



# ANNUAL REPORT

## 2015-2016

*Family Counseling Service  
Of Northern Nevada, Inc.*

*Words from Executive Director...*

### **STUART GORDON, JR.**

*The year 2015-2016 was a challenging year for Family and Payee Counseling Service of Northern Nevada. With the cuts to traditional SAPTA funding and the move to Managed Care/Medicaid, services were in high demand for many and funding fell short. Family Counseling successfully held the 18<sup>th</sup> year of our Sexual Abuse Treatment Camp, the inaugural year of the Safe Families Camp and the 15<sup>th</sup> year of Aly's Prom Closet and the Financial Division held the seminar/ Financial Camp for Foster Children. All these programs are unique to FCS and work to build foundations for healthy adult lives for our most vulnerable children. Pre and Post Bankruptcy Counseling continued as well as growing the Representative Payee Program to Southern Nevada and adding a Senior and Veterans' Bill Paying Program. Substance Abuse Counseling met with greater problems as the State moved payment to Medicaid. With these times comes continued need and difficult decisions for the Agency.*

**“...we will continue to serve individuals and families to meet the challenges they face.”**

*The 58<sup>th</sup> year for Family Counseling will allow us to shine and serve. After 21 years at our current site, FCS is looking to move to smaller quarters. This move will assure sustainability. We will continue to assist our most vulnerable populations and assist those facing life's pitfalls. Through Aly's, we will again provide those special nights for our wonderful teens and again meet at EAGLE Lake to watch children heal and prepare for life. Our 59<sup>th</sup> year challenges us to serve in a time we are needed. We look forward to the challenges and will meet the demand with a special and dedicated group of non-profit professionals and volunteers.*

**—Stuart Gordon, Jr., Executive Director**

**BOARD OF DIRECTORS:**

**FRED HINNERS- Pres. 5/20 BECKY BLANK VP 11/20**  
**JOHN ABERASTURI-Sec 3/20 THERESA AULD 7/18**  
**ROD JORGENSEN-Treasurer 11/18**  
**MARK McKIBBEN 7/18**  
**LOUISE CURTIS 3/20 CHRISTINE O'GARA 10/18**

***THOUGHTS FROM...***

**Board President, Fred Hinnners:**

Although it is a counseling agency with decades of service to the community, Family Counseling Service is no different from other businesses and organizations that have to change with the times. One of the biggest challenges for non-profits has always been the challenge to come up with enough resources to serve clients and to maintain themselves. As Board President, I am proud of what FCS is able to accomplish with limited resources. No one else has volunteered to create a camp to help children heal from the wounds of sexual abuse, but FCS, through the leadership of the Executive Director Stuart Gordon, has.

Family Counseling Service even helps disadvantaged youths enjoy their prom by providing prom dresses and tuxes through Aly's Prom Closet.

We continue to provide a wide array of services to the general public: payee counseling, substance abuse counseling, credit and bankruptcy counseling, marriage counseling, counseling for depression, and sexual and emotional abuse.

As we head into our 57<sup>th</sup> year, Family Counseling Service takes pride in being one of Nevada's oldest such agencies. Our goal of "helping hearts and homes" will always be the same. We will continue to help as many people in as many ways as we can.



**New Staff Members:**

**Megan Queral CSW-I - Counselor**

*Who We Are...*

*Family Counseling Service, established in 1959, is a local non-profit, United Way agency helping children, adults and families resolve mental health issues and financial pressures. Through our professional staff, we provide assistance needed in multiple areas of a person's life. Our mission is to strengthen individuals and families to meet the opportunities and challenges of a changing world.*



## **2015/2016 Programs**

### **Financial Service:**

Payee and Bankruptcy Counseling Service provides free credit education, comprehensive budget review and individual counseling to help individuals resolve financial problems and become financially self-sufficient. FCS is authorized by Social Security to provide Payee Services for a minimal fee and offers pre and post-bankruptcy counseling required by the U.S. Department of Justice.

### **ALY'S PROM CLOSET 2014-15:**

Aly's Prom Closet successfully completed its 13<sup>th</sup> year giving a record number of local teens the opportunity to attend their proms. With the support of local companies, volunteers and individual donations, financially challenged teens and all foster children were able to have what they needed and wanted to attend prom. The program provides free prom dresses and tuxedos, as well as other prom related items. This year, Shoppers Square generously provided the location for the program, staffed by Soroptomists and other giving volunteers, and supported by people from the entire community through dresses and other prom related items and financial donations.

### **"SUMMER OF HEALING" 2016: TREATMENT CAMP for sexually abused kids:**

Children and teens that have been sexually abused can experience recovery from this unique camp only to these young survivors. The free, week-long camp is staffed by trained professionals and other volunteers who help by counseling the children and teaching them positive coping skills. The camp couples the counseling element with the fun activities of camping. It was held at the Ronald McDonald Camp in the Sierra Nevada Mountains and helped lead 62 children on the road to recovery.

### **"Safe Families Camp 2016 Treatment Camp for Child Victims of family violence:**

60 Child and Teen survivors of Family Violence attended the inaugural six day residential treatment camp on the shores of Eagle Lake. Dedicated staff and 20 Volunteers assisted these Victims to heal from the negative effects, while offering a week of safe fun activities and counseling.

### **DRUG AND ALCOHOL TREATMENT:**

Family Counseling Service offers addiction treatment through group and individual counseling services for adults with substance abuse issues.

### **PAYEE PROGRAM:**

Family Counseling Service's Payee Program assist individuals receiving Social Security with management of their financial obligations. The successful program, coordinated by Becky Korn, is a much needed service to seniors, SSI, SDI and SSA clients in Washoe County.

### **VETERAN AND SENIOR BILL PAYING:**

**FCS IS NOW PAYING BILLS FOR SENIORS AND VETERANS TO EASE MONTHLY OBLIGATIONS.**

### **ANNUAL FINANCIAL CAMP:**

Family Counseling Service in partnership with DCFS held the annual financial camp for foster children who will be outing the foster care system and stepping out on their own. The camp will provide education of tools needed to establish independence.

### **AGENCY REVENUE 2015-2016:**

<b><u>Revenue Source</u></b>	<b><u>Amount</u></b>
<b>Public/Government Grants</b>	<b>\$365,000.00</b>
<b>Fee for service</b>	<b>\$155,000.00</b>
<b>TOTAL REVENUE</b>	<b>\$520,000.00</b>

***Thank you to all the volunteers and sponsors who gave so generously of time and finances. The support and confidence in Family Counseling Service was incredible!***

***FCS would like to give special appreciation to the following individuals and companies for extraordinary support in 2015-2016:***

Camp Ronald McDonald	Shopper Square
Debbie Barker	Soroptomists International
Lilliana Ramos	Robert Mitchell School of Beauty
Henderson PD	Reno Gazette Journal
Milan School of Beauty	
Tom LoGuidice	
Jeffrey Melchert	

### ***PROGRAM MANAGERS***

***STUART GORDON EXECUTIVE DIRECTOR ELIZABETH ESTES BUSINESS MANAGER  
JENNIFER WILLIAMS PAYEE SUPERVISOR CAITLYN WALLACE VOCA PROGRAM COORD..***

#### **AGENCY CLIENTS SERVED 2015-2016**

<b><u>Program:</u></b>	<b><u>Clients Served:</u></b>
Counseling/Mental Health	450
Sexual Abuse Treatment Camp	62
Safe Families Camp	60
Financial Education Camp	60
Aly's Prom Closet	450
Payee Program	120
Addiction Treatment	115
<b><u>Consumer Credit Counseling:</u></b>	
Bankruptcy Counseling and Financial	380
Education Programs	24 seminars



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**Mission Statement...**

Family Counseling Service, established in 1959, is a local, nonprofit, United Way agency helping children, adults, and families resolve mental health issues and/or debt problems. Our mission is to strengthen individuals and families to meet the opportunities and challenges of a changing world.

**Services....**

Through our professional staff who practice in a wide variety of specialty areas, we provide a holistic approach to address multiple problems often present in a person's life—problems such as: parent-child tension; marriage and couple difficulties; drug and alcohol dependency; physical, sexual and emotional abuse; family violence; anger management; stress and depression; work-related problems; loss and grief; child and adolescent issues; and debt management.

*The Annual Report is a publication of Family Counseling Service of Northern Nevada, Inc, produced with support from VOCA, The Nevada State Health Division through Grant Number B1 NVSAPT from the Nevada Department of Human Resources, State Health Division, Bureau of Alcohol and Drug Abuse and the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration. A Substance Abuse Prevention and Treatment Block Grant supported this publication and it's contents are solely the responsibility of the authors and do not necessarily represent the views of either the U.S. Department of Health and Human Services or the Nevada State Health Division.*

