

October 2018

ESA IC News

Epsilon Sigma Alpha International Council Newsletter



Kim Kummer, ESA I.C. Council President 2018-2019

Happy Fall Y'all,

I am so excited!!! CHOCTOBER is here! I love this theme especially since there are so many things that can be done from outrageously silly to simple and tasteful. We all belong to an ESA chapter... some are "just right" as they are and others could use a new member or two to reenergize. Whatever chapter you belong, please share the gift of ESA with someone new. I've always liked the concept of pledging a new member that is the age you were when you joined ESA. Hmm, for me that would be 19. Who do I know? I've got a couple of nieces, and kids from youth group, and ... the list goes on. Think about who you could contact. Recruitment of new members into ESA can involve the chartering of a new chapter too. Do you know a group of women that share a common interest who would benefit from the gift of ESA. Not sure where to start? Have some chocolate and think about it...chocolate always helps me think better. You can also look to the ESA website that is full of Choctober party ideas as well as other party and recruitment tools. I look forward to hearing your Choctober stories and seeing our membership numbers increase!



Along with the excitement of Choctober, watch your mailbox for the JOURNEY Magazine. You will love the redesign of our ESA magazine. It is a beautiful recruitment tool as well. I look forward to hearing your thoughts. Let me know your favorite thing about the JOURNEY.

I know many of you participated in the St. Jude Walk/Run to End Childhood Cancer. GREAT JOB! I love that ESA is a Gold sponsor this year and we are well on our way of reaching our goal. The IC Executive Board had a virtual walk September 22 since we were gathered in Manhattan, KS for our retreat. We started at Call Hall for ice cream and then walked at the K-State Gardens admiring the many flowers and monarch butterflies. The Memphis Marathon is around the corner now. I had such a great time last year that I can hardly wait to go back. I need to gear up my fundraising but that won't be hard since I am motivated. I have a goal and I need all of you to help ESA reach my goal. How exciting would it be to reach \$300 Million next summer when we are all in Memphis for IC Convention? Let's see what this amazing organization can do to stop childhood cancer!

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Random fact about Kim – An author I've read: Alexander McCall Smith – I am reading two different series of his, 34 Scotland Street and the #1 Ladies Detective Agency. Both are great series reads.

xoxo, Kim

Kim Kummer
ESA IC President
ESA ~ A Gift
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First Vice President

ESA – A Gift! Don't you think so? I know I sure feel that way. I've been an ESA member for as long as I can remember, and I love the wonderful opportunities that I've been able to enjoy along the way. Honestly, I never aspired of serving on the International Council, but I have a firm belief in working on the solution to a problem rather than sitting idly by. I started on this journey because I wanted to help work on the solution of ---hhhhmmmmmm! I don't even remember what I perceived the problem to be. I submitted my Nomination Form and simply forgot about it.

I'll never be able to tell you what the problem was because I don't have a clue. What I do know is I've been honored to enjoy the most wonderful experiences along the way. I've been able to challenge myself and have grown so much; both professionally and personally!

We all have talents and gifts to share and not one of us is alike; so, everyone is needed to help ESA grow and become the ESA you want it to be. Working together we are so much stronger! I've learned a lot from fellow IC Executive Board members as well as from members I've met on those magnificent state visitations. And, the best thing is, I've found, people are so willing to share their talents. All one needs to do is ask.

So, I'm asking you: won't you please share your gift and run for an International Council office? Do you need to know more about making this kind of commitment? I'm an email or a phone call away and happy to share with you. If you are willing to serve, the Nomination Forms for the 2019-2020 year need to be submitted to me by November 15th, 2018. I hope to hear from you!



Terri Olson
ESA IC 1st Vice President
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Second Vice President

I am honored and excited to be your 2nd Vice President for the coming year! This new journey, on some days, has my head spinning, but in a very good way!

The Convention Planning meeting in Memphis was held in August, and there are so many great people working to make this convention one you won't want to miss! With all the fun things to do in Memphis AND the very special St. Jude Children's Research Hospital, it will be a convention everyone will enjoy. Tours to visit the hospital are



currently being set up, if you haven't been to the hospital before, or even if it has been a few years, you will want to schedule time to see it. In a word...AMAZING! All our fundraising efforts for St Jude do not go unnoticed either, ESA is celebrated in so many areas of the hospital...AMAZING!

We will be staying at the Sheraton Hotel, Downtown Memphis, right across the street from the Convention Center. The trolley line is right

outside the door of the hotel, happy to take you to Beale Street!

Mark your calendars for July 17-21, 2019 for the 72nd Annual Epsilon Sigma Alpha Convention and come with us, we will be making "**Merriment & Memories**" Memphis Style! You won't want to miss this!!

LeAnn Wray, 2nd Vice President lwrap2@comcast.net



IC Workshop Coordinator

Brenda Meyers, Ohio

brendasmeyers@gmail.com

I'm super excited to be part of Kim's team this year. I want to do a great job for you in Memphis and present speakers and workshops that will be an ESA Gift to all who attend. I will not be a success without you!

It's your ideas and feedback that will help the Convention Committee plan an agenda that is fun and informational. I'm sure we've said or heard many times "if I was planning it I would....." I'd like to know what you would want to see or hear. My email is brendasmeyers@gmail.com and I am only a phone call away. I'd love to hear from you as we begin the search for exciting topics you would enjoy attending. President Kim and I are already sharing ideas but input from you would be truly valuable.

If there is anything I can do to assist with any research you are doing for your own state workshops do not hesitate to ask. I make a great cheerleader too!

I'll keep you posted on our plans as we go along and hopefully see in Memphis in 2019.

Membership Rock Star of the Month



Royce Walker, Zeta Tau/TX

While many members adopt a lighter ESA schedule in the summertime, Royce Walker of Houston, a life-active member with 48 years of service, sponsored her second new chapter of 2018 and five new members since June 1. Delta Psi chapter was chartered in Houston on August 18th. "They're just a wonderful group of young professional

women and I am so thrilled to have them be a part of ESA. We first met them working the 'Evening of Hope' St. Jude gala in Houston and have been developing that connection ever since. We are so excited it has culminated in this new chapter for ESA," Royce shares. "One of them was new in town, and all of them were looking for fun avenues to volunteer, so of course I told them ESA is just what they need. One other good tip I'd share, I also reached out to a man I know in town who is also in that age group and asked him to send out an email blast to any of his friends he thought would be interested, and that helped build this group too. We started with a couple of happy hour meetings at restaurants downtown because that's where they all work and it's convenient for them, and then we formed the chapter. Their first regular chapter meeting was in September."

"Our chapter, Zeta Tau, is a very traditional chapter and my daughter Julie (who co-sponsored Delta Psi) and I love it, but when we met these young ladies, we knew they'd want an ESA chapter that would provide them with a different experience than they'd get in Zeta Tau. Their schedules, lifestyles, and interests are different than ours and will take them in some great new directions. We wanted them to have their own chapter to be able to create all that great stuff. Julie and I plan to work closely with them throughout this year to help them build their membership and knowledge of ESA and all that's available to them. I am having such a good time with them, their enthusiasm is contagious; they're doing it their way, and I just love it."



Royce (left) with some charter members of Delta Psi and Linda Waters, installing officer

Chaplain



Happy fall to everyone. Hopefully everyone is doing well. Did you know that the IC Chaplain has a gmail account? The last several years, the same account has been used—that way you don't have to update your information for the state chaplains. So, if you need to send information to the IC Chaplain, please send it to esaicchaplain@gmail.com. When you send information please try to send complete information with an address if possible. We all know that the prayers will be said, but many

members also like to send a card or note. If the state chaplains could also try to locate a picture of our deceased members, it would be very helpful. So far, we have celebrated some milestone birthdays and anniversaries along with sharing prayers for members that have illness, surgeries, and losses. We have also lost a few members. Please remember the power of prayer and positive thoughts for all. I leave you with these words: Look back and thank God. Look forward and trust God. He closes doors no one can open and He opens doors no one can close.

Maria Bingheim, IC Chaplain, esaicchaplain@gmail.com

IC Jr. Membership Chair

The IC Membership theme is Chocolate this year, having seen much success with it

years ago. Consider hosting a chocolate rush event or sending chocolates to someone you think could benefit from our wonderful organization. What a great and tasty invite.

As IC Membership Jr. Chair, I also want to encourage you to consider using local businesses, local teenagers and/or partner with another organization to host service or fundraising events. We can't do it all, so why not recruit help, and maybe, just maybe, that will also lead to new members. We may not be physically able to run events, but our years of experience prove we still know how to plan one. You do the planning and let others do the leg work.

Win, Win!

Alysha Wagley



ESA for St. Jude

CALLING ALL ST JUDE HEROES! As of October 1st, there are 55 teammates that have signed up to support TEAM ESA at the St. Jude Memphis Marathon Weekend coming up on Saturday, December 1st. Out of the 55 teammates, how many do you suppose will walk, how many will run, how many will stroll, or how many will be a volunteer? It really doesn't matter what you do for St. Jude. It only matters that you join TEAM ESA and raise money for the children of St. Jude. Epsilon Sigma Alpha has pledged to raise \$75,000 and as of today we have close to \$22,500! We still have a long way to go but with your help we will get there. Did you know that you can join TEAM ESA even if you can't go to Memphis? You can walk at home on your treadmill, or around the block, or even, perhaps, not at all. Just send a personal donation to one of the team members. Have a fundraiser in your own community (a garage sale, a bake sale, or sell something on the internet) and then send us your profit. We want to surpass our goal and go for \$100,000 this year! So, what do you say? Are you with me?

To join TEAM ESA, go to:

http://fundraising.stjude.org/site/TR/Heroes/Heroes?team_id=217477&pg=team&fr_id=88563

If you would like to purchase a TEAM ESA shirt contact Kristen Hall at Headquarters. It is a long sleeve, red shirt with TEAM ESA on the front.

Please join me in Memphis, or support TEAM ESA from home. Become a St. Jude Hero... because no child should die in the dawn of life.

Angie Fairbanks
IC ESA for St. Jude Senior



St. Jude
Heroes

Easterseals



Hi Everyone,

Well, summer is slowly leaving, children are back in school and before we know it the Holiday fun will begin!

By the time you read this, many of you will have had a conference. I hope by now all of you have seen or heard about the Easterseals Challenge. I sent the challenge out to the State Presidents and the Easterseals Coordinators in all the states. If it has not been shared with you, please let me know and I will send you a copy. As I told them, it is easy to do and you don't have to leave home to do it!

Last week I had the opportunity to have a conference call with Sharon Watson, Vice President at Easterseals in Chicago. Also joining us was Leah Ray of Social Capital Partnership within Easterseals. We had a great conversation and I am really excited to get the ball rolling. I have contacted all the State Presidents and the Easterseals Coordinators to see what we can do together to reconnect the ESA members and the Easterseals affiliates within each state. Many states do have a great working relationship, but we want to insure that we can possible strengthen that relationship and in other states created a new relationship or strike up conversations on what can be done to restore that relationship.

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It was suggested that Easterseals representatives pay a visit to the states at their conferences to update ESA on what is being done at Easterseals and how ESA can play a role in what they are doing. They are also working on various events to help celebrate their 100th Anniversary in 2019 and would love to have ESA help with them.

We have the Gift of ESA and you know how ESA has enriched your life. We need to share that gift and do all that we can to help those clients that depend on Easterseals. Let's make this a year that all will remember!

Please stay tuned for more exciting happenings with ESA and Easterseals.

Hugs to all
Deana Walters
2018-19 IC Easterseals Coordinator

State Council and Chapter News

New Mexico

After the recent August Membership Meeting in Lordsburg, I was left with a sincere regret. Simply put, it is...why can't we meet more often? Every detail was perfect, from the facility, to the food, to the tiniest detail! More importantly, the hospitality was welcoming from District II. It was especially meaningful to have the ELAN Chapter participate.

We came from all parts of the state and had an opportunity to catch up with friends and even make new ones. ESA camaraderie is undeniable!

The meeting was very productive. Yes, we did discuss CHANGE. As uncomfortable as change is for us, it can offer opportunities. Pertinent issues such as changing the Membership Meeting Date, term lengths for the State Elected and Appointed Boards, and State Convention responsibilities/location were raised. These issues will be explored by committees which have been formed.

The reasons behind the consideration of the changes is ultimately to insure ESA is a viable organization well into the future and can continue to offer its philanthropic and member benefits. I count my lucky stars the day I became a member of ESA. In ESA we build lifelong friendships and can help others who are in need. This is the humanity of ESA.

Marlee Torres, President



Gamma Zeta, Oklahoma



Several members of Epsilon Sigma Alpha's Gamma Zeta chapter attended Boys' Ranch Town Rodeo recently. The exciting event was a fun day filled with lots of excitement. Brent Thackerson, BRT administrator explained, "Our boys and staff look forward to seeing everyone at the rodeo. We've added calf roping as a new event this year."

Boys of all ages who live on campus and staff children participate in the rodeo each year. From the youngest to the oldest, these young cowboys entertained the entire family as they competed in different categories. Additional outdoor games and activities were also on the campus. Approximately 250 people attended the rodeo and cookout.



State of Texas, Publicity Chairman – Cheryl Deleranko

Our Texas State President, Kelly Kinser, along with her Corresponding Secretary, Renae Campbell, have certainly been busy the last month. Kelly paid her official visits to District IV (San Antonio) on August 25th and to District V (Kingsland) on September 8th. Upcoming travel plans are to visit Rose Pasillas' District VI, Sigma Nu, on September 29, 2018 along with her new chapter, Sigma Nu.

Kelly attended a Chartering ceremony in Houston, with 5 young professional women. Delta Psi #5605 was sponsored by Royce Walker and Julie Walker Leith.



Welcome to our newest Texas ESA Delta Psi #5605 and their 5 members. Their chartering

ceremony was held on August 18, 2018 and conducted by Junior Past President, Linda Waters. The pledge ceremony was conducted by Texas State President, Kelly Kinser. Congrats!



Chapter,



accomplished early on.

Left: Fun was abundant at the home of Karen Luckenbach.

Right: Kelly shared new membership ideas with the chapter Presidents District IV.

***"Just
Imagine"***
the year
ahead will
with so much
being



from

what

bring

Queensland

Greetings All from your fellow ESA members in Queensland

The new ESA year has started very positively for all branches and we are delighted that we have been noted at the IC Convention for our increased membership. We are all very proud of that.

Since most of our activities are covered monthly magazine The Queenslander, many of you receive, I will just highlight couple of events.

One which is very significant to ESA was recent presentation of the Emily Thomas Scholarship to our fellow member (Alpha Rho) and Central Queensland University student Hayley Sumpter. The local paper, the Mackay Mercury featured a most positive article the presentation and I include the transcript below.

Report from 'Uni Talk' printed in Mackay Mercury on September 18, p16.



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ESA gives back to CQUni student

The international women's Foundation Epsilon Sigma Alpha (ESA) has awarded CQUni student Hayley Sumpter with a scholarship towards her Bachelor of Digital Media studies.

ESA State President Daphne Neilsen said that Hayley was the third CQUni student recognised with the prestigious Emily Thomas Scholarship (\$1000) since its inception in 1997.

'ESA International offers many scholarships and grants each year for students to enable them to further their studies after finishing secondary school and it's also a very great pleasure to pass this scholarship on to Hayley who is one of our very own devoted members,' Mrs Neilsen said.

As a lifelong member of the Mackay chapter, Hayley doesn't actually recall her first ESA meeting although her mother Debbie does. 'Hayley was only four months old and in my arms when we attended our first ESA meeting together. I joined to make friends and give back to my community and, in so doing, Hayley has enjoyed the ESA network alongside me,' she said.

Hayley said her fellow members were 'like family'. 'I've fundraised alongside the ESA now for 20 years but I never expected to be awarded a scholarship to encourage me with my tertiary studies – this is a real honour.'

Now in her third year of study at CQUni Hayley is putting her Digital Media skills to use teaching her ESA members (most of whom are aged 60 years and over) how to use iPhones and computers, and how to save and send photos.

'We used to produce an annual scrapbook of photos from throughout the year, but now Hayley helps us create a digital version that we store on a USB; we are all very fortunate to be able to learn from Hayley's university teachings,' Mrs Neilsen said.

ESA is dedicated to the promotion of continuing education and to altruistic activities that make a positive difference in the world community.

For more information about the foundation and its annual scholarships, visit the website at <http://www.esaaustralia.org>.



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Daffodil Day is held in the last week of August each year and all branches assist the Cancer Council of Queensland fundraising with sales of daffodils and merchandise. This year was not exception and the daffodils were exquisite.



The
city of



Toowoomba is situated 126km (80 miles) due west of Brisbane and it is known as the Garden City account of its Carnival of Flowers each Spring. This year, despite a horrific drought, that carnival still happened and a feature is Laurel Bank Park which



well
on

This year it
Commonwealth Games which
April. The pictures tell the



each year has a
specific theme.
highlighted the
were held on the Gold Coast in
story.

Toowoomba Carnival of Flowers – Garden City



Laurel Bank Park featured a floral depiction

of the 2018 Commonwealth Games. Apart from the title, pictured above, they showed the Gold, Silver and Bronze medals, along with a floral podium for the presentation to the winners.



Many individual sports were represented – swimming was a stand-out.



The Games Mascot Borobi was a special feature with his wide smile. The name Borobi is Aboriginal for koala, and Bribie Island, just north of Brisbane, is so named on account of the large number of koalas found there, since Bribie is a derivative of Borobi,

