

“Don’t Panic, Just Keep Pressing”

2 Timothy 1:7 (KJV)

“For God hath not given us the spirit of fear (_____); but of power (_____), and of love (_____), and of a sound mind (_____).”

PANIC – a sudden overwhelming fear, with or without cause, which produces irrational behavior and can spread quickly through a group of people or animals.

It's easy to **PANIC** when we face **PROBLEMS** or are **PUT IN A POSITION** that's out of our control.

- **Revelations 2:10**
- **Matthew 14:28-32**

God has placed a **FAITH TO FIGHT** in everybody, but how you use that **FAITH TO FIGHT** is what determines the outcome. Remember, your **FIGHT** is...

- *The will, the ability, and the passion to endure*
 - **2 Timothy 2:3, 4**
 - **James 5:10, 11**
 - **Romans 8:18, 19**
 - **2 Corinthians 10:4-6**

When we choose not to **PANIC**, we possess the power of not **SETTLING** in **SITUATIONS** of **STRUGGLE**, because we know that **STRUGGLE** is what breeds **STRENGTH**.

- **2 Corinthians 4:1, 16-18**
- **2 Corinthians 12:9, 10**

According to our highlighted text, God gives us (4) things that would help us **KEEP OUR PRESS and NOT PANIC!!**

1. **DON'T PANIC**

“For God hath not given us the spirit of fear...”

People of God, **PANIC** will hinder the **POWER** you need to get through the **PROBLEM**.

- **Philippians 4:6, 7**
- **1 Peter 5:8-11 (MSG)**

2. **STAND IN POWER**

“but of power...”

People of God, we need to know the **POWER** that we **POSSESS** and stand bold in it.

- **Philippians 1:13, 14**
- **Luke 10:19** – *power over the enemy* = the enemy should not be on your level ... **Isaiah 59:19b**

In other words, God protects your **POWER** by raising your **LEVEL**.

3. **KNOW YOUR PURPOSE**

“and of love...”

People of God, the real fight of God in your life is for you to love people with purpose and passion.

- **2 Corinthians 9:7, 8**
- **Romans 8:28**

4. **WALK IN PEACE**

“and of a sound mind.”

People of God, if you're gonna keep pressing, you've got to be in a place of peace.

- **Romans 8:6**
- **Isaiah 26:3**