

# LAKE WAVES

Newsletter for the Hand/Hay Lakes Association

Spring 2014

## DNR News Release March 28

### **DNR report: Aquatic invasive species violation rate drops; still 1 in 5 boaters breaking the law**

With another boating season just around the corner, Minnesota boaters and anglers need to continue to take steps to prevent the spread of aquatic invasive species (AIS). While the rate of AIS violations dropped in 2013, one in five boaters is still breaking the law, according to a newly published annual report from the Department of Natural Resources.

“The decrease is good news, but we have a long way to go,” said Lt. Col. Rodmen Smith, DNR Enforcement Division assistant director. “We need to think zero.”

The invasive species violation rate dropped to 20 percent last year from 31 percent in 2012. The rate is the proportion of people who were issued citations at roadside check stations set up by DNR conservation officers.

The annual Association Meeting will be held on Saturday May 24th, 2014 at the Ponto Lake Town Hall. The meeting starts at 9:00 am. We will elect officers and directors. All of the officer positions and five director positions need to be filled. As always there will be coffee and treats and various hand outs. And, of course, there will be drawings for door prizes.

Don't Miss It

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“Far too many people are still not following the law,” Smith said. “Boaters and anglers are legally required to clean boats and equipment and drain all water to prevent the spread of aquatic invasive species.”

This year, the DNR will increase efforts to ensure boaters follow the AIS laws.

Activities highlighted in the 2013 invasive species of Minnesota report:

DNR watercraft inspectors, who inspect boats and equipment at water accesses, conducted 123,000 inspections – an increase of nearly 62 percent since 2011.

More than 1,000 lake service providers have received AIS training and permits.

During the first full year of its operation, the AIS Advisory Committee began conversations with boat manufacturers on design modifications to ensure boats drain water more effectively.

Initiated risk assessments on the potential for transporting veligers in residual water of recreational watercraft.

Collaborated with the Iowa DNR to install an electric barrier on Lower Gar Lake in Iowa to help prevent the migration of Asian carp into southwestern Minnesota.

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## FROM THE EDITOR

It has been a long cold snowy winter and as I write this on April 17<sup>th</sup> I am looking out the window at snow flurries and I am wondering if spring will ever return. There is still plenty of ice on the lakes and ice fishermen are having a ball.

I started using a new windows 7 computer this winter. It is not exactly new. I got it at an auction some time ago and decided to finally put it into service. It has an updated publisher program and I am using it for this newsletter. My old publisher program was over 15 years old. This new program has lots of new features that I am trying to learn how to use.

Over the winter my inbox has been collecting dust and cobwebs. There has been no activity so this newsletter is a bit sparse. I have included a news release from the DNR on AIS violations during the past year. They have been dropping somewhat but there is still much to be done. In addition, I included a report on the dangers of exposure to the tanning rays of the sun. It is a report I wrote up last year. And, I pulled a few items from the 2013 Cass County Sheriff's report provided Mr. Larson (Shadywood Shores). I will be adding more from this report in later newsletters.

That's all I have for now.

Paul (editor)

You can find our website here:

[http://www. HandHayLakesAssoc.org](http://www.HandHayLakesAssoc.org)

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## Time For Spring Road Clean Up

The association road clean up will be on Saturday May 3rd at 9:00 am. You will want to wear warm clothes, boots and gloves. Considering the slow return of spring it could be colder than usual. Bring a garbage bag. We will all meet at the junction of Hwy 49 and Shadywood Shores NW and disperse from there.

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Also last year, nearly 8,000 boats arrived at Minnesota water accesses with drain plugs in; more than 1,200 had vegetation attached and 134 had zebra mussels attached. These were all violations of AIS laws. Fortunately, DNR-trained watercraft inspectors were onsite to stop the owners and remove the invasive species before launching.

“The public is our first line of defense against AIS,” said Ann Pierce, DNR section manager. “It only takes a few minutes to make sure your boat and equipment are cleaned, all water is drained and drain plugs are removed before leaving the water access. This truly is an example of an ounce of prevention being worth a pound of cure.”

Enforcement and watercraft inspection together represent the largest segment (43 percent) of the program's annual 2013 budget of about \$8.5 million. The budget also covers management and control of invasive aquatic plant species such as Eurasian watermilfoil and curly-leaf pondweed and education.

For more information, and a PDF file of the 2013 annual report, visit [www.mndnr.gov/AIS](http://www.mndnr.gov/AIS).

## Summer Sun Returns

Summer is returning and we can all look forward to warm sunny days. I know there will be many who will want to lie out in the sun seeking to get a glorious tan. But let us all be aware that there is no such thing as a healthy tan.

The sun gives off three wavelengths of ultraviolet light, UVA, UVB, and UVC. The UVC does not reach the earth but UVA and UVB does. Skin damage is caused by both of these ultra violet rays. It is the UVB rays that cause burn while UVA causes darkening of the skin or tanning. But UVA also causes premature aging and long term damage to the skin.

Most tanning lotions or sunscreens are designed to absorb the UVB (burning) rays and only to a limited extent absorb the UVA rays. A sunblock, on the other hand, blocks both UVB and UVA rays and contains titanium dioxide or zinc oxide.

SPF, or sun protection factor, numbers were introduced in 1962 to measure a sunscreen's effect against UVB, the burning rays. An SPF of 2 blocks 50% of the UVB. An SPF of 10 blocks 90%. An SPF of 15 blocks 93% and an SPF of 30 blocks 97%. Clearly there are diminishing returns for ever higher SPF numbers. Just use one that is 15 or greater. SPF numbers only measure the sunscreen's effect against the UVB rays. The damaging UVA rays are ignored.

UVA rays are closely associated with skin cancer. It is the most common cancer in the US and one in eight will get skin cancer in their lifetime. One in fifty will get melanoma, a deadly form of skin cancer. Skin cancer usually appears in adulthood but is caused by burns and exposure in one's childhood. It

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You will receive the newsletter earlier!  
You can retrieve your newsletter no matter where you are!

is important that children be protected with a good sunblock (not sun screen) to avoid problems later on.

One widely recommended sun block is Blue Lizard. It is an Australian product and is not readily available in US stores. It is available on line.

#### Editor's note:

I have been using Blue Lizard sun block, recommended by my dermatologist, for the past several years to help me with my own damaged skin. I usually buy it in large bottles from Amazon. It goes on rather thick and white but the white is quickly absorbed by the skin. Blue Lizard now has a variety of sun lotions. You will want the one labeled "REGULAR."

### Ask a Question

If you have suggestions or questions about this newsletter, if you have any suggestions or questions about the association in general, **ask me!** Just send me an email with your question and it will be forwarded to the appropriate official for an answer. You can email me at:

[pcourneya@tds.net](mailto:pcourneya@tds.net).

The e-version is in color!  
The e-version may have extra pages!  
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Sign up for the e-version by sending your name and email address to the editor. Put the words "Email my Newsletter" in the subject line. Send to: [pcourneya@tds.net](mailto:pcourneya@tds.net).

### Sightings

Paul and Barbara Courneya (Shadywood Shores) reported that early Tuesday morning, April 15th, they spotted three wild turkeys roaming the ditch on Hwy 49 just across from the Ponto 8 road. Barbara had been wondering if any of the turkeys we saw last year had survived the challenging winter. Evidently they did.

Seeing wildlife is always an interesting event . So if you see wildlife or an interesting plant or even an interesting insect or amphibian, please let us know. Take a picture if you can but even if you can't still share your experience with us.

### Take It To The Box

Cass County's medical disposal program designated Take it to the Box started in November of 2011 in an effort to give people a way to safely dispose of unwanted over the counter and prescription medicines and prevent their abuse or accidental misuse. Drop off boxes are located in the courthouse in Walker, the Lake Shore City Hall, the Cass Lake City Hall, and the Pine River City Hall. The Cass County Sheriff's Office reports they collected 492 pounds of unwanted prescription medications in 2013.

Reduce  
Reuse  
Recycle

### Volunteer Needed

Our lake association needs a volunteer to take over managing the association's website. Managing the website is neither difficult nor time consuming. The nice thing about the website is there is no deadline to deal with. You can add or subtract information at will.

Experience is not necessary. The web host provides a variety of tools to use for updating the site. You do not need to know html codes or have any such experience. Just click on *add a page* button if you want to add a page and move the page where you want it. Draw a *text box* and type into it, or draw a *picture box* and drag and drop a picture into it. It is all very simple. It is no different than working with a simple word processor.

If you are interested contact the newsletter editor.

pcourneya@tds.net

### Some Statistics From the Cass County Sheriff's Office

Number of calls received for service in Ponto Lake Township 137

Number of traffic crashes in all of Cass County 341, 73 with injury and 4 with a fatality

Number of crashes involving a deer 185, 3 with injury

Number of arrest of impaired drivers 92

**Hand/Hay Lakes Property owner's Association  
Membership Form**

Yearly dues paid by the members of the Hand/Hay Lakes Association are used to keep the Association strong. Membership dues can be paid anytime throughout the year. Select your level of membership in the form below and complete the requested information and mail it with your check payable to Hand/Hay Lake Association to Sue Hagen, Treasurer, 5093 Yuma Lane North, Plymouth, MN 55446.

Please use the form to update any portion of your address or phone numbers or email address. Be sure to check the box if you want the newsletter emailed to you **instead** of sent by regular postal mail.

**Your Permanent address. This is where your newsletter will be sent**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State, Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

Check This box if we can e-mail the newsletter to you instead of sending by postal mail.

Lake Address \_\_\_\_\_

Lake Phone \_\_\_\_\_

Sunfish Level: \$15.00..... \_\_\_\_\_

Bass Level: \$15.00-\$25.00..... \_\_\_\_\_

Walleye Level: over \$25.00..... \_\_\_\_\_

Fish Stocking: Please circle one **Hand Lake Hay Lake**..... \_\_\_\_\_

Total..... \_\_\_\_\_

The Hand/Hay Lakes Property Owners Association was formed in the spring of 1987. Its primary function is to preserve the health, safety, welfare, and prosperity of Hand and Hay Lakes and the adjoining properties. The association has one general meeting on Saturday at 9:00 am during the Memorial Day weekend at the Ponto Lake Town Hall. All are welcome. Yearly membership dues are \$15.00 per household and payable at the general meeting. Or, send your check to the office of the treasurer with your name, address, phone number, and email. The Treasurer's address is: Susan Hagen, Treasurer, 5093 Yuma Lane North, Plymouth, MN 55446-2014. Make check payable to Hand Hay Lake Association

All Hand/Hay Lakes property owners are entitled to receive the Lake Waves, the official organ of the association. The Lake Waves is also available on the association's website, <http://HandHaylakesAssoc.org>. The Lake Waves is published four times per year in March, June, September, and December. Material for the newsletter should be sent directly to the editor. Material must be received before the 15th of the month for consideration to be published in that month's newsletter. Editor's address is: Paul Courneya, 11024 Johnson Ave So. Minneapolis, MN 55437.

**Past Presidents**

Duane Larson, *Dennis Haley*, *John Waters*, Dale Johnson, Dustin Mirick, Dick Stensrud, *Pete Kampa*, Wayne Lee, Andy Droen, Scott Parr

**Officers**

President	Arlan Hagen	2014
Vice President	SandiTheisen	2014
Treasurer	Susan Hagen	2014
Secretary	Barbara Courneya	2014

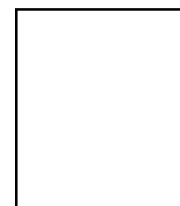
**Hand Lake Directors**

Shadywood Shores	Clint Lindberg	2015
Haley's Haven	Mary Martin	2015
Indian Point	Ken Reinecke	2014
North Bay	Dustin Mirick	2014
Norway Shores	Lee Theisen	2015
At Large 1	Danae Schafer	2014
At Large 2	Wayne Lee	2015

**Hay Lake Directors**

Director 1	Scott Parr	2015
Director 2	Rick Pope	2014
Director 3	Joanna Gellerman	2014
Director 4	Dale Johnson	2015

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**Spring 2014**

**The Hand-Hay Lakes Association Newsletter**