



POLICIES, RULES AND PROCEDURES 2017-2018

2017- 2018 Competitive Cheerleading Season:

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- ☆ Calgary STARS Gym Commitment
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- ☆ Athlete Placement
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- ☆ Sportsmanship
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- ☆ Competition and Travel Arrangements
- ☆ Letter of Commitment (signed and returned)
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- ☆ Waiver (signed and returned)
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- ☆ Absentee Form
- ☆ Registration Information (fill out and return)
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CALGARY STARS GYM “COMPETITIVE PROGRAM” PHILOSOPHY:

The Calgary STARS Gym believes that through

- **Fun**
- **Self-Motivation**
- **Hard Work and**
- **With the responsible guidance of a coach**

The **competitive athlete's goals** can be achieved.



CALGARY STARS GYM COMMITMENT:

The Calgary STARS Gym is committed to providing a safe, encouraging environment for the athletes to train in. The Calgary STARS coaching staff will, to the best of their ability, provide the athletes with all the “tools” required to do their best at practice and competitions. The Calgary STARS staff will treat each athlete equally and with respect. Coaches of the Calgary STARS Cheer Staff are certified with U.C.I credentials and attend yearly coaching conferences.

ATTENDANCE POLICY – PRACTICES AND COMPETITIONS:

The practice and competition schedule is released as soon as possible to the parents and athletes. All competitions listed on the schedule are tentative and participation will depend on the readiness of the team/s.

- ***Practices –***

Due to the nature and dangers involved in the sport of cheerleading, it is important that each athlete makes a firm commitment to be at each practice throughout the year. Attendance is mandatory for all practice unless the athlete is ill (contagious) or school is involved. If an athlete will be absent (for reasons other than communicable illness) the athlete will be required to fill out the ***Absenteeism Form*** and receive permission from the coach to be absent from practice. This must be done **prior** to the date being missed and *handed to the coach in person by the athlete with minimal 24 hours’ notice*. 3 unexcused absents may result in the athletes position on the team being altered including the Understudy being asked to step in indefinitely.

- ***Black Out Times-***

During black out times before a competition all athletes must attend practices with no exceptions. If this is not followed the team Understudy may be asked to fill in.

- ***Extra Practices-***

All extra practices are mandatory. During extra practices, important changes to the routine, stunts and blocking are made to improve performance and results at the upcoming competition. Extra practices may not be required if the team attends regular practices consistently.

- ***Choreography Session-*** Each team will have a set date and time for choreography. The date and time is set by the Choreography Company and cannot be altered. Athletes may be required to arrange to leave school early on these days to accommodate choreography. **This session is mandatory to attend.** Those athletes that do not attend will have an altered position in the routine.

- ***Family Vacations-***

Family vacations must be scheduled around competitions and mandatory practices. If your child is absent their position in the routine will be compromised. Due to the Sea to Sky competition we will be training through Spring Break. Alternate vacation time is offered throughout the season.

Competitions –

All competitions are mandatory for all athletes to attend and participate in unless injured or ill. If an athlete does not attend a competition their position will be altered. Please review competition dates listed on the tentative schedule attached. Breaks are listed as well, please schedule other events accordingly. If athletes are unable to attend a competition then Understudies will be asked to compete in their place. This replacement will be at the discrimination of the coaches and may or may not be permanent.



Please note if the athlete is injured, they are still required to come to practice to condition and stretch. As well as ensure they are aware of what is happening with the team as well as for team camaraderie.

Injuries:

All injuries must have a doctor's note to ensure the safety of the athlete. Athletes returning following a concussion require a doctor's note stating it is safe and appropriate to resume cheer. If braces or supports are required please provide a doctor's or physiotherapist's note explaining the purpose it.

ATHLETE PLACEMENT:

The Calgary STARS Gym will place each athlete on team that will best suit the athlete's age and ability. This includes positions on the team such as flyer, base etc. This decision is that of the coaches. At times some athletes are asked to be on more than one team (crossover athlete). Each season the athlete's will be evaluated and placed on a team that the coaches feel best suits their strengths. Athletes are not guaranteed to be on the same team the following year.

DRESS CODE:

Practice-

- ☆ Practice bow
- ☆ Training uniform (will be available to purchase) or team colours- Red , White & Black is acceptable
- ☆ Athletic shorts – black, or combination of red, white or black. 2.5 inch Nike pros are not permitted
- ☆ Half tops, sports bras are **not permitted** to be worn without a shirt over top during practice or competition. Tshirts and tanks must have backs and sides to them.
- ☆ Cheer shoes
- ☆ **Hair must be fully tied back in a ponytail, bangs to be pinned back if longer than eyebrow length. Athletes will be asked to leave practice until hair is properly pinned back.**
- ☆ No jewellery, including all body piercing for the safety of all athletes
- ☆ Clothing with inappropriate sayings and pictures are not permitted.

The athletes are required to wear their full uniform to all Dress Rehearsals (Saturday practices and last practice before a competition or when coaches schedule it) and Competitions. This includes the following:

- ☆ Cheer shoes
- ☆ White ankle socks
- ☆ Skirt
- ☆ Top
- ☆ Competition Bow
- ☆ Hair is to be put up in a high ponytail, if bangs are longer than eyebrow length they must be pulled back.



VIEWING POLICY:

Viewing is at the discretion of each team's Lead Coach. Management does however reserve the rights to dismiss any parent, family member, friend etc. whom is not acting in accordance with our Policy and Procedures.

UNDERSTUDY PROGRAM:

The Understudy Program allows for suitable athletes to practice with a team on a regular basis and fill in whenever the need be. This includes for practices and competitions. The usage of the Understudy in competitions is at the discretion of the coaches. At any time with due cause an Understudy can be switched out with a main team member, making the main team member the Understudy. The Understudy is a member of the team just like the other athletes.

A uniform and bow will still be required in case the athlete is required to fill in at a competition as well as for team pictures.

AT HOME DISCIPLINARY ACTIONS:

The success of a team depends on the commitment of ALL the athletes and families. As mentioned previously if an athlete misses a practice if affects the team as whole. Please do not use cheer as a "at home disciplinary" action. If this does occur an understudy will be asked to take the athletes place indefinitely.

FUNDRAISING

At the Calgary STARS we do not have mandatory fundraising efforts. We do however have a parent run Fundraising Committee that does a fabulous job of organizing fundraising events and campaigns to help with travel costs, choreography etc. It is each individual family's choice if they wish to get involved. The STARS Parent Fundraising Committee is not connected in any way to the Calgary STARS Gym.

RESPECT POLICY – BULLYING, PEER PRESSURE ETC.:

The Calgary STARS Gymnastics and Cheerleading Centre will provide an emotionally and physically safe environment for the athletes, parents, family members and staff. **Abuse; physical, emotional and verbal will not be tolerated.**

ALL FAMILIES (ATHLETES & PARENTS) ARE REQUIRED TO AGREE & SIGN AN ANTI-BULLYING CONTACT

At the Calgary STARS Gym bullying is a very serious offense. If bullying occurs, the parties (parents or athletes) involved will be given a warning (parents notified), if it occurs a second time parents will be brought into a meeting to discuss the

behavior in hope of rectifying the situation. If a third offense occurs the offending parties will be asked to leave the facility and Team, releasing their right to take action against The Calgary STARS Gym, its officers, coaches, other staff and patrons. This includes athletes bullying other athletes as well as parents bullying athletes and other parents (team mates and competitors).

At no time will a STARS athlete or parent mock or laugh at a competitor or a competitor's family etc. Nor will a STARS athlete or parents initiate or become involved in an altercation involving anything to do with cheer.



These matters must be reported to management immediately. It is of the utmost importance to the Calgary STARS Management that each athlete, parent, family member and staff member feel at home and safe in the environment provided at the gym and when representing the STARS Gym.

**Parents please speak with your children to ensure that they understand what bullying is and who they should tell if it is happening. Please contact the coaches or management if any bullying has occurred. All matters will be kept confidential.*

CODE OF CONDUCT:

Each athlete, parent and coach are representing the Calgary STARS Gymnastics and Cheerleading Centre when competing, wearing the uniform, jacket or logo of the Calgary STARS or are attending practice. It is important that each individual conduct themselves accordingly. The Calgary STARS Gym expects the following from its **athletes, coaches and parents**:

- ☆ Each athlete will attend all practices unless ill or have a mandatory school function
- ☆ Each athlete and coach will try their best at each practice and competition
- ☆ Each athlete, coach and parent will be supportive of all teammates & competitors
- ☆ Each athlete, coach & parent will practice good sportsmanship in and outside of the gym including cheering on other teams
- ☆ Each athlete, coach and parent will accept the judging results after competitions
- ☆ Each athlete, coach and parent will not question the results of the competition at the competition venue nor contact the host Club or governing body and act as a representative of the Club questioning the scores.
- ☆ Each athlete, coach & parent will not use vulgar or inappropriate language or conversation in person or via email.
- ☆ Each athlete, coach and parent will show respect for each other
- ☆ Each athlete, coach and parent will ensure that all STARS material including emails, addresses, phone numbers etc are kept confidential.
- ☆ Cyber Bullying will not be tolerated in respect to STARS athletes and parents as well as with our competitors. This includes but is not limited to Facebook, Instagram, text messaging chat groups etc.
- ☆ All comments or bullying against the STARS- in person, or online etc. is to be ignored reported immediately to management.
Athletes, parents, family members & friends representing the STARS will not be publicly intoxicated. If this occurs you will be asked to leave immediately.
- ☆ **Each athlete, coach and parent, family member or friend will not be permitted to post any videos of practices or performances on the internet unless given permission from Management. This includes YouTube. This is for strategic purposes.**

DRUGS & ALCOHOL:

The Calgary STARS Gymnastics and Cheerleading Centre has a no tolerance rule regarding the use of alcohol and drugs before or during practices, competitions and performances. Athletes found abusing this rule will be dismissed from the team immediately and will be charged the withdrawal penalty.



SPORTSMANSHIP:

The Calgary STARS Gym prides itself on its exceptional sportsmanship inside and outside of the gym. It is expected that the athletes, parents and coaches will demonstrate this sportsmanship at all times.

CONCUSSION SCREENING:

In all activities there are inherent risks when participating or viewing. In cheerleading we understand that due to the nature of the sport the athletes are at risk for injuries that can include concussions. Those involved in the sport at all levels are aware of this and want to be proactive. Therefore, for the athlete’s health and safety the STARS require all athletes to have on file a *Concussion Screening*. This is a simple scan that provides a picture of the brain and gives

Doctors a baseline of the brain’s concussion health. Having this baseline will enable a doctor to better diagnose a concussion and help in the healing plan. The Calgary STARS has partnered up with Natural Way Chiropractic whom is

very knowledgeable regarding the scan and is able to provide to the STARS Athletes the service for a nominal cost. The Natural Way Team will visit the gym for those that wish to use their services for the scan. Or you can obtain a scan through your own means.

PAYMENTS:

TEAM	COMPETITION FEES Due 25% June 6, Aug. 15, Oct 1, Nov 15 non-refundable	MONTHLY FEES Due the 1 st of the month non-refundable	CHOREOGRAPHY (approx.\$200 due Aug 19 th) non-refundable	UNIFORM Cost depends on the U.S. \$, non- refundable	INSURANCE (pooled- cost depends on # of athletes)
Understudy	If home team – 25% of fee C/O team- \$ 0	If home team – 50% of fee C/O team - \$0	\$0	\$250	\$40
Yth/ Jr Prep	\$200	\$125	\$0	\$380	\$40
Tiny 1	\$350	\$145	\$0	\$380	\$40
Mini 1	\$487	\$165	\$225 approx.	\$380	\$40
Youth 1 small	\$487	\$165	\$225 approx.	\$380	\$40
Youth 1 Large	\$487	\$165	\$225 approx.	\$380	\$40
Youth 2	\$487	\$170	\$225 approx.	\$380	\$40
Junior 1 small	\$487	\$160	\$225 approx.	\$380	\$40
Junior 1 Large	\$487	\$160	\$225 approx.	\$380	\$40
Junior 2	\$487	\$170	\$225 approx.	\$380	\$40
Junior 3	\$487	\$180	\$225 approx.	\$380	\$40
Senior 1	\$487	\$160	\$225 approx.	\$380	\$40
Senior 2	\$487	\$170	\$225 approx.	\$380	\$40
Senior 3	\$487	\$180	\$225 approx.	\$380	\$40
Open	TBD	\$100	\$225 approx.	\$380	\$40
Crossover	\$200 (covers cost of comp entry fee)	\$25	\$100.00		\$0.00



Competition Fees:

Competition fee includes:

- All Competition Athlete Fees unless additional competitions are added

Monthly Fees:

- Coaching fees
- Gym fees
- Specialist Training during regular training hours (no additional training time is required)
- May Skills Camps
- Extra Practices During Competition Season

The Calgary STARS Cheer Teams are divided into 11 equal payments (June thru to and including May 15th-excluding July). The fees include all training- coaching and gym/ equipment time and extra practices, music, administration fees, etc. Fees are accepted in the form of Visa, MasterCard or Debit. If Debit is the preferred choice of payment a credit number must also be on file. In the case that payment in the form of debit is not received we will charge the credit card on file. All payments are due on the first business day of the month. Payments will begin in June with the deposit, with the final payment processed on the first business day of May. Delinquent payments of 90 days will be sent to collections. Interest of 2% per month will be added to all accounts past 30 days. Monthly statements will be available to all families via the member's login.

Monthly fees do not include:

- ☆ Out of town expenses (some competition buses are chartered to help with travel)
- ☆ Choreography
- ☆ Travel
- ☆ Uniforms
- ☆ Shoes (\$30 to \$130 depending on shoes)
- ☆ Comp Bows
- ☆ Make Up – same as previous year (approx. \$50)
- ☆ Specialty Camps (tumbling, stunting, guest teachers)
- ☆ Insurance (\$40)
- ☆ Etc.

Choreography:

The STARS hires a professional to spend 2 days with each team to choreograph the routines. This time and cost is mandatory. The times that are set out by the choreographer may require the athletes to leave school early and may or may not be scheduled for the teams set practice time.



Prep Uniform:

All athletes are required to purchase the team competition uniform. This can be purchased new or used.

All-Star Competitive Uniform:

This program will be getting new uniforms this year. Senior & Open Athletes will be wearing crop top style uniforms and junior and under in full tops. Those on an Open/ Senior team and one junior aged and under will wear a “filler” verses purchasing 2 tops.

COMPETITIONS AND TRAVEL ARRANGEMENTS:

As a convenience during the competition season The Calgary STARS block book hotels for families. It is not mandatory that families stay in the team hotels. It is mandatory however, that all families chaperon their own children or arrange with another family to chaperon for out of town events. Out of Province or International Competitions may have travel restrictions set to ensure that all athletes arrive at the venue on time and safely. Calgary STARS will do our best to provide ample time for travel arrangements to be made. We do arrange chartered buses whenever possible to reduce travel costs for families. Buses are optional.

LETTER OF COMMITMENT:

Please see attached Letter of Commitment.

Thank you for your commitment to the Calgary STARS Cheer Program. We hope that all the athletes and families enjoy their experience with the team.





**2017– 2018 Competitive Cheerleading Program
Letter of Commitment**

_____ (Cheerleader) is committed to the 2017 – 2018 season at the Calgary Stars Gymnastics and Cheerleading Centre with the competitive cheer program.

By signing the “Letter of Commitment” the athletes and parents agree to follow the attached Policies, Rules and Procedures of the Calgary STARS Gymnastics and Cheerleading Centre – Competitive Cheer Program (P,R,P). The Calgary STARS Gymnastics and Cheerleading Centre reserves the right to dismiss athletes whom do not respect the P,R,P Along with dismissal from the program the parents will be charged an additional 2 months fees. Withdrawing from the program anytime during the season will result in two months fees being charged. Competition, choreography, monthly and uniform fees are nonrefundable.

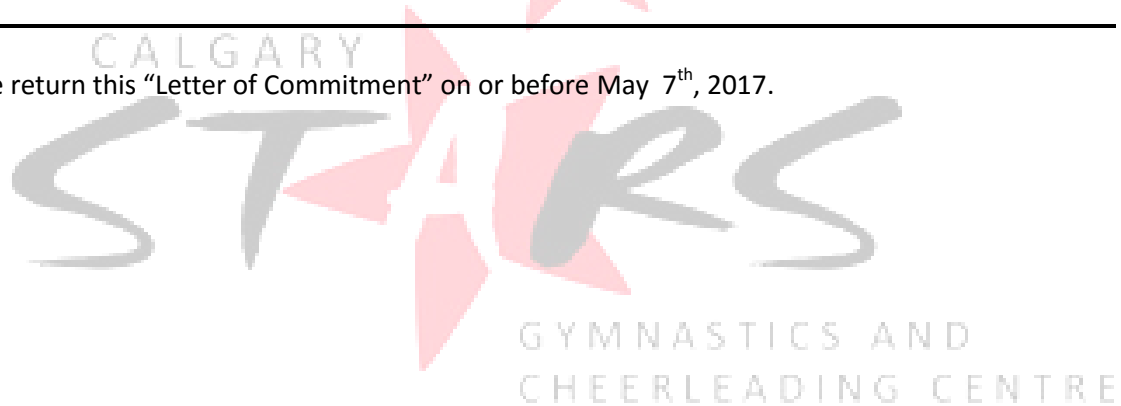
Athlete’s Signature

Parent’s Signature

Witness Signature

Date

Please return this “Letter of Commitment” on or before May 7th, 2017.





Calgary STARS Gymnastics and Cheerleading Centre Anti-Bullying Contract - Athlete and Parent/Guardian Agreement

Everyone has the right to feel physically and emotionally safe at The Calgary STARS Gym. I _____ (child) & _____ (parent) will do everything we can personally, as a member of the Calgary STARS Team, to create and preserve a physically and emotionally safe environment. As a member of the Calgary STARS Team, we will strive to treat everyone with respect regardless of any differences.

Bullying is defined as intentionally aggressive or passive aggressive behavior that can take many forms (verbal, physical, social, emotional, or cyber - or any combination of these); it involves an imbalance of power, and is often repeated over time. The bullying can consist of one child/ parent bullying another or a group of children/ parents against one lone child/ parent.

Athlete Responsibility:

I commit that I will not bully my team mates, family members or competitors. When I witness bullying, I will report it to a coach.

Athlete Signature

Team

Witness

Date

Parent/Guardian Responsibility:

I commit to encouraging my child to always respect others. I will also respect all other children, adults (parents and staff) on the Calgary STARS Team and our competitors etc. I have instructed my child not to bully and I will not be a bully. I have advised my child to report any bullying to coaches or management. As the parent, I will not put another child, parent or coach down. I will respect the choices of the coaches and trust their decision. I understand that I will be asked to leave the facility if I do not follow the Anti-Bullying Policy.

Parent/Guardian Signature

Date

Witness

Date

We understand that Bullying will result in: predictable and escalating consequences:

1st Offense: Incident investigated by management followed by a meeting with Owner & Coach and parent notification. Incident recorded on athlete/parent's record.

2nd Offense: Athlete and Parent meeting. Incident recorded on athlete/parent's record

3rd Offense: Athlete and family dismissed from the Team. With no recourse able to be taken against Calgary STARS; it's coaches, staff or patrons.

Severe behaviors may lead to more serious consequences. If the athlete/ parent have broken the law, management will inform the police. Management reserves the right to alter consequences as seen fit.



RELEASE AND WAIVER OF LIABILITY

RELEASE AND WAIVER OF LIABILITY

In consideration of the use of the facility and participation in the programs / tryouts of the Calgary Stars Cheerleading and Gymnastics Centre (923029 Alberta Inc.), I acknowledge the following: I acknowledge that gymnastics, cheerleading or other activities offered by the Calgary Stars Gymnastics and Cheerleading Centre (923029 Alberta Inc.) from here on out referred to as "activity" may involve a certain element of risk, which may result in bodily injury (including the risk of severe or fatal injury) to myself or my child (if signing on behalf of my minor child). I also acknowledge that the activity requires the coach to perform some manual spotting which involves direct physical contact and is designed to assist the participant in the safe performance of the programs skills. I understand that 923029 Alberta Inc. has tried to create a safe and controlled environment for participation and that the 923029 Alberta Inc. has established rules for participation on and about the gymnastics/ cheerleading area that must be followed by the participant. I understand that failure to comply with any of the policies and rules of the Club may result in the suspension or termination of membership. I voluntarily recognize and accept these physical risks and physical contact for spotting purposes and agree to abide by these rules set out by the 923029 Alberta Inc. which are verbally expressed/published and/or circulated from time to time. If applicable to a participant under the age of 18 years old, I acknowledge and agree that the above mentioned child is physically fit to participate in the activity and that my child be allowed to participate in the activity offered by 923029 Alberta Inc.. In consideration of your acceptance of my participation or my Childs participation (if signing on behalf of my minor child) I, intending to be legally bound, do hereby, for myself and my child, heirs, executors and administrators waive the right to sue and release forever and discharge and all rights and claims for losses, damages and/or injuries which I and/or my child (if signing on behalf of my minor child) may have or may hereafter acquire against 923029 Alberta Inc., the organizers or their respective officers, agents, representatives, employees, volunteers, officials, sponsors, directors, coaches, instructors or independent contractors and or assign for any losses, damages and injuries which may be sustained and suffered by me or my child (if signing on behalf of my minor child) in connection with our association with or entry in the above athletic activity or which may arise from our participating in said athletic activity. Calgary Stars Gymnastics and Cheerleading Centre (923029 Alberta Inc.) is not responsible for persons not participating in its programs; this includes the participants parents and siblings, their friends and family members.

FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT

The information collected under the authority of the Freedom of Information and Protection of Privacy Act. It is required to register you in the program and will be used to contact you regarding activities, services and other programs. Your personal information may be shared with Alberta Gymnastics Federation and Gymnastics Canada representatives and Alberta Cheerleading Association. Financial information will be used only to process your payment. Medical information will only be used in case of an emergency. I understand that pictures taken during practice and competitions can be used for advertising purposes – both paper and electronic.

Intending to be legally bound, I have read the RELEASE AND WAIVER OF LIABILITY and fully understand this document. I the undersigned, being the parent/guardian of _____ in the province of Alberta, do hereby grant permission for the said child to participate in gymnastics activities under general supervision of the Calgary Stars Gymnastics and Cheerleading Centre (923029 Alberta Inc.), it's directors and instructors. I do hereby for myself, my child on ward, our heirs, executors and administrators, release and forever discharge the Calgary Stars Gymnastics and Cheerleading Centre (923029 Alberta Inc.)and all of its servants, agents, officers, employees and all persons assisting it and/or them for any or all liability for injury, loss, sickness, death or any other damage resulting from the negligence of the above mentioned persons or in any cause whatsoever attributable in any way to the conduct of said persons in case of an accident to said child.

Parent/Guardian Signature _____



**2017 – 2018 Competitive Cheerleading Program
“Commitment to the Calendar” Agreement**

_____ (Athlete) & _____ (Parent) has read and agrees to commit fully to the 2016 – 2017 Calendar season at the Calgary Stars Gymnastics and Cheerleading Centre with the competitive cheer program.

By signing the “Commitment to the Calendar” the Athletes and Parents agree to follow the Calendar set forth. Athletes and Parents agree to complete Absentee Forms and hand the document to the coaches in person. Holidays in which the Athlete is required to miss more than 2 practices must be given with no less than 1 month notice. Holidays are not permitted to be taken within the “Blackout” timeline listed on the calendar. Athletes and Parents understand that the Calendar can change; coaches and management will do their best to provide ample notice.

Athlete’s Signature

Parent’s Signature

Witness Signature

Date





ABSENTEE FORM 2017-2018

Athlete's Name: _____

Today's Date: _____

Date Athlete is Requesting Off: _____

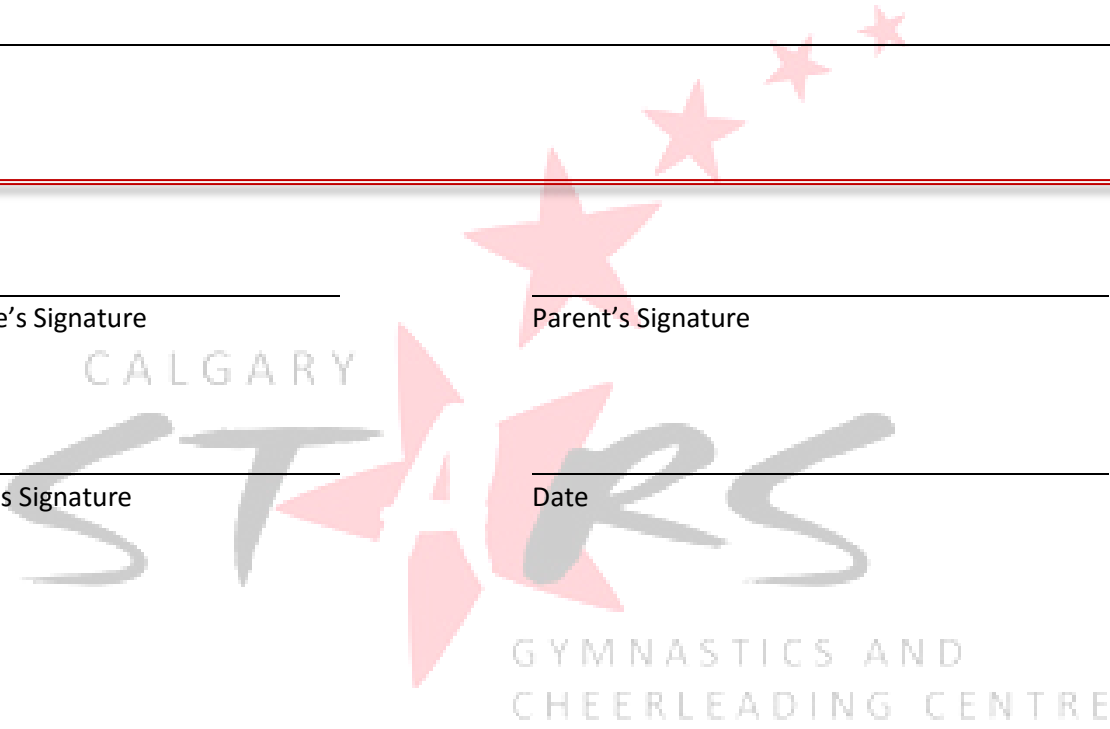
Reason requesting the above date off: _____

Athlete's Signature

Parent's Signature

Coach's Signature

Date





Registration Information

Athlete's Name: _____ DOB: _____

Parent's Name: _____ Phone: _____

Address: _____

Postal Code: _____ Emergency/ Cell Phone: _____

Email Address: _____

Medical/ Behavioral Conditions/ Medications: _____

Payment Method:

Some of our family's request "split" billing- placing payments on two different accounts. If you wish to do so, please provide both card numbers along with percentage of payment to be placed on each card (50%/ 50%). Split billing must remain consistent throughout the year unless court documents state otherwise. In the case of discrepancy, legal documents must be provided.

Visa or M/C number: _____ exp: _____ %

Visa or M/C number: _____ exp: _____ %

I authorize The Calgary STARS Gym to charge the monthly fees for June 1, 2017 to May 31, 2018.

Card Holder's Signature



TEAM TRAINING TIMES & COACHING LINE UP:

<u>TEAM</u>	<u>LEAD COACH</u>	<u>COACH</u>	<u>DAYS</u>	<u>TIMES</u>
Youth Prep	Kelly	Marley	Sundays	3:30 to 5:30pm
Junior Prep	Kelly	Marley	Sundays	1:30 to 3:30pm
Tiny 1	Kennedy	Megan	Tuesday Saturday	4:15 to 5:15pm 8 to 9am
Mini 1	Flo	Kelly Steve	Monday Saturday	4:15 to 6:15pm 9 to 11:00am
Youth 1 small	Dependant on numbers		Wednesday Sunday	4:30 to 6:30pm 9:00 to 11:00am
Youth 1 Summit	Jodi	Alex Corey- Dale	Tuesday Thursday	4:30 to 6:30pm 4:30 to 6:30pm
Youth 2	Jenni	Flo	Tuesday Thursday	6:15 to 8:00pm 6:15 to 8:00pm
Junior 1 large	Ornella	Maria	Tuesday Sunday	5:00 to 7:00pm 2:30 to 4:30pm
Junior 2	Alex	Jodi Flo	Tuesday Thursday	6:30 to 8:30pm 6:30 to 8:30pm
Junior 3	Flo	Alex	Monday Wednesday	5:30 to 7:30pm 5:30 to 7:30pm
Senior 1	Heather	Melissa	Tuesday Sunday	8:00 to 10:00pm 4:30 to 6:30pm
Senior 2	Nate	Melissa	Thursday Sunday	8:00 to 10:00pm 6:30 to 8:30pm
Senior 3	Cristela	Nate	Monday Wednesday	7:45 to 9:45pm 7:45 to 9:45pm
Open 4	Flo	Nate	Sundays Wednesdays	7:45 to 9:45pm 8:00 to 10:00pm
Open 5	Heather	Cristela	Sundays Wednesdays	7:45 to 9:45pm 8:00 to 10:00pm



CONTACT INFORMATION

NAME	POSITION	EMAIL	PHONE
Jodi Poirier	Director Youth 1 Cosmic Ray Junior 2 Odyssey	Jodi@calgarestarsgym.com	403-503-0662
Alex- Office	General Inquiries	info@calgarestarsgym.com	403-503-0662
Rebecca Hill	Registration Payments	Registration@calgarestarsgym.com	403-503-0662





WITHDRAWAL POLICY

I understand that withdrawing from the team any time from June 2017 to May 15th, 2018 will result in being charged 2 months fees. If the athlete is asked to leave due to not following the Policy, Rules and Procedures 2 month's fees will be charged. Moving from a Main Athlete to an Understudy with due reasoning will still result in the monthly fee. In case of injury, the athlete is required to provide a Doctor's note stating the reason the athlete is not physically able to continue with cheer. If a doctor's note is received the Withdrawal policy is waived.

If the athlete withdraws from the program the athlete forfeits their position on the team, athlete privileges, gym access and the ability to be placed on a team for subsequent years. At this time the athlete must attend tryouts as the general public does.

Parent's Signature

Date

Witness

Date

