

Book Title: Heroes For My Daughter

Book Author: Brad Meltzer

Reviewer: Theodora Aina, adult

Book Reviewer of Bethestaryouarecharity

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This is a book about female heroes. They started as ordinary people but then chose to turn something potentially negative into something positive. It sends a message that you don't have to stay sad when difficult things happen. It is not the end of the world. Instead, you can choose to use your own gifts and create something good. Everyone is capable of doing something.

These stories include examples of people who never gave up, even when the odds were against them. Some of them failed over and over again until they finally found success. Some are heroes for putting others first. They are women and girls from all walks of life who contributed what they were able to give.

I liked the format of the book. For each hero, there was a two page biography which caught significant moments in the life of each heroine, where they started and where they ended up. Some began with just a thought or a question. Some were from a difficult childhood situation.

It sends a message that there is a purpose to every experience and that it is always up to us as to how things turn out in the end. Here we learn from the steps of heroes. We learn the power of optimism and we are inspired to do more.

The book would be great for parents to read together with their children. There is a lot to discuss. Or, children can read alone and come to their own conclusions.

Highly Recommended ages 4-8 years.

Recommended Titles:

1. She Persisted by Chelsea Clinton
2. Rosa Parks by Lisbeth Kaiser
3. I Am Jim Henson by Brad Meltzer