

# Birthday/Holiday Treat List

Our current Wellness Policy with the Federal Lunch Program has encouraged us to implement a healthy snack list of acceptable foods. We are starting with this list of acceptable snacks. More foods may be added, but for now, please stick to only these items for any snack foods that you send for birthday treats or classroom parties. If your snacks need utensils or plates/bowls please send those as well. Snack food must be delivered before 1:00 pm. If you have other suggestions for items to be added to our list, please contact me.

Thanks, Mrs. Mead

## Fresh Fruit & Vegetables



Banana  
Peeled Orange  
Cut Up Apple  
Grapes  
Carrots  
Celery  
Green, Red, or Yellow Pepper

Watermelon  
Cantaloupe  
Honeydew  
Pineapple



Mango  
Peach  
Apricots  
Tomatoes  
Cucumbers  
Strawberries  
Pear  
Blueberries  
Raspberries  
Kiwi  
Blackberries  
Broccoli  
Cauliflower  
Peas



## Miscellaneous Items



Dried Fruit  
Pretzels  
Crackers  
Cubed Cheese  
Sliced Cheese  
String Cheese  
Popcorn (already popped)  
Chex Mix  
Granola Bars  
Granola  
Deli Meat  
Dry Cereal  
Fruit Chews  
Nuts  
Peeled Boiled Eggs  
Pickles  
English Muffin  
Bagel  
PBJ Sandwich  
Tortillas  
Tortillas Roll-Ups  
Muffins  
Beef Jerky

