

Rhode Island Classic

Date: Friday, December 27, 2019
Time: Boys Meet – 9:00 a.m. Girl’s Meet – 1:30 p.m.
Registration: On-line through directathletics.com (entries open November 15)
Deadline: December 16, 5 p.m.
Location: Providence Career & Technical Academy, 91 Fricker Street, Providence, RI
Cost: Individual event \$10; Relay \$20
Sanctions: CT, MA, ME, NH, NJ, NY, RI, VT

Individual Events

Accepted	Event	Qualifying
24	55m Hurdles Semis & Final	Use only 55M HH times
24	55m Dash Semis & Final	Use only 55m times
20	300m Dash	Use only 300m times
24	800m Run	Use only 800m times
24	Mile Run	Indicate 1500m or Mile time
15	3,000m Run	Indicate 3000m or 3200m time
24	Freshman Mile	Indicate 1500m or Mile time
15	Pole Vault	Opening height 10’6 boys / 8’0 girls
15	Triple Jump	No mark under 40’ boys / 32’ girls
15	Long Jump	No mark under 20’ boys / 16’0 girls

A school may enter 2 athletes in each individual event.

Relay Events

High Jump	Opening heights 5’0” boys/4’2” girls
Shot Put	No mark under 35’ boys/24’ girls – each first legal throw will be measured regardless of distance
Weight Throw	No mark under 37’ boys/28’ girls – each first legal throw will be measured regardless of distance
Shuttle Hurdle	Boys 39”-39”-39”-39”, girls 33”-33”-33”-33”
Sprint Medley	200, 200, 400, 800
F/S Sprint Medley	400, 200, 200, 800 (barrel start)
Distance Medley	1200, 400, 800, 1600

Eligibility: Athletes may compete in 3 events, only 2 of which may be individual. Schools may enter one running and one field B Relay. Athletes must officially represent their school. NFHS rules regarding uniforms will be enforced.

Awards: Medals to the top 6 in each event.

Order of Events

Boys Meet

Girls Meet

Field Events

9 a.m.	Long jump	1:30 p.m.
10 a.m.	Weight Throw relay	1:30 p.m.
10 a.m.	High jump relay	1:30 p.m.
10:30 a.m.	Pole vault	1:30 p.m.
11 a.m.	Triple jump	3:30 p.m.
10 a.m.	Shot put relay	1:30 p.m.

In field event relays, all 3 relay members must get a mark for a team to medal.

Running Events

9 a.m. Boys	Distance Medley Relay	1:30 p.m. Girls
	55 m Hurdle Trials	
	55m Dash Trials	
	Frosh/Soph Sprint Medley	
	55m Hurdle Final	
	55m Dash Final	
	800m Run	
	300m Dash Final	
	Mile	
	Shuttle Hurdle Relay	
	Sprint Medley Relay	
	Freshman Mile	
	4x200m Relay	
	4x800m Relay	
	3000m Run	
	4x400m Relay	
	Frosh/Soph 4x400m Relay	

A running time schedule will be posted by December 21.

Payment: Make checks payable to: RITCA (Rhode Island Track Coaches Association)

Mail to: Steve Turgeon, 20 Charles Street, Barrington, RI 02806

Coaches may pay in advance or bring entry fee to meet. A purchase order is acceptable. Once your entries have been registered and the entries close, your high school is responsible for the entire entry fee. Adjustments will not be made for no-shows.

Equipment: 1/4" pyramid spikes only; throwing implements must be weighed in near the throwing cage 30 minutes before the event; only indoor shots and weights permitted.

Qualifiers: Qualifiers will be posted on the meet web site RIClassic.com by 12/21/189 by noon. Please notify the meet director as soon as possible if your athlete withdraws from an individual event.