

Kristen Jarvis, Dance Director

Kristen Jarvis has both a dance and an art education degree from Missouri State University. She's been educating in the arts for over ten years, both in the public school system and in dance studios. She currently works for Dynamics Gymnastics as the Dance Director and head instructor, as well as choreographs for local, state, and national dance competitions. She also choreographs and performs with the Springfield Dance Alliance.

Who We Are

About Us

Dynamics Dance is committed to providing an engaging, age-appropriate, structured dance education for various levels in order to grow self-confidant, healthy, responsible dancers and young adults.

Contact Us

Phone: (417) 890-0946

Email: dynamicsdancers@yahoo.com Web: dynamics-gymnastics.com



DYNAMICS DANCE





Cost

Annual Registration Fee: \$30 (Second child-\$20, Third child-Free)

1 class: \$51/month

(Weekday morning classes \$32)

2 classes: \$85/month

Sessions

Dynamics Dance accepts new students at any time. We work around 3 main dance sessions, but tuition is paid monthly. Dancers may drop at any time, however spring costume and recital fees are not refundable.

FALL SESSION

This session ends with an informal Winter Showcase. (Mid August-December)

SPRING SESSION

This session ends with a formal Spring Recital. (January-May)

SUMMER SESSION

This session ends with a performance at a Cardinals Baseball game. (June-Mid August)

Classes Offered

TWIRL AND TUMBLE (AGES: 3-4)

Can't decide what to take at Dynamics? Try out this popular split between ballet and tumbling for your little mover.

PRE-DANCE (AGES: 5-6)

Ballet and Tap combo class, great for new dancers

DANCE I (AGES: 7-8)

Ballet/tap/jazz combo class, great for new dancers

BALLET (AGES: 9+)

 $\label{lem:continuous} A \ ballet \ class \ designed \ to \ introduce \ ballet \ technique, \ emphasizing \ grace, \ posture, \ flexibility, \ and \ strength.$

TAP (AGES: 9+)

A tap class designed to introduce tap technique, emphasizing balance, rhythm, and fine motor skills.

HIP HOP (AGES 9+)

A class designed to introduce hip hop technique, emphasizing musicality, athleticism, isolations, and being cool!

JAZZ/LYRICAL (AGES 9+)

A class designed to introduce both jazz and lyrical technique, emphasizing musicality, flexibility, emotion, strength, and stage presence.

DANCE IMPROVISATION (AGES 9+)

A class designed to encourage creativity, self-expression, and confidence. Dancers will explore the art of choreography and the creation of movement though the elements of dance,

TRICKS AND TURNS (AGES 9+)

A class focused on perfecting impressive tricks and turns to impress and wow the crowd!

DYNAMICS DANCE TEAM

This team is for dancers who are interested in more performance opportunities. We rehearse two hours/week (\$85/month), focusing on ballet, lyrical, and jazz. Performances include community performances and local dance competitions.

PRIVATE LESSONS

Interested in learning a custom solo or duet?

Dynamics Dance offers private lessons for dancers wanting to perform or compete a solo or duet. Cost is \$50/hour with a minimum of 6 hours.



Dress Code

Ladies: Pink or Black leotard with: pink tights, black fitted shorts, or leggings

 Please NO SKIRTS; we will provide some in class as needed.

Gentlemen: White shirt, black pants or shorts

Any movable clothes allowed for Hip Hop (no jeans).

Shoes (as needed depending on class):

- Pink Ballet shoes (T&T, PD, D1, Ballet)
 *Black ballet shoes for boys
- Tan Tap shoes (PD. D1, Tap)
- Tan Jazz shoes (Jazz/Lyrical, Team)
- Tennis shoes (Hip Hop)

We sell all the dancewear you need at affordable prices at the Dynamics South Pro Shop!