

Fall 2017 RMD Class Schedule Descriptions

Monday

5:00-5:30 **Ballet** 2-3 yrs. old (Intro to point, flex, arm and feet position and graceful movement using scarves, hoops and more)

5:35-6:20 **Ballet and Tap** 4-5 yrs. old (Learn the graceful movement of basic ballet and the rhythm and sound with tap)

6:25-7:10 **Hip Hop and Tumbling** 3-5 yrs. old (Age appropriate iconic and latest moves while learning the basics flips like forward roll, handstand, crawl walk and much more)

7:15-8 **Ballet and Tap** 6-9 yrs. old (Basic foot and arm positions, jete, chain turns, and shuffles, heel digs and more)

8:05 **Adult Hip Hop Funk** (Let your hair loose, bring both of your left feet and let's get MOVING)

Tuesday

4:45-5:15 **Ballet and Creative Movement** ages (2/3) yrs. old (Intro to point, flex, graceful movement using storytelling and more)

5:30-6:15 **Boys Hip Hop and Tumbling** ages 2 1/2-5 yrs. old (BOYS ONLY, Bond and make new friends while enjoying learning latest age appropriate movement and flips at the same time)

6:20-6:50 **Tumbling** Beginner/intermediate ages 6 and up (intro and create foundation to excel from crab walk to bridge kick over)

7:00-8:15pm **RMD Company** ages 9-12 (Audition Only...Details coming soon)

Wednesday

4:40- 5:10 **Ballet and Creative Movement** ages 3-4 yrs. old (Intro to point, flex, arm/foot positions and graceful movement using storytelling and more)

5:15-5:45 **Tap** ages 4-6 yrs. old (Intro to toe drops, taps, heel digs and more)

5:45- 6:30 **Jazz** ages 7-11 yrs. old (Building on Jazz fundamentals, while learning high energy leaps, turns and non-traditional movements)

6:35-7:15 **Ballet** ages 7-11 yrs. old (Building blocks of ballet fundamentals, sequencing, enhancing the fluidity of combined arm and foot movement)

7:20-8:05 **Teen Hip Hop** 12 ages and up (Exploring various eras and style of hip hop while learning basic tricks and create foundations to master difficult ones)

8:10-8:55 **Teen Lyrical** ages 12 and up (Ballet infused movement that tells a story and expresses various dynamics of emotion)

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Thursday

5:00-5:45 **Ballet and Jazz** ages 5-8 yrs. old (learning 5 foot positions and arm positions, while learning leaps, turns and rhythms)

5:50-6:50 **RMD mini co** ages 5-8 yrs. old (Audition Only... details coming soon)

6:55-7:40 **Hip Hop and Tumbling** 6-9 yrs. old (Age appropriate iconic and latest grooves/tricks while learning and mastering different flips)

7:45-8:15 **Tap** 6-11 yrs. old (Progressively learning basic tap steps to advancing rhythm and pace in combined steps)

Friday

5:25-5:55 **Hiplet Class** ages 10-14 yrs. old (Intermediate/Advanced ballet fusion with hip hop Afrocentric movements intertwined)

6:00-6:30 **Teen Tap** ages 12 & up (High energy tap steps, various beats and footwork. Not to mention different eras and styles of tap)

Every 1st Friday- **Master Class** 7-8pm (New classes to anyone. List of classes coming soon)

Saturday

8:30-9:15 **Ballet and Hip Hop** 3-5 yrs. old (Intro to point, flex, arm/foot positions and graceful movement while learning age appropriate old and new grooves)