

WE ARE A BEHAVIORAL HEALTH COMPANY

ABOUT US

3 Dimension Inc. is committed to assist individuals in need of behavioral health services. We offer individual, couples and family counseling/therapy. Counseling/Therapy services are offered in a private setting at all three office locations. Counseling/Therapy services are also provided in long term, assisted living, and group home settings. We also specialize in RDAP Federal Sentence Reduction Services.

Our Staff consists of doctoral-level psychologists as well as licensed clinical social workers and licensed professional counselors.

1 MISSION

* Provide individuals, couples, and families with the tools, resources, and services to promote positive functioning in their lives

* Provide the highest quality behavioral health service possible

* Guarantee a high-level of clinical services to improve one's mental health

2 POPULATIONS SERVED

* Adults
* Seniors

* Adolescents
* Children

3 CONDITIONS TREATED

We are equipped to help you with these conditions: Depression, stress, anxiety, substance abuse, behavioral disorders, relationship issues, and many more behavioral health concerns.

CONTACT US



PH: 1.800.254.0710 | FAX: 1.800.254.7175



EMAIL: behavioralhealth@3dimensioninc.com
WEBSITE: www.3dimensionbehavioralhealth.com



3901 Arlington Highlands Blvd Ste. 200
Arlington, Texas 76018

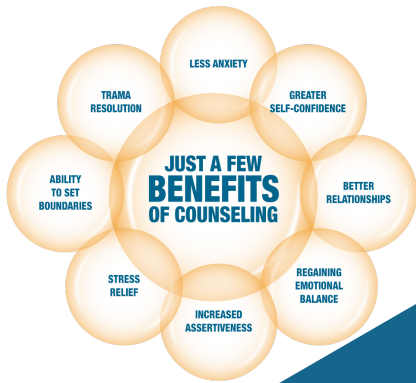
610 Uptown Blvd. Ste. 200
Cedar Hill, Texas 75104

925 Houston Street
Waco, Texas 76704



3 Dimension Inc

A Behavioral Health Company



SERVICES PROVIDED

- ✓ Individual, couples and family therapy in an office setting
- ✓ Onsite Counseling/Therapy Services at Nursing and Group homes
- ✓ Video/Online Therapy
- ✓ RDAP Federal Sentence Reduction Services

INSURANCE ACCEPTED

- UNITED BEHAVIORAL HEALTH
- UNITED HEALTH CARE
- BLUE CROSS BLUE SHIELD
- MEDICARE
- MEDICAID
- TRICARE
- AETNA
- CIGNA
- PRIVATE PAY
- MAGELLAN
- EMPLOYEE ASSISTANT PROGRAM (EAP)

CONSULTATION WITH FACILITY STAFF

3 Dimension Inc. clinical staff understands the importance of being part of the interdisciplinary team and working in a cohesive manner to deliver the best behavioral health treatment to the resident. The goal of 3 Dimension Inc. is to consult and interact as much as possible with the residents, family, nursing, medical, and rehabilitation staff in various facilities. While residents may benefit from therapy/counseling services, staff and facility may also benefit from the implementation of modified treatment approaches to decrease the emotional and behavioral disorders a resident may experience. These behavior modifying treatments are reinforced with the resident, family, and facility staff.



* Diagnostic Assessment / Evaluation

Initial assessment, diagnosis and treatment planning / goals

*Psychotherapy

Aim to improve an individuals well-being and mental health. Modality of treatment in which the therapist and patient work together to achieve goals.

(RDAP) Residential Drug Abuse Program Federal Sentence Reduction Services

* Plan of Care Review

Every 3 months we review psychotherapy progress toward goals and assess current symptoms of functioning and well-being.

* Discharge

This includes recommendations for ongoing stability and maintenance of behavioral health.