

# PAMET - San Diego

Philippine Association of Medical Technologists San Diego Chapter California, USA *The Official Online Newsletter* 

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Visit us at www.pametsandiego.org

#### A NEW CHAPTER IS BORN !!! San Diego Becomes the 16th Chapter of PAMET-USA By Roger Mark M. Lariosa, CLS

On June 6, 2010, the Philippine Association of Medical Technologists, San Diego Chapter (PAMET-San Diego) became the 16<sup>th</sup> Chapter of the Philippine Association of Medical Technologists in the USA also known as PAMETUSA. The initiation of PAMET San Diego was made possible through the action and initiative of the officers of PAMET Southern California Chapter (PAMET-SoCal) headed by chapter president Arthur Trinidad and a group of medical technologists residing in the San Diego area. PAMETUSA president Esther Madamba flew in from Texas to witness the formation and make the official proclamation. The event took place at 1:30 PM at Conching's Restaurant in National City, California. The founders consisted of 22 medical technologists residing in the San Diego area. The formation of the chapter was the fulfillment of a vision to see an organized network of Filipino medical technologists become members of PAMETUSA whose purpose is to uphold the profession to the highest standard of laboratory practice in the community where they work and live. The chapter aims to support various health related outreach programs in San Diego, support continuing education, and support the clinical laboratory scientist (CLS) review program for those preparing to take the licensure exam.

Loreto "Let" Negado, a clinical laboratory scientist (CLS) was elected president. The membership of PAMET San Diego consists of clinical laboratory scientists working in local hospitals, clinics, reference labs and biotech industry. PAMET-San Diego is expected to soar to new heights, as exhibited by the energy of its officers and members.

Congratulations PAMET-San Diego!!!

#### First Executive Meeting Held

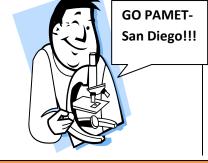
PAMET- San Diego Chapter held it's historical 1<sup>st</sup> Executive Meeting last June 20, 2010 at the San Diego County Public Health Services. Fresh from it's initial induction, the 22 executive officers met for the first time to discuss the chapter's initial agendas such as drafting of the chapter's Constitution and By Laws, committee appointments and membership drive. The gathering was presided by chapter president Let Negado. Other priorities were also discussed like the logo design of the chapter and future community outreach programs. Members brought potluck snacks that made the meeting more memorable<sup>(3)</sup>





The new faces of PAMET-San Diego Chapter at Conching's Restaurant, National City, San Diego, CA

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Photos taken during the 1<sup>st</sup> ever Executive Meeting @ San Diego Health Services

## "The President's Message"





Loreto Negado, MSPH, CLS, MT(ASCP) President, PAMET-San Diego

Welcome to the maiden issue of the Philippine Association of Medical Technologists in San Diego's (aka PAMET-San Diego) online newsletter. The purpose of this quarterly newsletter is to update the members of what is happening with the association, post current and future activities and to disseminate other information that may be of interest to the members.

PAMET-San Diego is the 16<sup>th</sup> Chapter of the Philippine Association of Medical Technologists in the USA (PAMET-USA). At this time, the association is 60- member strong consisting of Filipino medical technologists who from day to day make a difference in people's lives. They work in hospitals, medical clinics, research, biotech industry and reference labs. Laboratory professionals identify infectious agents, perform compatibility testing of blood for transfusion, do chemistry and hematology tests, and perform other specialized laboratory examinations used in patient care and health management.

In the last three months, PAMET-San Diego worked on the following projects and endeavors: 1) The official chapter seal 2) Podium and flag banner 3) Creation of PAMET-San Diego website 4) Opened a financial account 5) A written constitution 6) Established a yahoo group account 7) Established a chapter email address 8) Recruited new members 9) Created a calendar of events for the year (2010-2011) 10) Prepare for the first membership and friends get together.

Last August 15-22<sup>nd</sup> I had the opportunity to attend the 12<sup>th</sup> National PAMET convention aboard the Sapphire Princess. It was a great experience to meet colleagues from the other fifteen chapters and to meet Ms. Leila Florento, president of PAMET-Philippines. Leila gave an insight about the medical technology profession in the Philippines, the current salary and working conditions. It was a very sobering experience to hear the typical challenges a Philippine Med Tech face at work from day to day. Leila also discussed the opportunity of Philippine Med Techs in taking the ASCPi to qualify for US and overseas employment.

I found the convention to be a great way to interact with colleagues and share experiences and challenges related to our profession. The theme of this year's PAMETUSA convention was aptly titled, "Clinical Laboratory Professionals' Role Amidst the Current Health Care Crisis."

PAMET San Diego supports the CLS review class of PAMET SoCal. On September 12<sup>th</sup>, I was invited to give the microbiology lecture to fill in for the regular microbiologist who took a leave of absence for a few weeks. It was a very fulfilling experience to be a part of someone's journey in his profession. To our seasoned members who have expertise in hematology, immunology, blood banking, etc. and who feel lecturing is their strength, please do not hesitate to let me know. PAMET-San Diego can be a resource for subject experts for the CLS review classes.

Please visit pametsandiego.org to learn more about our chapter activities and programs.

### **PAMET-San Diego Chapter**

California, USA Newly Elected Officers 2010 - 2012 June 6, 2010

President	Loreto Negado	
First Vice President	Estrelle Zarza	
Second Vice President	Lavenia Correa	
Third Vice President	. Annie Generoso	
Recording Secretary	. Aileen Bernabe	
Corresponding Secretary	.Roger Mark Lariosa	
Treasurer	Betty Crisostomo	
Assistant Treasurer		
Auditor	. Marie Parayno	
PRO	Eva Abergas 💿	
Business Manager	. Paul Generoso	
Members At Large	bers At LargeChito Gaza	
	Liza Albano	
	Virginia Salvador	

## Board of Directors

Merlie Aquiler	Nenita Ombao	Emma Peter
Mila Perez	Loreta Sigarlaki	Tess Respicio
Malyn Rubas	Caridad Summerfield	





# Calendar of Events

September 26, 2010 (5PM-9PM) - *"Getting To Know You"* The Hub, Bldg 5305 @MCAS Miramar San Diego, CA 92145

November 7, 2010 - *Charitable Walk to benefit the Komen San Diego Breast Cancer Research* Balboa Park

March 12, 2011 – *Continuing Education Seminar* Dept. of Health Services Complex 3851 Rosecrans St., San Diego 92110

August 12-13, 2011 (tentative schedule) - National Meeting PAMET-USA & PAMET-San Diego Induction of Officers respectively (venue TBA)

"Please visit us at pametsandiego.org for future events and updates"

"Let's Go PAMET let's Go!!!"