

SGC / Northern Zones Schedule

Times	Total athletes	Category
Friday, March 10th, 2017		
Session 1A General Warm up: 8:00 - 8:15 am Competition: 8:25 - 9:30 am Awards to follow	47 (max 96)	JO 1 2009-2011 <i>*Floor will be split into 2 with two routines taking place simultaneously</i>
Session 1B General Warm up: 9:30 - 9:45 am Competition: 9:55 - 11:00 am Awards to follow	32	JO 1 2003-2008 <i>*Floor will be split into 2 with two routines taking place simultaneously</i>
Session 2 General Warm up: 11:00 am - 11:15 am Competition: 11:25 - 1:00 pm Awards to follow	60 (max 96)	JO 2 all ages <i>*Floor will be split into 2 with two routines taking place simultaneously</i>
Session 3A General Warm up: 1:30 - 1:45 pm Competition: 1:55 - 3:30 pm Awards to follow	49 (max 96)	JO 3 2008-2010
Session 3B General Warm up: 3:30 pm - 3:45 pm Competition: 3:55 - 5:30 pm Awards to follow	43	JO 3 2004-2007
Session 4 Warm up: 5:30 - 5:45 pm Competition: 5:50 - 9:00 pm Awards to follow	44 (max 80)	JO 6 (2003+) 21 JO 6 (2004) 23
Saturday, March 11th, 2017		
Session 5 General Warm up: 8:00-8:15 am Competition: 8:20-10:30 am Awards to follow	66 (max 80)	JO 4 (2005+) 20 JO 4 (2006) 20 JO 4 (2007) 26
Session 6 General Warm up: 10:30 - 10:45 am Competition: 10:55 - 1:00 pm Awards to follow	49 (max 96)	JO 4 (2008-2010) 20 JO 5 (2006+) 17 JO 5 (2007-2010) 12
Session 7 General Warm up: 1:30 pm - 1:45 pm Competition: 1:55 - 4:30 pm Awards to follow	49 (max 80)	JO 6 (2006) 28 JO 6 (2007-2010) 21
Session 8 General Warm up: 5:00 - 5:15 pm Competition: 5:25 - 8:30 pm Awards to follow	47 (max 80)	JO 6 (2005) 23 JO 7 (2002+) 10 JO 7 (2003-June 2004) 14
Sunday, March 12th, 2017		
Session 9 General Warm up: 8:00 - 8:20 am Competition: 8:25-11:30 am Awards to follow	46 (max 64)	JO 7 (July 2004 - 2005) 22 JO 7 (2006 - 2010) 9 JO 8 All ages 10 JO 9 All ages 2 Aspire 1 3
ACRO Competition		

Warm-up : 11:30 - 11:55 am Competition: 12:00 - 5:30 pm Awards to follow	100	
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