

2019 A1 Football Academy Schedule

Day 1				Day 2				Day 3			
Time				Time				Time			
9-12:00	Registration			7:30-8:45	Breakfast (Offense 7:00-7:45, Defense 7:45-8:30)			7:00-9:00	Breakfast (OL, DL 7:00-7:45, Skill 7:45-8:45,		
10-11:45	College Fair			8:45-9:30	Offense NCAA Recruiting Presentation			8:30-9:00	OL/DL (Board Drill and Pass Rush)		
11:45-1:00	Lunch 11:30 12:45			8:30-10:00	Def Skill Showcase By Pos (Coaches Eval)				Final Seeding for Lineman Showcase		
12:45-12:55	Coaching Staff Meeting			8:30-9:00	Dline Drills Grant Field			9:05-9:50	(7 on 7) 2-20 minute games		
12:55-1:10	Coachs Meeting by position			9:00-9:30	LB's Drills Grant Field			9:55-10:45	7 on 7 Semi-Final and Final		
1:15-1:30	Orientation			9:30-10:00	DB's Drills Grant Field			11:00-11:30	Lineman Challenge TOP 32 (All OL/DL)		
1:45-1:55	Offense Stretch			10:10-10:50	Off Skill Showcase By Pos (Coaches Eval)			11:30-11:45	Awards		
1:55-2:50	Offense Practice			10-10:30	Oline Drills Grant Field						
2:00-2:45	Defense NCAA Recruiting Presentation			10:30-11:00	WR, TE's QB Routes Grant Field (3 step, 5 step)						
3:00-3:10	Defense Stretch			11:00-11:25	TB's Drills Grant Field						
3:10-4:00	Defense Practice			11:00-11:30	Offense Pos.						
4:30-6:00	Dinner (Offense 4:30-5:15 Defense 5:15-6:00)			11:00-11:30	Defense Pos.						
5:55-6:05	Offense Stretch			11:30-1:00	Lunch (O and D Line 11:45-12:00, Skill 12:00-12:45)						
6:05-7:00	Offense Practice	Defense Off		12:40-12:45	Linemen Stretch						
7:05-7:15	Defense Stretch			12:45-1:15	OL/DL Practice Grant Field						
7:15-8:10	Defense Practice	Offense Off		1:15-1:40	Linemen Showcase Rd 1 Board Drills						
8:30-9:30	Shower			1:45-1:50	O and D Skill Stretch (All O and D Skill on Field)						
9:00-11:00	Camp Store			1:50-2:25	Offense and Defense Skill 1 on 1						
11:30	LIGHTS OUT/bed check			2:30-2:40	7 on 7 Coaches Meet Teams at Fields						
				2:40-4:00	7 on 7 Competiton Begins						
					3-25 minute games						
				4:30-6:30	Dinner (ALL Linemen 4:30-5:15 Skill 5:15-6:30)						
				6:15-6:55	Linemen Showcase Rd 2 (Pass Rush) Grant						
				7:00-8:05	(7 on 7) 3-20 min games						
				8:30-9:30	Shower						
				8:30-11:15	Camp Store						
				11:30	LIGHTS OUT/bed check						