

VITALITY

Spine & Sports Physical Therapy
1Thessalonians 5:23
BE REJUVENATED!

PATIENT INTAKE PACKET

Please provide us with all of your important information for billing. If you have questions, please ask an administrator purposes.
This form is valid for one calendar year. Please inform Vitality PT if any changes need to be done within the calendar year. Thank you.

Patient Information Form

Patient Name:	DOB:	Marital Status: Child / Single / Married / Divorced / Widow/er		
Address:		City:	State:	Zip Code:
Parent/Legal Guardian Name:		Patient/Parent/Legal Guardian SSN:		
E-mail Address:	Cell Phone:	Home Phone:		

Patient/Guardian Employment Information

Employer's Name:	Occupation:	Work Phone:
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Emergency Contact

Name:	Phone:	Relationship to the patient:
Do you consent for Vitality Spine & Sports Physical Therapy, LLC to share any personal information with this person? <input type="checkbox"/> YES <input type="checkbox"/> NO		

Health Insurance Information

Primary Insurance:	ID:	Group:
Name of card holder:	Card Holder's DOB:	Relationship to the patient:
Secondary Insurance:	ID:	Group:
Name of card holder:	Card Holder's DOB:	Relationship to the patient:
Tertiary Insurance:	ID:	Group:
Name of card holder:	Card Holder's DOB:	Relationship to the patient:
Who can we thank for this referral? <input type="checkbox"/> Friend/Neighbor <input type="checkbox"/> Spouse <input type="checkbox"/> Doctor <input type="checkbox"/> School <input type="checkbox"/> Advertisement		
Are you currently receiving any type of Home Care/Physical Therapy/Hospice? <input type="checkbox"/> YES <input type="checkbox"/> NO, If YES Start DATE:		
Do you or legal guardian have a Power of Attorney? <input type="checkbox"/> YES <input type="checkbox"/> NO		

ACKNOWLEDGMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

By initialing I acknowledge that I have read (or had the opportunity to read) and understood the Notice of Privacy Practice. If a copy is needed for records, I was provided a copy after requesting one from Vitality PT/staff. I understand that Vitality Spine and Sports PT may use or disclose my personal health information for the purposes of carrying out treatment, obtaining payment, evaluating the quality of services provided and any administrative operations related to treatment or payment. _____ Initial

CONSENT TO MEDICAL RELEASE

I consent and authorize Vitality Spine & Sports Physical Therapy, LLC to release my medical records to the doctors and/or attorney listed below.

Name of the Doctor:	Phone Number: ()
Address:	City: State: Zip Code:
Name of the Doctor:	Phone Number: ()
Address:	City: State: Zip Code:
Name of the Doctor:	Phone Number: ()
Address:	City: State: Zip Code:

Patient Signature / Legal Guardian

Date

Rev.6.20.18

MEDICAL HISTORY FORM

Please provide us with all of your important health history information. If you do not understand a question, your therapist or an administrator will assist you. Thank you!

Patient First Name:	MI:	Last Name:
Do you have pain? <input type="checkbox"/> YES <input type="checkbox"/> NO If YES, describe (ex: burning, sharp):		
Do you have dizziness or loss of balance / falls? <input type="checkbox"/> YES <input type="checkbox"/> NO, if YES, describe		
For what condition (body area) are you seeking treatment here?		
Approximate condition started?	Cause of condition?	
Had Surgery for your condition? <input type="checkbox"/> YES <input type="checkbox"/> NO, If YES Date:		Did this happen at work? <input type="checkbox"/> YES <input type="checkbox"/> NO
Muscle or Joint Problems(Example: Neck, Back, Knee):		
Any / All Surgeries throughout your lifetime including plastic surgery and approximate time:		

Have you been diagnosed or experienced any of the following: <table style="width:100%;"> <tr> <td style="width:50%; vertical-align: top;"> Y N <input type="checkbox"/> Osteoarthritis <input type="checkbox"/> Fracture <input type="checkbox"/> Cancer / Tumor <input type="checkbox"/> Osteoporosis <input type="checkbox"/> Osteopenia <input type="checkbox"/> Ulcers <input type="checkbox"/> Blackouts <input type="checkbox"/> Neurological disease <input type="checkbox"/> Balance Problems <input type="checkbox"/> Stroke / CVA <input type="checkbox"/> TIA <input type="checkbox"/> Concussion / Brain Injury <input type="checkbox"/> Parkinson's <input type="checkbox"/> Epilepsy / Seizures <input type="checkbox"/> Multiple Sclerosis <input type="checkbox"/> Sleep Disorder <input type="checkbox"/> Fibromyalgia <input type="checkbox"/> Asthma </td> <td style="width:50%; vertical-align: top;"> Y N <input type="checkbox"/> Hepatitis A, B, or C <input type="checkbox"/> Thyroid Problems <input type="checkbox"/> Diabetes <input type="checkbox"/> Anemia <input type="checkbox"/> Rheumatoid Arthritis <input type="checkbox"/> Emphysema/COPD <input type="checkbox"/> Bronchitis <input type="checkbox"/> Tuberculosis <input type="checkbox"/> Anxiety <input type="checkbox"/> Depression <input type="checkbox"/> Deep Vein Thrombosis <input type="checkbox"/> Heart Attack <input type="checkbox"/> Heart Failure <input type="checkbox"/> High Blood Pressure <input type="checkbox"/> Pacemaker <input type="checkbox"/> Deep Brain Stimulator <input type="checkbox"/> Neuropathy <input type="checkbox"/> Nerve Stimulator </td> </tr> </table>	Y N <input type="checkbox"/> Osteoarthritis <input type="checkbox"/> Fracture <input type="checkbox"/> Cancer / Tumor <input type="checkbox"/> Osteoporosis <input type="checkbox"/> Osteopenia <input type="checkbox"/> Ulcers <input type="checkbox"/> Blackouts <input type="checkbox"/> Neurological disease <input type="checkbox"/> Balance Problems <input type="checkbox"/> Stroke / CVA <input type="checkbox"/> TIA <input type="checkbox"/> Concussion / Brain Injury <input type="checkbox"/> Parkinson's <input type="checkbox"/> Epilepsy / Seizures <input type="checkbox"/> Multiple Sclerosis <input type="checkbox"/> Sleep Disorder <input type="checkbox"/> Fibromyalgia <input type="checkbox"/> Asthma	Y N <input type="checkbox"/> Hepatitis A, B, or C <input type="checkbox"/> Thyroid Problems <input type="checkbox"/> Diabetes <input type="checkbox"/> Anemia <input type="checkbox"/> Rheumatoid Arthritis <input type="checkbox"/> Emphysema/COPD <input type="checkbox"/> Bronchitis <input type="checkbox"/> Tuberculosis <input type="checkbox"/> Anxiety <input type="checkbox"/> Depression <input type="checkbox"/> Deep Vein Thrombosis <input type="checkbox"/> Heart Attack <input type="checkbox"/> Heart Failure <input type="checkbox"/> High Blood Pressure <input type="checkbox"/> Pacemaker <input type="checkbox"/> Deep Brain Stimulator <input type="checkbox"/> Neuropathy <input type="checkbox"/> Nerve Stimulator	<table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td style="width:50%; vertical-align: top;"> Previous Treatments: <input type="checkbox"/> Physical Therapy # of Visits: _____ Year: _____ <input type="checkbox"/> Chiropractor/DO <input type="checkbox"/> Medication <input type="checkbox"/> Acupuncture <input type="checkbox"/> Injection / Date: _____ <input type="checkbox"/> Surgery <input type="checkbox"/> None <input type="checkbox"/> Other: _____ </td> <td style="width:50%; vertical-align: top;"> Current Stress Level: <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> High <input type="checkbox"/> Usual <input type="checkbox"/> Increased </td> </tr> <tr> <td colspan="2" style="vertical-align: top;"> <table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td style="width:50%; vertical-align: top;"> Any Diagnostic Tests: <input type="checkbox"/> X-Ray <input type="checkbox"/> MRI <input type="checkbox"/> CT Scan <input type="checkbox"/> Nerve conduction <input type="checkbox"/> None <input type="checkbox"/> Other: _____ </td> <td style="width:50%; vertical-align: top;"> Your Goals For Therapy? 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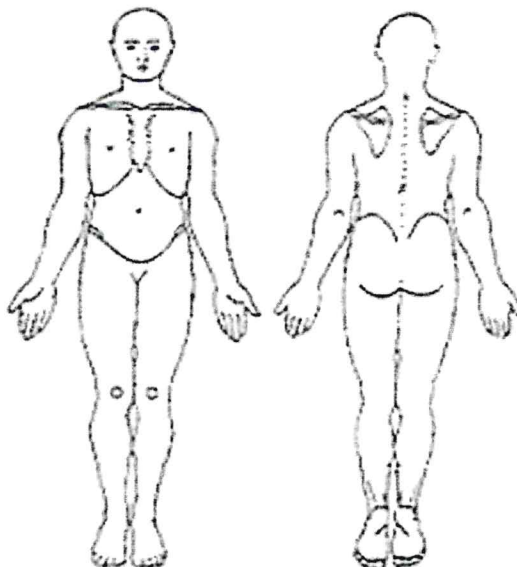
Are you pregnant? <input type="checkbox"/> YES <input type="checkbox"/> NO	If YES, how far along are you?	WEEKS	Trimester <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3	Due Date:
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Please list ANY/ALL your medications that you are currently on for ANY/ALL medical conditions (Attach list if necessary):

Describe other important information below:

Your care is important to us. Please mark any of the following treatments that you would like your Physical Therapist to consider in your care: Y N Unknown <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> It's up to the discretion of the Therapist <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> General Progressive Exercise / Home Education Program <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Dynamic Functional Exercise <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Joint / Soft Tissue Mobilization / Massage <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> High Velocity Spinal Joint Manipulation "Cracking" <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Dry Needling <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Modalities (eg. Ice, Heat, Tape, Ultrasound, Electrical- Stimulation) <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Dry Cupping <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Instrument assisted mobilization / massage
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Please Shade the Location of Your Condition:



PATIENT SIGNATURE/ LEGAL GUARDIAN

DATE

PAYMENT POLICY / PAYMENT AGREEMENT ASSIGNMENT AND RELEASE

I confirm that all information on the previous pages of my Vitality Spine and Sports Physical Therapy (aka Vitality PT) Intake Packet are correct to the best of my knowledge. I understand that myself and/or my dependent, for whom I am totally legally responsible, have health insurance coverage as listed on the Vitality PT Intake Packet and assign directly to Vitality PT all insurance benefit payments, for all physical therapy services rendered. I agree to notify Vitality PT of any changes in my insurance and/or any information provided. I understand that I am totally financially responsible for all charges incurred during physical therapy treatment whether paid or not paid by my insurance. I authorize the use of my signature on all insurance/health information forms for the purpose of collecting payment, insurance information, and medical records/information transfer to other healthcare providers and legal/government entities. Vitality PT will be submitting all claims for patients that have health insurance and will be making a copy of an identification and health insurance card to insure Vitality PT is submitting the claims to the proper address. I understand that I may not receive a bill for months after my treatment has been rendered. No refunds or exchanges will be given on supplies and/or self-pay services (all sales are final). No refunds will be given for treatment rendered with the exception of overpayment of co-pay, co-insurance, or deductible. All checks must be payable to Vitality PT. A \$25.00 charge will be made to patients if the check is returned. I have read and understand all the information provided above. I also understand that I am ultimately responsible for the balance of professional services rendered. I understand that I am responsible for any/all of my co-payments/co-insurance, which is due at time of treatment, and any applicable deductible that has not been met for the year. Vitality PT is required by law to bill you and your insurance based on your insurance guidelines. I understand if I do not pay my balance in full that my account will be forwarded to Bill Collection Agent and be charged an extra 33% on top of my balance.

It is my responsibility, as the patient or legal representative of the patient to be aware of my individual plan for physical therapy benefits. It is also my responsibility that if I have any questions regarding my benefits, I will contact my insurance company for clarification/explanation of benefits. Vitality PT is not responsible for explaining your physical therapy benefits. Your insurance company's contract/guidelines with Vitality PT supersede any verbal commitments promises and explanations of your total bill and payment by Vitality PT, staff and/all representatives.

Print Patient / Legal Guardian Name

Patient Signature / Legal Guardian

Date

MY COMMITMENT TO EFFECTIVE TREATMENT

At Vitality Spine and Sports P.T., we take your time and treatment seriously. Please read and INITIAL below.

I understand for physical therapy it's important to wear comfortable clothes and shoes that are appropriate to exercise in. _____ Initial

I understand that it is important for the progression of my treatment that I attend all my appointments on time for the full length of treatment that averages 1 hour to 1 hour 15 minutes. _____ Initial

I understand that any missed appointments without proper notice are defined as a cancelled. Appointment without proper notice close of the business day will be subject to a \$25.00 fee and will be expected to pay. _____ Initial

I understand that your time and treatment is important to us. In order to be successful with physical therapy I must come to treatment regularly and on time. If I no show and/or cancel for at least 2 appointments with improper notice without a valid excuse, then Vitality PT will start to use "same day" scheduling policy. Same day scheduling is defined as coming to physical therapy the same day I make my appointment and therefore only being able to schedule 1 visit at a time. Also, if I no show for 2 appointments I will be considered administratively discharged and will be referred back to my referring provider/doctor. Only after this I may then restart PT with a new valid referral/prescription for PT and will start "same day" scheduling. _____ Initial

I understand that my health insurance (even worker's comp, attorney's, MVA) does not cover the cancellation fee. _____ Initial

I understand that I will be personally responsible for my own care and my treatment which is my responsibility therefore, third party reschedule / cancellation (spouse/personal assistance) are not acceptable to make any alteration in schedule with the exception of parent/legal guardian or power of attorney. _____ Initial

I understand that my insurance company does not cover and is not responsible for the payment of any/all home therapy products and/or supplies as part of my treatment. Therefore, I am fully responsible for the full payment of all products and supplies from Vitality PT. (This includes needles and electrical stimulation pads). _____ Initial

I understand that use of the Vitality PT facility for any purpose in any way is at my own risk and responsibility. _____ Initial

I understand that Vitality PT reserves the right to discharge me at any time and refuse service to anyone. _____ Initial

I understand if I am 15 minutes or later for my appointment without a phone call/ prior communication Vitality PT reserves the right to consider my visit a NO SHOW or CANCELLATION with improper notice and will be subject to a \$25.00 fee. _____ Initial

VITALITY

Spine & Sports Physical Therapy

1 Thessalonians 5:23

BE REJUVENATED!

INFORMED CONSENT TO PLAN OF CARE

Please read prior to initial evaluation and sign AFTER being evaluated.

I (or my parent/legal representative), _____, hereby recognize

(PRINT NAME)

the need for and consent to/request the performance of physical therapy, including various modes of modalities, manual therapy (hands on treatment) and exercises, on me (or on the patient named below, for whom I am legally responsible) by the physical therapist named below and/or other licensed physical therapists/assistants, and any technicians who now or in the future work at Vitality Physical Therapy or office listed below or any other associated office or clinic.

I have had an opportunity to discuss the nature and purpose of physical therapy procedures, theories, education on medical/physical therapy diagnosis and expectations in physical therapy with the physical therapist. It has been made clear to me that there are some risks to treatment, including but not limited to pain, soft tissue/nerve injury, paralysis, fractures, stroke, or death. I do expect the physical therapist/assistant to exercise judgment during the course of the procedure which the physical therapist/assistant feels at the time, based upon the facts known to him or her, is in my best interest.

I understand what is required of me or the patient whom I am responsible for in order to see results for my physical health at Vitality PT. I understand as the patient/ legal guardian that I am required to be on time for my appointments and communicate any changes to my appointment time. I also understand that typical treatment is 2-3x a week for 4-8 weeks. If this is a concern I will discuss this with the Physical Therapist to adjust the plan of care. I understand that the frequency and duration of my treatment depends on what the physician/therapist recommend for the plan of care and nature of your condition. I will communicate with the treating therapist when there are significant changes to my plan of care that include substantial worsening of my condition, changes to my health/medications, improvement in my condition and readiness for progression/discharge. I understand that if I do not communicate these things with my therapist I understand my progress may be significantly limited.

I have read or had read to me, the above consent. I also had the opportunity to ask questions about its content, and by signing below I agree to the above named procedures. I intend this consent form to cover the entire course of treatment for my current condition. I understand that any/all results/outcomes of physical therapy are not guaranteed.

Patient Signature / Legal Guardian _____

Date _____

Physical Therapist _____

Date _____

Vitality Spine & Sports Physical Therapy, LLC
15920 S Rancho Sahuarita Blvd. Suite 160
Sahuarita, AZ 85629
P: (520) 867-8064 F: (520) 867-8063
www.vitalityaz.com