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Register online at:

http://raceroster.com



Newington Elementary Presents

The 16th Annual

Run with the Dolphins

5K Race/Walk & Mile Fun Run

Saturday October 21, 2017

8:00 am: Race/Walk & 9:10 am: Mile Fun Run

Certified 5K Course

5K course is run throughout Newington Plantation Neighborhood in Summerville.

Race starts at Newington Elementary School.

T-shirts with all fees, but not guaranteed with race day registration.

**Entry Fee for 5K: $25.00**

**Entry Fee for Mile Fun Run: $12.00 (ages 12 and under only)**

**\*\*Register by Sept 30th to make sure you get your race tshirt\*\***

**Checks payable to Newington Elementary PTA**

**5K Race\_\_\_\_\_ Mile Run (12 and under only)\_\_\_\_\_\_\_\_ \* NES Class I am representing \_\_\_\_\_\_(only choose one please!)**

Last Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ First Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Street Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City/State/Zip:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone: (\_\_\_\_)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ NES Grade:\_\_\_\_\_ School/Organization:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Sex: M F Age (on race day):\_\_\_\_\_\_\_\_ T-shirt Size (circle one): adult S M L XL XXL youth: S M L

Amount enclosed\_\_\_\_\_\_\_\_\_\_\_

Liability Waiver:

Upon acceptance of my entry, I for myself, heirs and assigns, hereby release the sponsors & officials and all staff of the **RUN WITH THE DOLPHINS** **RACE/WALK & MILE FUN RUN** as well as Newington Elementary from any and all liability arising from illness, injury or death I may suffer as a result of my participation in these events. I attest that I am physically fit and have sufficiently trained for these events and I am aware that my participation could in some circumstances result in physical injury. I also understand that the entry fee is NONREFUNDABLE FOR ANY REASON and that the race/walk will be rain or shine.

Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Guardian (under 18)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* Awards for top 3 male & female finishers in 5K.
* NES Class Participation Award \*open to all family members & friends of NES students or teachers. If you would like to represent a class you must specify below.
* Awards for top 5 male & female finishers in Mile Fun Run
* Packet Pick-up: Friday, 3-7pm and race day, 7am.

This race is part of an overall effort to promote fitness in our school and community.

For more information contact the school: 871-3230 or [www.nesdolphinrun.webstarts.com](http://www.nesdolphinrun.webstarts.com)

All Participants will receive a T-Shirt with early registration!

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OR

Drop off at Newington Elementary

7:25am -4:00pm M-F

Mail to

Run with the Dolphins,

10 King Charles Circle,

Summerville SC 29485