

SALTO MEN'S GYMNASTICS COMPETITIVE PROGRAM TRYOUT

Friday, Dec 1st, 2017 from 6:00pm to 8:00pm

Salto Gymnastics will be holding assessments for our pre-competitive and competitive program for the 2017-2018 season. We would like to extend an invitation to your child to attend on Friday Dec 1st 2017 from 6:00 pm to 8:00 pm to participate.

Men Artistic Gymnastics is a program designed to prepare young boys, for competitive gymnastics. The program strives to build fundamental movement patterns in young aspiring athletes to equip them with the foundational motor skills needed to succeed in gymnastics. Our training schedule for next year will be as follows:

- Wednesday from 6pm to 8pm and Friday from 6pm to 8pm (4h group)
- Sunday from 9am to 11am, Wednesday and Friday from 4pm to 6pm (6h group)
- Sunday from 9am to 12pm, Tuesday and Thursday from 4pm to 7pm (9hgroup)
- Sunday from 9am to 1pm, Tuesday and Thursday from 4pm to 8pm (12h group)

Please see www.saltogymnastics.com for further information or contact our front office to register your child for assessment.

We are dedicated to making this a positive experience for everyone involved in our program. With cooperation for everyone involved, we can make this a reality. Thank you for being a part of our program and congratulations on your invitation to join our assessment on Dec 1st 2017! If you have any questions regarding the assessment process, please contact our MAG/WAG Competitive Director, Ovidiu Serban at oserban@saltogymnastics.com.