Flood: The Ark of Noah						

Grade 7

Fill	1	What Can I Do Now?	Dec	1	Ezekiel the Prophet of Renewal and Unity	Fast	7	Palm Sunday: No lesson
Fill	2	Introduction to the Old Testament	Dec	2	Daniel, the Prophet of the Messiah	Eas	0	Glorious Feast of Resurrection: No lesson
Fill	3	Introduction to the New Testament	Dec	3	Canonical Hours Prayers: The Agpia Prayers (I)	Eas	1	How to Study?
Fill	4	The Epistle of St. James	Dec	4	Canonical Hours Prayers: The Agpia Prayers (II)	Eas	2	The Effect of Media
Fill	5	How to Choose My Friends?	Jan	1	The Coming of the Savior Jesus Christ	Eas	3	Who is the Poor Man?
Fill	6	Success in the Christian Concept	Jan	2	St. John the Baptist	Eas	4	How to Benefit from the Holy Bible?
Fill	7	My Attitude toward the Sexual Instinct	Jan	3	Jeremiah the Prophet	Eas	5	The Glories of the Feast of the Holy Ascension
Sept	2	Marvelous Stories of Martyrs	Jan	4	St. Monica	Eas	6	The Church After the Apostolic Era
Sept	3	Holy Liturgy (I)	Joh	1	Prophet Jonah and Salvation	Eas	7	God Calls St. Paul
Sept	4	Holy Liturgy (II)	Joh	2	Susanna and The Deuterocanonical Books	Jul	2	Trips of St Paul
Oct	1	The Meaning of the Phrase: My Private Life is Mine	Fast	0	I Fast and Pray as Christ Did	Jul	3	The Church After the Council of Nicene
Oct	2	The Tabernacle of Meeting	Fast	1	Witnessing to the Lord in Today's World	Jul	4	The Ecumenical Councils
Oct	3	The Ark of Covenant	Fast	2	O Lord: Forgive Me	Aug	1	The Council of Chalcedon
Oct	4	Intercessions	Fast	3	What is My Goal in Life?	Aug	2	The Transfiguration
Nov	1	The Sermon on the Mount (I)	Fast	4	The Prophet Isaiah	Aug	3	Some Virtues in the Life of the Virgin
Nov	2	Sermon on the Mount (II)	Fast	5	Night of the Apocalypse (Apo-Ghalamesis)	Aug	4	The Christian Refuses Fanaticism
Nov	3	Christian Self Esteem	Fast	6	Resurrection	Sept	1	The Book of Esther
Nov	4	Dating						

Grade 8

Fill	1	God's Justice	Dec	1	Explanation of the Orthodox Creed (One God)	Fast	7	Palm Sunday: No lesson
Fill	2	Bribery and Corruption	Dec	2	Explanation of the Orthodox Creed (The godhead of the Son)	Eas	0	Glorious Feast of Resurrection: No lesson
Fill	3	Love is the Greatest Gift	Dec	3	Explanation of the Orthodox Creed	Eas	1	Jesus appears after resurrection
Fill	4	The exile and the book of Ezra	Dec	4	The sins of the tongue	Eas	2	The preaching of St Mark
Fill	5	Division in the church of Corinth	Jan	1	Nativity and our spiritual life	Eas	3	Christ Imparts Faith to the Two Disciples of Emmaus
Fill	6	The Book of Joshua	Jan	2	The Coptic Feasts	Eas	4	St. John the Beloved
Fill	7	Peace in Christianity	Jan	3	Do not worship men	Eas	5	The book of Revelation – I
Sept	2	Types of Martyrs	Jan	4	The monk as a messenger	Eas	6	The book of Revelation- II
Sept	3	St Basil the great	Joh	1	Saul, the Powerful King	Eas	7	The Holy Spirit is at work with us
Sept	4	The Carrier of Icons (Iconostasis)	Joh	2	David the prophet and king	Jul	2	Many Gifts And One Aim
Oct	1	The sacrament of the Holy Eucharist (I)	Fast	0	The poor	Jul	3	Nehemiah the Zealot
Oct	2	The sacrament of the Holy Eucharist (II)	Fast	1	The prayer room	Jul	4	Nehemiah the Zealot
Oct	3	Peer Pressure	Fast	2	Contention and the Three Kinds of Challenge	Aug	1	The Holy Book of Ruth
Oct	4	God's Appearances in the Old Testament	Fast	3	Jehovah's Witnesses	Aug	2	Anger
Nov	1	Tapers and Incense in the Church	Fast	4	The Mormons	Aug	3	The symbols of the Virgin in the old Testament
Nov	2	The Coptic hymns	Fast	5	The Sabbath of Lazarus	Aug	4	The Book Of Joshua The Son Of Sirach
Nov	3	Life of Circumspction	Fast	6	The Holy Week	Sept	1	Fathers of the Church
Nov	4	The Great Teachers of the Church						

Grade 9

Fill	1	School of Alexandria	Dec	1	Different Kinds of Soil	Fast	7	Palm Sunday: No lesson
Fill	2	Jewish Feasts	Dec	2	St. Luke the Apostle	Eas	0	Glorious Feast of Resurrection: No lesson
Fill	3	The Epistle to the Galatians	Dec	3	The Hymns of Kiahk	Eas	1	The Power of Resurrection
Fill	4	Gambling	Dec	4	How to Begin a New Year	Eas	2	David's sins, results and repentance
Fill	5	Deborah the Judge	Jan	1	Glory to God in the Highest	Eas	3	The Value of Time
Fill	6	The Holy Bible is Free from Perversion	Jan	2	Proverbs	Eas	4	Translations of The Old Testament (I)
Fill	7	St. Philip	Jan	3	The Wedding at Cana	Eas	5	Translations of the New Testament (II)
Sept	2	Martyrs in the Cause of Chastity	Jan	4	Trinitarianism and Monotheism	Eas	6	Closing the Generations Gab?
Sept	3	The Holy Cross	Joh	1	The Final Judgment	Eas	7	How to Deal With My Brothers and Sisters?
Sept	4	1 st You shall have no other gods before Me	Joh	2	The Book of Habakkuk	Jul	2	Church Vessels
Oct	1	2 nd You shall not make yourself a graven image	Fast	0	The Old Testament	Jul	3	Pentecost and the Birth of the Church
Oct	2	3 rd You shall not take the name of the Lord your God in Vain	Fast	1	Church Fasts	Jul	4	Ananias and Sapphira
Oct	3	4 th Remember that you keep the holy the Sabbath day	Fast	2	Sacrifices in the Old Testament (I)	Aug	1	Freedom and Discipline
Oct	4	5 th Honor Your father and Mother	Fast	3	Sacrifices in the Old Testament (II)	Aug	2	The Titles of St. Mary
Nov	1	6 th You Shall Not Murder	Fast	4	The Forgiving Father	Aug	3	The Gospel of St. John
Nov	2	7 th & 10 th You shall not commit adultery – You shall not covet your neighbors goods	Fast	5	Jesus and the Samaritan Woman	Aug	4	A Cloud of Witness
Nov	3	8 th & 9 th You shall not steal -You shall not be false witness	Fast	6	Dedication of All	Sept	1	I am Responsible
Nov	4	Our Bodies Are For the Lord						

Grade 10

Fill	1	Substance abuse (smoking alcohol, drugs)	Dec	1	The hymn of victory	Fast	7	Palm Sunday: No lesson
Fill	2	St Cyril of Alexandria	Dec	2	St Macarius the great	Eas	0	Glorious Feast of Resurrection: No lesson
Fill	3	The Life of Joshua (III)	Dec	3	The Nativity of Christ and my birth	Eas	1	The Resurrection
Fill	4	Books used in church	Dec	4	Daniel	Eas	2	The effects of the softly spoken words
Fill	5	A Study Of The Acts Of The Apostles (I)	Jan	1	Patrology (Study Of The Early Church Fathers)	Eas	3	Women in the Church of The Old Testament
Fill	6	A Study of the Acts of The Apostles (II)	Jan	2	God Reveals Himself	Eas	4	The Role of Women in the Church of The New Testament
Fill	7	The Strong Personality	Jan	3	The Life of Joshua (I)	Eas	5	How can I benefit from the Summer Holiday
Sept	2	The Victory of Martyrs	Jan	4	The Life of Joshua (II)	Eas	6	Ascension and Pentecost
Sept	3	Sin and its consequences	Joh	1	How to Control My Emotions	Eas	7	St. Peter, Seal of the Martyrs
Sept	4	The Christian Man and Violence	Joh	2	Priesthood	Jul	2	Spiritual Time Out
Oct	1	The Holy Bible	Fast	0	Fasting	Jul	3	The First Epistle to Timothy
Oct	2	The Book of Job (I)	Fast	1	Tithes and the first fruit	Jul	4	St Shenouda the Archmandrite
Oct	3	The Book of Job (II)	Fast	2	Confession	Aug	1	Zeal and Enthusiasm
Oct	4	Obedience, St John the short	Fast	3	The Good Samaritan	Aug	2	The Eucharist
Nov	1	St Paul's Epistle to the Philippians	Fast	4	Baptism and Chrism	Aug	3	The Life of the Lady Virgin
Nov	2	Yourself: Know it - Accept It - Sacrifice It	Fast	5	Unction of the Sick	Aug	4	St Takla Haymanot
Nov	3	The Acceptable Worship	Fast	6	The Holy Week	Sept	1	Effect of the Media
Nov	4	St. Mina						

Grade 11

Fill	1	Be merciful	Dec	1	Kiahk praises	Fast	7	Palm Sunday: No lesson
Fill	2	One Ousia and Three Hypostases	Dec	2	Friendship	Eas	0	Glorious Feast of Resurrection: No lesson
Fill	3	St. Maurice and St. Verena	Dec	3	The parable of the ten virgins	Eas	1	Resurrection
Fill	4	Euthanasia	Dec	4	Fun and Joy	Eas	2	The life of fellowship
Fill	5	The Beauty of the Orthodox Creed	Jan	1	How the lord prepared the world for incarnation	Eas	3	History of The Liturgy
Fill	6	Discipleship	Jan	2	Marriage	Eas	4	The meeting between Elijah and Ahab
Fill	7	Contentment	Jan	3	Baptism prophecies	Eas	5	The second meeting between Elijah and Ahab
Sept	2	Young people and the life of martyrdom	Jan	4	Anxiety	Eas	6	The third meeting between Elijah and Ahab
Sept	3	The Features of the Adolescence Stage	Joh	1	The book of Jonah, between science and religion	Eas	7	A meeting with the messengers of Ahaziah
Sept	4	The First Epistle of St. Peter (I)	Joh	2	Heaven	Jul	2	The life of St Peter the apostle
Oct	1	The First Epistle of St. Peter (II)	Fast	0	Great Fast : spiritual and dogmatic aspects	Jul	3	Midnight Praises
Oct	2	Hope in The Life of Young People	Fast	1	Hindrance to prayer	Jul	4	New Forms of Addiction: Internet, E-mail, Chat Rooms
Oct	3	Submission – Depend not on Your Understanding	Fast	2	Isaiah	Aug	1	The Book of Hosea
Oct	4	Discovering God's Will	Fast	3	The Spiritual fights	Aug	2	The Second Coming
Nov	1	The Christian and mammon	Fast	4	Salvation in the Orthodox understanding	Aug	3	The virgin in the Coptic Liturgy
Nov	2	Abortion	Fast	5	The Good Friday	Aug	4	The Liturgy of the Catechumens
Nov	3	The Epistle to the Ephesians	Fast	6	Night of the Apocalypse	Sept	1	The Liturgy of the Believers
Nov	4	Forgiveness						

Grade 12

Fill	1	The book of Numbers	Dec	1	Cults: Mormons	Fast	7	Palm Sunday: No lesson
Fill	2	Comparative theology	Dec	2	The Christian and the Life of Chastity	Eas	0	Glorious Feast of Resurrection: No lesson
Fill	3	Winning Others to Christ	Dec	3	How to start a spiritual life with God	Eas	1	The Resurrection and the Divinity of Christ
Fill	4	The Christian and the Media	Dec	4	The Song of songs	Eas	2	The First Epistle of St John (I)
Fill	5	Fellowship among Believers	Jan	1	Jesus Christ is the Fulfillment of the Prophecies	Eas	3	The First Epistle of St. John (II)
Fill	6	The Sacrament of Chrismation (Myron)	Jan	2	Love and Maturity	Eas	4	Judge not others
Fill	7	Commitment in Spiritual Life	Jan	3	The Epistle to Philemon	Eas	5	The Feasts of the Coptic Orthodox Church
Sept	2	Preparation for Martyrdom	Jan	4	The Life of Praise	Eas	6	The Book of Acts
Sept	3	Christian Youth and Family Life	Joh	1	The Christian and Psychological Health	Eas	7	The Pentecost in Our Lives as Young Adults
Sept	4	Youth and Identifying a Goal	Joh	2	Ecumenical councils	Jul	2	Building the heavenly kingdom
Oct	1	The tabernacle of Meeting and Its Spiritual Symbols (Part I)	Fast	0	The vanity of the world - The book of Ecclesiastes	Jul	3	Faith and Patience
Oct	2	The Tabernacle of Meeting and its Spiritual Symbols (Part II)	Fast	1	Monasticism	Jul	4	Mixing with the Opposite Sex
Oct	3	How to treat others	Fast	2	Overview of the Pauline Epistles (I)	Aug	1	The Epistle to the Colossians (Part I)
Oct	4	A Conference: "Christianity and Violence"	Fast	3	Overview of the Pauline Epistles (II)	Aug	2	The Epistle to the Colossians (Part II)
Nov	1	Atheism	Fast	4	My need for Jesus Christ	Aug	3	The Virgin Mary in the Coptic Church
Nov	2	The Orthodox Church History	Fast	5	The Redeeming Suffering of Our Lord	Aug	4	The Spiritual Value of Using the Agpia for Praying
Nov	3	Man from a Christian Prospective	Fast	6	The trip of the Holy week	Sept	1	The Attributes of God
Nov	4	Cults: Jehovah's Witnesses						

User's Guidelines

The Sunday School book for each grade is designed to start on the second week of September, after the Coptic New Year (El Nayrouz), and ends after the first week of September. Thus, the first lesson to be taught from every book will be the lesson for the second week of September.

The First Period -The Second Week of September Until the End of January:

The servant will continue in the order of lessons in the book for three weeks in September, four weeks in October, four weeks in November, four weeks in December, and four weeks in January. Occasionally, one month may have five Sundays instead of four, therefore, on the first fifth Sunday the first filler lesson can be used. Another filler lesson can be used for each subsequent fifth Sunday in a month. It is preferred that the filler lessons be used in the order they are arranged in the book for the sake of unity between all the churches in the diocese. There are seven filler lessons at the beginning of each book for every grade.

The Second Period – The Beginning of February Until the End of the Fifty Joyous Days Following the Glorious Resurrection:

Since the Glorious Resurrection Feast varies in its date every year and Jonah's Fast is always two weeks before the Great Fast on a Monday, Tuesday and Wednesday; filler lessons can be used for the weeks before Jonah's Fast in the month of February until the Sunday before Jonah's Fast. Then, the servant should use the fixed two lessons assigned, one for the Sunday before Jonah's Fast and the second one for the Sunday after Jonah's Fast. If Jonah's Fast falls in the second week of February, no filler lessons will be needed for the month of February. Subsequently, the lesson will follow consecutively the order of lessons from the preparation week at the beginning of the Great Fast (week 0) until the Fifty Joyous Days. This consists of seven lessons during the Great Fast period and seven lessons for the Fifty Joyous Days. Note that there are no lessons for Palm Sunday and Resurrection Sunday.

The Third Period – The Second Week of July Until the First Week of September:

Again since the Pentecost Feast varies in date depending on the Glorious Resurrection, the servant will fill the period between the Pentecost Feast and the Apostles Feast (the Apostles Fast period) with filler lessons. The Apostles Feast is fixed on July 12 of every year, so the last filler lesson for this period will be used for the first Sunday of July. Subsequently, the servant will follow the order of lessons in the book. Three lessons for the three remaining weeks of July after the Apostles Feast, four lessons for the month of August and a final one lesson for the first week of September before the Coptic New Year on September 11. If July or August has five Sundays, a filler lesson should still be remaining for use.