

Kristen Jarvis, Dance Director

Kristen Jarvis has both a dance and an art education degree from Missouri State University. She's been educating in the arts for over ten years, both in the public school system and in dance studios. She currently works for Dynamics Gymnastics as the Dance Director and head instructor, as well as choreographs for local, state, and national dance competitions. She also choreographs and performs with the Springfield Dance Alliance.

## Who We Are

### **About Us**

Dynamics Dance is committed to providing an engaging, age-appropriate, structured dance education for various levels in order to grow self-confidant, healthy, responsible dancers and young adults.

## **Contact Us**

Phone: (417) 890-0946

Email: dynamicsdancers@yahoo.com Web: dynamics-gymnastics.com



# DYNAMICS DANCE





## Cost

Annual Registration Fee: \$30 (Second child-\$20, Third child-Free)

1 class: \$51/month

(Weekday morning classes \$32)

2 classes: \$85/month

# **Sessions**

Dynamics Dance accepts new students at any time. We work around 3 main dance sessions, but tuition is paid monthly. Dancers may drop at any time, however spring costume and recital fees are not refundable.

## **FALL SESSION**

This session ends with an informal Winter Showcase. (Mid August-December)

## **SPRING SESSION**

This session ends with a formal Spring Recital. (January-May)

## **SUMMER SESSION**

This session ends with a performance at a Cardinals Baseball game. (June-Mid August)

## **Classes Offered**

#### **TWIRL AND TUMBLE (AGES: 3-4)**

Can't decide what to take at Dynamics? Try out this popular split between ballet and tumbling for your little mover.

### PRE-DANCE (AGES: 5-6)

Ballet and Tap combo class, great for new dancers **DANCE I (AGES: 7-8)** 

Ballet and Tap combo class, great for new dancers

#### BALLET I (AGES: 9+)

A ballet class designed to introduce ballet technique, emphasizing grace, posture, flexibility, and strength. TAP I (AGES: 9+)

A tap class designed to introduce tap technique, emphasizing balance, rhythm, and fine motor skills.

#### HIP HOP I (AGES 9+)

A class designed to introduce hip hop technique, emphasizing musicality, athleticism, isolations, and being cool!

### JAZZ/LYRICAL I (AGES 9+)

A class designed to introduce both jazz and lyrical technique, emphasizing musicality, flexibility, emotion, strength, and stage presence.

## **DYNAMICS DANCE TEAM**

This team is for dancers who are interested in more performance opportunities. We rehearse two hours/week (\$85/month), focusing on ballet, lyrical, and jazz. Team dancers may take an additional dance or tumbling class for only \$10! Performances include community performances and local dance competitions.

## **PRIVATE LESSONS**

Interested in learning a custom solo or duet?

Dynamics Dance offers private lessons for dancers wanting to perform or compete a solo or duet. Cost is \$50/hour with a minimum of 6 hours.



## **Dress Code**

**Ladies:** Pink or Black leotard with: pink tights, black fitted shorts, or leggings

• Please NO SKIRTS; we will provide some in class as needed.

**Gentlemen:** White shirt, black pants or shorts

Any movable clothes allowed for Hip Hop (no jeans).

**Shoes** (as needed depending on class):

- Pink Ballet shoes
  - \*Black ballet shoes for boys
- Tan Tap shoes (if class includes Tap)
- Tan Jazz shoes (for, Jazz/Lyrical and Team)
- Tennis shoes (Hip Hop)

We sell all the dancewear you need at affordable prices at the Dynamics South Pro Shop!