# **Resident Restrictions**

### New Participants will be on a 30 day restriction. During this time, she must adhere to the following:

- ➤ No contact outside of Engedi Refuge you may be allowed phone contact with one approved person
- No cell phone usage, no internet usage
- No walks off the property, no outings unless accompanied by Engedi Staff/Volunteer
- Complete Orientation package

#### After One month up to 90 days:

- You may request a dinner pass with a volunteer or an approved companion for one evening a week during the 4:00 to 8:00 time frame. Not on a Tues or Thurs night. Make your request to Jill at the LC. (a week is defined as Mon Sun)
- Land line phone privileges will be added with safe people, not from "the life". Confirm with Keri and/or Jill who makes that list.
- Fri/Sat curfew is 11 pm. Sunday curfew is 4 pm for dinner and house meeting
- You may go on an outing with a volunteer or an approved companion. Bring your request to Jill.
- > All of these added privileges may be revoked for infractions of guidelines.
- There will be no last minute requests. All requests must be planned a week in advance.

### After 90 days: With the approval of the House Mgr

- You may earn an overnight pass on a Friday or Saturday night with an approved companion (locally only) for once in a given month. This may not be used in the same week as an outing or dinner pass.
- You may be allowed walks alone based on your progress within the program

### After 120 Days: With the approval of the House Mgr

You may earn a weekend pass from Friday after classes are over to 4 pm Sunday.

It must be with an approved person (s). This may not be used in the same week as an outing or dinner pass. Only one request per month.

**During Phase One** there is no email, facebook, cell phone or internet allowed. These are necessary safety precautions for our residents. These are privileges that may be earned in Phase Two on an individual basis. A drug test will be done after an outing with a non Engedi visitor or after an overnight outing. If you own a car, you will not be able to use it while living at the Phase One house. It will be stored at the Learning Center.

# If there is a relapse, you will be back to the beginning of the restriction process

# **Required Activities at Engedi House:**

- Attend two evening recovery meetings a week
- Monday through Friday attendance at the Learning Center
- Participation in house chores and meal preparation