

TRIP RATE EXAMPLES

- EMPLOYEE PERFORMS SERVICE FROM THE HOME TERMINAL TO THE AFHT AND IMMEDIATELY TURNS ON ANOTHER TRAIN

TWO TRIP RATES



**NS NORFOLK
SOUTHERN**
One line, infinite possibilities.

TRIP RATE EXAMPLES

- EMPLOYEE IS DEADHEADED FROM THE HOME TERMINAL TO THE AFHT AND IMMEDIATELY TURNS ON A TRAIN



FLIP TRIP

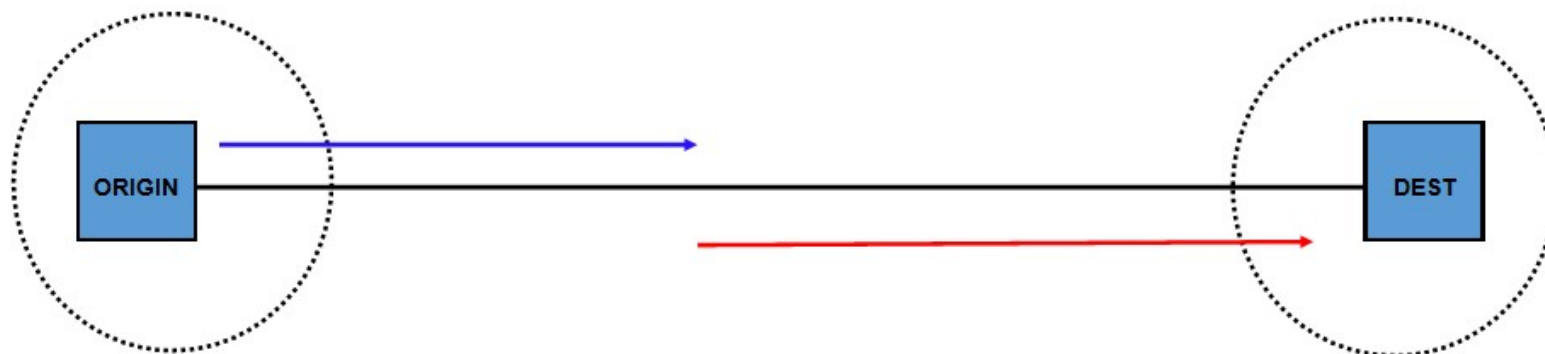


**NS NORFOLK
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One line, infinite possibilities.

TRIP RATES – HOURS OF SERVICE RELIEF





ONE TRIP RATE

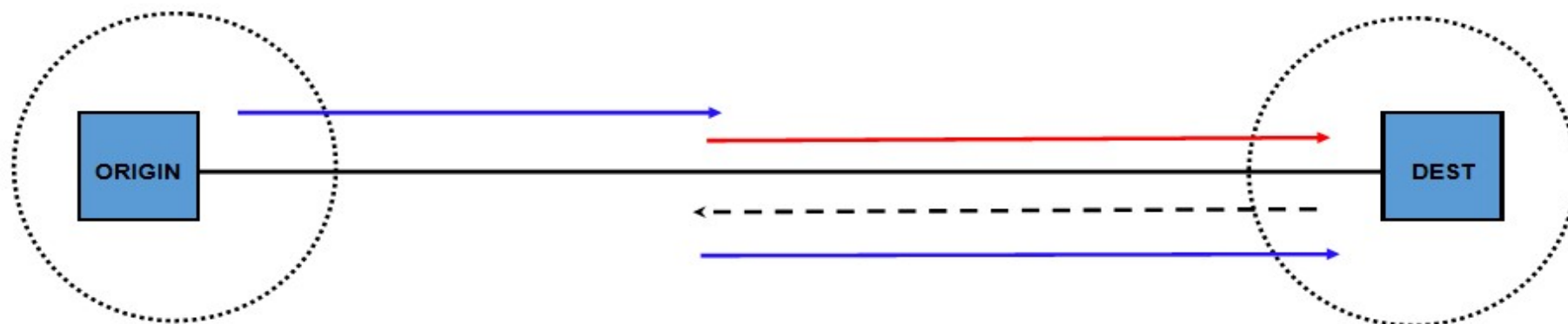
- 1) Called for Train 123 
- 2) Secures Train 123 at intermediate point 
- 3) Takes Train 456 to the Destination



TRIP RATES – HOURS OF SERVICE RELIEF

2 TRIP RATES (1 SM AND 1 PH)

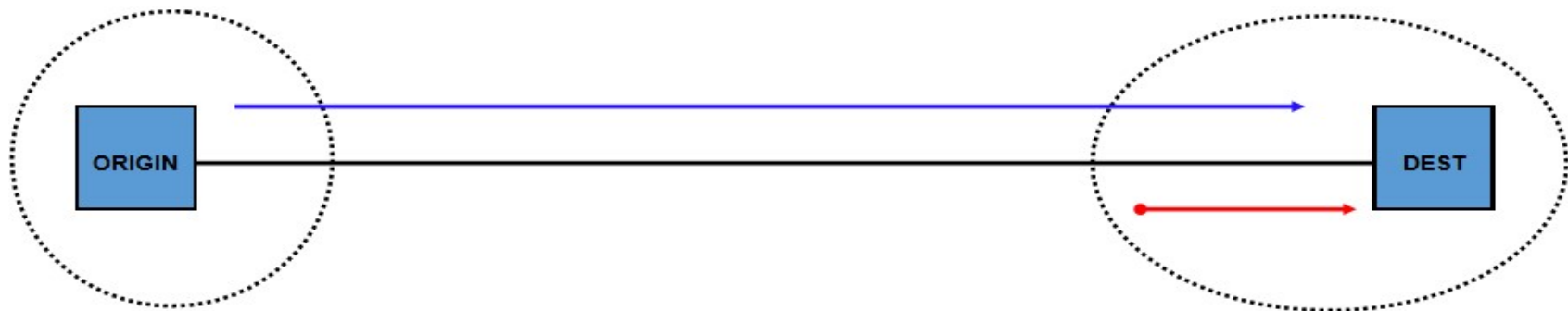
- 1) Called for Train 123 
- 2) Secures Train 123 at intermediate point
- 3) Takes Train 456 to the Destination 
- 4) Goes back to Train 123 
- 5) Takes Train 123 to the Destination 



TRIP RATES – HOURS OF SERVICE RELIEF


ONE TRIP RATE

- 1) Called for Train 123 →
- 2) Secures Train 123 within switching limits of destination
- 3) Train 456 tied down within switching limits →
- 4) Moves train within limits





2 TRIP RATES (1 SM AND 1 PH)

- 1) Crew is called out of the AFHT to relieve Train 789 that is tied up outside the switching limits of the terminal
- 2) Takes Train 789 into the AFHT 
- 3) Crew is deadheaded home (≥ 130 miles) 