



Athletic Policy



Participation in extracurricular activities such as athletics is a privilege enjoyed by the students of Zeigler- Royalton Unit #188. As an athlete, the student is a representative of the school district and the community.

Athletics offer experiences for the proper development of attitude, sense of community, and level of maturity. These experiences encourage desirable habits and develop self-sacrifice and dedication toward common goals.

To accomplish these goals, the athletic department and school administrations have developed these standards, which we feel, will promote the desired outcomes. Coaches shall present this document to all athletes who participate in a sport and provide explanation where needed.

A signed copy of this document, accompanied with a current utility bill indicating the name and street address as to the current address of the parent or legal guardian of the athlete must be turned in by the athlete to his or her coach prior to the start of the current season. Additional verification/documentation may be required and must be provided upon request prior to the student's participation in the sport/activity. A copy of this information will be given to the athlete and a copy will be kept on file in the office.

Any question or concerns please contact: **Jeremy May ZRHS Athletic Director 618-218-0124**

RULES OF CONDUCT

I. These rules of conduct are enforced upon confirmation of a violation by school officials, law enforcement officials, and/or the judicial system. Certain violations may result in additional penalty for misconduct above the beyond the penalties outlined in this section. Students who engage in behavior, which is deemed “gross misconduct”, may be suspended or denied the privilege of participating in the sport for a period for 2 years. The rules of conduct shall include cheerleaders. These rules of conduct become effective on the first day of practice for an individual sport.

A. It is a violation of the rules of conduct for a participating student to:

1. Use or possess tobacco products (smoking, snuff, chewing, tobacco, etc).
2. Use or possess any form of alcohol
3. Use or possess any type of illegal drug
4. Guilty of criminal activity

B. Penalties for violations of any of the rules:

1. For the 1st violation, the penalty will be suspension from the sport for one week beginning with the 1st game after the violation has been confirmed. The student will not be allowed to dress or participate in any athletic contest, but must attend and participate in any practices held during the suspension period.
2. For the 2nd violation within the school year, the student will be suspended from further participation in the sport he/she is playing at the time. It could be a different sport than the 1st offense, and could be a violation of a different rule of conduct.
3. For the 3rd violation within the same school year, the student will be barred from further participation in the athletics for the remainder of the school year.

C. Co-op Participants

ZR high school students' co-op in a sport hosted by Christopher will be held accountable to the Christopher rules governing that sport. Any violation of those rules will be counted as a violation of the ZR rules of conduct, and will trigger for 1st, 2nd, and 3rd offense. All Christopher students co-oping at ZR will be held accountable to their ZR rules of conduct as well and will trigger the 1st, 2nd, and 3rd offenses at Christopher.

D. Grades

1. High School:

All high school student athletes must be passing required standards set forth by the Zeigler-Royalton school district. Athletes must be passing five credit classes at all times and must be passing all classes required for graduation. Academic progress will be checked on a weekly basis. Athletes who fail to meet the standards will not be allowed to compete. Any student/athlete who did not pass five credit hours or has failed a class required for graduation during a semester will not be eligible for the semester that follows. If a student fails a spring semester class, but completes a summer school course/courses, so that they are passing the five required courses or required classes for graduation will be eligible to participate the next semester.

2. Junior High:

All students athletes must be passing required standards set forth by the Zeigler-Royalton school district. Athletes must maintain a “D” overall average. If a student/athlete is failing a core class for graduation, that athlete will not be eligible to participate in that weeks athletic contest. Athletes will be able to practice during the time of ineligibility.

E. Detention

Participation in athletics does not excuse an athlete from serving a detention on the assigned date. Detention is given preference over game competition or practice. Any Junior High student with 10 or more non-homework detentions during a grading period will be banned from all extracurricular activities for that grading period.

F. Attendance

Student athletes are expected to attend school. Attendance is required for a student to attend practice or play a game. Athletes will be allowed to practice or play a game as long as they were in attendance at least half a school day.

G. Game transportation

For away games: athletes may return home from an away game with their parents, grandparents, or legal guardian only. A signed request provided by the school must be presented to the coach prior to leaving the game. Exceptions can only be made by the building principal or athletic director after receiving a written request by the parent involved. Violation results in a one game suspension. Athletes must ride school transportation to all away games. The building principal or athletic director can be the only ones to make exceptions after receiving a written request by the parent involved. Violation results in an athlete suspension for that game.

H. Athletic equipment

Athletic equipment will be checked out and back in by the team coach. The athlete is responsible for the care of the equipment while in their use. The equipment should be immediately returned to the coach upon completion of the season or if the athlete is no longer a member of the team. Equipment for another sport will not be issued to an athlete until all equipment has been returned or replacement cost is paid to the school.

I. Team rules

Each coach will present in writing a list of team rules in addition to the school athletic policy. The individual coach cannot change athletic policy. Team rules will include items, such as missing practice.

J. Requirements to participate

Athletes must meet the following requirements before the first practice.

- A. Have a current year physical on file in the office.
- B. Complete an insurance waiver.
- C. Passes five academic classes during the previous semester (H.S)
- D. Maintained a "D" overall average the previous quarter (J.H)

K. policy on concussions:

A student athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from participations or competition at that time. A student athlete who has been removed from a interscholastic contest or a practice for a possible concussion or head injury can not return to that contest unless cleared to do so by a physician licensed to practice medicine in all its braches in Illinois or a certified athletic trainer. If not cleared to return to that contest, a student athlete can not return to play or practice until that student athlete has provide written clearance from a physician or athletic trainer.

L. Fan Attendance Policy

District #188 recognizes the essentials of fan participation in an effort for positive appreciation for the efforts of athletes that participate in athletic activities. Too often the fan participation becomes negative and are asked to leave either by an official or by the administrator. In the event that a fan is removed from an event the following punishment will go into effect immediately:

- First Ejection: One game suspension**
- Second Ejection: Suspension for the entire season**
- Third Ejection: Suspension for one calendar year**

M. Social Media Policy

Student-athletes and parents are encouraged to use social-media in a safe, responsible, and respectful manner. Keep in mind that typed, tweeted, and posted messages can be viewed by unintended audiences, printed, reproduced, and/or altered. Each athlete and parents are solely responsible for his or her “digital footprint.”

Anything that is deemed as disrespectful, irresponsible or inappropriate can cause punishment to the parent or player, or both. Punishment will be determined on a case by case bases determined by the school board.