

Summer Team Schedule July 16th-August 31st Revised 7/17/18

<u>Day/Time</u>	Class	Level	Age	Instructor/Location
Monday				
10:00am	Stretch & Conditioning	4-6	10+	Natalie/Annex
11:00am	Contemporary	4-6	10+	Natalie/Annex
3:30pm	Ballet	2	5-7	Sarah/Annex
3:30pm	Turns	2-3	7-10	Paige/Annex
3:30pm	Нір Нор	4-5	10-14	Shawn/Annex
4:30pm	Jazz Choreography	2	5-7	Shawn/Annex
4:30pm	Ballet	2-3	7-10	Sarah/Annex
4:30pm	Basic & Specialty Turns	4-5	10-14	Paige/Annex
5:30pm	Нір Нор	2-3	7-10	Shawn/Annex
5:30pm	Ballet	4-5	10-14	Sarah/Annex
5:30pm	Tech & Turns	6	13+	Paige/Annex
6:30pm	Jazz Technique	2-3	7-10	Tyson/Annex
6:30pm	Tech & Choreography	4-5	10-14	Paige/Annex
6:30pm	Hip Hop/Jazz Fusion	6	13+	Shawn/Annex
7:30pm	Ballet	6	13+	Sarah/Annex
Tuesday				
10:00am	Stretch & Conditioning	2-3	7-10	Natalie/Annex
10:00am	Basic & Specialty Turns	4-6	10+	Tyson/Annex
11:00am	Jazz Technique	2-3	7-10	Tyson/Annex
11:00am	Jazz Technique	4-6	10+	Natalie/Annex
3:30pm	Tumbling	Beg	Open	Theresa/Annex
3:30pm	Ballet	2-3	7-10	Alina/Annex
3:30pm	Flexibility, Extension & Leg Holds	4-5	10-14	Paige/Annex
4:30pm	Beg Pointe	1-2	10+	Alina/Annex
4:30pm	Lyrical/Contemporary	2-3	7-10	Paige/Annex
4:30pm	Tumbling	Int	Open	Theresa/Annex
5:30pm	Tumbling	Adv	Open	Theresa/Annex
5:30pm	Just Class	4-5	10-14	Paige/Annex
5:30pm	Ballet	5-6	10+	Alina/Annex
6:30pm-8:00pm	Tech & Choreography	4-6	10+	Paige/Annex

<u>Day/Time</u>	Class	Level	Age	Instructor/Locations
Wednesday				
3:30pm	Тар	2-3	7-10	Ash/Annex
3:30pm	Нір Нор	2-3	7-10	Mitch/Annex
3:30pm	Mat Pilates & Body Conditioning	4-5	10-14	Suzie/Annex
4:30pm	Musical Theater	2-3	<i>7</i> -10	Ash/Annex
4:30pm	Flexibility Kicks & Leg Tricks	2-3	7-10	Natalie/Annex
4:30pm	Нір Нор	4-5	10-14	Mitch/Annex
5:30pm	Ballet	2-3	7-10	Suzie/Annex
5:30pm	Тар	4-5	open	Ash/Annex
5:30pm	Flexibility Kicks & Leg Tricks	4-5	10-14	Natalie/Annex
5:30pm	Нір Нор	5-6	12+	Mitch/Cal Elite
6:30pm	Musical Theater	4-5	open	Ash/Annex
6:30pm-7:30pm	Tech & Choreography	6	12+	Natalie/Cal Elite
Thursday				
3:30pm	Ballet	2-3	7-10	Suzie/Cal Elite
3:30pm	Jazz Technique	4-5	10-14	Tyson/Cal Elite
4:30pm	Jazz Technique	2-3	<i>7</i> -10	Tyson/Cal Elite
4:30pm	Ballet	2-5 4-5	10-14	Suzie/Cal Elite
7.00pm	Dalici	4 -0	10-14	JUZIO/ CAI LIIIC
5:30pm	Just Class	4-5	10-14	Tyson/Cal Elite
5:30pm	Ballet	6	12+	Suzie/Cal Elite
6:30pm-8:00pm	Tech & Choreography	6	12+	Tyson/Cal Elite

Level Guidelines

2-3: Two to four years of consistent dance training

4-5: Five to seven years of consistent dance training

6: Eight plus years of consistent dance training



Annex Location 22576 Avenida Empresa, RSM 949-888-9446

Cal Elite Kids 22982 Avenida Empresa, RSM 949-589-1512