

## **Foundations And Beyond Horsemanship Clinic Packet**

The following pages will help you plan to make the most out of your clinic experience.

Congratulations on choosing a FAB clinic. Whether your goal is to improve, refine, or take your horsemanship to the next level we thank you for the opportunity to help you and your horses. Welcome to the ranks of those who attend FAB horsemanship clinics! We are excited to get to work with you and your horse. Once your \$100 deposit is received (along with a signed copy of pages 3, 5, and 6 of this document) your space is reserved. In the unfortunate event that you have to change your plans your deposit will be refunded if it is more than thirty days until your clinic start date. If you cancel within 30 days of the clinic start date your deposit will not be refunded.

In this exciting and intense three-day clinic, you will learn how to teach and refine up to thirteen ground work exercises and up to fourteen riding exercises. You will learn why these exercises work and how they build a partnership between you and your horse. You will be learning why horses do what they do and how you can use that knowledge to better communicate with your horse. By implementing these exercises everyone can learn, and every horse can be taught, to safely and confidently walk, trot, and canter on a loose rein in a group. You will learn how to apply the tools needed to achieve what are the **Foundations** for an enjoyable equine partner. We all want to have horses that are 1) Safe 2) Have power brakes 3) Have cruise control 4) Have power steering.

We are looking forward to seeing you at the September 8, 9, 10, 2017 Clinic at Parma, Idaho. If you have made arrangements to have your horses stay in our pens, we want to make sure you are aware: There is running water at the pens but you need to provide your own feed and feed containers and your own water containers. There is lots of parking for horse trailers but there are not RV hookups. There is a nice little secluded campground about 5 miles away from our place (but no RV hookups there either) and there are a few RV spots in the Fort Boise Park in Parma (again about five miles away).

Section 1 -Rules

Section 2 – Tack

Section 3 – Safety, release, medical

Section 4 - Schedule Outline

Section 5- Success Tips

Section 6- Location/Directions

## RULES

You can take all the still photos you would like.

Video recording of any kind is not allowed.

No stallions are allowed at this clinic. Talk to Ted for clinic options for stallions.

Be courteous and supportive of your fellow participants.

At this point we do not require health papers or Coggin's tests but you may need them to travel legally. We also do recommend that you have your horse's health care and papers in order.

I am aware that I am bringing my horse into contact with several other horses from several other areas and assume all possible risk associated with this fact.

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Signature

date

For the safety of all participants and horses if your horse has known behavior and or safety issues you need to discuss those ahead of time with Ted (541-212-3330).

I consent to the publication of my name picture, videotaped image, etc. by Foundations and Beyond Horsemanship and/or Ted Nicholes.

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Signature

date

## Tack Requirements

You will need a rope halter and a fourteen-foot lead. It does not need to be a Downunder Horsemanship halter and lead but Ted does think that style is the best design and encourages you to use it. A high quality lead made of yachting rope is much easier to learn with.

You will need a training stick and string. Again, this does not need to be a Downunder stick and string but should be similar. Any variety of training stick, about four feet in length with about a five – six-foot string will do.

If you need to order those items we can do it for you. Just call Leni (541-212-3555) and the stick and string and or halter and lead (or any other item in the Downunder store you might be in need of) can be brought to the clinic for you to purchase.

BRIDLE - Jointed (snaffle bits) or hackamore with loop (preferably mecate style) reins are required. We use direct rein exercises in fundamentals clinics so snaffle bits or hackamore set ups are required with the snaffle being strongly recommended. You should have a spanker of some type; obviously if you are using a mecate rein set up you have that covered.

SADDLE - Any type of saddle is allowed. It does not matter if your saddle is English, Endurance, or Western. However, if you do not have a horn you may want to consider adding a handle strap for confidence.

ADDITIONAL ITEMS - Please bring interference boots, bell boots or sport boots if your horse needs them. Most horses will initially be somewhat awkward at least in a few of the exercises so it is a good idea to have protection on hand. As always, bring your horse's first aid supplies.

## RELEASE OF LIABILITY

I understand that in order to participate in a horsemanship clinic with Ted Nicholes I/my child/ward will be working with and around horses and/or ponies. I understand the risk of injury from equestrian activities and events is significant. I knowingly and freely assume all such risks, both known and unknown, even if arising from negligence of those persons released from liability. I, for myself, and on behalf of my heirs, assigns, personal representatives, and next of kin, hereby release and hold harmless Ted Nicholes, and his family, employees and associates with respect to any and all injury, disability, death, loss or damage to persons, horses or property. I agree that this Release of Liability covers each and every time I engage in equestrian activities with Ted Nicholes whether on his property or elsewhere. I also release and hold harmless; the owner(s) and /or tenant(s) and their respective families, employees or associates, of any property or facility that we may be on, occupying, or using.

I understand that the use of riding safety helmets is recommended and acknowledge that to use a helmet or not is my choice.

I have read this release of liability and fully understand its terms.

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Signature of participant

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date

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Signature of guardian/parent

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Printed name/relationship to participant

date

MEDICAL EMERGENCY information page

Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Clinic Helper name \_\_\_\_\_ contact# \_\_\_\_\_

Who to contact in case of emergency, name \_\_\_\_\_

Phone # \_\_\_\_\_ alternate phone # \_\_\_\_\_

Please note any relevant medical information (drug allergies, existing conditions, etc.) here;

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I understand that in case of medical emergency I will be taken to the nearest urgent care facility, unless I have requested a specific facility.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
date

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## Schedule

The three-day fundamental clinic will follow the below outlined general schedule. There will be variations based on the progress of the individual participants but the following gives you a general idea of the clinic content and schedule. Each day's schedule is 9 AM - 12 PM and 1:30-5 PM. Extra help is available in the morning's day 2 and 3 from 8 – 9 AM and from 5 - 6 PM days 1, 2 and 3, for anyone who would like extra instruction time.

### Day One Outline:

9 am – Class instruction. Snacks and drinks allowed, don't bring your horse!

10 am – Horses in halters and leads in the arena to begin groundwork exercises. We will work on the primary groundwork exercises until noon.

12 pm – Lunch (provided)

1:30 pm – have your horse, again in halters and leads back in the arena to finish up our intro to groundwork exercises.

5:00 - Done for Day One

5 – 6 Extra Instruction Available

### Day Two Outline:

8 am – Extra instruction Available

9 am - Class Instruction and Discussion Time

9:45 – Groundwork Exercises

12:00 - Lunch (provided)

1:30 Bring your horse saddled and wearing halter and lead to the arena. Do not have your bridle on the horse yet but do have it with you or with your helper. We will begin riding exercises this afternoon.

5:00 - Clinic is officially over for the day, extra help available until 6

Day Three Outline:

8 am – Extra help available

9 am – Classroom (at arena) discussion, any questions that need addressed

Going straight into Groundwork overview

10:30 am – Short break

11:00 – Back to the arena, tacked up to ride

12:00 – Lunch (provided)

1:30 – Back to the arena to continue riding exercises

4:00 - End of the official clinic time

Extra help available



**Success Tips;**

Practice spanking the ground hard with your stick and string with each arm – big wide circles from the shoulder, not from the elbow. Try to do 100 times each side.

Bring appropriate clothing for the weather. Be prepared for hot or cold. You will be outside all day, prepare accordingly. You may want sunscreen, hat, sunglasses, etc.

Try to drink plenty of fluids, water will be provided.

Remember your horse will be working, bring extra feed and be sure to monitor your horse's water intake.

Remember you will be working too! Be sure to have convenient snacks and/or drinks available for yourself as well. (Bottled water is provided.)

If you have any questions please call or email us,

Ted at [Ted@fabhorsemanship.com](mailto:Ted@fabhorsemanship.com) or 541-212-3330

or Leni at [Leni@fabhorsemanship.com](mailto:Leni@fabhorsemanship.com) or 541-212-3555.

Thanks for this opportunity to be part of your journey to achieve your horsemanship goals. I am looking forward to working with you and your horse.

Ted Nicholes

Directions to: Parma September Clinic 2016 – September 8, 9, 10

This clinic will be at Foundations and Beyond Horsemanship

31305 Boulder Road

Parma, Idaho 83660

From Parma (Highway 95/ 20-26); turn West on Roswell Boulevard (opposite the Jackson's gas station/convenience store), go to the edge of town and turn right onto Hexon Road, take the first left onto Roswell Road, take the first right onto Boulder Road. Proceed to 31305 Boulder Road, which will be on your left.

This address also will work on MapQuest/Google but here are a few extra tips;

When you turn left off of Hexon Road onto Roswell Road be aware, that left turn is IMMEDIATELY after you go over the yellow bridge, Roswell Road follows the river bank so when you see the bridge prepare to turn left immediately after crossing it.

The last portion of your trip here is about two and a half miles of Boulder Road, when you come to a stop sign (at the intersection of Boulder Road and Scott Pit Road) you are nearly here. Proceed through that intersection and our driveway is the very next one to the left, the driveway to 31305 Boulder Road passes between the two manufactured homes which are near Boulder Road.