## "Lord, Pour Me Some Tea" [SPIRITUALITY] <u>1 Corinthians 2:10 (KJV)</u> "But God hath revealed [ap-ok-al-oop-to: to take the cover off] them unto us by his Spirit: for the Spirit searcheth [eryoo-nah-o: investigates] all things, yea, the deep things of <u>God."</u>

## WHAT IS SPIRITUALITY?

**SPIRITUALITY** is best defined and described as the character, the essence, and the mind of the Spirit of God; having an immaterial nature. It is the dependance upon the things of the Spirit and not material things ... **Colossians 3:2 / Matthew 6:33** 

There is a distinct difference in **RELIGION** and **SPIRITUALITY**. **<u>RELIGION</u>** is the <u>BELIEF</u> in the <u>CUSTOM</u>. In other words, most people religiously go to church not because they believe but because its their custom. [Example: Mama made us go or Pastor made me ministry leader, etc.] When you are operating in **RELIGION**, there is no challenge to have **RELATIONSHIP**. You can serve, you can shout, you can sing, you can even receive a manifestation of God without a covenant commitment to Christ ... <u>Luke 17:11-19/Luke 21:4</u> However, **SPIRITUALITY** is <u>BELIEF</u> in <u>CHRIST</u> alone. It operates soldly upon what the Spirit says and how the Spirit leads ... <u>Proverbs 3:5, 6</u>

Simplified: RELIGION is like coffee with cream because it weakens the relationship with God by custom but SPIRITUALITY is like coffee without the cream because its strong enough by itself to carry you through to your destination in God ... Luke 4:1-13

Spirituality was given to man in the beginning of his existence for him to have not just a physical life but a spiritual life. [Songwriter wrote, ''You're not a NATURAL being having a SPIRITUAL experience but you're a SPIRITUAL being living this NATURAL experience.''] In other words, when the Trinity decided to make man, man was already created spirit that He wrapped in flesh ... Genesis 1:26(a), 27; 2:7 ... Breath of Life (nesh-aw-maw: vital breath) Divine Inspiration and Intellect

Being Spiritual is <u>NOT</u> done in <u>LYRIC</u> (*your words*) but it is done in <u>LIFESTYLE</u> (*your ways*) ... <u>Matthew 10:20</u> / <u>Galatians 5:16, 17, 25</u> ... In other words, there is a war that constantly goes on between the flesh and the spirit and whichever one we submit to the most will dominate our lives ... <u>Romans 8:5</u>

Please remember what the bible says in <u>John 4:23, 24, "But the</u> hour cometh, and now is, when the true worshippers shall worship the Father in spirit and in truth: for the Father seeketh such to worship him. God is a Spirit (pneuma: vital breath of life): and they that worship (pros-koo-neh-o: serve in reverence) him must worship him in spirit and in truth."

**<u>1 Corinthians 6:17</u>** - In other words, your physical life is kept by your spiritual life, therefore you must maintain a healthy spiritual life with God and in God, in order for your physical life to have substance and purpose.

## <u>So How Would I Know If I'm</u> <u>SPIRITUAL?</u>

The Spirit *WITNESSES TO THE RELATIONSHIP* 

- Romans 8:16
- Luke 6:43, 44(a)

The Spirit WORKS TO REVEAL

- <u>1 Corinthians 2:9, 10</u>
- Romans 8:18, 19

**<u>1 Corinthians 2:12, 13</u>** - "Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God. Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual."