

SPECTRA CELL TESTING

Finally, after 18 years of research, there is a **PATENTED SCIENTIFICALLY BASED MEDICAL APPROACH** to vitamin supplementation created by SpectraCell Laboratories. Total Health Solutions, Inc. uses this new diagnostic technology which involves specific diagnostic blood tests that can **IDENTIFY AND QUANTIFY YOUR VITAMIN AND MINERAL DEFICIENCIES**. This specific diagnostic blood test takes the guesswork out of supplementing with nutraceuticals (vitamins). These tests can measure an individual's nutritional history for a period of four to six months, versus traditional serum (blood) testing which has a narrower window of function and cannot determine what nutrients have successfully been absorbed within your living cells. And, the good news is that the test components are **REIMBURSABLE BY MOST PRIVATE INSURANCE COMPANIES (PPO, EPO, POS) AND MEDICARE**.

There is overwhelming evidence confirming that vitamin deficiencies are associated with a myriad of disease processes as well as the overall condition of your health. Nutrient status is a vital foundation of health and each micronutrient plays an indispensable role in promoting optimal functioning of our cells. **When cells do not function at their best, the foundation of our health is compromised, setting the stage for the development of disease.** Because each of us is metabolically and bio-chemically different, the micronutrient requirements for one person are often different than the requirements for another. Every individual has unique deterrents to the absorption of nutrients. **EVEN IF YOU EAT A BALANCED DIET, EXERCISE, AND TAKE A MULTI-VITAMIN, THAT DOESN'T MEAN YOU ARE SUPPLYING YOUR BODY WITH WHAT IT NEEDS BASED ON YOUR UNIQUE GENETIC MAKEUP.** You could be potentially throwing away your money taking things not needed or that don't work.

University research shows that **50% OF PEOPLE TAKING SUPPLEMENTS REMAIN DEFICIENT**. Are you one of those people? Stop throwing your money away.

Contact Total Health Solutions today for testing options.

Call 954-577-0008 or Email ttlhlthsolutions@aol.com